

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>LOCATION KEY</b> TA - Abbey ABR - Apple Blossom Rm Bistro - Bistro CantCafe - Canterbury Cafe CH - Chapel C - Commons L - Lobby PDR - Private Dining Rm Tav - Tavern VCMR - Vitality Center Meeting Room	10:00 Art Open Studio-No Instructor (Art Studio) 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 6:15 Canasta (C)	10:00 Art Class: Workshop (Studio) 11:00 Living Well with Parkinson's (Activities Room) 2:00 Bridge (C) 7:00 Bob's Sing Along (Tav)	9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 11:00 Life's Care Partner: A Supportive Hand (Act Rm) 11:00 Living with Cognitive Loss Group (PDR) 1:00 Trip: Aldi's (L) 1:30 Chess (C) 6:30 IL Tree Decorating with Youth Group (CantCafe)	10:00 Art Class: Workshop (Studio) 10:00 Trip: Apple Blossom Mall (L) 10:30 Episcopal Communion (CH) 7:30 Thursday Night Resident's Program: Tiffany Lamps by Jim Barnard (ABR)	11:00 Kimberly's Pop Up Shop (C) 11:00 Resale Shop is Open! (1st FL Shenandoah Hall) 11:00 Trip: Alice Lee's Gallery Exhibit in Front Royal (L) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio) 4:00 Happy Hour (C)	11:00 Christmas Carols with Our Savior Lutheran Church (Laurel)
8:50 Church Bus to Sacred Heart (L) 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service & Communion (Chapel, TV 970)	8:00 Day 1 of the 12 Days of Christmas Giveaway 10:00 Mary Kay Pop Up Shop (Outside the Tavern) 10:00 Residents' Association Meeting (Abbey & TV 970) 10:00 Art Open Studio-No Instructor (Art Studio) 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 3:45 Westbury Choristers Rehearsal (CH) 6:15 Canasta (C) 7:30 Rick Kinsey's Radio Program: Jack Benny Holiday Programs (ABR & TV 970)	8:00 Day 2 of the 12 Days of Christmas Giveaway 10:00 Art Class: Metal Stamping Jewelry, Pt. 1 \$ (Studio) 2:00 Bridge (C) 2:00 Variety Show (TA) 3:00 Greenhouse Gathering (Greenhouse) 7:00 Bob's Sing Along (Tav)	8:00 Day 3 of the 12 Days of Christmas Giveaway 9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 10:15 Discussing Dementia (Abbey/Channel 970) 11:00 Grief Support Group (PDR) 11:30 Trip: Costco (L) 1:30 Chess (C) 2:30 Beltone Hearing (Clinic) 2:30 Poetry & Prose (VCMR)	8:00 Day 4 of the 12 Days of Christmas Giveaway 10:00 Art Class: Metal Stamping Jewelry, Pt. 2 \$ (Studio) 10:00 Optical Services (C) 10:00 Trip: Trader Joe's & Wegman's (L) 7:30 Thursday Night Resident's Program: General Philip Sheridan, Presented by Jonathan Noyales (ABR)	8:00 Day 5 of the 12 Days of Christmas Giveaway 1:00 "Wine-Down" Winery Tour & Tasting: Valerie Hill Winery (L) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio) 7:30 Bistro Concert: THOMAS PANDOLFI (Bistro)	1:15 Trip: Air Force Band Performance in DC (L) 2:00 Art Class: Crocheted Snowman Party \$ (Studio) 7:00 Second Saturday Dance Party (Aerobics Room)

## December 2025

Independent Living

Laura Hager & Valerie Gearhart, Resident Concierge 540-535-1531

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>Hanukkah</b> 8:50 Church Bus to Sacred Heart (L) 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 2:00 Mennonite Singers (CH) 2:15 Trip: Blue Ridge Singers at First Baptist Church (L) 4:00 Worship Service (Chapel, TV 970) 7:00 Sharon Vold's Piano Students Recital (TA)	8:00 Day 6 of the 12 Days of Christmas Giveaway 10:00 Admiral Byrd Middle School Girls Honor Choir Performs (TA) 10:00 Art Open Studio-No Instructor (Art Studio) 12:30 Fiber Folks (C) 2:00 Christmas at Westminster Canterbury (Bistro) 2:00 Lifelong Learning (TA) 3:45 Westbury Choristers Rehearsal (CH) 6:15 Canasta (C) 6:30 Christmas Light Ride (L)	8:00 Day 7 of the 12 Days of Christmas Giveaway 10:00 Art Class: Cookie Ornaments, Pt. 1 \$ (Studio) 11:00 Living Well with Parkinson's (Activities Room) 2:00 Bridge (C) 2:00 Music by Lyle & Rev. Bill (ABR) 3:00 Mystique Group (CantCafe) 7:00 Bob's Sing Along (Tav)	8:00 Day 8 of the 12 Days of Christmas Giveaway 9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 10:15 My Life/My Community Lecture Series (Abbey/Channel 970) 11:00 Living with Cognitive Loss Group (PDR) 1:30 Chess (C)	8:00 Day 9 of the 12 Days of Christmas Giveaway 10:00 Art Class: Cookie Ornaments, Pt. 2 \$ (Studio) 10:30 Episcopal Communion (CH) 11:00 Lunch Trip: Annual Christmas Lunch at the Airport Inn (L) 11:00 SPCA Kitten Corner (Laurel) 7:30 Thursday Night Resident's Program: TBA (ABR)	8:00 Day 10 of the 12 Days of Christmas Giveaway 10:30 Donut Bingo (TA) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio)	
8:50 Church Bus to Sacred Heart (L) 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service (Chapel, TV 970)	8:00 Art Studio Closed 8:00 Day 11 of the 12 Days of Christmas Giveaway 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 2:30 Christmas Gift Swap Party (C) 6:15 Canasta (C) 6:30 Christmas Light Ride (L)	8:00 Art Studio Closed 8:00 Day 12 of the 12 Days of Christmas Giveaway 2:00 Bridge (C) 3:00 Greenhouse Gathering (Greenhouse) 7:00 Bob's Sing Along (Tav)	Christmas Eve 8:00 Art Studio Closed 9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 4:00 Christmas Eve Service (Chapel, TV 970)	Christmas Day 8:00 No Transportation Available today	8:00 Art Studio Closed	
8:50 Church Bus to Sacred Heart (L) 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service (Chapel, TV 970)	8:00 Art Studio Closed 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 6:15 Canasta (C)	8:00 Art Studio Closed 2:00 Bridge (C) 7:00 Bob's Sing Along (Tav)	New Year's Eve 9:30 COFFEE WITH ADMIN (Abbey & TV- 970)	 <div>             Pet of the Month              Dallas              owned by              Kathleen Gurley           </div> <div>             Save the Date:              January 3, 2026              New Year's Eve              Gala           </div>		

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