



| SUN | MON | TUE | WED | THUR | FRI | SAT |
|--|--|---|---|--|---|---|
| 8:50 Church Bus to Sacred Heart (L) 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 1:30 SU Conservatory Performs Bach (ABR) 4:00 Worship Service (Chapel, TV 970) | 1 Groundhog Day 10:00 Art Class: Gel Printmaking (Studio) 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 3:45 Westbury Choristers Rehearsal (CH) 6:15 Canasta (C) | 2 10:00 Art Class: Watercolor Landscapes (Studio) 11:00 Living Well with Parkinson's (Activities Room) 2:00 Bridge (C) 7:00 Bob's Sing Along (Tav) | 3 9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 11:00 Life's Care Partner: A Supportive Hand (Act Rm) 11:00 Living with Cognitive Loss Group (PDR) 1:00 Trip: Aldi's (L) 1:30 Artist's Roundtable Meeting (Studio) 1:30 Chess (C) | 4 9:30 Noonday Collection Pop-Up Shop (C) 10:00 Art Class: Beginner Air Dry Pottery (Studio) 10:00 Trip: Apple Blossom Mall (L) 10:30 Episcopal Communion (CH) 7:00 Thursday Night Resident's Program: Egypt & The Nile - Land of the Pharoahs by George White (ABR) | 5 11:00 Resale Shop is Open! (1st FL Shenandoah Hall) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio) 4:00 Happy Hour (C) 7:30 Bistro Concert: John Kirby Tribute Concert: Swing Jazz from the 30's (Bistro) | 6 |
| 8:50 Church Bus to Sacred Heart (L) 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 2:00 Mennonite Singers (CH) 4:00 Worship Service (Chapel, TV 970) 6:00 Super Bowl Party (TA) | 8 10:00 Art Class: Gel Printmaking (Studio) 10:00 Residents' Association Meeting (Abbey & TV 970) 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 3:45 Westbury Choristers Rehearsal (CH) 6:15 Canasta (C) 7:30 Rick Kinsey's Radio Program (ABR & TV 970) | 9 10:00 Art Class: Watercolor Landscapes (Studio) 2:00 Bridge (C) 3:00 Greenhouse Gathering (Greenhouse) 7:00 Bob's Sing Along (Tav) | 10 9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 10:15 Discussing Dementia (Abbey/Channel 970) 11:00 Grief Support Group (PDR) 1:00 Trip: Costco (L) 1:30 Chess (C) 2:30 Beltone Hearing (Clinic) 2:30 Poetry & Prose (VCMR) | 11 10:00 Art Class: Beginner Air Dry Pottery (Studio) 10:00 Optical Services (C) 6:45 Trip: Shenandoah University "Actors from the London Stage" (L) 7:30 Thursday Night Resident's Program: "You Have Your Ticket...." by Amy Fielder (ABR) | 12 10:00 Clinique Pop-Up Shop! (Outside the Tavern) 1:00 "Wine-Down" Winery Tour & Tasting: Rappahannock Cellars (L) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio) | 13 Valentine's Day 7:00 Second Saturday Dance Party (Aerobics Room) 7:30 Valentine's Day Dance Party (TA) |

February 2026

Independent Living

Laura Hager, Resident Concierge 540-535-1531

| SUN | MON | TUE | WED | THUR | FRI | SAT |
|---|---|---|--|---|---|---|
| 8:50 Church Bus to Sacred Heart (L) 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service (Chapel, TV 970) | 15 President's Day 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 3:45 Westbury Choristers Rehearsal (CH) 6:15 Canasta (C) | 16 Chinese New Year 10:00 Art Class: Watercolor Landscapes (Studio) 11:00 Living Well with Parkinson's (Activities Room) 1:00 Low Vision Support Meeting (Activities Room) 2:00 Bridge (C) 3:00 Gentlemen's Group with Jeannie (TA) 7:00 Bob's Sing Along (Tav) | 17 9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 10:15 My Life/My Community Lecture Series (Abbey/Channel 970) 11:00 Living with Cognitive Loss Group (PDR) 1:30 Chess (C) 3:00 Ladies Group with Jeannie (TA) 4:00 Ash Wednesday Service (Chapel, TV 970) | 18 9:00 Trip: Smithsonian American Art Museum (L) 10:00 Art Class: Beginner Air Dry Pottery (Studio) 10:30 Episcopal Communion (CH) 7:30 Thursday Night Resident's Program: A Tree Named Charlie & More by Brian Brehm (ABR) | 19 11:00 Resale Shop is Open! (1st FL Shenandoah Hall) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio) 7:30 Bistro Concert: World Famous John O'Connor - Classical Piano (Bistro) | 20 |
| 8:50 Church Bus to Sacred Heart (L) 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service (Chapel, TV 970) | 22 10:00 Art Class: Gel Printmaking (Studio) 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 3:45 Westbury Choristers Rehearsal (CH) 6:15 Canasta (C) | 23 10:00 Art Class: Watercolor Landscapes (Studio) 2:00 Bridge (C) 3:00 Greenhouse Gathering (Greenhouse) 3:00 Mystique Group (CantCafe) 7:00 Bob's Sing Along (Tav) | 24 9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 10:15 Timely Transitions Lecture Series (Abbey/Channel 970) 11:00 Grief Support Group (PDR) 1:30 Chess (C) | 25 10:00 Art Class: Beginner Air Dry Pottery (Studio) 11:00 Lunch Trip: Tuscarora Mill, Leesburg (L) 7:30 Thursday Night Resident's Program: Lord Fairfax at Greenway Court by Ken Digges (ABR) | 26 10:30 Donut Bingo (TA) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio) | 27 2:00 Art Class: Floral Faux Stained Glass (Studio) |
| LOCATION KEY TA - Abbey ABR - Apple Blossom Rm Bistro - Bistro CantCafe - Canterbury Cafe CH - Chapel C - Commons L - Lobby PDR - Private Dining Rm Tav - Tavern VCMR - Vitality Center Meeting Room | | | |  | Pet of the Month Wiki & Cassie Owned by Mark Lore |  |

February 2026

Independent Living

Laura Hager, Resident Concierge 540-535-1531