

Westbury World



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A Life Plan Community*



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Annual Resident and Board Social

On September 16, directly following the Corporate Board of Trustees meeting, SVWC held its annual Resident & Board Social. Amy Fielder, resident violinist, entertained those gathered in the Commons, Dining provided a wonderful variety of delicious food and drink.

The event was a casual affair where trustees from the Corporate and Foundation Boards had an opportunity to mix and mingle with residents. It's a great opportunity for residents to get to know members of the boards that govern the community and oversee the Foundation.

Rev. Dan McCoig, Chair of the Board of Trustees, welcomed everyone and introduced the corporate trustees in attendance. Rick Eisenstaedt, Chair of the Foundation Board, then introduced those trustees in attendance. Bill Young, board member and resident photographer, did a wonderful job of capturing some highlights from the event as evidenced by the pictures that accompany this article.

As our community continues to grow and we welcome new residents and trustees to the SVWC family, these types of socials are even more important.

Jeannie Shiley, CEO



Photos by Bill Young



SVWC Celebrates Completion of Phase II of the Villas

On September 20, SVWC held a Grillin' and Chillin' community BBQ near the resident gardens to celebrate the soon-to-be completion of Phase II of the Villas. Residents, staff, trustees, business partners, and future residents enjoyed an evening of food, fun, and fellowship. Dining Services did an incredible job serving BBQ and all the fixings. The event was sponsored by Warfel Construction, the general contractor for the Villas.



Photos by Bill Young



Library Acquisitions New in October

Fiction

Clete: A Dave Robicheaux Novel
James Lee Burke
The Lion Women of Tehran Marjan Kamali
The Lost Coast (LP)*
Jonathan & Jesse Kellerman
Spirit Crossing William Kent Krueger
Theo of Golden Allen Levi
The Bourne Shadow
Robert Ludlum/Brian Freeman
A Great Marriage Frances Mayes
The Bee Sting Paul Murray
Hard to Kill (LP)
James Patterson, Mike Lupica
By Any Other Name Jodi Picoult
This is Why We Lied: A Will Trent Thriller
Karin Slaughter
The Conditions of Unconditional Love: An
Isabel Dalhousie Novel (LP)*
Alexander McCall Smith
Joy (LP)* Danielle Steel
Shadow of Doubt Brad Thor

Non-Fiction

Valiant Women: The Extraordinary American
Servicewomen Who Helped Win World War II
Lena S. Andrews
The Catalyst: RNA and the Quest to Unlock
Life's Deepest Secrets Thomas R. Cech

*Copy in Wappacomo Library

Chaplain's Message

In the 7th chapter of the gospel according to Mark, we read about Jesus traveling around the region of the Decapolis, an area that lies southeast of the sea of Galilee. A man is brought to him who is deaf and has difficulty speaking. We are told the



man's friends beg Jesus to lay his hands on the man, which Jesus does. Putting his fingers in the man's ears and touching the man's tongue, Jesus then says, "Be opened!" and, we are told, the man's ears are opened, his tongue is released, and he begins to speak plainly.

At its heart, I've always considered this passage a lesson about communication. And I say that because it presents us with a series of events that are not ordered haphazardly, but, rather, are presented in a certain sequence that teaches us something about listening and speaking. First, the man's ears are opened, and then his tongue is released, and then he begins to speak plainly. He hears. He listens. And *then* he speaks.

The lesson makes me wonder about how well we listen to one another. Do we really listen to one another, or rather than listening to what the other person is saying, focus more on what we want to say next? In other words, most of the time we don't really listen very well at all.

As Jesus gave the deaf man the gift of hearing, so too does God grant us all the ability to really listen to one another and to understand one another. And in so doing, God helps us to care better for one another and effectively spread the gospel to a world so badly in need of its message.

Bill Everhart

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Phones: 540-665-0156 800-492-9463

*Co-Editor & Layout: Beverley Simpson
Co-Editor-Photo-Journalist/Archivist: Bill Young
Staff Liaison: Sue McKenzie
Elizabeth Harp - Nancy Merriner - Cathie Russell
Hartley Schearer - Christine Tirpak
* Contact Person





Robbie Limon Returns to the Bistro

Robbie Limon's concert this year will be on Friday, October 18. His vibrant renditions of hits from the 1960s and 1970s are admired throughout the Shenandoah Valley and beyond. We hear top tunes from albums made famous by talents like John Denver, Gordon Lightfoot, Buddy Holly, Hank Williams, Sr., Roy Orbison, and The Doobie Brothers.

