

One of the Wainwright's



Overview

This walk climbs slowly overall and apart from one short scramble, offers great views for relatively little effort. It can be completed in around 3 to 4 hours with an additional hour or so for the photography or admiring the scenery.



Grasmere from Loughrigg Terrace

Directions and Route Options

Leave Rydal Lodge and head out along Rydal Water as with walk 1. You may divert by Rydal Cave or stick to the main path, as you wish. When you pass the ruin on the right follow the rising path as it heads on towards Grasmere, and not through either of the gates on the right which head down to the river and Grasmere Beach. Walking along the terrace for a few minutes you will see Grasmere Beach come into view on the right below and the numerous benches on the path side for the views along the way.

The path carries on past where the steep steps head off on the left up to Loughrigg Fell. The path briefly does a little sidestep over a stream with some wet rocks and continues up and away from the valley. Keep to the main path until the main gate across the track and the road beyond. Cross over the road and head up towards the YHA. After around 400 yards, the road does an n-bend around the back of the youth hostel and you will meet a cattle grid.

Just after this point head right and up a slight incline onto a muddy path. On the slight incline, do take a few moments to look back and enjoy the scenery which opens up behind you. You have all of Great and Little Langdales below with Chapel Stile being visible at times. There are a few side tracks to explore, some of which open up to some great views. If you wish to climb the short scramble then you need to cross the boggy stream at one of the two stepping stone crossing points. The scramble up the short incline is rugged and contains some loose rocks. It needs care to traverse, but is only short and takes just 5 minutes. The rewards for doing so are worth the pain of this awkward stretch. You get some wide open vistas and a few boggy ponds with stepping stone crossings. I was surrounded by dragonflies upon my visit, flitting about in the sunshine. You could carry on to the summit of Silver How, (walk 4a) though I did a little circuit looking for panoramic opportunities upon my brief trek here.



Looking back down into Little Langdale before the start of the scramble (off on the right)

If you return via the same route, when you come down off the short scramble, turn left and after around 400 yards go through the gate and down towards Grasmere. This drops down to another gate and where you will see a sign for the National Trust land with a clear walk through woodland on your right.

This area seems out of our long distant past with large mossy clumps and decaying logs, infilled with bracken. It is like being transported back to ancient times, almost prehistoric to my mind. This track only runs for a half mile and comes out on the road back up to Loughrigg Terrace. Turn right onto the road and then left down onto another track. The first part is tricky for a few yards as it is rock strewn, but then opens up and comes out through a gate you passed previously on the way up to the YHA. You may return to Grasmere or Rydal Water as you wish, on the last leg of your walk.



Three views of bracken filled & boggy hilltops with views towards Grasmere on the route to Silver How



A view of Grasmere from one of the rises on the route to Silver How.



A grand view looking down on Greater Langdale near to Chapel Stile and Elterwater.



A grand view looking down on Greater Langdale near to the mine workings at Elterwater.



A grand view looking down on Grasmere and Rydal Water beyond.



The top 2 images are of Grasmere from the Terrace. The bottom images were taken from the path heading up to Silver How and looking back to Rydal Water in the left image with the large stone slab in the foreground and the right image shows the dragonfly pond in the middle, with Windermere in the distant background.

