

Westbury World

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An Easter Message

I remember seeing a wonderful Dennis the Menace cartoon in which Dennis is shown tugging at his father's covers while Mr. Mitchell tries to sleep. He keeps tugging until his father opens his eyes, and then Dennis says, "*Dad, is it tomorrow yet, or is it still yesterday?*" That's a pretty profound question, I think. But then, cartoons can often be profound, right?

Is it tomorrow yet, or is it still yesterday? I wonder if that question was on the minds of Mary and the others as they came to the tomb early on that first Easter morning over 2000 years ago. They went to the tomb expecting to find yesterday, but instead they found tomorrow. They went to the tomb expecting to find death and loss, but instead they found wonder and hope.

One of the joys of Easter is recognizing and rejoicing in God's power to bring life from death. It's the Gospel in action. And, indeed, the resurrection we celebrate every Easter should be no less wondrous today than it was on that first Easter morning so many years ago.

The resurrection reminds us that God's love, power, and grace fills us with hope, and through the Spirit empowers us to live lives truly worthy of joy and praise.

Happy Easter!

Bill Everhart, Chaplain

A Message From Our CEO

I am excited to announce that SVWC will begin using a new resident survey tool in April from WeCare Connect.



WeCare Connect (WCC) is the leading survey vendor in the senior living industry with more than 1,500+ locations across 36 states and Canada. The Human Resources Department began using WCC for staff surveys in April 2024 to track new hire information. They will also start to conduct stay and exit surveys this year.

There are a number of reasons why SVWC has begun utilizing a new survey tool, with the main reason being that the data collection will be ongoing throughout the year versus an annual snapshot every other year. Administration will be provided with a live dashboard that will allow us to track data and respond to issues immediately. This real-time tracking allows intervention to a problem before it becomes more serious. The surveys are also flexible and customizable to our community.

At the end of April, all residents will receive a survey via email or text. For those residents needing assistance completing the survey, the survey will be sent to a family member or responsible party. If there is no response in seven days, unanswered surveys will roll over to a team of live phone agents. The call agents will leave a voicemail with a unique code for the residents to call back and complete the survey when it is convenient for them.

The WeCare Connect surveys are not anonymous. If a resident notes a concern in the survey, then an email will be sent to the appropriate person/department to address it. That individual will then connect with the resident for a one-on-one conversation. That conversation will then be documented in WCC with an outcome that can then be tracked and trended for quality purposes.

Timely information can then be shared with our Board of Trustees Resident Services Committee on a regular basis.

The full survey in April will set our baseline results. Residents will then be sent a survey annually on their contract month. We plan to start the annual survey process by month starting in early fall. It makes more sense to allow a couple of months to pass before starting the monthly process, so residents are not asked to complete back-to-back surveys.

Your participation in the survey process is very important and we strongly encourage all residents to complete the survey. This is a powerful, real-time tool that will allow us to make necessary changes in a timely manner. More information will be shared as we near the survey launch date.

Again, thank you ahead of time for your participation!

Jeannie Shiley



Easter Egg Hunt!

Staff and Resident Families
Saturday, April 19, 2:00 p.m., Courtyard

Hunt divided by age groups:
 0-3: 2:00 p.m.
 4-7: 2:10 p.m.
 8-12: 2:20 p.m.
 12-Adult: 2:30 p.m.
 (trail hunt for special egg)

Prizes and Refreshments
Guest Appearance by the Easter Bunny
Bring Your Own Easter Basket



Nurture Our Nature Week

The Residents Association's Mother Nature's Team has planned a week of activities to celebrate **Earth Day** (April 22) and **Arbor Day** (April 25). Sign-up at bulletin board for the activities indicated by ** below. The MNT will have a table near the Tavern with nature information.

Mon. Apr. 21 – 10:00 a.m. - 11:15 a.m. Kickoff Coffee House in the Apple Blossom Room for all.

2:00 p.m. - 3:00 p.m. Lifelong Learning in the Abbey, "Fire, Water, Air, Earth."

