

POST CARE GUIDE TATTOO REMOVAL

After your procedure, your treated area may or may not present with pinpoint bleeding, blisters, bruising, redness, slight swelling. This should subside within a few days. Our clinical endpoint data remains with us, listing and outlining the record of the procedure.

We will photograph all data.

After you are treated, you will leave in a **sterile state** with the area fully covered with a dressing placed over the treatment site. Leave dressing in place **for up to 2 hours**.

It is your full obligation to follow the post care instructions.

WHAT YOU NEED TO DO

- **KEEP THE AREA STERILE AT ALL TIMES**

Don't soak the area for an excessive amount of time in water, the area will go mushy and get infected (Showering is okay).

Don't wear tight clothing that will cause chafing and irritation. Avoid contact and impact on the treated area.

- **AVOID SWIMMING AND SUN EXPOSURE.**

Best to not go swimming and no full sun exposure for the first few days or until your scab has formed, especially for larger tattoos. Smaller tattoos will heal much faster. Apply spf 50+ plus sunscreen to the tattoo if spending prolonged time in the sun. It is preferred you never soak a treated tattoo for longer than is needed. Showering is okay.

- **AVOID OVERHEATING AND SWEATING**

Keep the area cool. Do not injure or overheat the area. Best to not directly tan on the area if possible. Best to avoid Saunas for a couple of days.

- **AVOID COVERING FOR PROLONGED PERIODS OF TIME**

Unless it's required. Never use plastic waterproof coverings. Allow the area to dry out and avoid it from getting soggy, let it breathe. The longer it is soggy and moist, the longer it will take to heal.

- **AVOID THE USAGE OF DIRTY BANDAGES AND COVERINGS.**

Remember to keep the area sterile at all times.

- **AVOID HOME-MADE REMEDIES.**

Never allow hazardous or dangerous fluids or substances on the area.

HINTS FOR POST CARE

- ☐ After a shower, gym etc drizzle with a saline solution or bottled water as tap water in Indonesia is dirty. Pat the area dry on the skin and allow it to dry out.
- ☐ Then apply the Antiseptic powder, Medipulv powder or Nebacetin powder until there is a healthy scab. Usually it will take around 1 week. Again, the healing time frame depends on the size of the tattoo and what you do in your spare time.
- ☐ Once you have a healthy scab don't allow it to get injured and you can moisturize it regularly throughout the day (Vitamin A,D cream is suggested). But do not start using this ointment until the scab has formed. Usually in one week of your procedure you can start using it, but this is optional. You may not use non-industry standard topical skin products.
- ☐ Your tattoo may start to get itchy, this is fine but **don't pick the tattoo EVER!** Don't pick at your scabs or you will scar.

INFECTION AND SCARRING

The skin is already scarred from the needle penetrations of where the tattoo was applied and lies just under the epidermis.

Once again, there is a risk of scarring and infection; skin texture changes and unknown outcomes are associated with Laser Tattoo Removal Procedures. **We do not guarantee** full removal of the ink, nor can we predict the pace at which your immune cells will create a fading of the area.

BE AWARE OF ABNORMAL HEALING

Swollen, excessive redness, oozing, puss and any other indication of abnormal healing **MUST BE IMMEDIATELY INSPECTED BY A DOCTOR.** Only a Medical Practitioner will be able to diagnose and explain the situation and prescribe appropriate treatment most likely antibiotics. If you are not sure, feel free to message me and I can more than likely help you.

BE SAFE. If you have blisters and your skin presents areas that are weeping, you should change gauze daily until a well-formed scab has formed. Always use a very loose piece of gauze so that the skin can breathe.

This may sound like a lot to digest but in reality just keep it as dry and sterile as you can until your scabs have formed and it will heal well for your next treatments.