

# Westbury World

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A Life Plan Community*

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March 2026

## Great Volunteer Opportunities Galore

On February 24, the SVWC Foundation Volunteer Committee held its third Volunteer Fair. The Abbey was filled with 20 Winchester area nonprofit organizations seeking volunteers. About 100 residents attended the fair. Residents were able to speak with the group which most interested them. SVWC currently boasts 195 actively volunteering residents, but there is always a need for more helping hands.





## New Lawrence Gallery Exhibits March 7 – May 8



Artist Reception: 4:00 p.m. – 5:30 p.m.  
Saturday, March 14  
Artist Talks: 4:30 p.m. in the Abbey

### Cari Sherwood: “Bloom Again”

Resident Cari Sherwood returns to “Bloom Again” in the Lawrence Gallery. After working in watercolors briefly as a child and again during the years she worked and cared for her family, she and Bob came to SVWC in 2008 and under the tutelage of Gail Bowman Harlow, as well as other resident artists, Cari had her first exhibit “Bloom Where You are Planted” in 2014 (mainly photography). Today, Cari paints in watercolor, focusing much of her work on the scenes, experiences and emotions accumulated during years of travel. Cari has been a dedicated contributor to the Lawrence Gallery Art Committee since 2012 coordinating over 20 shows and continues to serve, promoting art, as well as music, to our SVWC community.

### “Gold, Silver, Glass and Stone from Two Master Jewelers”

**Debbie Brown** has been creating art since her childhood but her jewelry work began about 20 years ago focusing primarily on bead weaving. “I have always loved jewelry and when picking for myself I look for unique pieces. Jewelry is personal. The things we choose make us feel good and convey our own unique style.”

**Evgeny Zidarov’s** jewelry designs are focused on natural stone (crystals, minerals, and specimens). He combines sterling silver and gold wire to enhance each stone’s natural beauty. Spending weekends rockhounding with his dad and then taking classes in lapidary and faceting, Evgeny was hooked.

*Marty Matheson*

## Welcome to Our New Concierge

Marie Ottaviano has joined the SVWC team in February as our Resident Concierge. She will work in Health Care or Assisted Living on Mondays and Fridays and in Independent Living on Tuesdays, Wednesdays, and Thursdays.



Photo by Bill Young

Before coming to SVWC Marie worked in office management and bookkeeping for over 20 years.

Marie is a hospice volunteer and most enjoys helping people. She says after playing games, planning parties, making crafts and bringing people together to have fun for years, she now gets to do it as her job.

Marie lives in Martinsburg, West Virginia with her longtime boyfriend. She has a daughter, son, and a stepson.

Marie is grateful for the opportunity to begin work at SVWC and really looks forward to meeting everyone.

