


SUN	MON	TUE	WED	THUR	FRI	SAT
<b>LOCATION KEY</b> TA - Abbey ABR - Apple Blossom Rm Bistro - Bistro CantCafe - Canterbury Cafe CH - Chapel C - Commons L - Lobby PDR - Private Dining Rm Tav - Tavern VCMR - Vitality Center Meeting Room					9:30 Putting (Putting Green) <b>1</b> 11:00 Resale Shop is Open! (1st FL Shenandoah Hall) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio) 4:00 Happy Hour (C)	1:00 Trip: Aldi's (L) <b>2</b> 6:00 Kentucky Derby Party (TA)
8:50 Church Bus to Sacred Heart (L) <b>3</b> 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service & Communion (Chapel, TV 970)	12:30 Fiber Folks (C) <b>4</b> 2:00 Lifelong Learning (TA) 3:00 SU Violin Students Recital (ABR) 6:15 Canasta (C)	Cinco de Mayo <b>5</b> 10:00 New Group with Marie (Cafe) 11:00 Living Well with Parkinson's (Activities Room) 11:00 Weekly Bible Study (CH) 12:00 Trip: Alamo Drafthouse: "The Devil Wears Prada 2" (L) 2:00 Bridge (C) 7:00 Bob's Sing Along (Tav)	9:30 COFFEE WITH ADMIN (Abbey & TV- 970) <b>6</b> 11:00 Life's Care Partner: A Supportive Hand (Act Rm) 11:00 Living with Cognitive Loss Group (PDR) 12:00 Pet Pals Meeting (4th Floor Winc) 1:30 Chess (C)	10:00 Trip: Apple Blossom Mall (L) <b>7</b> 10:30 Episcopal Communion (CH) 7:30 Thursday Night Resident's Program: Poetry & Prose Group, led by Alice Lees (ABR)	9:30 Putting (Putting Green) <b>8</b> 1:00 "Wine-Down" Winery Tour & Tasting: Blue Valley Vineyards in Delaplane (L) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio) 3:00 Mary Kay Pampering Party (Cafe)	1:00 Trip: Trader Joe's & Wegman's (L) <b>9</b> 2:00 Rummikub (Bistro)
<b>Mother's Day</b> <b>10</b> 8:50 Church Bus to Sacred Heart (L) 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service (Chapel, TV 970)	10:00 Residents' Association Meeting (Abbey & TV 970) <b>11</b> 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 6:15 Canasta (C) 7:30 Rick Kinsey's Radio Program: Bob & Ray, Broadway is My Bear, final John Wayne (ABR & TV 970)	11:00 Weekly Bible Study (CH) <b>12</b> 2:00 Bridge (C) 3:00 Greenhouse Gathering (Greenhouse) 7:00 Bob's Sing Along (Tav)	9:30 COFFEE WITH ADMIN (Abbey & TV- 970) <b>13</b> 10:15 Discussing Dementia (Abbey/Channel 970) 11:00 Grief Support Group (PDR) 1:00 Trip: Costco (L) 1:30 Chess (C) 2:30 Beltone Hearing (Clinic) 2:30 Poetry & Prose (VCMR)	9:00 Trip: National Gallery of Art (L) <b>14</b> 10:00 Optical Services (C) 7:30 Thursday Night Resident's Program: 2nd Battle of Winchester, Conservation Land Easement led by Jack Owen (ABR)	9:30 Putting (Putting Green) <b>15</b> 11:00 Resale Shop is Open! (1st FL Shenandoah Hall) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio) 7:30 Bistro Concert: Jean Lin, classical pianist (Bistro)	1:00 Trip: Target (L) <b>16</b> 7:00 Folk Music with Walt (Tav)

## May 2026

Independent Living

Laura Hager, Resident Concierge 540-535-1531

SUN	MON	TUE	WED	THUR	FRI	SAT
8:50 Church Bus to Sacred Heart (L) <b>17</b> 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 2:15 Trip: Arts Chorale Performance (L) 2:30 Rita Lauder's Piano Students perform Patriotic Music (ABR) 4:00 Worship Service (Chapel, TV 970)	12:30 Fiber Folks (C) <b>18</b> 2:00 Lifelong Learning (TA) 6:15 Canasta (C)	8:00 Trip: Overnight to Chincoteague (L) <b>19</b> 11:00 Living Well with Parkinson's (Activities Room) 11:00 Weekly Bible Study (CH) 1:00 Low Vision Support Meeting (Activities Room) 2:00 Bridge (C) 3:00 Gentlemen's Group with Jeannie (TA) 7:00 Bob's Sing Along (Tav)	9:30 COFFEE WITH ADMIN (Abbey & TV- 970) <b>20</b> 10:15 My Life/My Community Lecture Series (Abbey/Channel 970) 11:00 Living with Cognitive Loss Group (PDR) 1:30 Chess (C) 3:00 Ladies Group with Jeannie (TA)	10:30 Episcopal Communion (CH) <b>21</b> 7:30 Thursday Night Resident's Program: WindSong A Cappella Women's Chorus directed by Con Burch (TA)	9:30 Putting (Putting Green) <b>22</b> 2:00 Art Class: Open Studio with Instructor \$ (Art Studio)	2:00 Rummikub (Bistro) <b>23</b>
8:50 Church Bus to Sacred Heart (L) <b>24</b> 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service (Chapel, TV 970)	<b>Memorial Day</b> <b>25</b> 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 6:15 Canasta (C)	11:00 Weekly Bible Study (CH) <b>26</b> 2:00 Bridge (C) 3:00 Greenhouse Gathering (Greenhouse) 3:00 Mystique Group (CantCafe) 7:00 Bob's Sing Along (Tav)	9:30 COFFEE WITH ADMIN (Abbey & TV- 970) <b>27</b> 10:15 Timely Transitions Lecture Series (Abbey/Channel 970) 11:00 Grief Support Group (PDR) 1:30 Chess (C)	8:30 Trip: Spirit of Washington Lunch Cruise (L) <b>28</b> 7:30 Thursday Night Resident's Program: Through the Lens, Through the Years led by Bill Young (ABR)	9:30 Putting (Putting Green) <b>29</b> 11:30 Pizza Bingo (TA) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio)	<b>30</b>
8:50 Church Bus to Sacred Heart (L) <b>31</b> 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service (Chapel, TV 970)		Pet of the Month "Syl" Owned by Velda Hoffman 				

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