

Westbury World

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A Life Plan Community*

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Murder By The Book



Front Row (left to right): Beverley Simpson, Jean Trumbore, Joan Claybrook (Director), Kate Reed, Paul Miller, Bruce Jackson. *Not Pictured:* Ross Curtis; *Audio,* Bill Young
Back Row (left to right): Kitty Zuckerman, Liz Lindon, Margie Sheppard (and Miss Kitty-Cat), Karen Leeds, Jill Hazelbauer-Von der Ohe, Laurraine Landolt

On Saturday night, October 26, a packed house enjoyed an evening of mystery, murder, and lots of laughs. The \$30 ticket price included beer, wine, and delectable snacks. Based on the clues provided, three separate tables of attendees put their heads together to correctly guess who the murderer was, and then each individual got to choose from a selection of prizes. The efforts of the fantastic Fellowship Fund Committee for Special Events, Chaired by the meticulous Martha Parthemos, raised \$8,940. We are so grateful to Joan Claybrook/play director, Bill Young/sound engineer, twelve hilarious cast members, our fantastic dining services team, "Super Stan" from maintenance, and the many volunteers who helped with the set-up and breakdown of the Abbey. Our event partner, Tandem Senior Living Advisors, is also greatly appreciated. Murder has never been so much fun!

Kitty Zuckerman

Parking and Transportation Services

It is hard to believe that 2024 is quickly coming to an end. Time stands still for no man. It is a blessing that the second phase of our Villa project will be completed over the next several months. SVWC started welcoming new residents into Villas 1 and 2 in late October. Villas 4 and 5 will become occupied before the end of the year and the last villa, Villa 3, will be completed and turned over to SVWC by mid-January.



With the growth of our campus, I want to mention the addition of two new parking areas and highlight the services provided by our Transportation Department. The first new parking area will contain 15 spaces and will be located along the perimeter road down from Villa 3. This parking lot can be used by visitors or Villa residents.

The second lot will be located to the right of the first three-way stop on campus. This parking area will be used by employees, which will allow for more parking in the North Lot for visitors to the campus.

The SVWC Transportation Department has several vehicles that provide a quick and easy way to get around campus or the greater community. The buses, van, or SUV provide transportation to medical appointments Monday through Friday.

There is also transportation to Walmart, Martins, Costco, and the Apple Blossom Mall on a regular basis.

With the addition of our new GEM electric vehicle, residents can get door-to-door service anywhere on campus by simply calling the Front Desk. The GEM runs Monday through Friday from 8 a.m. until 4:45 p.m. when the buses start the dinner runs. The buses will pick up Villa and Cottage residents for dinner and special events such as Thursday Night Programs, Bistro Concerts, etc.

The buses and GEM do not run on the weekends (except to churches on Sunday mornings) because parking is typically not an issue on the weekends.

A copy of the transportation schedule is lo-

cated on the resident portal, in the information racks, or you can call the Front Desk at #0 or (540) 665-0156 for more information.

SVWC is looking at longer-term parking solutions as part of our master campus planning process.

Detailed maps are in the rack next to the November Westbury World.

Jeannie Shiley

Blessing of The Animals



Photo by Bill Young

Jamie Jefferies reluctantly being blessed by Chaplain Bill Everhart

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Wernecke Joins Rehab Department

Austin Wernecke is SVWC's newest physical therapist. Austin went to undergraduate and graduate school at Shenandoah University where he obtained a doctorate in physical therapy. He is certified in dry needling.

Austin was previously employed at Athletico, an outpatient clinic in Ranson, West Virginia, but wanted to be closer to home for his son.

He resides in Stephenson with his wife Emily, their son Ellis, and three cats. When not working, he likes to disc golf, hike, spend time with family, and overall get outside! He is happy and excited to be here.

Thursday Night Programs

Nov. 7: Veteran's Day Tribute: "Vietnam Experiences" presented by Doug Thomas

Nov. 14: "Arctic Adventure" with Ray and Barbara Leonard

Nov. 21: "Experiences with Domestic Poultry" presented by Harvey Ussery

Nov. 28: No program (Thanksgiving)

Programs are held in the Apple Blossom Room on third floor of Wappacomo Hall, at 7:30 p.m. and are also broadcast on Internal Channel 970.

Chaplain's Message

Thanksgiving is not merely a day to be observed once a year, it can also be a way of daily living. And no Thanksgiving Day gathering would be complete without the singing of the traditional Dutch hymn *We Gather Together*. For us the hymn offers an expression of thanks to God for the many gifts and divine guidance we have received throughout the year.



But it can be interesting and helpful for us to understand the hymn within its historical context. During the 16th century, Holland had been under the scourge of Spain, and many Protestant citizens were exiled. However, the situation was reversed with the advent of the 17th century, which brought with it a time of great prosperity and post-reformation culture for the Dutch people.

