

THE GOOD SAMARITAN



ONE FAMILY'S TRAGEDY BRINGS HOPE TO MANY

Mental Health Counseling now available through Good Samaritan Clinic

As of July 2020, Good Samaritan patients now have access to mental health counseling services through Haven Counseling Services of Cullman. This has been made possible thanks to the Stephen K. Griffith Memorial Fund established by the Griffith Family.

Stephen K. Griffith, a Cullman attorney, was killed on July 17, 2017 by a man who the Cullman County Sheriff's Office deemed as mentally unstable. The Family seeks to honor Steve's memory by helping address the mental health crisis in the Cullman community, especially among the indigent population.

Providing Good Samaritan Clinic patients access to mental health counseling is one way The Griffith Family hopes to raise mental health awareness and fill the tremendous gap in the mental health care services available in our community.

The Stephen K. Griffith Memorial Fund is administered through Garrison Gives Hope, a 501(c)3 charitable organization.

Stephen K. Griffith, Attorney
(1943-2017)



Clinic eligibility criteria and applications are available at the Clinic or online at www.goodsamaritancullman.com. If anyone has questions about qualifying, they may contact the Clinic at 256-255-5963. Our receptionist will be happy to answer any questions regarding the application process. If someone needs help completing the application, let us know and we will be happy to schedule a time for someone to assist them.

2020 FALL NEWSLETTER

Inside This Edition

The mission of Good Samaritan is to deliver sustainable, long-term healthcare and all-around wellness to the uninsured members of our community.

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How does someone access these mental health services?

To qualify for mental health counseling through this newly formed partnership, individuals must first apply and qualify for services through Good Samaritan Health Clinic. Then, if our Nurse Practitioner deems a referral is necessary for mental health counseling, the Clinic will schedule the initial appointment for the patient with Haven Counseling Services.



Counseling services already having a positive impact

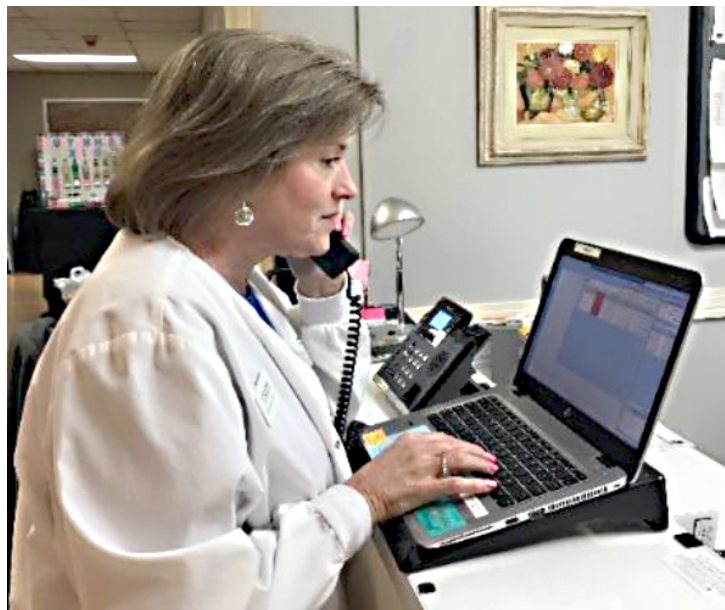
According to the Clinic's nurse practitioner, Patricia Calvert, CRNP, "the vast majority of our patients have a history of mental illness, like anxiety and depression, that is for the most part untreated due to lack of access to care. But, through our new partnership, we can provide mental health counseling to our patients and help them build on a stronger foundation towards both mental and physical health."

Testimonial from patient....

"The Good Samaritan Clinic and Haven Counseling entered my life at a very crucial time. Through the guidance and therapy that I have been given, I truly find more meaning, value, and happiness in life. This is a complete contrast to my perspective before and I truly believe that, in some way, I have been given a second chance at life."

When challenges come, so do opportunities

In the midst of the COVID-19 pandemic, Good Samaritan patients continue to receive care



Patients of Good Samaritan are some of the most vulnerable to this virus. We have adjusted our service protocol to deal with limiting disease exposure, while making sure our patients continue to have access to the care they need. In implementing new protocols, we've discovered telehealth visits are an effective and preferred manner of treatment in many instances.

For example, many of our patients do not have the advantage of PTO days or even transportation and/or gas money to go to their clinic visits. For them, telehealth visits with our nurse practitioner are more efficient and many times just as effective to review lab results, monitor medications, and treat other less acute needs.

In looking for the silver lining in the midst of this chaos, we've discovered this new opportunity of telehealth for our patients. So, when we are on the other side of the pandemic, we plan to continue telehealth visits when appropriate so that we can treat our patients in a manner more conducive to their needs while continuing to provide them with quality continuity of care.

