

Westbury World

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A Life Plan Community*

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Photo by Bill Young

Introducing GEM-6

The GEM is the newest addition to SVWC's fleet of vehicles. The GEM is an electric vehicle that seats up to six passengers, including the driver. It is available to residents for transportation to the main buildings for appointments, activities, or to have lunch, thus alleviating the need to find parking. The GEM is licensed and can take residents to CVS to pick up medications.

SVWC is always looking at ways to do its part for the environment and is another reason why the GEM was considered for use on campus.

Do you need a lift? If so, call the Front Desk receptionist and the GEM will pick you up.

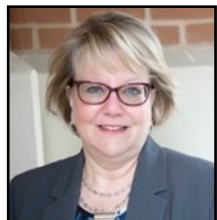
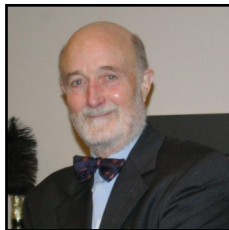
Board of Trustees Holds Annual Meeting

The SVWC Corporate Board of Trustees held its Annual Meeting on May 20, 2024. The following were elected as Board Officers: Rev. Dan McCoig, Chair; Linda Gibson, Vice-Chair; Rob Boyd, Secretary/Treasurer. Jeannie Shiley, Duane Wernecke, and Chanda Palmer were re-elected as Corporate Officers.

Mark Loring, Don Ganske, Linda Gibson, and John Armstrong were re-elected to serve another term on the Board.

SVWC would like to express its appreciation and thanks to Cindia Stewart for serving three terms on the Board and to Patricia Barnes for serving one term. This was the last official Board meeting for both these ladies. It was also the last meeting for Sylvia Wilson, outgoing President of the Residents Association. Bill Young, incoming President of the RA, will now serve on the Board to represent the residents of SVWC.

Darcus Breneman and Abbey Pifer were elected to serve on the Board.



Darcus grew up in Frederick County and graduated from James Wood High School. Darcus has an impressive 38-year career in the retail banking industry and has been employed with First Bank for the past six years. Darcus is very active in the community in which she lives and works. She has been a Rotarian for 32 years.

Abbey Pifer resides in Winchester and is the Senior Plant Accountant at Trex Company. Abbey received her accounting degree from Shepherd University and her graduate certificate from West Virginia University. She serves as an elder for First Presbyterian Church and is on the First Presbyterian Weekday School Team.



Darcus and Abbey will both serve on the Finance Committee.

SVWC greatly appreciates and values the time and talent that our volunteer Board mem-

bers devote to our community.

Every Board meeting is opened with a prayer and the reading of SVWC's Mission Statement. This is to ensure that any decisions made by the Board of Trustees are to strengthen and expand the mission of our community.

Jeannie Shiley



Summer Celebration

In celebration of the first day of summer, Smiley's Ice Cream truck will be serving up free ice cream for all on Wednesday, June 19, from 1:00 to 3:00 p.m. in front of Lawrence Hall.

Welcome to Our New Neighbor

Carol Chapman moved into 110 Cottage Drive from Winchester.

Mission Statement

Shenandoah Valley Westminster-Canterbury is a not-for-profit, intimate, church-related continuing care retirement community that is committed to enabling residents to use their gifts fully, live their lives richly, and enjoy with dignity the years God has given them.



Photo by Bill Young

New Dining Director Arrives

In early May, SVWC welcomed its new Dining Director, Henning Lorenzen. Henning is a certified chef from Denmark where he went to culinary school. He also took classes at the Culinary Institute of America in New York.

Before coming to SVWC, Henning worked in Maryland, DC, Virginia, and Florida for Unidine Senior Living, Sunrise Senior Living, and Brookdale Senior Living.

From 2000 to 2009, he owned three restaurants in Maryland (Wurzburg Haus Restaurant, Blue Ox Café, and Henning's Restaurant). Other experience includes working for Marriott Corporation for five years, and as an executive chef at the World Bank and the Library of Congress. He worked for the Rockefeller family and the Kennedy family as an on-call chef.

Before moving to the U.S. in 1990, Henning lived in Denmark, Germany, England, and Australia. Henning resides in Hagerstown, Maryland with his wife, two of his three children, and a chocolate lab. He also has a daughter in Charlotte, North Carolina. Outside of work, he enjoys spending time with his family, working on home projects, watching hockey, working on his car, and cooking on the grill.



