

Westbury World

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A Life Plan Community*

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Wonderful World Week Highlights



Touring Teresa's Wildflower Garden



Woodchucks Chucking for C-CAP



Dennis McFaden's Geology Walk



Tea Cup Flower Arranging in
Wappacomo Hall

Photo by Kay Pace



Feeder Watch



Jim Barnett Park Arboretum Tree Planting

Photos by Bill Young

From the President & CEO

Spring has sprung in the Shenandoah Valley and our campus is absolutely beautiful. We are so blessed to be surrounded by 87 acres with walking trails, meadows, and gardens.



I want to personally thank our staff and residents for their continued dedication and devotion to the care and upkeep of our grounds and trails. To say they go above and beyond is an understatement.

The Mother Nature's Team, which is celebrating its 10th anniversary, consists of residents whose mission is to foster stewardship of the natural areas of SVWC toward fulfillment of the community's mission. This team provides education, seasonal activities, and many other events aimed at getting our residents outdoors. MNT also sponsors celebrations around Earth Day and Arbor Day.

Another group of residents, aptly named the SVWC Woodchucks, through an informal partnership with the Frederick County Rotary Club, provided over 133 pickup truckloads of wood to 49 eligible CCAP clients last season. In addition, the Woodchucks have an ongoing outreach program whereby, twice a year, students from the Timber Ridge School join the SVWC volunteers at our on-campus woodlot for a morning of cutting, splitting, and storing firewood. The students are then treated to a wonderful meal in our Bistro!

Resident volunteers in our Woodworking Shop recently assembled/refitted three wheelchair-accessible planters that are located on the balcony of Wappacomo Hall. A fourth planter will be placed on the greenhouse patio. Peter Benedetto, a horticultural therapist, will now work with our residents to create some lovely floral creations.

The awnings have been installed in the interior courtyard and on the patio adjacent to the greenhouse. These shaded areas provide wonderful gathering spots for individual or group activities.

Now that the weather is getting warmer, golf cart rides to Goff Pond and the trails will resume. Not only do the participants get to

enjoy fresh air and beautiful scenery, but they also get a history lesson about our campus during the outing.

The greater Winchester community boasts a lot of pink and green as the area gets ready for our annual Apple Blossom celebrations! These festivities will occur in the last week of April through the first weekend in May. For those new to the area, there are activities and events for folks of all ages to enjoy.

So, thank you to everyone at SVWC who works hard each day to create such a wonderful setting in which we live and work. I hope all of you get to enjoy springtime in Virginia!

Jeannie Shiley



Photo by Cathie Russell

Lifelong Learning Discussions in May

- May 6:** What is the "world order" today? - Role of the U.S.
- May 13:** Education throughout the world - Make it "addictive."
- May 20:** Hungary -- Its government and its people.
- May 27:** When conspiracies seem real - What to do.

All four sessions are at 2:30 p.m. in the Abbey. They will include video TED talks that are among the most frequently viewed of the last 12 months.

Chaplain's Message

There's a wonderful song of faith entitled In the Bulb There is a Flower. It was written by composer Natalie Sleeth, a prolific writer of church music. You may recognize the first verse.



*In the bulb there is
a flower; in the seed an apple tree;*

*In cocoons, a hidden promise: butterflies
will soon be free!*

*In the cold and snow of winter there's a
spring that waits to be,*

*Unrevealed until its season, something
God alone can see.*

These words, lyrics about bulbs and seeds and growth, remind me of words found in the Gospel according to Mark. "With what can we compare the Kingdom of God, or what parable will we use for it? It is like a mustard seed, which, when sown upon the ground, is the smallest of all the seeds on earth; yet it grows up and becomes the greatest of all shrubs, and puts forth large branches, so that the birds of the air can make nests in its shade."

The Bible, as well as other sacred scriptures, are loaded with images from agriculture. And perhaps the reason is obvious: many of the people described in scripture lived close to the land. They were people who knew what it was to stoop for long hours in the hot sun tilling the soil, their toes and feet covered with black soil. They worked hard, chopping and hoeing through the summer, waiting patiently for the coming harvest. They didn't always understand the deep things of God, but they knew about the rhythms and cycles of nature.

There are three lessons we can learn from these words in the Gospel according to Mark. The first is that in the same way farming is a cooperative effort, so too is our relationship with God. The second lesson is that regarding God's Kingdom on earth, what starts out very small can, in the end, produce a large result. The third lesson is that everyone can play a part helping the Kingdom. grow -- from the least to the greatest -- making a conscious

effort every day to do what we can to enhance God's Kingdom on earth.

