

Westbury World

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A Life Plan Community*

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September 2025

Thirty-seventh Annual Service Awards Celebration



Photo by Bill Young

On August 7, 2025, SVWC recognized 34 employees for a total of 335 years of dedicated service. Following a delicious meal prepared by our Dining Services team, Department Directors and Managers recognized the following staff:

5 Years

Bridget Bertschinger, Zayda Brooks, Christin Cantrell, Tammy Crouse, Tanja Dabeska, Samantha Diggs, Shawn Gilhuys, Tiffany Grimes, Tiffany Hartley, Chrissy Heishman, Ashley Kerns, Victoria Ritter, Sabrina Rivera, Lee Sanford, Geneva Spencer, Peggy Stickley, Zlatka Strazhako-va, Tiffany Streightiff

10 Years

Debra Ambrose, Carrine Bishop, Ricky Boyd, Wayne Geddes, Linda Hebel, Birgit O'Brien, Diane Staats, Chelsea Swartz, Deborah Turner

15 Years

Cecil Hall, Chanda Palmer

20 Years

Laura Hager, Marcus Varner

25 Years

Jeannie Shiley

30 Years

Sherry Jenkins, Michelle Thomas

Each honoree was presented with a certificate, a service pin, and a gift card in the amount of \$10 for each year of service.

Cindy Hunter

COO News

On August 27, 2025, SVWC officially said goodbye to Chanda Palmer.



Chanda had been with the community since November 2009, when she started part-time in Marketing and the Foundation. Chanda was then promoted to the Director of Marketing in 2011 and to Chief Operating Officer in 2021. While the entire community was sad to see her go, we are excited for her new journey. Chanda and her husband Tim plan to spend much of their time camping and visiting new destinations.

With all of that being said, I am excited to welcome Chanda's replacement, Tim Tivvis. Most recently, Tim was the Vice President of Operations at Westminster-Canterbury on the Chesapeake Bay. Tim has a strong hospitality and operations background in the senior living field. He is a Certified Dementia Practitioner, a Certified Dietary Manager, and a Professional Certified Coach. He has a Bachelor of Science degree in Organizational Management from Purdue University Global.

Please join me in welcoming Tim as our new Chief Operating Officer.

Jeannie Shiley



Kids' Day Saturday, September 6 7:30 a.m. - 5:00 p.m.

Open to children ages 6-18 accompanied by a resident, employee, trustee, or future resident. When you arrive, please check in at the Lawrence Hall Front Desk.

7:30-8:30	Bird Watching Walk	Main Lobby
10:00-12:00	Fish Catch/Release	Goff Pond
11:00-12:00	Frisbee Golf	Courtyard
12:00-1:00	Lunch at Own Expense	Bistro/Cafe
1:00-2:00	Putting	Putting Green
1:00-2:00	Ping Pong	Fitness Center
2:00-3:00	Leaf/Tree ID Walk	SH Entrance
2:00-3:00	Pool Games	Pool
3:00-4:00	Croquet	Croquet Court
3:00-4:00	Open Swim	Pool
4:00-5:00	Bird Watching	3rd Floor Bridge

Available at your leisure:

Puzzles/board games	Activities Room
Ceramic Turtle Hunt	Around Campus
Geocache Hunt	Around Campus

Questions, contact Teresa Barton (Staff) at 540-723-8623 or Sylvia Wilson (Resident) at 540-665-5758.

Annual Board and Resident Social

The annual Board of Trustees and Resident meet and greet will be held on Monday, September 15, at 3:00 p.m. in the Commons. Music will be provided by Amy Fielder, violinist. Light refreshments will be served.

Welcome to Our New Neighbors

Vaughn & Miriam Meglan moved into 1440 Bold Rock Drive from Frederick, MD.

Elizabeth "Liz" Jarvis moved into 1440 Bold Rock Drive from Forest, VA.



Library Acquisitions New in September

Fiction

Rage	Linda Castillo
King of Ashes	S.A. Cosby
The Frozen People (LP)*	Elly Griffiths
The Red Queen	Martha Grimes
The Hamptons Lawyer (LP)*	James Patterson/Mike Lupica
The White Crow	Michael Robotham
The Unraveling of Julia (LP)	Lisa Scottoline
Hotel Ukraine	Martin Cruz Smith
Edge of Honor	Brad Thor
The View from Lake Como (LP)*	Adriana Trigiani
History Lessons	Zoe B. Wallbrook
The Woman in Suite 11	Ruth Ware
Wayward Girls (LP)	Susan Wiggs

Non-Fiction

Class Clown	Dave Barry
The Beast in the Clouds	Nathalia Holt

*A Copy in Wappacomo Library

Lifelong Learning

SVWC Lifelong Learning will host sessions every Monday in September starting at 2:00 p.m. and ending at approximately 3:00 p.m. in the Abbey. The session **Monday, September 1, Labor Day**, is called **"The Changing Nature of Work."** American workers and their work ethic are the driving force behind the most productive economy and one of the highest standards of living in the world.