Photo by Bill Young

Wendy Burner Joins SVWC's Clinic

Wendy Burner, BSN-RN joined SVWC's Clinic in May. Wendy is a lifelong resident of Winchester. She graduated from James Wood High School and subsequently completed her undergraduate and graduate studies at Shenandoah University.

Wendy worked for an Oral and Maxillofacial Surgeon in Leesburg for 30 years while completing her BSN-RN and subsequently MSN-FNP degree. She spent six years working in Interventional Pain Management and the past seven years with Selma Cardiology and Selma Internal Medicine.

She made rounds at multiple assisted living facilities in the area to briefly include SVWC in 2019. She has a genuine passion for helping others.

Wendy and her husband, Larry, have two adult children and two energetic grand pups!

Fun fact: Both of Wendy's children were employed here at SVWC. Son Brady was a diet aide during high school. Daughter Morgan was also a diet aide during high school and college. She then transitioned briefly to nursing here at SVWC before moving to Houston, Texas for a nursing position.

During her time away from work, Wendy can almost always be found on a beach or visiting a piece of her heart in Texas. She enjoys time with family, being outdoors, and reading.

Wendy has found her time so far at SVWC to be positive and inviting with smiling faces, warm handshakes and hugs, and welcoming words of encouragement!

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Goodbye to an Old Friend

The Chinkapin Oak outside the Lawrence Hall front entrance has been a fixture for all of our years. Its beautiful branches and lush foliage a sight to see. Shenandoah Hall and Health Care residents facing the Lawrence Hall entrance often watched birds in its boughs.

Unfortunately several years ago, the tree was hit by lightning and has slowly lost its vigor. Last year, Bartlett Trees, nationally recognized tree experts, assessed the tree and recommended trimming away deadwood for safety and some live branches in an effort to reinvigorate it. Unfortunately no new growth has appeared.

With increasing frequency, small pieces of deadwood littered the ground; it had become clear that the tree was becoming as unsafe as it had become unsightly. SVWC Administration made the difficult decision to have it removed. Knowing its importance to the community, efforts are underway to have any solid wood made into furniture or decorative pieces for our community and to go to CCAP.

The good news is, there is a backup. Just north of the tree, away from Lawrence Hall, is a second Chinkapin Oak, now, about 12 inches in diameter. Just as in a forest, the younger tree will grow toward the sunlight and fill in the gap left by our old faithful tree. Over time, we'll be able to watch this process.



Photo by Bill Young

Chaplain's Message

"Count your many blessings, name them one by one. Count your many blessings, see what God has done." So goes the old hymn, the words of which have been repeated in various forms down through the ages, and words that still ring as true today as they ever have.



Indeed, God does bless us all, in different ways and at different times. Sometimes in glaringly obvious ways. Other times it seems we really must work to see where those blessings are in our lives. When times are good, blessings abound. When times are, well, not so good, blessings seem hidden.

The difficulty with blessings is that sometimes we become so distracted we are unable to see the blessings in our midst. Distractions can run the gamut from getting up on the wrong side of the bed, to dealing with a chronic illness, or even facing the death of a loved one. But, whatever the nature of the distractions, God's blessings are still present. It's just that they are a little harder to see.

God blesses us richly and in varied ways, I have no doubt of that. I also have no doubt that we are called to respond to God's blessings by reaching out in love, care, and compassion toward one another, and by blessing God in return, giving praise to God every day of our lives, both in our words and in our actions.

Bill Everhart



Bistro Concert: The World of Guitar

Colin Davin will explore the World of the Guitar in the Bistro Concert on Friday, June 28. One of the youngest professors of the Shenandoah Conservatory, he directs the Guitar Studio. He holds a Bachelor's Degree in Music from the University of Southern California and Master of Music from The Juilliard School.



Already reviews name him "one of today's most dynamic artists." He has performed across the world: Alice Tully Hall at Carnegie Hall, the Alhambra Palace in Granada, the Paris Conservatoire, the Fridge Fringe in Dubai. His interest in new music is strong.