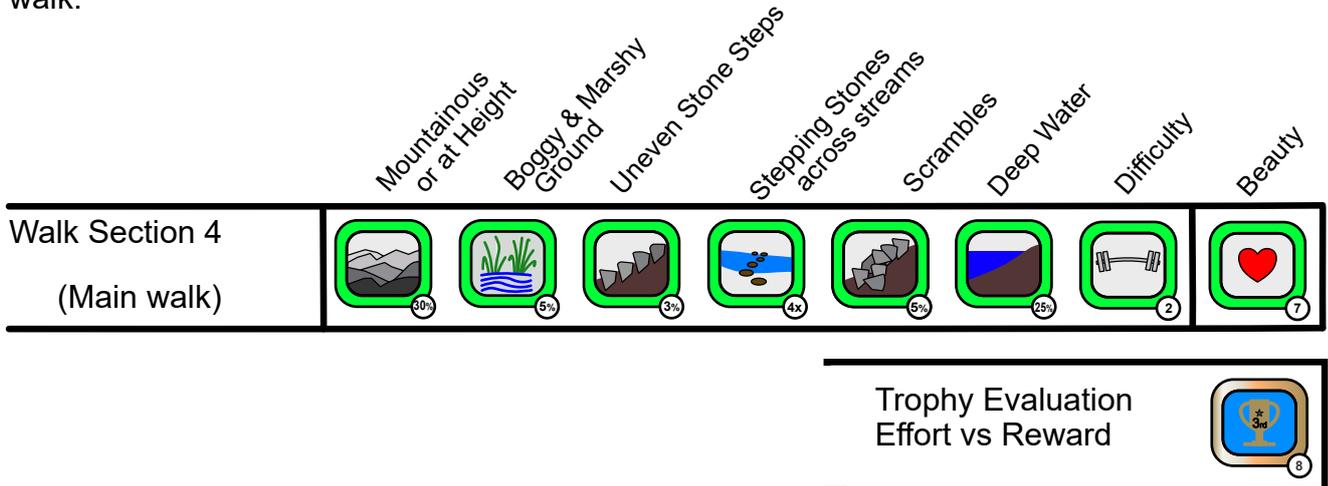


The view from just at the top of the short scramble (looking south) and before the dragonfly pond

Quick Assessment Guide to Walk 4

The following icons represent the dangers and obstacles from the various route options in an easy to read graphical way. The numbers offer some clues as to the number or length of any technical sections which may be encountered during the walk.

Green indicates low risk, amber indicates low to medium risk and red indicates medium to high risk. The trophies represent the visual rewards for completing the walk.



Route Information



Loughrigg Terrace Walk 4 ~ A fairly gentle stroll along Loughrigg Terrace which has an easy climb to a couple of great vantage points, so as to view Grasmere from the Terrace and both Langdale & Grasmere valleys.
Low effort for good scenery and photographic rewards.