**SAVE THE DATE**

**MYSTERY THEATRE**

★ “THE MISSING NECKLACE” ★

By Karen Leeds

**Saturday, March 28**

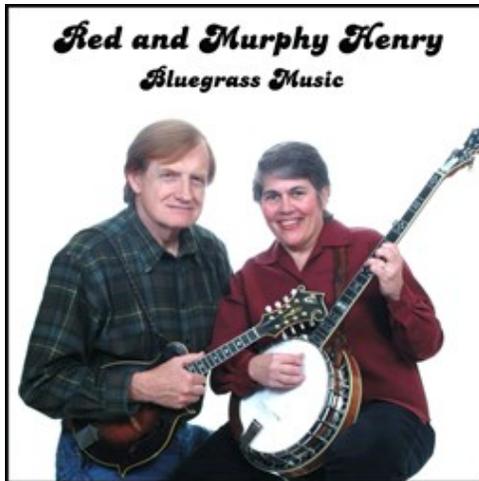
**the Abbey**

**6:15 P.M.** - DOORS OPEN FOR REFRESHMENTS  
**7:00 P.M.** - PLAY BEGINS

VIP RESERVED SEATING: **\$50**  
REGULAR OPEN SEATING: **\$40**

**ONLY 104 TICKETS WILL BE SOLD**

TICKET SALES BEGIN 3/4/26  
MON/WED/FRI 11-1PM  
IN FRONT OF THE TAVERN



### Bluegrass in The Bistro

On March 20, the Bistro Concert Series welcomes back Bluegrass performers Red and Murphy Henry for a show of "Ol' Time Bluegrass" at its best. With more than 50 years of experience, the husband-and-wife team is among the nation's best legacy Bluegrass performers. Their shows include humorous original songs, old favorites, clever stage patter, and plenty of high-powered picking!

Red came on the Bluegrass scene in 1974 and plays both the mandolin and fiddle. He was selected to teach at the first-ever Bill Monroe-Style Mandolin Camp in Kentucky. He makes banjos, produces instructional lessons, and has developed revolutionary one-piece maple bridges for mandolins. Murphy is a brilliant banjo player and is considered one of the first women to break the Bluegrass glass ceiling. She was one of only three women included in the book *Masters of the 5-String Banjo*; and in 2015, she received a Distinguished Achievement Award from the International Bluegrass Music Association. She is the author of *Pretty Good for a Girl*, a history of women in bluegrass.

They have taught Bluegrass at camps throughout the United States, have produced numerous albums and CDs on their own *Arran-dem Records* label, and have played at numerous music festivals and jam sessions, including at their church, First Presbyterian.

The concert begins at 7:30 p.m. Admission is \$10 (cash only). Proceeds help support the Fellowship Fund. Atlantic Union Bank sponsors the series.

### Chaplain's Message

Back in the early 70s there was a song on the music charts by a young singer named Judy Collins. She had a handful of hits prior to that but in 1971 she made it to #15 on the charts with a song called "Amazing Grace."



I've always found it interesting that in the midst of those difficult times, a hymn like "Amazing Grace" touched the hearts and souls of those who were searching for something that might provide them with a glimmer of hope and reassurance during that time of strife and struggle. "Amazing Grace" fit the bill.

The popularity of the hymn Amazing Grace is unsurpassed. And when asked what their favorite verse is, people from all walks of life, almost without exception, cite verse 3: "Through many dangers, toils, and snares, I have already come; 'tis grace has brought me safe thus far, and grace will lead me home."

What I find so moving about this verse is that it captures and describes so well the amazing power and wonder of God's grace. It reminds us that God's grace is always with us, and that through good times and bad times God watches over us, guiding us and caring for us as only God can.

When we find ourselves struggling and in difficult times, may we remember that God's grace is like none other. May we be reminded that God's forgiveness and God's love and acceptance know no equal. And may we remember that God's love for us is far greater than we will ever know.

Bill Everhart

	palm sunday service	
		<b>Palm Sunday Service March 29 4:00 p.m. The Chapel</b>

## February Fun Around Our Campus



**Valentine's Day Dance**



**Assisted Living Valentine Tea**



**Tai Chi Group  
Chinese New Year Dinner**



**The Galentine Designer Sale  
Raised \$2,855 for the Fellowship Fund**



**The Cottages Mardi Gras Party**



## Happy Birthday!



Photo by Bill Young

**Ann Thomas celebrates 102 years on March 28**

## Welcome to Our New Neighbors

**Richard and Marie Smith** moved into 1400 Bold Rock Drive, Apt. 302, from Ruckersville, VA.

**Joan Dodson** moved into Shenandoah Hall, Apt. 216, from Winchester, VA.

**Beverly Greenblatt** moved into 1461 Bold Rock Drive, Apt. 303, from Reston, VA.

**Nick Smart** moved into Shenandoah Hall, Apt. 307, from Boyce, VA.



### **Westbury World**

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## Lifelong Learning

SVWC Lifelong Learning will continue the Great Decisions sessions on Mondays in March starting at 2:00 p.m. and ending by 3:30 p.m. in the Abbey. SVWC resident Mark Lore arranges for local area experts to facilitate each session.