His solo recording, *"The Infinite Fabric of Dreams,"* has been praised by one reviewer as "...achingly beautiful...a thoughtful, perceptive interpretation." Another said: "Davin knows the pieces deeply and delivers virtuosic and exciting performances."

His program will explore Classical and Romantic era guitar favorites written by the leading composers of the 19th and 20th centuries. His performance will display the virtuosity, elegance, passion, and color of his exciting instrument.

Admission is \$10 at the door (cash only, please). The concert begins at 7:30 p.m. Atlantic Union Bank sponsors the series.

Bob Sherwood



Keep an eye out for details on the Fellowship Fund Committee's "Fabulous Finds Online Auction!"



Library Acquisitions New in June

Fiction

A Calamity of Souls (LP)*	David Baldacci
Clear	Carys Davies
A Killing on the Hill	Robert Dugoni
A Deadly Walk in Devon	Nicholas George
Close to Death	Anthony Horowitz
The Alternatives	Caoilinn Hughes
The Stars Turned Inside Out	Nova Jacobs
Pay Dirt (LP)	Sarah Paretsky
The #1 Lawyer (LP)*	James Patterson, Nancy Allen
Toxic Prey (LP)	John Sandford
The Truth About the Devlins (LP)	Lisa Scottoline
Table for Two (LP)*	Amor Towles

Non-Fiction

Life: My Story Through History	Pope Francis
Muse of Fire	Michael Korda

*Copy in Wappacomo Library



Volunteer Opportunity

The SVWC Volunteer Committee has announced a new community volunteer opportunity.

The Winchester Little Library Committee is recruiting volunteers to steward 13 local Little Libraries. Each box needs a two-person team to visit it at least once a month to organize, resupply, and report any maintenance needs. Contact Chuck or Sally Walters to sign up or for more information.

Volunteers, please log onto the Community Portal to record your volunteer hours. Contact Diane Sinclair or Sherry Hudson for assistance.

Diane Sinclair



Photo by Bill Young

A Day at the Woodshop

David Adamusko, a future resident and a retired shop teacher, gave a class on the basics of the wood lathe.

His instruction was very much appreciated and enjoyed. Hopefully we can get David to do many more classes in the future.

A special thank you goes out to Jimmy Harp who made this awesome lathe part of the woodshop.

Grady Botens

Lifelong Learning Discussions for June

June 3: Artificial Intelligence -- What is AI anyway?

June 10: Artificial Intelligence -- How AI is unlocking the secrets of nature and the universe.

June 17: Artificial Intelligence -- How to govern AI.

June 24: Artificial Intelligence -- How AI is being used by the Israeli military.

July 1: Artificial Intelligence -- Great Decisions Master Class on AI.

All sessions are in the Abbey at 2:30 p.m. These sessions use video lectures that are more recent than the prior ones last October.



From the Archives

The beginning of the Choristers, and a resident-catered dinner for high school seniors on the staff, as described 20 years ago in the *Westbury World* for June, 2005:

Singing Group Organized

The **Westbury Choristers** is a new group being organized for residents interested in singing. They rehearse on Monday evenings at 7:30 p.m. in the Apple Blossom Room with pianist Sally Robinson. Marcia Winfield, the director, has many years of experience.

Marcia said, "Everyone who is interested and has ever sung is invited for singing and for fun." The Choristers are learning some new and some familiar music for unison, two-, and three-part songs.

Seniors' Dinner Scheduled

Residents will have the opportunity, on June 8, to reverse roles with some of our wait staff – the staff will sit and the residents will serve. This is the annual Seniors' Dinner, where SVWC honors graduating high-school seniors with a dinner to which they invite their families. The 12 graduates this year all work in Dining Services.

Because of scheduling conflicts, this year the Seniors' dinner will be buffet style in the Abbey. Volunteer residents will assist with the buffet, take orders and serve drinks, and whatever else is usually performed by the staff. Marcie Smith, Dining Room Manager, will explain it all at the organizational meeting on June 3.

Campus Happenings



Photo by Lucille Digges

Victorious Kentucky Derby Winners:
Lucille Digges & Sigrid Mueller



Croquet Returns



Lawn Bowling

Photos by Bill Young



Memorial Day Service



Momma Duck and her Darling Ducklings

Photo by Ravyn Rindell



Photo by Bill Young

Mr. Duck Surveying His Courtyard Domain

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