

SUN	MON	TUE	WED	THUR	FRI	SAT	
8:50 Church Bus to Sacred Heart (L) 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 1:30 SU Conservatory Performs Bach (ABR) 4:00 Worship Service (Chapel, TV 970)	1 Groundhog Day 10:00 Art Class: Gel Printmaking (Studio) 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 3:45 Westbury Choristers Rehearsal (CH) 6:15 Canasta (C)	2 10:00 Art Class: Watercolor Landscapes (Studio) 11:00 Living Well with Parkinson's (Activities Room) 2:00 Bridge (C) 7:00 Bob's Sing Along (Tav)	3 9:30 COFFEE WITH ADMIN (Abbey & TV- 970) 11:00 Life's Care Partner: A Supportive Hand (Act Rm) 11:00 Living with Cognitive Loss Group (PDR) 1:00 Trip: Aldi's (L) 1:30 Artist's Roundtable Meeting (Studio) 1:30 Chess (C)	4 9:30 Noonday Collection Pop-Up Shop (C) 10:00 Art Class: Beginner Air Dry Pottery (Studio) 10:00 Trip: Apple Blossom Mall (L) 10:30 Episcopal Communion (CH) 7:00 Thursday Night Resident's Program: Egypt & The Nile - Land of the Pharaohs by George White (ABR)	5 11:00 Resale Shop is Open! (1st FL Shenandoah Hall) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio) 4:00 Happy Hour (C) 7:30 Bistro Concert: John Kirby Tribute Concert; Swing Jazz from the 30's (Bistro)	6 7 11:00 Resale Shop is Open! (1st FL Shenandoah Hall) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio) 4:00 Happy Hour (C) 7:30 Bistro Concert: John Kirby Tribute Concert; Swing Jazz from the 30's (Bistro)	
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February 2026

Independent Living

Laura Hager, Resident Concierge 540-535-1531

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LOCATION KEY TA - Abbey ABR - Apple Blossom Rm Bistro - Bistro CantCafe - Canterbury Cafe CH - Chapel C - Commons L - Lobby PDR - Private Dining Rm Tav - Tavern VCMR - Vitality Center Meeting Room						 Pet of the Month Wiki & Cassie Owned by Mark Lore

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