



| SUN  | MON  | TUE  | WED  | THUR  | FRI   | SAT   |
|--|--|--|--|---|---|---|
| <b>LOCATION KEY</b><br>TA - Abbey<br>ABR - Apple Blossom Rm<br>Bistro - Bistro<br>CantCafe - Canterbury Cafe<br>CH - Chapel<br>C - Commons<br>L - Lobby<br>PDR - Private Dining Rm<br>Tav - Tavern<br>VCMR - Vitality Center Meeting Room  |   | <b>Pet of the Month</b><br><b>Gwen &amp; Pebbles</b><br><br><b>Owned by</b><br><b>Donna Carroll</b>  |   | <b>New Year's Day</b> <b>1</b>  | <b>8:00 Art Studio Closed</b> <b>2</b><br><b>11:00 Resale Shop is Open! (1st FL Shenandoah Hall)</b><br><b>4:00 Happy Hour (C)</b>                      | <b>7:30 New Year's Gala (Abbey, MDR &amp; Commons)</b> <b>3</b>   |
| <b>8:50 Church Bus to Sacred Heart (L)</b> <b>4</b><br><b>9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L)</b><br><b>10:00 Christ Episcopal (L)</b><br><b>10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L)</b><br><b>4:00 Worship Service (Chapel, TV 970)</b>  | <b>10:00 Art Class: Gel Printmaking (Studio)</b> <b>5</b><br><b>10:00 Art Open Studio-No Instructor (Art Studio)</b><br><b>12:30 Fiber Folks (C)</b><br><b>2:00 Lifelong Learning (TA)</b><br><b>6:15 Canasta (C)</b>  | <b>10:00 Art Class: Watercolor Landscapes (Studio)</b> <b>6</b><br><b>11:00 Living Well with Parkinson's (Activities Room)</b><br><b>2:00 Bridge (C)</b><br><b>7:00 Bob's Sing Along (Tav)</b> | <b>9:30 COFFEE WITH ADMIN (Abbey &amp; TV- 970)</b> <b>7</b><br><b>11:00 Life's Care Partner: A Supportive Hand (Act Rm)</b><br><b>11:00 Living with Cognitive Loss Group (PDR)</b><br><b>1:00 Trip: Aldi's (L)</b><br><b>1:30 Artist's Roundtable Meeting (Studio)</b><br><b>1:30 Chess (C)</b>           | <b>10:00 Art Class: Beginner Air Dry Pottery (Studio)</b> <b>8</b><br><b>10:00 Optical Services (C)</b><br><b>10:00 Trip: Apple Blossom Mall (L)</b><br><b>2:30 Music by Lyle &amp; Rev. Bill (ABR)</b><br><b>7:30 Thursday Night Resident's Program: A Visit to Ecuador &amp; the Galapagos Islands with the Curtises, Bill Wortley &amp; Marilyn Schoon (ABR)</b> | <b>1:00 "Wine-Down" Winery Tour &amp; Tasting: Bluemont Vineyard (L)</b> <b>9</b><br><b>2:00 Art Class: Open Studio with Instructor \$ (Art Studio)</b> | <b>4:00 Lawrence Gallery Art Reception (Lobby &amp; ELC)</b> <b>10</b><br><b>7:00 Second Saturday Dance Party (Aerobics Room)</b> |
| <b>8:50 Church Bus to Sacred Heart (L)</b> <b>11</b><br><b>9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L)</b><br><b>10:00 Christ Episcopal (L)</b><br><b>10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L)</b><br><b>4:00 Worship Service (Chapel, TV 970)</b> | <b>10:00 Art Class: Gel Printmaking (Studio)</b> <b>12</b><br><b>10:00 Residents' Association Meeting (Abbey &amp; TV 970)</b><br><b>10:00 Art Open Studio-No Instructor (Art Studio)</b><br><b>12:30 Fiber Folks (C)</b><br><b>2:00 Lifelong Learning (TA)</b><br><b>3:45 Westbury Choristers Rehearsal (CH)</b><br><b>6:15 Canasta (C)</b> | <b>10:00 Art Class: Watercolor Landscapes (Studio)</b> <b>13</b><br><b>2:00 Bridge (C)</b><br><b>3:00 Greenhouse Gathering (Greenhouse)</b><br><b>7:00 Bob's Sing Along (Tav)</b>              | <b>9:30 COFFEE WITH ADMIN (Abbey &amp; TV- 970)</b> <b>14</b><br><b>10:15 Discussing Dementia (Abbey/Channel 970)</b><br><b>11:00 Grief Support Group (PDR)</b><br><b>11:30 Trip: Costco (L)</b><br><b>1:30 Chess (C)</b><br><b>2:30 Beltone Hearing (Clinic)</b><br><b>2:30 Poetry &amp; Prose (VCMR)</b> | <b>10:00 Art Class: Beginner Air Dry Pottery (Studio)</b> <b>15</b><br><b>10:30 Episcopal Communion (CH)</b><br><b>11:00 Lunch Trip: Clyde's (L)</b><br><b>7:30 Thursday Night Resident's Program: Stories of Revolutionary Period Buildings and Sites in Winchester with Tim Youman (ABR)</b>  | <b>11:00 Resale Shop is Open! (1st FL Shenandoah Hall)</b> <b>16</b><br><b>7:30 Bistro Concert: Newtown String Band (Bistro)</b>                        | <b>17</b>   |

