

Blue Ridge Hall
NEWSLETTER

June 1, 2024

There's Music in the Air...



“Music expresses that which cannot be said and on which it is impossible to be silent,” - Victor Hugo. Blue Ridge Hall gathers together for music therapy with their good friend, **Anna!**

Some recent events include...

Art Class!



together and show off their creative talents. Each week, **Helen** provides new and innovative projects for residents to enjoy. Captured above, **Nancy**



Art class continues to take place twice a week, while friends are able to gather

shares laughs with friends while working hard on her painting! **BJ** and **Yvonne** work together to create their apple blossom tree masterpiece!

Equine Therapy...



Equine Therapy for Spring 2024 has officially come to an end. After an eight week program, partnering with Blue Ridge Center for Therapeutic Horsemanship, residents look forward to continuing the program again next Spring!



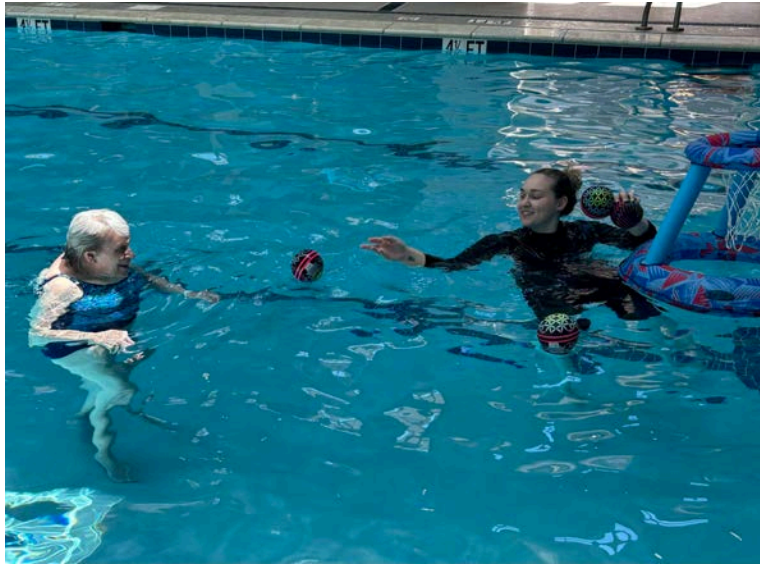
Apple Blossom Parade!



Residents across neighborhoods come together on Laurel Court to watch the annual Apple Blossom Parade! Friends and neighbors gathered to celebrate while enjoying some sweet treats!



Going Swimming...



Friday swimming is back in the SVWC pool as Blue Ridge Hall residents enjoy the water! **Fran** and **Jill** play water basketball while **Nancy** and **Kelsey** go for a swim!



Gardening Club!



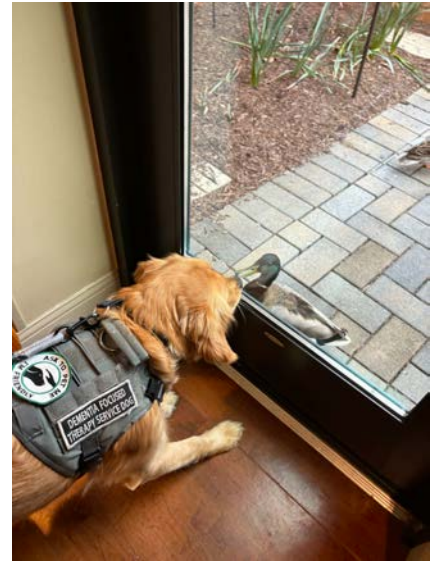
Gardening club still continues to be a popular activity twice a week as residents assist with growing a variety of vegetation including lettuce, onions, green peas, squash, and watermelon!



Baby Ducks!



After a long wait, the baby ducks in the Blue Ridge Hall Courtyard have officially hatched! Residents eagerly watch as the mother duck shows off all 11 of her ducklings. Even **Milo** got to meet the drake!



The Carnival...



As a part of National Nursing Home Week, Blue Ridge Hall joined our Health Care neighborhoods for a fun filled carnival! **Shelby** wins a prize after a skeeball game while **Connie** shows off her bubble making skills!





Upcoming special events in June...

6/2: Rocky Road Ice Cream Day - How it's Made: Ice Cream, Rock Road Social, We All Scream for Ice Cream Craft

6/3: National Cider Day - Cider Tastings!

6/7: - Baby Shower! @ 3:00pm (Blue Ridge Hall Courtyard)

6/9: Donald Duck Day - All About Donald Duck!, Duck Tales

6/13 - SCPA Kitten Corner @ 11:00am (Laurel Court)

6/16: Father's Day - Men's Grilling Social

6/19: First Day of Summer - Smiley's Ice Cream Truck
@1:00pm (Main Entrance)

6/22: - Happy Hour @3:00pm (Blue Ridge Hall)

6/23: - SVWC Classic Car and Truck Show @ 1:00pm (Wappa Parking Lot)

6/28: - Summer Wreaths with Dotty @3:30pm

COMING ON JUNE 14th @ 3:00pm: Dementia Friends Virginia Seminar -
A one hour informational session for staff, friends and family! Contact Jill Asamoah for more info!

Jillian Asamoah, ADC/MC, CDP, CNA
Activity Dementia Coordinator

Westminster *Canterbury*
SHENANDOAH VALLEY

Connected for Life