I believe with all my heart that even the smallest seed planted in hope can produce growth beyond imagination. And while growth can't be forced, it will happen if we join God in the cooperative efforts of enhancing the Kingdom.

Bill Everhart



Thank you, Marcia Greene for your twenty years of dedication and extraordinary service as proofreader for *Westbury World* !

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Time for Residents Association Elections

The annual Residents Association elections will occur from May 6 to May 13. Balloting will close at 4:00 p.m. on May 13. We will be filling leadership roles for president, vice-president, treasurer, and three members-at-large.

Two weeks before the election, bulletin boards detailing nominees' personal statements will be placed overlooking the pool and outside the second floor Wappacomo Hall dining room. Prior to the election period, information brochures containing the same information will be placed in residents' in-house mailboxes along with their election ballot.

Ballot boxes will be located outside the third-floor elevators in Shenandoah and Winchester Halls, outside the second floor Wappacomo Hall dining room, the area overlooking the pool and the Lawrence Hall lobby during the election period.

The RA's Executive Committee will elect a representative from Shenandoah Hall to the Board of Trustees Property and Planning Committee and a resident from Shenandoah Hall to the Board of Trustees Interior Design Subcommittee.

Election results will be posted on the large bulletin board overlooking the pool, small RA bulletin board near the post office, bulletin board outside the second floor Wappacomo Hall dining room, and on the portal.

JoEllen Smith



Library Acquisitions New in May

Fiction

The Princess of Las Vegas (LP)	Chris Bohjalian
Three-Inch Teeth (LP)*	C. J. Box
The Hunter (LP)	Tana French
Still See You Everywhere (LP)	Lisa Gardner
The Great Divide (LP)	Christina Henríquez
The Lantern's Dance	Laurie R. King
The Summer Book Club	Susan Mallery
Murder at an Irish Chipper	Carlene O'Connor
Finding Margaret Fuller	Allison Pataki
When the World Goes Quiet	Gian Sardar
Never Too Late (LP)*	Danielle Steel
Listen for the Lie	Amy Tintera
After Annie (LP)*	Anna Quindlen

Non-Fiction

In True Face: A Woman's Life in the CIA, Unmasked	Jonna Mendez
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Welcome to Our New Neighbors

Cindy Frame moved into 105 Shenandoah Hall from Browntown, VA.

Randy and Kathy Hill moved into 122 Elderberry Drive from Washington, DC.

Ed and Libba Pendleton into 333 Winchester Hall from Winchester, VA.

Bistro Concert: Cello and Piano



On Friday, May 17, the rising young musical stars Mathilde Handelsman, pianist, and Edward Cho, cellist, will perform in their second Bistro Concert appearance. A year ago, they gave us a ravishing performance of Rachmaninov's beautiful Sonata for Cello.

This year they will explore J.S. Bach's influence on Shostakovich, Prokofiev, and Mendelssohn. His genius has cast a powerful influence forward across the Classical, Romantic, and Modern eras, a span of well over two hundred years. Not only will this be a fascinating excursion into musical history, but also a tour of some exceptionally fine pieces written for cello and piano. The Bistro's excellent acoustics showcase this pair of instruments particularly well.

Both Handelsman and Cho are recent doctoral graduates of Shenandoah Conservatory. Both were students, respectively, of John O'Connor and Julian Schwarz who are world-renowned performers.

Handelsman, from a musical Parisian family, has been praised for her "calm technical mastery, immediate understanding of balance" as well as "extraordinary vigor, flawless musicality." Her solo album, *Images*, features Claude Debussy's complete piano works of 1903-07. Her career as a soloist and collaborator has led her to perform across Europe and the United States under conductors such as Seiji Ozawa. Recent season highlights include her solo debut at Carnegie in 2022, and playing at the Tanglewood Music Festival alongside Yo-Yo Ma.

Cho, a Canadian-Korean, is originally from Saint John, New Brunswick, Canada. He has toured with orchestras in Europe, so-

loed with orchestras in Ontario and New Brunswick, and won numerous competitions in Canada. As a chamber musician, Cho has studied with several acclaimed quartets. He studied first as a piano major. He soloed one evening with a fine Canadian orchestra as both pianist and cellist. He also holds degrees from Indiana University and Wilfred Laurier University.

Admission is \$10 at the door (cash only, please). The concert begins at 7:30 p.m. Atlantic Union Bank sponsors the series.

Bob Sherwood



Thursday Night Programs

May 2: Films of Apple Blossom Pageants at Handley High School through the Years.

Narrated by Mike Stryker

May 9: Daniel Boone, Fact or Fiction?