## January 2026

Independent Living

Laura Hager, Resident Concierge 540-535-1531



| SUN  | MON   | TUE  | WED   | THUR  | FRI   | SAT       |
|--|---|--|---|---|---|-----------|
| <b>8:50 Church Bus to Sacred Heart (L)</b> <b>18</b><br><b>9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L)</b><br><b>10:00 Christ Episcopal (L)</b><br><b>10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L)</b><br><b>4:00 Worship Service (Chapel, TV 970)</b> | <b>Martin Luther King Jr. Day</b> <b>19</b><br><b>10:00 Art Open Studio-No Instructor (Art Studio)</b><br><b>12:30 Fiber Folks (C)</b><br><b>12:30 the January Series: Rev. Naomi Tutu (ELC)</b><br><b>2:00 Lifelong Learning (TA)</b><br><b>3:45 Westbury Choristers Rehearsal (CH)</b><br><b>6:15 Canasta (C)</b>             | <b>10:00 Art Class: Watercolor Landscapes (Studio)</b> <b>20</b><br><b>11:00 Living Well with Parkinson's (Activities Room)</b><br><b>12:30 the January Series: Kaitlin Curtice (ELC)</b><br><b>2:00 Bridge (C)</b><br><b>3:00 Mystique Group (CantCafe)</b><br><b>7:00 Bob's Sing Along (Tav)</b> | <b>9:30 COFFEE WITH ADMIN (Abbey &amp; TV- 970)</b> <b>21</b><br><b>10:15 My Life/My Community Lecture Series (Abbey/Channel 970)</b><br><b>11:00 Living with Cognitive Loss Group (PDR)</b><br><b>12:30 the January Series: Majora Carter (ELC)</b><br><b>1:30 Chess (C)</b> | <b>9:00 Trip: National Gallery of Art (L)</b> <b>22</b><br><b>10:00 Art Class: Beginner Air Dry Pottery (Studio)</b><br><b>12:30 the January Series: Dr. Vivek Murthy (ELC)</b><br><b>7:30 Thursday Night Resident's Program: Cello and Violin Concert by Devin Jones &amp; friends (ABR)</b>               | <b>11:30 Pizza Bingo (TA)</b> <b>23</b><br><b>12:30 the January Series: Harry Smith (ELC)</b><br><b>2:00 Art Class: Open Studio with Instructor \$ (Art Studio)</b> | <b>24</b> |
| <b>8:50 Church Bus to Sacred Heart (L)</b> <b>25</b><br><b>9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L)</b><br><b>10:00 Christ Episcopal (L)</b><br><b>10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L)</b><br><b>4:00 Worship Service (Chapel, TV 970)</b> | <b>10:00 Art Class: Gel Printmaking (Studio)</b> <b>26</b><br><b>10:00 Art Open Studio-No Instructor (Art Studio)</b><br><b>12:30 Fiber Folks (C)</b><br><b>12:30 the January Series: David Brooks (ELC)</b><br><b>2:00 Lifelong Learning (TA)</b><br><b>3:45 Westbury Choristers Rehearsal (CH)</b><br><b>6:15 Canasta (C)</b> | <b>10:00 Art Class: Watercolor Landscapes (Studio)</b> <b>27</b><br><b>12:30 the January Series: Dr. Samantha Nutt (ELC)</b><br><b>2:00 Bridge (C)</b><br><b>3:00 Greenhouse Gathering (Greenhouse)</b><br><b>7:00 Bob's Sing Along (Tav)</b>  | <b>9:30 COFFEE WITH ADMIN (Abbey &amp; TV- 970)</b> <b>28</b><br><b>10:15 Timely Transitions Lecture Series (Abbey/Channel 970)</b><br><b>11:00 Grief Support Group (PDR)</b><br><b>12:30 the January Series: Wu Man (Activities Room)</b><br><b>1:30 Chess (C)</b>           | <b>10:00 Art Class: Beginner Air Dry Pottery (Studio)</b> <b>29</b><br><b>11:30 Lunch: I.J. Cann's, Winchester (L)</b><br><b>12:30 the January Series: Tom Medema (Activities Room)</b><br><b>7:30 Thursday Night Resident's Program: A View of Scottish Life Today by Jill Hazelbauer-vander Ohe (ABR)</b> | <b>12:30 the January Series: Sabrina Little (ELC)</b> <b>30</b><br><b>2:00 Art Class: Open Studio with Instructor \$ (Art Studio)</b>                               | <b>31</b> |

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