Honoring the Griffith Family

A reception was held recently at the Clinic in honor of The Griffith Family. Plaques were presented to Stephen Griffith's children, and two other plaques will hang at Good Samaritan Health Clinic and Haven Counseling Services. The Clinic is forever grateful to The Griffith Family for allowing their tragedy to be the motivation and inspiration for something that will positively impact the lives of so many in our community.



Griffith's son Wyles Griffith, Haven Counselor Mandy Wilhite, Good Samaritan Clinic Executive Director Jolanda Hutson, and Griffith's daughter S.F. Lovell.
Photo Credit: W.C. Mann, Cullman Tribune



From the Executive Director

To say the year of 2020 will be one for the history books is certainly an understatement. But, with challenges come new opportunities not only for the way we deliver care but also for coming together as a community.

The COVID-19 pandemic has impacted our community in many ways. People have lost their employment causing a loss of not only income but also health insurance. Fortunately, thanks to the foresight and generosity of many in our community, these individuals still have access to health care services through the Clinic.

The success of the Clinic and our ability to meet the needs of the uninsured in our community depend on all of you, the Cullman community. During the year, the Clinic has been blessed with additional resources that have enabled us to remain accessible to those who need us most.

We are grateful to those of you who continue to support our efforts even in the midst of hardship. Together, we are making a difference in the lives of our patients and in our community.

Wishing you many blessings during this holiday season and throughout the new year!

Jolanda Hutson

Jolanda Hutson
Executive Director

jhutson@goodsamaritancullman.com

Clinic Earns Gold Rating

Good Samaritan Health Clinic earns a 2020 Gold Rating from the National Association of Free and Charitable Clinics' Quality Standards Program demonstrating its commitment to providing quality care to its patients.

The mission of the National Association of Free and Charitable Clinics (NAFC) is to ensure the medically underserved have access to affordable health care. The NAFC and its members are dedicated to ensuring that patients receive quality health care. For more information on the NAFC, please visit www.nafcclinics.org.



Good Samaritan Clinic was able to achieve this prestigious recognition from the NAFC thanks to its leadership during the past 16+ years and the incredible donors and community partners who have faithfully believed in and supported our mission. We are thankful for the opportunity to serve those in need in our community and are committed to providing our patients with quality continuity of care.

We Gratefully Acknowledge Our Supporters From October 2019 through March 2020

Good Samaritan Clinic is thankful for your generosity as we endeavor to meet the medical needs of the uninsured in our community. Whether you support us through monetary donations, volunteer service, or the donation of in-kind products/services, we appreciate the invaluable support each of you provide to the clinic. To make your 2020 contribution, please submit your donation in the enclosed self-addressed envelope or through our website at www.goodsamaritancullman.com.

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The Cullman Tribune/CullmanSense
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 WRJL FM 99.9 Eva
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Honorariums and Memorials

Maxine Barnett In Memory of Dale Henderson
 James L. and Judy M. Brown In Honor of Dr. Melanie Sivley
 James L. and Judy M. Brown In Honor of Dr. Ben Rogers
 RN and JW Calvert In Memory of June Elaine Watters
 Cullman Clinical Research In Memory of Will Faulk
 Mr. and Mrs. Steven Glasscock In Memory of Imogene Satterfield
 Tommy Graves In Memory of Aves and Irene Graves
 Warren and Shirley Hale In Memory of Patricia Umphrey
 William and Margaret Ingram In Honor of Dr. and Mrs. Greg Bostick
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 William and Margaret Ingram In Honor of Mr. and Mrs. Roger Chappell
 Lynwood and Marviline Locke In Honor of Edwin and Sandi Locke
 Julie Mobley In Honor of Physicians at Cullman Internal Medicine
 Charles and Teri Mobley In Memory of Patricia Umphrey
 Dr. and Mrs. William Peinhardt In Honor of John Riley
 Martha Williams In Honor of Dr. and Mrs. Jim Thomason

Continue to Support Those Who Support Good Samaritan

We at Good Samaritan Clinic certainly understand the impact COVID-19 is having in our community especially among our local businesses. For this reason, we continue to ask that you support those who support us. If you have a need that one or more of our faithful donors can meet, please support them. Thank you in advance for your benevolence toward these businesses. The support shown for others in our community makes Cullman great and is what will help us get through this crisis together.

In the next issue of "The Good Samaritan" newsletter, we look forward to acknowledging our donors who contributed between April through September 2020. Individuals are recognized by name, and organizations and businesses are recognized with the name of their institution, unless they have previously indicated that they would like to remain anonymous. If you would like to update your preferences and request to remain anonymous in our next issues, please notify Jolanda Hutson at jhutson@goodsamaritancullman.com or 256-255-5964.

COVID-19 Complications Lead Patient to Clinic

April was experiencing mild symptoms and decided to go to the health department to be tested for COVID-19. A few days later she was notified of positive results. She managed her symptoms at home and believed she was on the road to recovery. A few days later, she felt incredible pain and pressure in her chest. She went to UAB where she was admitted and diagnosed with three blood clots. After being discharged, she needed to find a place to receive follow-up care and get her medications. Having worked with a local ministry who referred clients to Good Samaritan, April decided to apply for care through the Clinic.