Route Summary

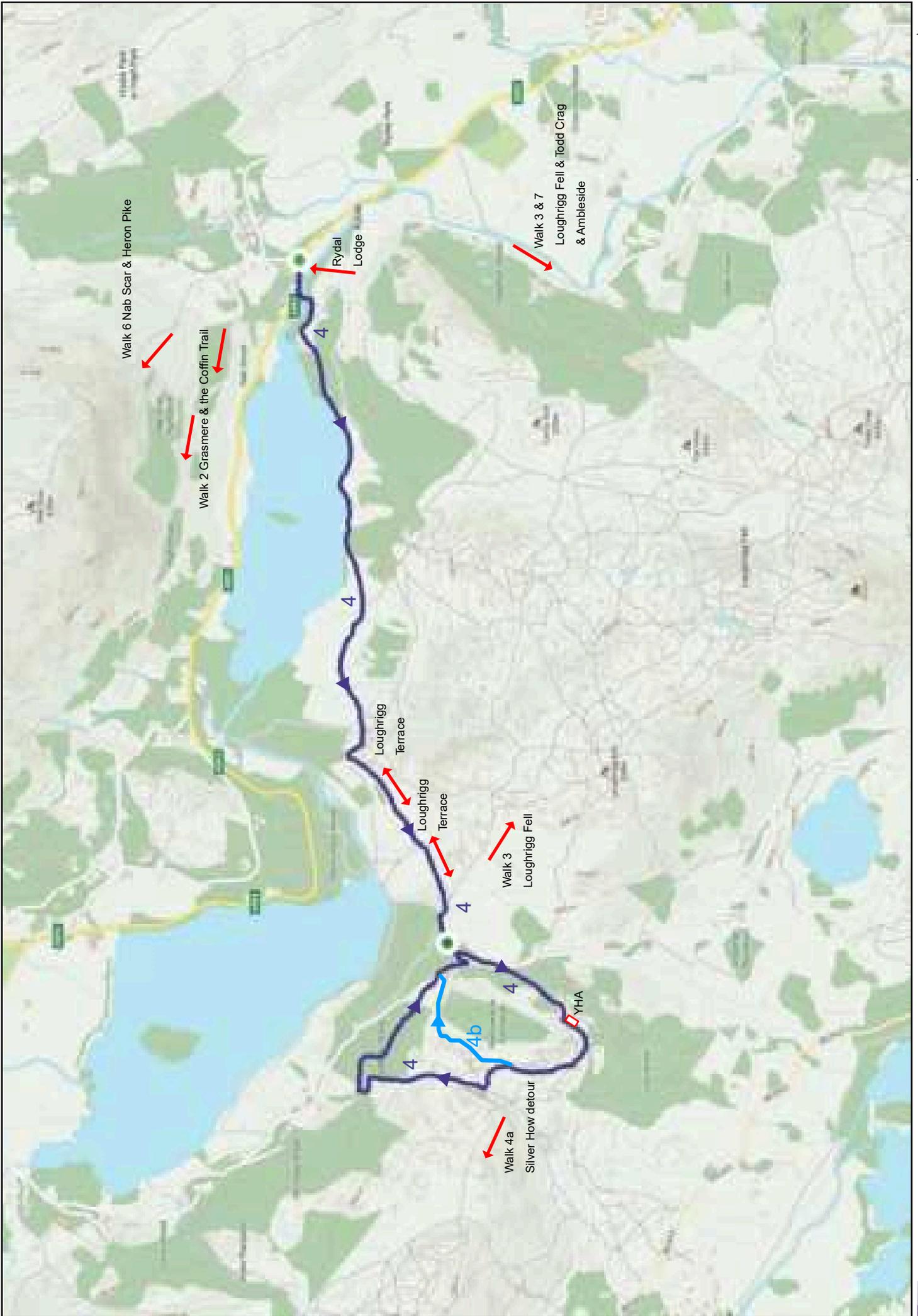
Total Distance	5 km (3.11 mi)
Elevation	55 m at lowest point 197 m at highest point
Total Ascent	209 m

Distance	Duration	Difficulty:
5.00 km	01:40	Easy
Activity Type	Total Ascent	
Hiking	209.39 m	

Elevation Profile



WALK 4 LOUGHRIGG TERRACE



Directions and route options for walk 4a to Silver How (Wainright)

From the path you will see a boggy stream with some stepping stones. Cross the stream and head off slightly left to see a rocky climb either before the stream which may be dry or wet with cascading water, dependent upon the conditions of the day.

The rocky path to the right meets with the stream half way up the scramble. Both options need care but are traversable with good footwear.

The stream opens out to a boggy patch which can be navigated then there is a pretty well defined path leading away. There are several low spots with boggy areas and stepping stones which make the crossing fairly straight forward. You will arrive at a rocky outcrop and hill after a boggy patch with stepping stones, where you should head right and follow the path that skirts the hill. You will see the summit of Silver How in front of you as you skirt around the hill. You need to do a short scramble around the back of the summit to arrive at the summit of Silver How. From here you pretty much follow the ridge line back down to where you started from doing a complete circuit of the fell. Use these directions with the route map for best navigation of the circuit.



Route Information

Walk 4a Silver How ridge walk

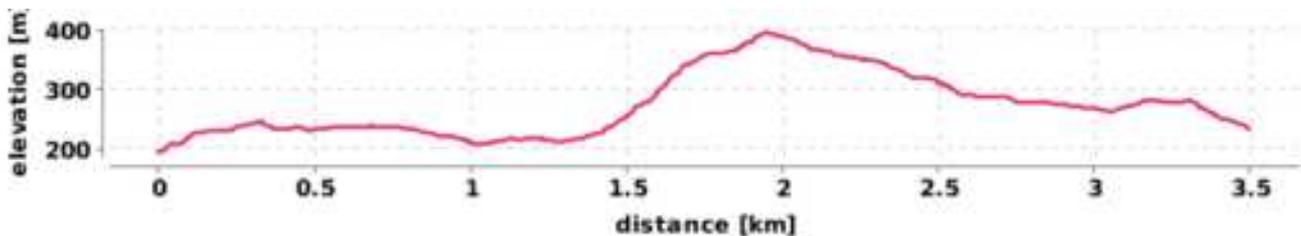
A moderate stroll along the ridge with great scenery of both valleys. Silver How reaches 395m.

