

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY TA - Abbey ABR - Apple Blossom Rm Bistro - Bistro CantCafe - Canterbury Cafe CH - Chapel C - Commons L - Lobby PDR - Private Dining Rm Tav - Tavern VCMR - Vitality Center Meeting Room		Pet of the Month Gwen & Pebbles Owned by Donna Carroll		New Year's Day	1 8:00 Art Studio Closed 11:00 Resale Shop is Open! (1st FL Shenandoah Hall) 4:00 Happy Hour (C)	2 3 7:30 New Year's Gala (Abbey, MDR & Commons)
8:50 Church Bus to Sacred Heart (L) 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service (Chapel, TV 970)	4 10:00 Art Class: Gel Printmaking (Studio) 10:00 Art Open Studio-No Instructor (Art Studio) 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 6:15 Canasta (C)	5 10:00 Art Class: Watercolor Landscapes (Studio) 11:00 Living Well with Parkinson's (Activities Room) 2:00 Bridge (C) 7:00 Bob's Sing Along (Tav)	6 9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 11:00 Life's Care Partner: A Supportive Hand (Act Rm) 11:00 Living with Cognitive Loss Group (PDR) 1:00 Trip: Aldi's (L) 1:30 Artist's Roundtable Meeting (Studio) 1:30 Chess (C)	7 10:00 Art Class: Beginner Air Dry Pottery (Studio) 10:00 Optical Services (C) 10:00 Trip: Apple Blossom Mall (L) 2:30 Music by Lyle & Rev. Bill (ABR) 7:30 Thursday Night Resident's Program: A Visit to Ecuador & the Galapagos Islands with the Curtises, Bill Wortley & Marilyn Schoon (ABR)	8 1:00 "Wine-Down" Winery Tour & Tasting: Bluemont Vineyard (L) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio)	9 4:00 Lawrence Gallery Art Reception (Lobby & ELC) 10 7:00 Second Saturday Dance Party (Aerobics Room)
8:50 Church Bus to Sacred Heart (L) 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service (Chapel, TV 970)	11 10:00 Art Class: Gel Printmaking (Studio) 10:00 Residents' Association Meeting (Abbey & TV 970) 10:00 Art Open Studio-No Instructor (Art Studio) 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 3:45 Westbury Choristers Rehearsal (CH) 6:15 Canasta (C)	12 10:00 Art Class: Watercolor Landscapes (Studio) 2:00 Bridge (C) 3:00 Greenhouse Gathering (Greenhouse) 7:00 Bob's Sing Along (Tav)	13 9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 10:15 Discussing Dementia (Abbey/Channel 970) 11:00 Grief Support Group (PDR) 11:30 Trip: Costco (L) 1:30 Chess (C) 2:30 Beltone Hearing (Clinic) 2:30 Poetry & Prose (VCMR)	14 10:00 Art Class: Beginner Air Dry Pottery (Studio) 10:30 Episcopal Communion (CH) 11:00 Lunch Trip: Clyde's (L) 7:30 Thursday Night Resident's Program: Stories of Revolutionary Period Buildings and Sites in Winchester with Tim Youman (ABR)	15 1:00 Resale Shop is Open! (1st FL Shenandoah Hall) 16 7:30 Bistro Concert: Newtown String Band (Bistro)	17

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Independent Living

Laura Hager, Resident Concierge 540-535-1531



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8:50 Church Bus to Sacred Heart (L) 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service (Chapel, TV 970)	18 Martin Luther King Jr. Day 10:00 Art Open Studio-No Instructor (Art Studio) 12:30 Fiber Folks (C) 12:30 the January Series: Rev. Naomi Tutu (ELC) 2:00 Lifelong Learning (TA) 3:45 Westbury Choristers Rehearsal (CH) 6:15 Canasta (C)	19 10:00 Art Class: Watercolor Landscapes (Studio) 11:00 Living Well with Parkinson's (Activities Room) 12:30 the January Series: Kaitlin Curtice (ELC) 2:00 Bridge (C) 3:00 Mystique Group (CantCafe) 7:00 Bob's Sing Along (Tav)	20 9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 10:15 My Life/My Community Lecture Series (Abbey/ Channel 970) 11:00 Living with Cognitive Loss Group (PDR) 12:30 the January Series: Majora Carter (ELC) 1:30 Chess (C)	21 9:00 Trip: National Gallery of Art (L) 10:00 Art Class: Beginner Air Dry Pottery (Studio) 12:30 the January Series: Dr. Vivek Murthy (ELC) 7:30 Thursday Night Resident's Program: Cello and Violin Concert by Devin Jones & friends (ABR)	22 11:30 Pizza Bingo (TA) 12:30 the January Series: Harry Smith (ELC) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio)	23 24
8:50 Church Bus to Sacred Heart (L) 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service (Chapel, TV 970)	25 10:00 Art Class: Gel Printmaking (Studio) 10:00 Art Open Studio-No Instructor (Art Studio) 12:30 Fiber Folks (C) 12:30 the January Series: David Brooks (ELC) 2:00 Lifelong Learning (TA) 3:45 Westbury Choristers Rehearsal (CH) 6:15 Canasta (C)	26 10:00 Art Class: Watercolor Landscapes (Studio) 12:30 the January Series: Dr. Samantha Nutt (ELC) 2:00 Bridge (C) 3:00 Greenhouse Gathering (Greenhouse) 7:00 Bob's Sing Along (Tav)	27 9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 10:15 Timely Transitions Lecture Series (Abbey/ Channel 970) 11:00 Grief Support Group (PDR) 12:30 the January Series: Wu Man (Activities Room) 1:30 Chess (C)	28 10:00 Art Class: Beginner Air Dry Pottery (Studio) 11:30 Lunch: I.J. Cann's, Winchester (L) 12:30 the January Series: Tom Medema (Activities Room) 7:30 Thursday Night Resident's Program: A View of Scottish Life Today by Jill Hazelbauer-vander Ohe (ABR)	29 30 31	12:30 the January Series: Sabrina Little (ELC) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio)

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