

Westbury World

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36th Annual Service Awards



On July 26, 2024, SVWC recognized 24 employees for a total of 240 years of dedicated service. Following a delicious meal prepared by our Dining team, Department Directors and Managers recognized the following staff:

5 Years

Antonia Aikens, Gregory Aycock, Christopher Bock, Gail Boyd, Elizabeth Forbes, Mitzi Huff, Sonia Kline, Timeka Milton, Brooke Onstead, Albert Owens, Mayra Perez, Caroline Smith, Heather Underwood, Sheila Willis

10 Years

Timothy Adams, Amber Daniel, Diane Sales, Donielle Weatherholtz-Palmer

15 Years

Mary Kerns, Christopher Miller, Kimberly Moubray, Marcia Tatum-Spencer

30 Years

Donna Evans, Kimberley Vance

Each honoree was presented with a certificate, a service pin, and a gift card in the amount of \$10 for each year of service.

Photo by Bill Young

Cindy Hunter

A Message from Our CEO

This month I would like to announce a change in our Board of Trustees leadership. Unfortunately, due to scheduling and work conflicts, Carrie Decker had to resign as a trustee. We certainly understand the struggle of trying to balance numerous responsibilities and we want to thank Carrie for her service to our community.

The Board of Trustees has approved Dr. Frank Lewis to take Carrie's place as a trustee. He will be serving on the Resident Services Committee. Dr. Lewis moved to Winchester in 1981 where he began a 30-year private practice in internal and pulmonary medicine and critical care. In 2011, Dr. Lewis became employed by Winchester Medical Center as a full-time critical care intensivist. He retired in 2021, and currently consults on an as needed basis.



Dr. Lewis has served on the Museum of the Shenandoah Valley Collections Committee and the Steeley Foundation. He enjoys fly fishing, cooking, photography, art collecting, and travel.

I invite all residents to come and meet Dr. Lewis and the other Corporate and Foundation trustees at our annual Board and Resident Social scheduled for September 16 at 3 p.m. in the Commons.

This is the perfect opportunity to get to know and talk with the trustees in an informal, social gathering. There will be drinks and light refreshments served. Music will be provided by Amy Fielder, who will play the violin.

I just want to say a huge thank you to all our trustees who volunteer their time and talents to SVWC. Their guidance and decisions play a pivotal role in shaping the future of our community and fulfilling our mission.

Jeannie Shiley

Hooray for our Employees!!

As SVWC moves into the fall season, the Employee Appreciation Fund (EAF) campaign is well underway. This is our chance to let SVWC's amazing employees know how much they are valued for the hours and the effort they put into making this a great place to call home.

Since SVWC has a no gift or gratuities policy, our employees are unable to receive any tangible expressions of appreciation, so EAF is it! As residents, we ALL benefit from our staff. Maybe it's the Maintenance crew repairing or replacing something in our cottage, villa, or apartment.

Or the Environmental Service crew shoveling and plowing our sidewalks and roadways after a snow event (quite often on Friday evening, of course). Or Housekeeping maintaining our homes and common areas. Or the Medical and Nursing staff attending to our physical well-being, making us comfortable, and attending to our needs.

Or the Dining Services folks cooking and serving our meals, or Security, Finance, Human Resources, Foundation, Front Desk, Fitness and Wellness, Therapy, or the Chaplain. As they serve us, many of these fine folks have become friends; people we've gotten to know, many by name.

We are all part of this community we know as SVWC. Everyone is strongly encouraged to make gift to the Fund. We are in this together. We are shooting for no less than 100%! The recommended gift per person is \$800 if you are able. ALL gifts to the EAF regardless of amount are deeply appreciated and honor our employees.

As a reminder, gifts to the EAF are non-deductible for tax purposes and must be in by October 31. Please use the wooden contribution boxes in the Bistro and outside the Wapacomo Dining Room. Our contributions on their behalf are deeply appreciated by our employees and are well deserved. Thank you sincerely for your consideration.

Rick Eisenstaedt, EAF Chair

It's Hard To Be Green

Change is tough and going green is tougher, but we've got this! Food Committee members, resident volunteers, and staff worked together to launch the new OZZI reusable container system on August 15. OZZI leads the charge in replacing conventional disposable take-out boxes, ensuring a sustainable and eco-friendly approach to food packaging. The OZZI system has been used in a variety of venues such as college campuses, hotels, supermarkets, entertainment arenas, and more. On SVWC's campus, the OZZI container will be used for take-out orders and delivery.

Currently, residents living in Independent Living are using the OZZI system with plans for a roll out to staff in the upcoming weeks. Residents residing in supportive living may also choose to opt in if applicable.