3:15 p.m.- 4:15 p.m. Talk by the Woodchuck Team entrance to road to Goff Pond.**

Tues. Apr. 22 – 10:00 a.m. - 10:30 a.m. Accessible Mindfulness Gathering with Susan West Montgomery, Shenandoah Hall Entrance followed by a walk at 10:30 a.m. - 11:15 a.m.**

1:00 p.m. - 2:00 p.m. **Earth Day** walk with Kelsey, (moderate intensity), from Fitness Center.**

2:00 p.m. - 3:00 p.m. Geology Walk with Dennis McFaden from Shenandoah Hall Entrance to the Cottages. **

Wed. Apr. 23 – 9:00 a.m. - 10:00 a.m. Walk with Dr. Patterson, from the Fitness Center.

10:30 a.m. - 11:30 a.m. SVWC Garden and Pollinator Hill Tour.**

2:00 p.m. - 3:00 p.m. Feeder Watch with Sandy Galletta in the 3rd floor bridge between Winchester & Shenandoah Halls.

Thurs. Apr. 24 – 9:00 a.m. - 10:00 a.m. Walk with Kelsey, Fitness Center.**

10:00 a.m. - 11:00 a.m. or 11:00 a.m. - 12 p.m. Teresa's Garden Tour by Kay Jones, Garden entrance opposite the Shenandoah Hall entrance. **

2:00 p.m. - 3:00 p.m. Geology Bus Ride with Dennis McFaden at the main entrance.**

7:30 p.m. Thursday Night Program feature "Sustainability Matters" - ABR/Channel 970

Fri. Apr. 25 Arbor Day – 9:00 a.m. - 10:00 a.m. Walk with Dr. Patterson, from Fitness Center.

10:15 a.m. - 12:00 p.m. Bus to Frederick County Landfill Field Trip leaving main lobby. **



From the Archives

Mother Nature's Team and Arbor Day 10 years ago, as reported in the Westbury World for April, 2015, in an article by Sylvia Wilson and Paul Arnold:

Mother Nature's Team

SVWC'S nature trail system will soon begin long-term improvements. With the support of CEO Jeannie Shiley, a group of resident volunteers, working with the approval of the Buildings and Grounds Committee, will oversee and participate in the project. The group calls itself "Mother Nature's Team." It has already consulted with a state forester. In addition, a landscape architect and the Assistant Curator of Blandy Farm, Carrie Whitaker, have walked the trails and offered ideas for suitable plantings.

Resident volunteers, with the help of Lenda Dart's Maintenance and Grounds crew, will provide the labor. The upgrading of the existing trails will enable more residents to take advantage of this community asset. It will also allow for more scheduled trail walks.

To improve the overall quality of the area, current plans call for planting appropriate trees along certain property lines, the planting of undergrowth providing berries for birds, creating brush piles to provide habitat for small animals and birds, and enhancing the pond area.

The project will be formally launched on Friday, April 24, as that date is Arbor Day. Two donated trees – a redbud for spring color and a sugar maple for fall color - will be planted in Winchester Green. The Woodworking Shop has also made walking sticks for hiking, and permanent containers for the sticks will be placed at the entrances of Shenandoah and Winchester Halls. Refreshments will be provided.

The team has adopted a Chinese proverb as its motto: *"The best time to plant a tree was 20 years ago. The next best time is now."*

April Thursday Night Programs

- April 3: African Safari Trip**
Presented by Ray Leonard
- April 10: Lions Club Eye Programs**
Presented by Greg Hart
- April 17: Holy Week - No Program**
- April 24: Sustainability Matters**
Presented by Mother Nature's Team Speakers

The Thursday Night Program Committee is planning for speakers this fall. Do you know someone? Or, better yet, join our Committee. Contact Margaret Richardson for ideas and information.

Fireside Recital

To help revive an SVWC tradition, cellist Devin Jones will offer a free recital at 7:30 p.m. on Tuesday, April 8 in the Bistro. Devin works in Dining Services. She holds a Master's Degree in cello performance under the tutelage of Shenandoah Conservatory Professor Irving Schwarz. Chris Tillman, another SU graduate, will accompany Devin on violin.



The Fireside Recitals showcase advanced degree candidates. Typically, six recitals are held a year. Bob Sherwood is working to relaunch the Fireside Recitals. Please contact him if interested in helping to plan and execute the recitals.

Happy 100th Birthday Betty!

