Speech Therapy



WestminsterCanterbury
SHENANDOAH VALLEY
Connected for Life

A speech-language pathologist (SLP) works with people of all ages who have a medical diagnosis that impacts function related to communication and/or swallowing. They evaluate, diagnose, and treat in clinics, schools, hospitals, and home health settings. SLPs may treat disorders such as speech/voice disorders, language disorders, cognitive-communication disorders, social-communication disorders, and swallowing disorders.

These disorders can result from a variety of medical conditions, including strokes, oral cancer, Parkinson's Disease, TBI, Dementia, and others. Speech therapy can help some people regain the ability to express wants and needs, build relationships, carry out daily tasks, succeed in school or at work, and maintain independence. Swallowing therapy can strengthen the muscles used in eating, help adults relearn swallowing coordination, and teach ways to reduce the risk of aspiration (accidentally inhaling food particles).

› *For more details about Therapy Services, call* **(540) 665-5928.**

300 Westminster-Canterbury Drive
Winchester, Virginia 22603
SVWC.org

Meet Our Team



Christine Ristano

CCC-SLP-Speech Language Pathologist

Christine comes to us with 17 years of experience in various adult settings. She obtained both her bachelor's and master's from East Stroudsburg University of Pennsylvania, with degrees in Speech-Language Pathology/ Audiology. Christine has experience working with traumatic brain injury, dementia, expressive and receptive language disorders, voice disorders, head and neck cancer, neurological communication disorders, among others. She has a particular interest in neurology related to cognitive rehabilitation and prevention of cognitive decline. Since joining us, Christine has expanded her focus in Parkinson's Disease, developing support groups and programming in the Winchester area. She holds LSVT LOUD certification, is VITAL-STIM certified and has completed TEAM training with the Parkinson's Foundation. This year, she attended the World Parkinson's Congress in Phoenix, AZ. Christine enjoys taking creative and functional approaches to therapy. She has been a Virginia resident for 18 years, the last six of which have been spent living in Berryville, VA. Christine lives with her husband and their two dogs.