The verses of the hymn, especially the first verse, reflect thankfulness for God's presence and protection during this difficult time.

We gather together to ask the Lord's blessing;

He chastens and hastens His will to make known.

The wicked oppressing now cease from distressing:

Sing praises to His name – He forgets not His own.

As we celebrate Thanksgiving this year, may we share with others the many ways in which God has guided and protected us throughout this past year – giving thanks to God for all our blessings.

Bill Everhart



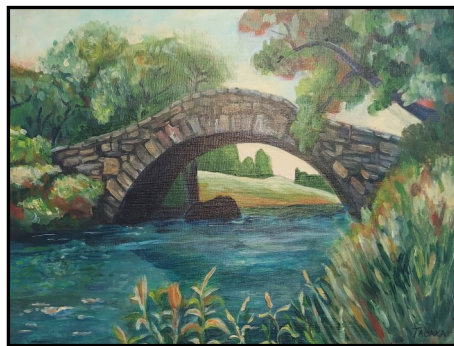
Lawrence Gallery Exhibit

The Lawrence Gallery Art Committee is excited to present an exhibit of lovely paintings by Westminster-Canterbury resident Nancy Tabaka. With Nancy's approval her wonderful paintings and drawings were collected and re-framed, when necessary, by the dedicated work of Nancy's husband Marty Tabaka who is a member of the Art Committee. "Nancy Tabaka-A Life with Art" is a fitting title because this exhibit spans her lifelong career as a professional artist.

As part of her college curriculum, she studied art in London and attended the Art Students League in New York City. She worked in the Circle Galleries in New York City, Gatehouse Gallery in Wyckoff, N.J., and the J. Richard Gallery in Englewood, N.J.

Over the years Nancy has studied and explored all styles and media. Her art has never been static in style or subject matter. In Winchester she studied with Don Black and with Gail Bowman-Harlow, both in Clarke County and at SVWC.

Art Committee member Linda Case has arranged for another spectacular offering for the Lawrence Showcases, the fabulous wood carvings of artists Ann Ruppert and Rod Stabler.



These two exhibits will be on view from Saturday, November 2 through Friday, January 3. Please come to meet the artists at the Reception on Saturday, November 9 from 3:30 p.m. to 5:00 p.m.

Loretta Johnston



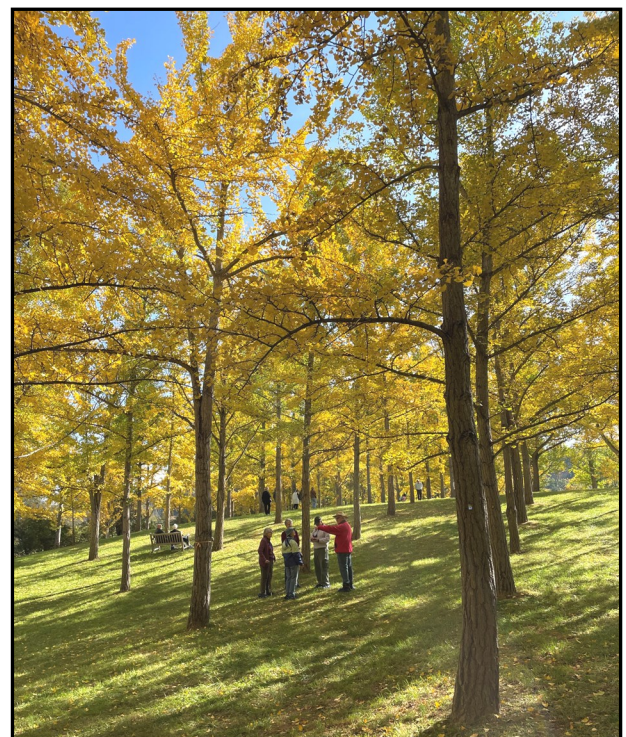
Photo by Bill Young

Welcome Rachel Lonas, FNP

Rachel Lonas, NP joins the Clinic. Rachel graduated from Handley High School. She received a bachelor's degree from Radford University in Nursing, and then graduated from Shenandoah University with an MSN-FNP degree.

Most of her nursing background is in cardiology, with some brief experience in emergency medicine and asthma/allergy.

Rachel is a native of the area, was raised in Stephens City. She now resides in Clear Brook with her husband and two young children. She has two dogs, a cat, and 13 chickens. She loves to garden when she has time.