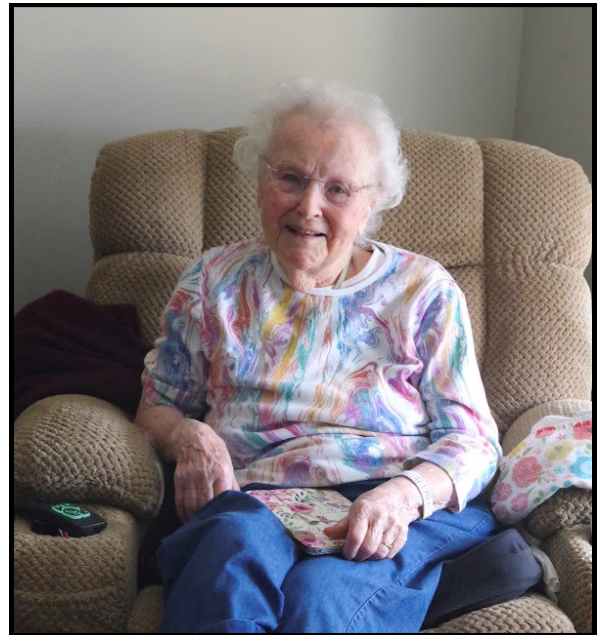


Photo by Bill Young

Elizabeth "Betty" Herbert was born on April 13, 1925, in Chicago, Illinois, to Virginia-born parents. At age 12, Betty's family moved back to Virginia residing on a farm. After graduating from Randolph-Macon Woman's College in Lynchburg, VA, Betty married Jim and moved to a farm in Delaplane, VA, where they raised five children and Betty raised prize-winning hybrid lilies. The Garden Club of Virginia presented a horticulture award to Betty for her lilies. Betty's volunteer work included Emmanuel Episcopal Church in Delaplane (Vestry and Ladies Auxiliary), "pink lady" at the Fauquier Hospital in Warrenton, and delivering food for "FISH."

Betty and Jim moved to SVWC in 2007. After Jim's passing, Betty moved from a much-loved Winchester Hall apartment to Wappacomo Hall where her children, in shifts, will be visiting her for her centennial celebration. There are also nine grandchildren and six great-grandchildren.

Betty's advice is: "How fast it goes. Live today and not in the past."

Beverley Simpson



Library Acquisitions New in April

Fiction

The Queens of Crime	Marie Benedict
The Medici Return (LP)	Steve Berry
Battle Mountain (LP)*	C. J. Box
Loose Lips	Kemper Donovan
Robert Ludlum's The Bourne Vendetta	Brian Freeman
Isola (LP)	Allegra Goodman
Last Twilight in Paris	Pam Jenoff
Open Season (LP)*	Jonathan Kellerman
Going Home	Tom Lamont
We All Live Here (LP)	Jojo Moyes
Blood Ties (LP)	Jo Nesbo
The Ghosts of Rome	Joseph O'Connor
Paranoia (LP)*	James Patterson/James O. Born
Bonded in Death	J. D. Robb
Three Days in June (LP)	Anne Tyler

Non-Fiction

Memorial Days (LP)	Geraldine Brooks
The Word of Dog	Mark Rowlands

*A Copy in Wappacomo Library

Correction: Jill Hunt moved into Shenandoah Hall, Apt. 523 from Johnson City, TN (not Mike Blankenship).

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Bistro Concert: Sensational Guitarist Returns

Colin Davin, Shenandoah Conservatory Guitar Studio Director, will present music by two legends of the Latin American guitar in the Bistro Concert on Friday, April 25. His program will showcase virtuosity, romance, myth and dance from two legendary composers: Agustín Barrios Mangoré (1885-1944) from Paraguay, and Leo Brouwer (b. 1939) from Cuba.



Barrios Mangoré's music spans a wide range of stylistic influences, from folk traditions of his native Paraguay and across Latin America to the music of J.S. Bach and the great European Romantics. Meanwhile, Brouwer's dynamic modernism incorporates minimalism and Afro-Cuban folk music with an innovative harmonic language to create unique musical worlds.

Last year, Davin stunned the Bistro audience with the clarity and passion of his playing. He holds a Bachelor degree in Music from the University of Southern California and Master of Music from The Juilliard School.

Already reviews name him "one of today's most dynamic artists." He has performed across the world: Alice Tully Hall at Carnegie Hall, the Alhambra Palace in Granada, the Paris Conservatoire, the Fridge Fringe in Dubai. His interest in new music is strong.