Route Summary

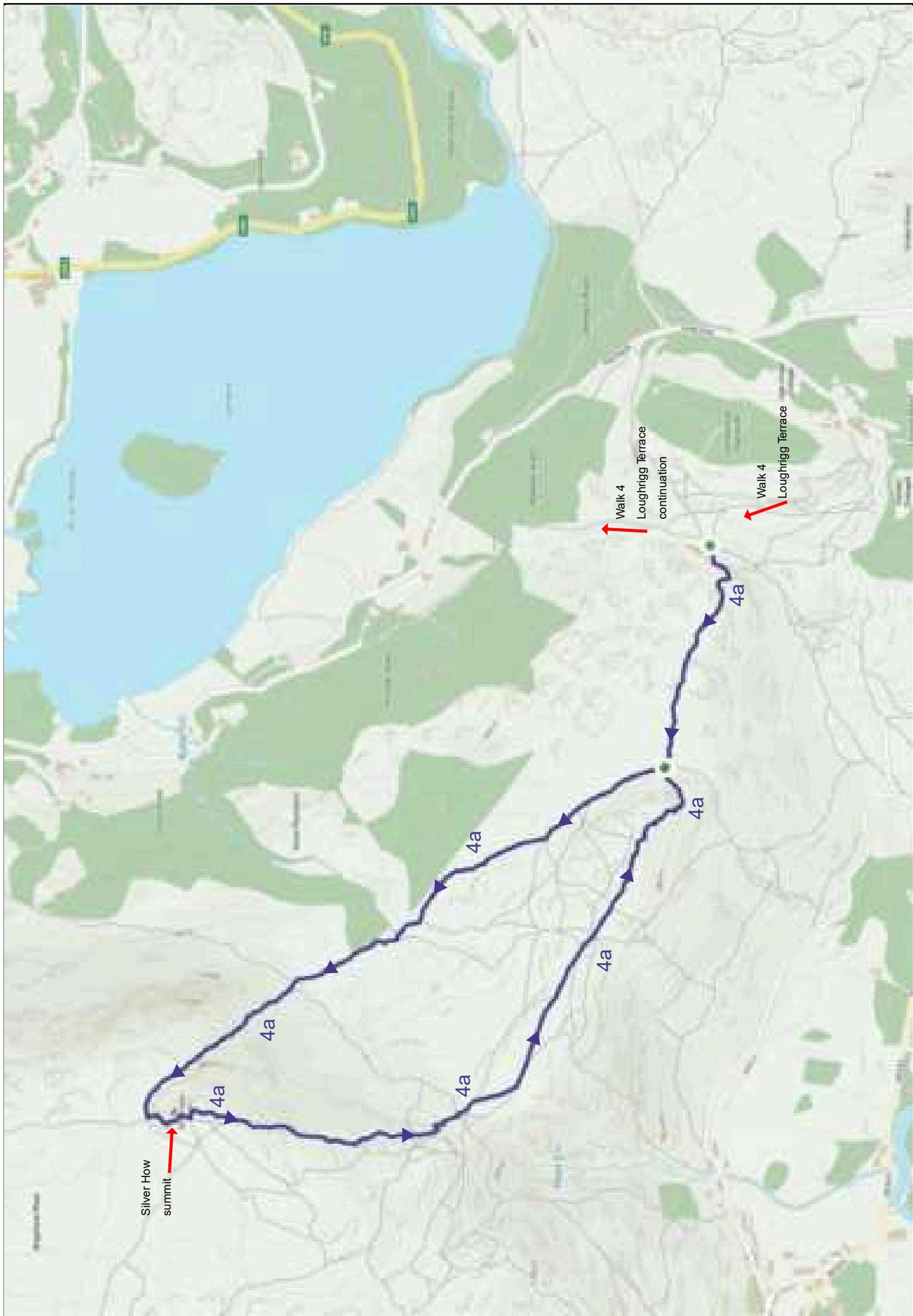
Total Distance	3.5 km (2.17 mi)
Elevation	195 m at lowest point 395 m at highest point
Total Ascent	277 m