His guitar playing is at least equal to his vocal agility. There's a nice touch of actor in his playing and singing, gained from his starring roles at the Wayside Theater. Robbie's passion is not to make himself famous but to bring delight to his audience, the difference between an ordinary performer and an outstanding one.

It's easy for you to imagine you are hearing the original singers again. We're on that train past Folsom Prison; we're on the road again; we remember that all we've gotta do is dream, dream, dream. Hard to forget that ring of fire. Many danced to these tunes, sang with them on the radio, and played them on the phonograph.

Recently, Robbie was asked why he sings the same songs over and over. His simple reply: "Because they're such beautiful songs."

The concert begins at 7:30 p.m. Admission is \$10 cash payable at the door. Atlantic Union Bank sponsors the Bistro Concert Series.

Bob Sherwood

Lifelong Learning for October

SVWC Lifelong Learning will host one-hour sessions every Monday in October at 2:00 p.m. in The Abbey.

The topic for September 30, October 7, and October 14 is "*What happens when we die?*" Death produces anxiety for many people, but the connections and support available at SVWC allow us to navigate this vital phase of our lives with grace and joy.

Discussion will be based on short video presentations, guest speakers, and staff and resident experts. Topics include the role of end-of-life doulas and palliative care, plus family caregiving, financial and legal planning, and related issues.

On October 21 and October 28, resident and former foreign service officer Mark Lore will lead the discussion on "*The Foreign Service at 100.*" The October 21 session will address past history and future challenges, and the October 28 session will describe what diplomats do.

Residents, future residents, staff, and guests are always welcome to attend. Please join us Mondays at 2:00 p.m. in The Abbey.

Bob Bolan

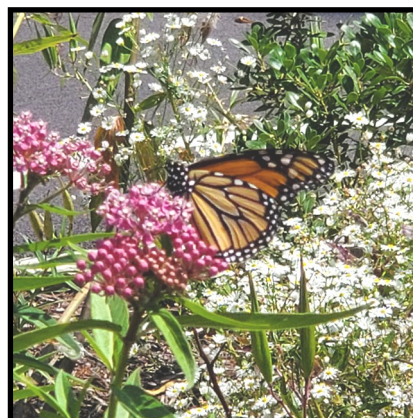
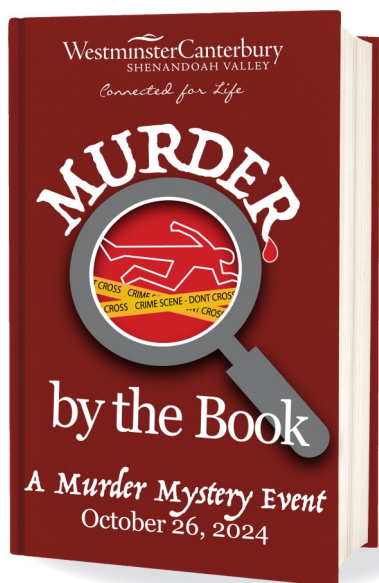


Photo by Sandi Esty



Calling All Sleuths...

On Saturday, October 26, at 7:00 p.m., the Fellowship Fund Committee for Special Events is hosting a murder mystery production called "Murder by the Book."

Resident Joan Claybrook will direct the production, as she has done many times. The Committee and the Foundation are ever grateful to Joan for procuring these scripts and to all participants for giving their time to practice for weeks ahead of the show.

This production features exciting characters, and what's more, the audience members are not just passive observers but are tasked with figuring out who the ever-elusive murderer is. Tickets will be \$30, and all proceeds benefit the Fellowship Fund. Look for more information to come.

Kitty Zuckerman

Welcome to Our New Neighbors

Allyson Butler and Yvonne Perry moved into 1410 Bold Rock Drive, Apt 301 from Virginia Beach, VA.

Judy Whiting moved into Shenandoah Hall, Apt 312 from Stephens City, VA

Carol Lyle moved into 610 Feldspar Court, Apt 210 from Suffolk, VA.

Beverly and David "Dutch" Miller moved into Winchester Hall, Apt 239 from Winchester, VA.