Monday, September 8, begins a three-session series by **Ron Hamme "Looking at Art." Self-Portraits**: Artists have always been interested in capturing interesting faces – the young and beautiful, the famous and infamous, the strange and the ideal – anyone they can find to pose. Yet most of them also on occasion turned to their own countenance for subject matter. Two of the most famous painters, Vincent van Gogh and Rembrandt, used the self-portrait more than any others to show their personal and tragic battles with life. What story do they tell?

September 15 Ron turns to **"The Landscape."** What is a landscape? What can it tell us about the artist? Whom was it meant for? When was it done? What was the purpose or intent for it being made? What meanings can be secreted within it? What is the story presented through it? These are questions any serious viewer should try to address when looking at a landscape.

September 22 Ron concludes his series with **"Other Regional Gothic Cathedrals."** While France is always considered the birthplace of the great Gothic cathedrals, other countries quickly picked up the concept and made their own versions, some very similar, some very different and unique. If we take the initial criteria of what a Gothic cathedral should be as a starting point, we can see how the brilliance, originality, and beauty of local cultural traditions inspired and evolved this remarkable medieval endeavor.

Our **September 29** session returns to Great Decisions-style discussions on the topic: **Fiscal (the federal budget) and monetary (the Fed) policy in the U.S.**

Bob Bolan and Ron Hamme

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Chaplain's Message

Back in 1980, singer Mac Davis had a hit song on the radio entitled *It's Hard to Be Humble*. Maybe you remember it. It went something like this:



*"Oh Lord, it's hard to be humble when
you're perfect in every way.*

*I can't wait to look in the mirror 'cause I get
better looking each day.*

*To know me is to love me. I must be a heck of
a man.*

*Oh Lord, it's hard to be humble, but I'm doin'
the best that I can!"*

While the song still makes me laugh, it also reminds me of the importance of exercising an appropriate degree of humility, something Jesus often saw fit to address with his listeners.

In the Gospel According to Luke, we read about Jesus who has been invited to a meal at the home of a leader of the Pharisees where he notices several of the guests taking seats of honor for themselves. Using a parable, Jesus suggests it would be better for them to take the lowest place to begin with and then leave it up to the host to offer them a better seat. In this way, Jesus says, you will be honored, adding that those who exalt themselves will be humbled, and those who humble themselves will be exalted.

British writer and lay theologian C.S. Lewis said, *"Humility is not thinking less of yourself; it's thinking of yourself less."* But admittedly, it's hard to be humble. We are taught to be proud of our accomplishments. And while there's nothing wrong with that in and of itself, like the Pharisee, we often get too caught up in our pride and self-righteousness.

Humility is a powerful virtue that fosters growth, understanding, and connection with others. And in a world where humility seems to be in short supply, Jesus' guidance reminds us of our call to humble ourselves.

Bill Everhart

Lawrence Gallery Exhibit



The Art Committee is delighted to welcome SVWC resident Linda Case who is sharing her whimsical mixed media art both on the walls and in the showcases of Lawrence Gallery for September through October.

Linda's career as a consultant was balanced by her creative and adventuresome side that included membership in the Over the Mountain Studio Tour in West Virginia as well as artwork in venues such as the Burwell-Morgan Mill. The highest recommendation for her secret passion is the fact that her artwork is frequently found in the collections of other artists.

Linda uses vibrant colors and many layers of collage to create a richness of fantasy and harmonic detail. She combines paint, clay, glass, wood, antique metals, and hand-made lace in her cohesive nature-related compositions. She insists "nothing is out-of-bounds."



Please be sure to enjoy the exhibit, **"Love Affair with Color"** and meet the artist at the reception on Saturday, September 6, from 4:00 to 5:30 p.m. in the Abbey.

Loretta Johnston

Kate MacLeod Returns



Songwriter, folksinger, guitarist and fiddler Kate MacLeod returns with her “Mind the Gap” quartet to present “Neo-Traditional Americana” music. This will be on Friday evening, September 19, in the Bistro Concert Series. Kate has a following in Europe and in the western USA. Now Westminster-Canterbury is helping her become better known here in the East.

