

Westbury World

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SVWC Wins Major Community Award

Photo by Bill Young



On Saturday, October 1, the Winchester Area Temporary Thermal Shelter (WATTS) held its third annual Caring and Sharing fundraising event. At the event, WATTS unveiled its new logo and mission statement. Its mission is to break the cycle of homelessness one life at a time. WATTS was established in 2009 and one of the services it offers is an overnight shelter from November through March each year at various locations around the community.

SVWC has partnered with WATTS from the beginning. Before covid, residents assisted staff with picking up the linen from the various shelters and delivering clean linen each week. Our laundry staff would wash, fold, and pack the linen each week. Thousands and thousands of pounds of linen were laundered during a WATTS season. When covid hit, SVWC started giving a monetary donation to cover the costs of having the linen laundered at a local business.

Much to our surprise and delight, SVWC was honored as WATTS 2022 Community Partner of the Year at the event. There to accept the award on behalf of SVWC were John Ferrulli (Information Technology) and his wife, Karla, Chuck and Sally Walters (residents), Mary Kerns (Laundry) and her husband, Randy, and myself (Administration) and my

husband, Ted.

SVWC was honored to receive this award. We continue to support and value the mission of WATTS as it seeks to empower and connect individuals to resources that they need to be self-sufficient while providing safe shelter from extreme weather.

Jeannie Shiley

Veterans Day Events

On Veterans Day, Friday, November 11, all of SVWC's 87 veterans will be invited to a 11:30 a.m. luncheon in the Abbey. Lt. Col. Robert Holcomb (USA-Ret), a docent at the George C. Marshall International Center, will be the guest speaker. The initial part of the luncheon and Colonel Holcomb's talk will be available to residents on the portal.



At 2:00 p.m., there will be a bell-ringing ceremony at the SVWC bell in front of Lawrence Hall. All residents are invited to attend. The program includes ringing of the bell by residents who want to participate, a recorded singing of "Taps" by a granddaughter of a veteran, and recorded versions of the national anthem and another patriotic song.

For questions about the luncheon, call John Claybrook, Ext. 245. For questions about the bell-ringing ceremony, please contact John Sterle.

John Claybrook

A Lot to be Thankful For



Fall and early winter are two of my favorite times of the year. The air is crisper, and the leaves have started changing colors. The SVWC campus is especially beautiful. With Thanksgiving approaching, it is also a great time to reflect on those things that bring joy to our lives. I am thankful for many things that occur throughout the year.

I am thankful to the residents, staff, and Board members who spent two days in February at a Strategic Planning session to help create a road map for this community over the next several years.

I am thankful for the new employees that SVWC has welcomed during the year.

I am thankful for the technology that helps to keep us informed and assists us with daily tasks. I am also thankful for the residents and staff who use this technology.

I am thankful for the open, honest communication between staff and residents. This creates an environment in which we support, care for, and encourage one another regardless of the situation.

I am thankful for the smiles on residents' faces as they participate in music, art, aquatics, horticultural, and equine therapies. I am also thankful for our talented and creative staff who never settle for the status quo but instead seek out new programs and services to enhance the lives of our residents.

I am thankful for Milo, our dementia therapy service dog, whose presence brightens all our days.

I am thankful for the second elevator in Wappacomo Hall.

I am thankful for parades and the flowering colors that beautify our campus every spring.

I am thankful for anniversaries and groundbreaking events that blend SVWC's past, present, and future.

I am thankful for the smiles that accompany the ice cream truck on the first day of summer.

I am thankful for department directors who do whatever is asked of them...and more.

I am thankful for a Board that truly supports the mission of this community.

I am thankful for the flexibility and perseverance of our staff and residents over the past three years.

I am thankful for the Villa depositors who have selected SVWC as their future home and for the team SVWC has assembled to build these homes.

I am thankful for my family members who understand how important this community is to me and for their continued support and encouragement.

Now that I have shared some of my joys, I encourage each of you to take time this season to reflect on the many blessings in your lives. In a world that can be unpredictable and troubling at times, this type of reflection is a healthy exercise for all of us.

We wish each of you a joyful holiday season.

Jeannie Shiley
President/CEO

New Marketing Counselor

Photo by Kitty Zuckerman



Rachael Hite was born and raised in the Shenandoah Valley. She fell in love with journalism at an early age and persuaded the staff at *The Warren Sentinel* to hire her as an intern when she was 17. She attended Old Dominion University and studied Human Services.