Tara and Richard Bell moved into 1410 Bold Rock Drive, Apt. 201 from Charles Town, WV.

Thursday Night Programs

Please come and join us in the Apple Blossom Room on third floor of Wappacomo Hall, at 7:30 p.m. on Thursday evenings. Programs are also broadcast on internal Channel 970, and on the portal.

Committee members are Margaret Richardson, coordinator; Harry Poling, Steve Reardon, Cari Sherwood, Christine Tirpak, and Sylvia Wilson.

Oct. 3: "Memories of Mayo Brown"

An interview with Bill Cook

Oct. 10: "Glorious Ginkgo Tree Grove at Blandy Farm" presented by Ariel Firebaugh

Oct. 17: "New Methods of Dealing with Apple Tree Pests" presented by Kevin Rice, Director of the Virginia Tech Agricultural Research and Extension Center

Oct. 24: "Underwater Beauty from Cuba" presented by George Magurn

Oct. 31: "Jewelry Design and Gemstones" presented by Dusky Rankin of Christian Caine Jewelers

Fall Fun Day



Friday, October 4
11:30 a.m.— 1:00 p.m.
Courtyard
Food, Games, Flowers



Blessing of the Animals

Thursday, October 3
3:00 p.m.
The Abbey

From the Archives

Street names in Old Town Winchester, as reported 25 years ago in the *Westbury World* for October, 1999:

What's in a Name

Street names in Old Town Winchester may be a puzzle to newcomers. But to old-timers they give colorful hints of bold individuals eager to invest in land in the New World while cherishing fond memories of their homeland. Every street has a story.

In 1744 James Wood called our town "Opeckon," an Indian name. One reference indicates it was called Frederick Town in 1748. But in a 1759 survey book, James Wood wrote of "enlarging the town of Winchester by 156 lots."

Most of the names on this list of lot holders are English and Scotch-Irish, (only a few are Germanic), undoubtedly explaining the preponderance of English names for our oldest streets. Among them are:

Piccadilly, and Pall Mall: directly from London. The latter is pronounced as written, in Virginia, not "Pell Mell," as in London.

Monmouth Street, a London thoroughfare named for the Duke of Monmouth.

Loudoun Street, named for England's Earl of Loudoun who was appointed the "Governor in Chief" of Virginia in 1756.

Amherst Street, named for Lord Jeffrey Amherst, Commander of the British expeditionary force in America in 1758.

Boscowen Street, named for Admiral Edward Boscowen, British Navy.

Wolfe Street, for General James Wolfe, brigadier under Lord Amherst.

Stewart Street, for Captain Robert Stewart who was prominent in the French and Indian War.

Fairfax Lane and Cameron Street get their names from Lord Fairfax, who was also Baron of Cameron, and of course,

Washington Street named for the young surveyor who first came to Winchester in 1748 when the town was still known as Frederick Town.

Jane White Celebrates 100th Birthday



Photo by Ravyn Pindell

On September 8, Jane White celebrated her 100th birthday. Jane was born in Richmond, Virginia in 1924. When she was seven her father died, her mother remarried several years later, and they moved to Front Royal, Virginia.

Jane graduated from Salem College in Winston-Salem, North Carolina. She taught elementary grade children through the seventh grade.

Jane married J.D. White, who was a career naval officer. They moved every two years, living in Annapolis, Maryland (twice); Norfolk, Virginia; Honolulu, Hawaii; Charleston, South Carolina; North Kingstown, Rhode Island, and then retired in Front Royal. They had three children: a boy and two girls. She has five grandchildren and seven great-grandchildren.

Jane moved into SVWC in 2017. She enjoys animals, music, and being surrounded by those who love and care for her.

Mission Statement

Shenandoah Valley Westminster-Canterbury is a not-for-profit, intimate, church-related continuing care retirement community that is committed to enabling residents to use their gifts fully, live their lives richly, and enjoy with dignity the years God has given them.

Campus Happenings



National Assisted Living Week
Classic Car Show



Cottage Ice Cream Social



Photos by Lyle Rolfes



Activities Room Remodeled



Assisted Living Week Luau



Gardeners' Annual Celebration

Photos by Bill Young



Our Newly Renovated Wappacomo Dining Room

Photo by Bill Young

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**Shenandoah Valley Westminster-Canterbury
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Winchester, Virginia 22603
(540) 665-0156
www.svwc.org**