April says, "I don't know what I would have done without Good Samaritan Clinic. I have no insurance and no

family here to help me. Having the Clinic to come to took such a weight off of me." April was particularly impressed with the demeanor of the staff. "They are some of the nicest people I've ever met. On my first visit, Ms. Patricia handled everything that I needed."

"I don't know what I would have done without Good Samaritan Clinic. I have no insurance and no family here to help me. Having the Clinic to come to took such a weight off of me."

April is grateful the Clinic is here for people who need it. She says, "I'm glad people saw fit to place the Clinic in Cullman. I wish there were a clinic like this everywhere." April is thankful for those who donate to the Clinic because "they are donating to something that is really benefitting people. I had serious medical issues and needed the Clinic to be

there for me." April appreciates the care she's received through the Clinic and the donors who really are "helping sustain people's lives."

COVID-19 Protocol Timeline for Good Samaritan Clinic:

MARCH 16TH

Implemented telehealth visits and curbside prescription pickup

APRIL 1ST

Began receiving new patient applications via curbside

MAY 13TH

Began seeing new patients in-clinic

AUGUST 5TH

Began seeing patients with complicated issues in-clinic including Diabetic foot exams

ARE YOU...

- 1. Uninsured?**
- 2. A Resident of Cullman County?**
- 3. Between the Ages of 19 and 65?**

IF SO...

You may be eligible for Healthcare Services through Good Samaritan Clinic!



Community Helping Community

Earlier this spring, Rumors Deli and AVW Technologies, a Virginia-based defense contractor, partnered to provide 100 box lunches to Good Samaritan patients. We enjoyed serving our patients in this less customary way, and our patients were incredibly thankful.

AVW
TECHNOLOGIES, INC.



 **Cullman Savings Bank**
Working for Cullman County Families Since 1887



Serving lunch to patients were Jolanda Hutson, Annette Harris owner Rumor's Deli, and clinic volunteers Beth Moultrie and Paula Waters. Photo credit: W.C. Mann, Cullman Tribune

For the months of July, August, and September, Cullman Savings Bank provided \$25 Walmart gift cards to the first 10 new patients each month who qualified for services through Good Samaritan Health Clinic. In addition, they provided a \$50 gift card to an existing Clinic patient who referred a friend or family member during the month. We know word of mouth is the primary way patients hear of the Clinic, so we appreciate Cullman Savings Bank helping us encourage referrals.

Good Samaritan Clinic is grateful for all of our community partners who help us fulfill our mission every single day.



As a thoughtful way of honoring and memorializing that special someone, you may also designate your donation In Honor Of or In Memory Of on the enclosed card or online.



During this holiday season, please consider giving the gift of a donation...

If you have not yet donated to Good Samaritan this year, we invite you to make your 2020 contribution now to help safeguard the uninsured in our community. Every dollar makes a difference! By doing so, you may be helping a friend or family member to never experience a medical need without Good Samaritan Clinic.

Donate online at www.goodsamaritancullman.com simply by clicking on the donate button on the home page or return the enclosed card and self-addressed envelope to send your gift in the mail. We are so grateful for your support, and we couldn't do what we do each day without you!

GOODSAMARITAN HEALTHCLINIC

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United Way
of Cullman County

Thank you, Alabama Web Press for
printing our biannual newsletter.

How would you like to support Good Samaritan's Mission?



Pray for Our Efforts – Pray that God would continue to supply the necessary resources for the Clinic to continue its mission and that we would be a blessing to the patients we care for each day.



Donate Patient Care Items – During cold and flu season, we like to provide our patients with cold kits containing small individual tissue packs, OTC cough medicine (4 oz. Robitussin DM), cough drops, and small hand sanitizer. All items can be purchased at the dollar store and may be dropped off at the clinic during normal clinic hours.



Spread the Word - If you know someone who is uninsured and lives in Cullman County, please refer them our way. See www.goodsamaritancullman.com for patient eligibility requirements and application. If assistance is needed to complete the application, please call 256-255-5963 to schedule an appointment. We are happy to assist prospective patients.



Donate Nebulizers – Many of our patients require breathing treatments on a regular basis. We gladly accept donations of new nebulizers (Respironics Essence) which can be purchased online for approximately \$35.



Amazon Smile – During this time of pandemic, online shopping has become the norm for many of us. Throughout the year and particularly during the holiday season, shop through the Amazon Smile website (<https://smile.amazon.com/>) and select Good Samaritan Health Clinic of Cullman as your charity of choice. Amazon will donate 0.5% of your eligible purchases to Good Samaritan. It's an easy way to make a big impact!



Check out additional ways to make a difference at
www.goodsamaritancullman.com/giving/give.html