Residents, future residents, staff, Winchester residents, and other guests are welcome to attend and participate in the discussions.

On **March 2** the topic, **Ukraine & the Future of European Security**, will be addressed by Patrick Farris, Shepherd University instructor. What are America's stakes in NATO and Europe? What are Europe's dilemmas and what are priorities in 2026 for Europe?

**March 9** will address: **Multilateral Institutions in a Changing World Order**. The topic examines the future of global cooperation across trade, health, and finance. Mark Lore, retired foreign service officer, will guide the discussion

The topic on **March 16** is **U.S. Engagement in Africa**, with retired foreign service officer Richard Byess as moderator. Africa's geopolitical role is growing. China has been investing in African infrastructure for over a decade. How might the U.S. strengthen ties with Africa, especially in leading nations like Nigeria?

On **March 23**, Dr. John Winn, Professor of Business Law at Shenandoah University, will address the final 2026 topic: **The Future of Human Rights & International Law**. How can civil society and legal norms remain effective in a divided world?

The Foreign Policy Association provides a "Master Class" on DVD for each session. These will be shown the Thursday BEFORE each Monday at 2:30 p.m. in the Aerobics Room in the Fitness area.

The final lifelong learning session for March on Monday, **March 30**, will address the **History of Vaccines**. How has the science and manufacturing evolved over the years?



## New Library Books

### Fiction

The Living and the Dead	Christoffer Carlsson
The Tin Man	Nelson DeMille
The Porcelain Menagerie	Jillian Forsberg
A Deadly Clue	Victoria Gilbert
The Friend of the Family	Dean Koontz
The Bourne Revenge	Robert Ludlum/Brian Freeman
A Guardian and a Thief (LP)*	Megha Majumdar
The Viper	Brad Meltzer
Code Blue	Fern Michaels
The Invisible Woman (LP)*	James Patterson/Susan DiLallo
The Devil's Daughter (LP)*	Danielle Steel
The Botanist's Assistant	Peggy Townsend

### Non-Fiction

A Marriage at Sea	Sophie Elmhirst
Replaceable You:	
Adventures in Human Anatomy	Mary Roach

\*A Copy in Wappacomo Library

## Thursday Night Programs

- March 5:** "Apple Valley Flute Choir"  
presented by Charlene Romano
- March 12:** "Revolutionary War Prisoners from  
Yorktown" presented by Mike Robinson
- March 19:** "Life With Theatre Parents" pre-  
sented by Tara Bell
- March 26:** "James Wood/Glen Burnie" pre-  
sented by Nick Powers

Programs are at 7:30 p.m. in the Apple Blossom Room located on the third floor of Wappacomo Hall.

## From The



Outside walks through the Smith property, as reported 25 years ago in the *Westbury World* for March, 2001:

### Walks on the Outside

By Bill Jones

Only a short segment of the historic Wappacomo Trail passed through our area, but in early February, eleven residents joined Bill Jones and Phil Free to walk most of it. This portion of the trail runs from the National Fruit property on Fairmont Avenue, north through the Smith (formerly Lawrence) property, enters the SVWC campus near the Residents' Garden and continues toward the Sunnyside Shopping Center.

This was the first of a planned series of Nature Walks. The group on the first hike included three from Wappacomo Hall. In an hour and twenty minutes they walked from SVWC to National Fruit and back. Many residents have asked to repeat this hike and possibly explore adjacent undeveloped areas. . . .

During a second Nature Walk a week later, we covered several nearby trails, observing the stark and often beautiful winter outlines of shrubs and trees. We enjoyed seeing some of the many stone walls which provide striking accents to the vivid winter scene. The hikers speculated about who built the walls. One person suggested that slaves built the walls, but it was pointed out by others that the farms were small -- most with no slaves. Owners' families usually worked on these small farms. . . .





Photo by Bill Young

The calm and beauty of a snowy day.

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