The OZZI system starts with a resident receiving two complimentary OZZI tokens. Next, a resident orders take-out or delivery and their meal is placed in an OZZI to go container. The resident's account (not the dining plan) is charged \$5 for the container either by staff for deliveries or using the specified envelope for take-out. Once the container is emptied it is returned to the OZZI collection machine just outside the Bistro. Upon return, the machine generates a new OZZI token which can be turned in for a \$5 credit.

The idea is that residents will not be charged for containers as long as they are returned. In lieu of using the OZZI system, residents may utilize their own container.

We are all working towards the goal of a reduction of landfill waste, reduction of waste hauling costs, reduction of paper and foam containers which also leads to a reduction in expenses. To date, 75% of residents in Independent Living have received their complimentary tokens. If you have not received your complimentary tokens, contact Andrea Brown, Dining Manager, at 540-678-4610.

Chanda Palmer



Photo by Chanda Palmer

RA President & OZZI

Lifelong Learning

Lifelong Learning will host one-hour sessions every Monday in September at 2:00 p.m. (new start time) in The Abbey.

Monday, September 2, will address global population and the critical resource -- water -- that everyone needs.

On September 9 and 16, we will address the history and current status of the U.S. and global economy.

On September 23, the topic is "Disinformation: what is true, what isn't, and how to tell the difference." This is a continuation of the artificial intelligence topic that we have addressed earlier this year.

Finally, on September 30, we begin a three-week series about planning for and experiencing the final days of our lives. Death produces anxiety for many people, but the connections and support available at SVWC allow us to navigate this vital phase of our lives with grace and joy.

Our sessions will include participation from people who provide these supporting services.

Please join us Mondays at our new time of 2:00 p.m. in The Abbey!

Bob Bolan

Chaplain's Message

I love the story of Job, one of the most memorable characters in scripture. It's a fascinating tale of a troubled man who was a symbol of righteousness, a curious man who was known for his patience, and a seemingly innocent man who was one of the first to ask why bad things happen to good people.



Job is remembered for his patience, and we even describe certain people as "having the patience of Job." But as one writer has put it, "To say the book of Job is a story about patience is sort of like saying Melville's novel Moby Dick is a nice little story about a whale." In fact, the story of Job is rather complex.

We know Job as a righteous man who understandably seeks an explanation as to why the innocent suffer. He wonders where God is in the midst of his calamity, and he strays dangerously close to blaming God for his troubles -- challenging God with a litany of questions and becoming so caught up in his own suffering that he loses sight of the fact that God, indeed, cares for all of God's creation.

From time to time, we all find ourselves grieving and confused over our losses: the loss of a loved one, the loss of a lifestyle, the loss of a relationship. And, like Job, we may turn to God and ask why.

It might do us well if, when we struggle, we pause -- pause and listen to God who speaks to us out of the whirlwind, reminding us that he loves and cares for us as he does for all of creation, and that God doesn't want us to suffer but rather is there to comfort us when we do.

Perhaps it's helpful not to think of the story of Job as a story about *Job's* patience, but rather as a story about *God's* patience -- God's patience with us when, like Job, we lose sight of God in our midst *and* of just how much God loves us all.

Bill Everhart

From the Archives

Groundbreaking for the Chapel 15 years ago, as reported in the *Westbury World* for September, 2009:

Chapel Ground-Breaking (At Last) By Les Hubert



A long-awaited ceremony took place in front of Westminster Canterbury's Lawrence Hall on July 28: ground-breaking for the Chapel.

For many years it has been a dream to create a sanctuary at Westminster-Canterbury -- a space devoted specifically to religious activities. This ground-breaking marked the realization of that dream and, in a way, paid tribute to the indefatigable efforts of many and to the generosity of those who came up with the needed funds.

The officials wielding the shovels were: Richard Farland, Chairman SVWC Development Committee and Member SVWC Board of Trustees; Farley Massey, President SVWC Residents' Association; Jeannie Shiley, SVWC CEO; Senator Jill Holtzman-Vogel; Janet Waller, Member SVWC Chapel Committee; Terry Sinclair, MD, Chairman SVWC Board of Trustees; Bob Kern, Chairman of SVWC Property Committee; Larry Lawhon, SVWC Chaplain; Elizabeth Lewis, SVWC Chaplain; and Steve Hottel, Lantz Construction.

Chairs were set up on the sidewalk and roadway on that bright July day for an audience of the some 100 residents and guests -- speeches were spoken -- and the eleven officials performed the ritualistic shoveling that symbolized start of construction. A much larger group, around 150, of celebrants enjoyed a reception that followed in The Commons -- and we're on our way!