In college, she worked at WFTR reading the morning news until she was offered a job in real estate. She sold real estate in Virginia and West Virginia for seven years. In 2014, she began writing for *Inman News*, a national real estate publication. Rachel specializes in professional development and training for those working in the housing industry.

Rachel also serves on the board of directors for Blue Ridge Habitat for Humanity. Her hobbies include reading, writing, hiking, and preparing snacks for her 15-year-old son George who plays the French horn for the Sherando High School marching band and her boyfriend, a high school football coach.

Active Aging Week

During the week of October 10-14, residents put the emphasis on active in Active Aging week as they participated in a wide variety of events drawn up by Concierge Laura Hager and Wellness and Vitality Manager Teresa Barton to test brain and body. Events included a putting contest, dance lessons, silly games, trivia, and that retiree staple, bingo, for the closer. Liz Lindon, Moira DeWilde, and Ruth Carter won cash prizes.



Charlotte Spangler Reaching 100

Charlotte “Peggy” Spangler will be 100 on November 8. She was born in Harrisonburg, VA, and lived her life in Virginia. She attended Madison College in Harrisonburg.



In 1940, she married Sam Spangler. Peggy and Sam raised four daughters and one son. In her early years, she and Sam farmed and raised Angus cattle. Later, they were involved in industrial and commercial real

estate development.

Peggy was an active volunteer in her church and community. When the children were home, she volunteered in their activities including 4H Club, Brownies, and teaching Sunday school. After the children went off to college, she established and managed a gift shop. She enjoyed swimming and traveling.

Peggy and Sam moved to SVWC in 2007. Sam passed away in 2010. Peggy has six grandchildren, nine great-grandchildren, and one great, great-grandchild.

Thursday Night Programs

November 3. SVWC’s music therapist, **Abby D’Arcangelis**, will review 10 years of music therapy at SVWC.

November 10. **Jerome Prochaska** will introduce a National Geographic video on *The Battle for Midway*, the turning point in the war in the Pacific during World War II.

November 17. **Austin Gisriel** will present “From Harry Fox to John Travolta,” a brief history of popular American dance in the 20th Century.

November 24. **Thanksgiving**. No program.

All programs are broadcast on Channel 970 at 7:30 p.m.

Marjorie Prochaska

Chaplain’s Message

Thanksgiving Day is one celebrated with family gatherings, the traditional turkey dinner with abundant fixings, and TV football. All enjoyable things!

When I think about Thanksgiving, my mind goes to some of the great hymns we sing this time of year – hymns like *We Gather Together*; *Come, Ye Thankful People, Come*; and *Count Your Blessings*. One my favorite Thanksgiving hymns is *Let Us with a Gladsome Mind*, a hymn text that celebrates the wonderful blessings we receive from God, and to which we are called to respond with praise and thanksgiving.

The words were written by the blind and brilliant 17th Century poet John Milton. (Yes, the same John Milton who wrote *Paradise Lost*, and other classics.) Interestingly, Milton is also credited with having inspired the hymn writings of men like Isaac Watts and the prolific Charles Wesley, who in his spare time managed to write over 6,500 hymn texts.

The refrain of *Let Us with a Gladsome Mind* is familiar to many: *Let us with a glad-some mind praise the Lord for He is kind. For His mercies shall endure, ever faithful, ever sure*. The words remind us, perhaps especially at this time of year, that God loves us beyond all understanding, God does not abandon us no matter what, God knows us better than we know ourselves, and God loves us still. For that we can all be thankful.

Bill Everhart



Photo by Bill Young

New Bridge Gallery Exhibit

Photo by Peggy Jackson



Artist Pauline Archambault has an unusual background. She is from the Montreal, Canada, area, so it is no surprise that she began ice skating at an early age. But she turned out to be such a talented skater that at 19 she became a member of the prestigious Ice Capades and toured with the company for over three years before deciding to settle down.

After retiring from her career as an independent real estate broker in Fredericksburg, VA, she began taking painting classes and watching YouTube instructors. Her love of creating was enhanced when she sold all 25 of her acrylic paintings on display at the town library.

Gale Bowman-Harlow

An Ideal Holiday Gift

After Coffee With Administration on November 2, the Fellowship Fund Committee will begin selling a 513-piece puzzle consisting of a photo collage of colorful shots of the SVWC campus for the bargain price of \$20 each. It makes a wonderful gift for recipients of any age.

All proceeds benefit the SVWC Fellowship Fund. For more information, contact the Foundation office on Ext. 915.