Presented by Elizabeth Harp

May 16: Australia, New Zealand, Islands of the South Pacific: Scenes & Stories

Presented by Barbara and Ray Leonard of their recent 94-day cruise

May 23: Westbury Choristers

Directed by Sue Correll

The programs begin at 7:30 p.m. in the Abbey. They may be viewed on Channel 970.

No programs will be held in June, July, and August. They will resume in September.

To help plan and obtain speakers and programs, contact Margaret Richardson.



From the Archives

Restoring the Memorial Grove, as reported 20 years ago in the *Westbury World* for May, 2004:

Memorial Grove Stone Wall Restored

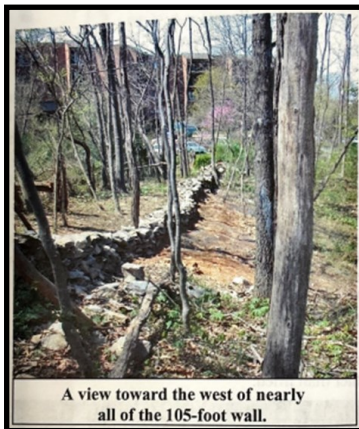
Last autumn Fenton Babcock and Art Valotto began restoring the stone wall high on the bank above the Memorial Grove. Their purpose was to restore the natural beauty of the site in order to do justice to the memory of those interred there.

Robert Cook removed the overgrown brush so that old stones could be located. Some of them, buried as much as 18 inches deep, appeared to be 200 years old. Bill Jones arranged for a truck to haul gravel for the foundation, and staffers Andy Keeler and Allen Ruble help move the stones – some so heavy that they had to be slid and rolled rather than lifted.

Capstones for the wall were rescued last year from the remnants of another wall behind Elderberry Drive. Fenton took pains to see that those stones were not buried by the cottage construction.

The wall is now completed, all 105 feet of it. The embankment has been seeded, and the path into the grove has been cleared and mulched.

Residents owe a vote of thanks to the men who undertook this physically difficult task, and especially thanks to Fenton Babcock who conceived of this project at least three years ago, and worked closely with the Building and Grounds Committee to keep it alive.



A view toward the west of nearly all of the 105-foot wall.



Lawrence Gallery Exhibit

In May, the Lawrence Gallery welcomes outstanding artist Mike Flynn. He teaches watercolor and mixed media at the Art Factory, located in historic downtown Manassas, Virginia.

Mike's beautiful artwork has garnered devoted followers from displays at the "Art at the Mill" in Millwood, Virginia and other juried exhibits in Kentucky, Virginia and Maryland. Private collections throughout Northern Virginia and across the United States proudly display Mike's warm and appealing paintings which capture all subjects in a charming way with wonderfully free and skillful brush strokes.

Mike is a member of The Loft Gallery, Occoquan, Virginia and also paints with a group of *plein air* painters called, "p-ART-ners".

His exhibit entitled "From the Artist's Toolbox" will be on view from May 11 through July 5. Please come to meet the artist at the reception in the Gallery and the Employee Learning Center on Thursday, May 16, from 5:00 to 6:30 p.m.

Loretta Johnston

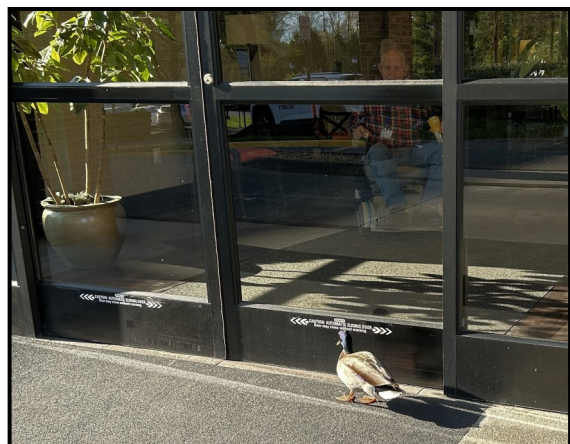
Mission Statement

Shenandoah Valley Westminster-Canterbury is a not-for-profit, intimate, church-related continuing care retirement community that is committed to enabling residents to use their gifts fully, live their lives richly, and enjoy with dignity the years God has given them.

Campus Happenings



April 8 - Here Comes the Eclipse!



A Future Resident Looking for Marketing?



Photo by Amy Fielder

Hail on the Croquet Court.



National Walking Day

April 3, Kelsey Young and Harry Poling lead walkers inside because of the rain.



Down goes the old Bistro clock.

Photos by Bill Young



Photo by Bill Young

Dazzling Daffodils

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