Distance	Duration	Difficulty:
3.50 km	01:25	Moderate
Activity Type	Total Ascent	
Hiking	273.11 m	

Elevation Profile



WALK 4A SILVER HOW RIDGE WALK



Quick Assessment Guide to Walk 4a Silver How (Wainright)

The following icons represent the dangers and obstacles from the various route options in an easy to read graphical way. The numbers offer some clues as to the number or length of any technical sections which may be encountered during the walk.

Green indicates low risk, amber indicates low to medium risk and red indicates medium to high risk. The trophies represent the visual rewards for completing the walk.

	Mountainous or at Height	Boggy & Marshy Ground	Uneven Stone Steps	Stepping Stones across streams	Scrambles	Deep Water	Difficulty	Beauty
Walk Section 4 (Main walk)								
Walk Section 4a (Silver How detour)								
Trophy Evaluation Effort vs Reward								

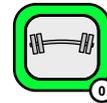
Directions and route options for walk 4b to the viewpoint

From the path with the same boggy stream and some stepping stones, head and stay to the right of that stream and head around to the right and slightly upwards, and along the side of a dry-stone wall. It isn't far until there is a hill with a viewpoint across Grasmere and Rydal Water. The ground can be boggy here, but just beyond the boggy patch you can see the views between the trees.

This path heads down and to the right and joins back with the road almost at the same point as the main walk joins with the road. This cuts out the woodland walk, which I can heartily recommend to view at least once.



A moody view from the boggy grass next to the plantation which shows Grasmere below with Rydal Water in the distance on the right.

	Mountainous or at Height	Boggy & Marshy Ground	Uneven Stone Steps	Stepping Stones across streams	Scrambles	Deep Water	Difficulty	Trophy rewards
Walk Section 4b (Alternate Route)								

Route Information

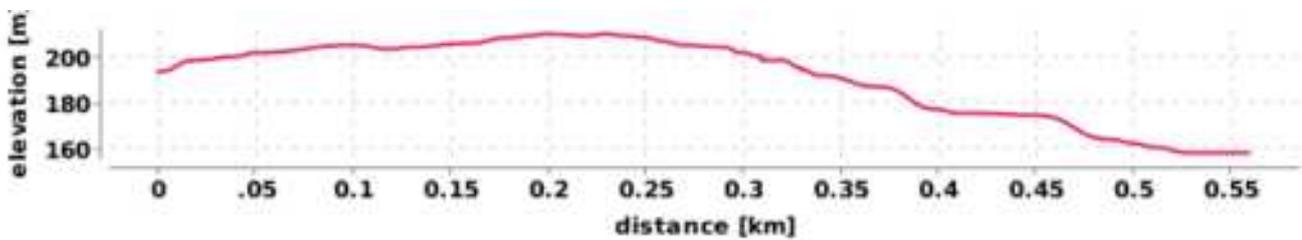
walk 4b optional viewpoint of Grasmere ~ taking a slight route diversion allows the views of Grasmere and Rydal Water to be taken in from next to the plantation.

Route Summary

Total Distance	0.56 km (0.35 mi)
Elevation	158 m at lowest point 210 m at highest point
Total Ascent	17 m

Distance	Duration	Difficulty:
0.56 km	00:10	Easy
Activity Type	Total Ascent	
Hiking	16.92 m	

Elevation Profile



The dragonfly pond just up from the steep scramble



The ancient and mossy landscape in the National Trust woodland



On the scramble looking across to Rydal Water hidden behind the hill and the tree plantation



On a different day the views take on a much more moody proposition