Kitty Zuckerman

Continuing Support for Afghan Refugees

In the past year, a large network of volunteers has created 45 households to welcome several hundred refugees from Afghanistan to the Winchester community. Many SVWC residents and some staff have contributed to building this informal and effective network.

The flow of arriving families was intense early this year, then paused, and recently resumed at a slower pace. Church World Service, the resettlement agency for the Shenandoah Valley, has built a small professional staff in its Winchester office, but volunteers, including those from SVWC, still do most of the work.

Shenandoah University gave critical space, the "Ballroom" at the former Holiday Inn, for assembling donated furniture used to set up the households. It worked well but was temporary. Recently SU asked us to relinquish the space. Fortunately, the new property owners of the barn once used by the former West Oaks Farmer's Market on Cedar Creek Grade offered it, without charge, to replace the Ballroom. Zoning approval is expected soon.

Temporary storage was urgently needed to fill the gap between the Ballroom departure and zoning approval. Mover Dudes, a competent local company offered help at no cost. On October 20, their movers packed and moved everything from the Ballroom to their storage facility for eventual delivery to the Cedar Creek barn.

More refugees, from many countries, will be coming to Winchester. Perhaps an Afghan restaurant will soon spice up choices for dining out.

Bob Sherwood



Photo by Kitty Zuckerman

Blessing of the Animals

On the afternoon of October 4, the Abbey briefly looked like a busy veterinarian's waiting room, but it was just the "cast" for the annual Blessing of the Animals. For the first time in recent memory, Chaplain Bill Everhart composed an appropriate ceremony, complete with hymns.

Paul Arnold



Mariella



Milo



Duncan

Photos by Peggy Jackson

Fall Garden Social

With fall on the horizon, it was time for one more garden social. So, on October 12, a sizeable number of residents gathered outside the Vitality Center for an early evening of fine food and fellowship. Local country music star Robbie Limon provided the music, which inspired a few energetic dance routines. The only sad note was the fact that it would be six months until the next social.

Paul Arnold



SVWC Residents are Citizen Scientists

If you traveled across the Shenandoah-Westminster Hall bridge on a Thursday or Friday from November 2021 to April 2022, you saw residents with binoculars focused on the bird feeders across the street. They were participating in a nationwide program conducted by the Cornell Lab of Ornithology called FEED-ERWATCH.

Each week, the watchers recorded information on the species they saw and that report was sent electronically to Cornell. Cornell, in turn, compiled their data with that of 34,000 others to gain insight about winter bird populations; some species continue to thrive or increase in numbers, while others are in steep decline.

The 2022-2023 season starts on Thursday, November 3. If you are interested in participating, you will need to be available at a fixed time on Thursdays or Fridays, most weeks between November and April. Watchers can also participate independently from cottages. Contact Sandy Galletta, Ext. 822, if you are interested in learning more.

Sandy Galletta

Welcome to our New Neighbor

Susan Holland is scheduled to move in on Oct. 31 to 305 Shenandoah Hall from Winchester, VA.



Library News — November Acquisitions

FICTION

Peg and Rose Solve a Murder

Laurien Berenson

Overkill

Sandra Brown

Cat Brushing

Jane Campbell

The Rising Tide

Ann Cleeves

All Good People Here (LP)

Ashley Flowers

The Ink Black Heart (LP)

Robert Galbraith

Fox Creek

William Kent Krueger

Mercury Pictures Presents (LP)

Anthony Marra

The Ways We Hide

Kristina McMorris

The Marriage Portrait

Maggie O'Farrell

Carrie Soto is Back (LP)

Taylor Jenkins Reid

The Lost Ticket

Freya Sampson

Dreamland (LP) *

Nicholas Sparks

The Challenge (LP) *

Danielle Steel

Lucy by the Sea

Elizabeth Strout

Tomorrow, & Tomorrow, & Tomorrow (LP)*

Gabrielle Zevin

NON-FICTION

Life on the Mississippi

Rinker Buck

Tiger & Phil: Golf's Most Fascinating Rivalry

Bob Harig

*A copy in Wappacomo Library

Come to the Art Bazaar

The Art Bazaar will take place on Friday, November 18, in the Activity Room and the adjacent area of the Commons from 10:00 a.m. to 4:00 p.m. The artists who registered by the November 1 deadline will have to have a designated person for each table they have reserved for the duration of the bazaar.

The money for items sold is paid directly to the seller. Twenty-five percent is expected to be donated to the Foundation office for the Arts program. For questions, call Cari Sherwood, Ext. 257.

Cari Sherwood

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Pumpkin Decorating Contest Winners

Photo by Bill Young

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