His solo recording, *"The Infinite Fabric of Dreams,"* has been praised by one reviewer as "...achingly beautiful...a thoughtful, perceptive interpretation." Another said: "Davin knows the pieces deeply and delivers virtuosic and exciting performances."

Admission is \$10 at the door (cash only, please). The concert begins at 7:30 p.m. Atlantic Union Bank sponsors the series.

Bob Sherwood

Lifelong Learning for April

SVWC Lifelong Learning will host sessions every Monday in April starting at 2:00 p.m. and ending by 3:30 p.m. in the Abbey.

The session on **Monday, April 7** is the final topic of the Great Decisions 2025 series organized by the Foreign Policy Association, **"US-China Relations."** A 25-minute DVD Master Class lecture on this topic will be shown in the Activities Room at 3:00 and 3:30 p.m. on Thursday, April 3.

The session **Monday, April 14** will address **"Tariffs."** Tariffs have been a major source of income for nations throughout history, but the topic is much more complicated today with the rise of multi-national supply chains for manufacturing, global service and information industries, and other factors.

Monday, April 21 is the opening of "Nurture

our Nature Week." The lifelong learning session that day is titled: **"Fire, Water, Air, Earth."** The session will include a video on "modern wildlife conservation in a turbulent world" and our own audience participation version of "20 Questions."

On **Monday, April 28** we will address **"Parkinson's Disease: Research, Clinical Status, Public Awareness, and Advocacy Needs."** Dr. James Parkinson was born April 11, 1755. For the last 30 years, April has been recognized as "Parkinson's Awareness Month" by the Parkinson's Foundation and governments throughout the world.

Residents, future residents, staff, and guests are always welcome to attend. Please join us Mondays at 2:00 p.m. in The Abbey.

Bob Bolan

Water Brigade Spring Meeting



Diane Sinclair, Ann Wiltshire, Rick Eisenstaedt, Laurraine Landolt, Ginny Eisenstaedt, Joyce Palm, Mary Jane Lee, Margie Sheppard, Jack Palm, Sigrid Mueller, Lisa Heidemann, Michael Hobart, Bob Fitz, John Lown, Jane Fitz, Cathie Russell.

Photo by Linda Nelson

The Water Brigade met on March 15. Appreciation was expressed by many for sustaining this important volunteer program. Special recognition was given for the many volunteers who have been delivering water to the Health Care neighborhoods since restarting our efforts post-Covid.

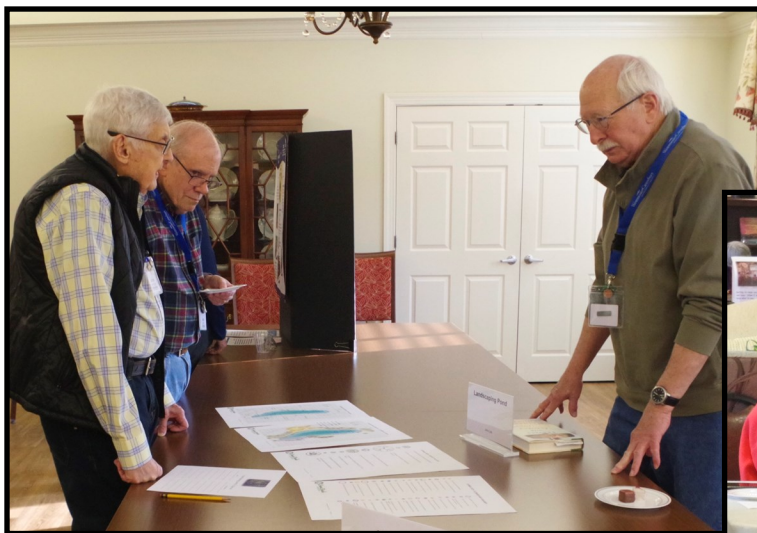
Lisa Heidemann has graciously agreed to take on the calendar scheduling for the group. It was noted that we are challenged to keep our pool of volunteers growing and trained.

We are encouraged to reach out to friends and neighbors and request their participation in this satisfying work. If you are interested in joining the Water Brigade, please contact Lisa Heidemann or Mary Jane Lee.

Michael Hobart



RA Opportunities Event March 26, 2025



Photos by Bill Young



Photo by Lisa Heidemann

Moonlight Reflection

Westbury World

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