Ginkgos in Their Glory

Campus Happenings



Halloween Parade
"Captain of The Titanic"



Shenandoah Dining Room Grand Reopening
Wappacomo Hall

Photos by Bill Young



Photo by Evelyn Joran-Thiel

Visit to the Ginkgo Grove at Blandy



Library Acquisitions New in November

Fiction

An Eye for an Eye	Jeffrey Archer
Death at the Sign of the Rook (LP)	Kate Atkinson
Shadow State (LP)	Tom Clancy
	M.P. Woodward
The Dark Wives	Ann Cleeves
Fatal Intrusion	Jeffery Deaver
	Isabella Maldonado
Capture or Kill	Vince Flynn, Don Bentley
First Frost	Craig Johnson
Death at the Sanatorium	Ragnar Jónasson
Here One Moment (LP)*	Liane Moriarty
We Solve Murders (LP)*	Richard Osman
Fire and Bones	Kathy Reichs
Passions in Death	J.D. Robb
Counting Miracles (LP)*	Nicholas Sparks
Tell Me Everything	Elizabeth Strout

Non-Fiction

Kingmaker: Pamela Harriman's Astonishing Life of Power, Seduction and Intrigue	Sonia Purnell
The Wide Wide Sea: Imperial Ambition, First Contact and the Fateful Final Voyage of Captain James Cook	Hampton Sides

*Copy in Wappacomo Hall Library

Welcome to Our New Neighbor

Lowell Laitch has moved into Shenandoah Hall, Apartment 517 from Great Cacapon, West Virginia.

Lifelong Learning

SVWC Lifelong Learning will host one-hour sessions every Monday in November at 2:00 in The Abbey.

Each topic will preview one of the 2025 "Great Decisions" topics announced by the Foreign Policy Association under the leadership of 2025 Guest Editor, John Ikenberry.

We begin on November 4 with "U.S.-China relations." Our nations both cooperate and compete across many interests and with various partners.

The topic on November 11 is "The future of NATO and European security." The United States currently has the strongest economy and the strongest military capability in the world. Our partners in Europe are strong also but they face several challenges.

On November 18 our topic is "Artificial Intelligence and American national security." We have had several sessions about AI; this one will focus on policy options – who should decide what!

We move on November 25 to "India: between China, the West, and the Global South." India has vast potential and important problems. What are its choices and opportunities for regional and global leadership?

Residents, future residents, staff, and guests are always welcome to attend. Please join us Mondays at 2:00 p.m. in The Abbey.

Bob Bolan



From the Archives

Making apple butter, as reported 25 years ago in the *Westbury World* for November, 1999:

Tradition-Making

Making apple butter at SVWC isn't yet a tradition, but it's already occurred twice, and next year, it will happen again. Next October (or for the chronological purist, a year from October) it will be a tradition carried over from the last century.

Ernie picked up six bushels of apples. SVWC residents and staff peeled them in preparation for the early morning cooking. Christy Shanholtzer brought in her great-grandfather's copper kettle (pronounced "kittle") and his stirring paddle. Ernie assembled the firewood, and residents dropped in throughout the morning, taking turns stirring and singing, "Twice 'round the outside, once through the middle..."

Christy, from our Dining Service, was helping her family make apple butter even before she was as tall as the "kittle." The huge, round-bottomed kettle is a valuable family possession that she lends to SVWC, and watches over. She said some families put copper pennies into the kettle, but her family doesn't believe it prevents burning--only constant stirring is effective. That's lucky--how long will copper pennies be found outside of coin collections?

Proceeds from the sale of the final product went to the Fellowship Fund, but more important, Mike Peasley pointed out, was the fun enjoyed by all of the participants. They all look forward to next fall.



Irish Flare in the Bistro

Husband and wife duo Tara McNeill and Alexander Bernstein combine virtuosic classical playing with traditional Irish flare. Their Bistro Concert program on Friday, November 15, will take us on a musical journey through Irish tunes, original compositions, and also covers beloved film favorites. Many of the songs are featured on the duo's debut album, *Across the Atlantic*.



Tara is a principal performer with Celtic Woman, an all-female musical group launched by one of the creators of Riverdance. Founded 20 years ago for a one-time event in Dublin, the group quickly gained fame in the United States, touring frequently across the country, appearing on PBS and holding top of the chart billing for record times.

Tara, a gifted vocalist and violist, joined Celtic Woman eight years ago. She has performed with them around the world and recorded numerous albums with them. The group has appeared at the Red Rocks in Colorado, the 3Arena in Dublin, Wolf Trap in Virginia, and the popular London Palladium.

Tara and Alex married in 2018, then continued separate careers from opposite sides of the ocean. In 2023 they recorded "Across the Atlantic," an album of spirited Irish tunes and original compositions heard last fall in a captivating faculty recital at Shenandoah University's Goodson Hall.

Alex's academic training includes a bachelor's degree from Harvard University, then Masters and Doctorate degrees from the Royal Irish Academy of Music in Dublin under the tutelage of John O'Connor. He then served four years as Professor of Piano at Shenandoah Conservatory and recently crossed the Atlantic to join the faculty of the Royal Academy in Dublin.

Their concert begins at 7:30 p.m. Admission is \$10 cash at the door. The concert series is sponsored by Atlantic Union Bank.

Bob Sherwood



Photo by Bill Young



Photo by Lisa Heidemann

A Surprise Sunday Morning Visitor

Westbury  World

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