Her quartet features Paul Hammerton on guitar and vocals; Jonathan Bryant on double bass and Mathew Metz on mandolin and harmony vocals. This is their third appearance in the Bistro. Kate and Paul have also appeared previously with the Newtown String Band.

High quality musicianship is the quartet’s hallmark with an emphasis on vocal harmony. Kate’s voice has been praised by critics as comparable to Emmy Lou Harris. Some are reminded of Joan Baez. Others liken her to Kate Wolf. One critic said her voice is “a sound that fills you up like food for the soul.”

They play a diversity of instruments. You will hear fiddle, mandolin, guitar, bass, and maybe a dulcimer. Their renditions recreate traditional, old-time, and popular music that has been heard in the Valley as far back as colonial times. Kate’s quartet offers an evening of delightful entertainment.

The performance begins at 7:30 p.m. Admission is \$10 (cash only please) at the door. The public is most welcome. The series is sponsored by Atlantic Union Bank. For more information call (540) 665-0156.

Bob Sherwood



THE FAIRE AT CANTERBURY Crafts, Food, & Entertainment

Saturday, September 20
10 a.m. to 4 p.m.
Courtyard

**Open to Residents,
Staff, Family & Friends**

Handmade and Handcrafted Items: quilts, 3D printed props and statues, clothing, sun catchers, wreaths, wool felted items, bags, crocheted items, 3D printed jewelry, wood items

Vendors/Activities: Archery On Demand, Maryland Fairy Hair, Ravenwood Faire and Foundation, mead tasting, carriage rides, free apples, live flowers, and pumpkin patch

Food Court: Crim’s Kettle Corn, Hershey’s Ice Cream, Mountaineer Meat Smokers, SVWC Dining Services

Live Performances:

- 10:15 Celtic Rhythm School of Dance
- 11:00 Bearded Harmony Band
- 12:00 Tabernaculo Choir
- 1:00 Ravenwood Performers (sword fight, dulcimer and singer, etc.)
- 2:00 Winchester Pipers and Drummers
- 2:30 Cello and violin - Devin & Friend
- 3:00 Dan Tearn, singer - pop, folk, country, and ballads
- 3:30 Cello and violin - Devin & Friend

Sponsored by Warfel, Clearstead, Summit Events, Bank of Clarke, CIC Interiors, Ravenwood Faire, Ravenwood Foundation, Spring Valley Farm Market, and Winchester Dental.

From the ARCHIVES

Piano News

The gift of the piano in the Apple Blossom Room 25 years ago, as reported in the *Westbury World* for September, 2000:

Apple Blossom Room Receives Elegant Gift

When Mrs. Dorothy Shaull moved from the Washington, D.C. area to SVWC, she brought along her full-size grand piano, but not for her apartment. She donated it to SVWC, and it now graces the Apple Blossom Room in Wappacomo Hall.

The instrument was out of tune after the move, of course, and the movers made an error in reconnecting the pedals, so Dorothy added to her gift by ordering a repair and tuning job. It's worth the walk up to the Apple Blossom Room, just to see it. We all thank Dorothy for her generosity.

And, a facelift for the Bistro piano 15 years ago, as reported in the *Westbury World* for September, 2010:

Bistro Piano Gets Facelift

When the subject of refinishing the Bistro piano was broached, Jimmie Harp of the Residents Woodworking Shop said, "I can do that." His offer was quickly accepted! While the piano works are being repaired in Leesburg, Jimmie is stripping the worn finish from the case and repairing damaged veneer, preparing for varnish.



Fall Fun Day



September 30
11:30 a.m. - 1:00 p.m. in the Courtyard
Food, Games, Flowers
Sponsored by First Bank

Thursday Night Programs Resume

Our Fall season kicks off **September 4** in the **Abbey at 7:30 p.m. with a concert by the Blue and Gray Barbershop Chorus**, featuring patriotic and popular tunes.

Programs for the remainder of the season will be held in the Apple Blossom Room on the third floor of Wappacomo Hall:

September 11: "Pentagon Experience"

Presented by resident Steve Rearden

September 18: "Capital Wing Warbirds"

Presented by Pete Ballard of Culpeper, VA

September 25: Piedmont Environmental Council will present an overview of their projects.

All programs are live on Channel 970.



Photo by Marcia Keech

Young Buck Munching Hydrangeas

End of Summer Scenes



G
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Photos by Bill Young



Photo by Cari Sherwood



Lobster
Night



Photo submitted by Staff

SVWC Crew at Buc-ee's - Mount Crawford



Photos by Bill Young

Creating Teacup Floral Arrangements



Photo by Bill Young

New Croquet Team?

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