Campus Happenings



Mother Nature's Team starting a pollinator plant area on the side of Goff Pond by laying a tarp to kill the existing vegetation



Canterbury Café Reopens



New Sidewalk to/from the Villas



A Visit from Winchester Fire and Rescue
New Recruits



Greenhouse Gathering with the New
Horticulture Therapist



Library Acquisitions New in September

Fiction

The Burning	Linda Castillo
Flashpoint: An FBI Thriller	Catherine Coulter
The Midnight Feast	Lucy Foley
The Lost Boy of Santa Chionia	Juliet Grames
A Refiner's Fire: A Commissario Guido Brunettie Mystery	Donna Leon
The God of the Woods (LP)	Liz Moore
Sandwich	Catherine Newman
Confessions of the Dead	James Patterson & J.D. Barker
The Briar Club (LP) 2 copies	Kate Quinn
A Death in Cornwell (LP) 2 copies	Daniel Silva
Resurrection (LP) 2 copies	Danielle Steel
All the Colors of the Dark	Chris Whitaker

Non-Fiction

The Talented Mrs. Mandelbaum: The Rise and Fall of an American Organized-Crime Boss	Margalit Fox
The Hamilton Scheme: An Epic Tale of Money and Power in the American Founding	William Hogeland

Welcome to Our New Neighbors

Ken Marshall from Winchester moved into Shenandoah Hall Apartment 505.

Carolyn and Ed Sabatino from Winchester moved into 116 Cottage Drive.

Carolyn and Frank Troxell from Hummelstown, PA moved into 118 Westbury Place.

Lawrence Gallery Exhibit

"Full Circle II – Inspired by Memories" is the title of the next Lawrence Gallery exhibit from September 2 through November 1, 2024. Residents may remember the amazing oil paintings of Michele Pope Melina who was first featured in the gallery in 2019. We are very fortunate to have another show of the fabulous artwork of this award-winning artist.

After living in Minnesota for many years, Michele returned to Winchester where she was born and thus came "full circle" in her career. Her subject matter recaptures scenes remembered from growing up.

Michele's extraordinary style of representative art shows evidence of the artistic influence of George Inness, the Hudson River School, and The American Luminist Movement. She has mastered the use of light in her paintings where she leaves no obvious brush strokes. This virtuosic technique enhances the atmospheric impression of her landscapes as well as the appeal of all her subject matter. She captures local scenes of natural beauty as well as historic structures in the area.

The Art Committee hopes you will enjoy viewing this show and meeting the artist, Michele Melina at the reception on September 6, 2024, from 5:00 to 6:30 p.m.

Loretta Johnston



Fort Colvin, Along the Opequon



Bistro Concert: Kate MacLeod

Songwriter, fiddler, and mountain dulcimer player Kate MacLeod, joined by Paul Hammerton, John Bryant, and Matthew Metz, will perform Friday, September 20, in the Bistro. Kate calls her band "Mind the Gap." She has a large following in Europe and the western United States. *MusicMecca* of Nashville describes Kate's voice as "a sound that fills you up like food for the soul." Some have likened her voice to that of Emmylou Harris, others hear Joan Baez. Kate's songs echo the style of Kate Wolf -- pensive, poetic, beautiful.

The group will perform Kate's original songs plus creative renditions of traditional, old-time and popular music heard since colonial times in the Shenandoah Valley. Call this "neo-traditional American" music.

Paul Hammerton, an Englishman, has lived for years in the Valley teaching and playing American traditional music. He adds distinctive vocals to the program. John Bryant plays upright bass and joins the singing. Matthew Metz will be on mandolin and harmony vocals.

Kate is adept on guitar, fiddle, and dulcimer. Her songs have been recorded by other artists from California to the Czech Republic. Kate has toured in the U.S., Canada, Belgium, Holland, Switzerland, Germany, Austria, Italy, and the U.K. Her current projects include recording new renditions of songs by the American folk musician Jean Ritchie. The band's debut single, an original song by Kate, will be released on Sept 27.

Admission is \$10 at the door (cash only, please). The concert begins at 7:30 p.m. Atlantic Union Bank sponsors the series.

Bob Sherwood

Thursday Night Programs

Thursday Night Programs resume on September 5 at 7:30 p.m. in the **Apple Blossom Room**, located on the third floor of Wappacomo Hall.

September 5: "Our Resident Experience"

Bob Sherwood and Panel

September 12: "Rebecca Wright: Unionist Spy"

Professor Jonathan Noyalas,
Director of Shenandoah University's
McCormick Civil War Institute

September 19: "Portrait of a Hometown Newspaper"

Brian Brehm, *Winchester Star*
reporter

September 26: "The Trains in Spain"

Dr. George White

Annual Board and Resident Social

Our Annual Board and Resident Social is scheduled for Monday, September 16 at 3:00 p.m. in the Commons.

Come and meet and greet our Corporate and Foundation Board members. Refreshments will be served, and music will be provided by Amy Fielder, violinist.



First Bank Fall Fun Day

Friday, October 4

11:30 a.m. - 1:00 p.m. in the Courtyard
Food, Games, Flowers

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Photo by Bill Young

Goff Pond after Hurricane Debby

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