

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>LOCATION KEY</b> TA - Abbey Bistro - Bistro CH - Chapel C - Commons L - Lobby PDR - Private Dining Rm Tav - Tavern VCMR - Vitality Center Meeting Room	12:30 Fiber Folks (C) <b>1</b> 2:00 Lifelong Learning (TA) 6:15 Canasta (C)	11:00 Living Well with Parkinson's (Activities Room) <b>2</b> 11:00 Weekly Bible Study (CH) 2:00 Bridge (C) 7:00 Bob's Sing Along (Tav)	9:30 COFFEE WITH ADMIN (Abbey & TV- 970) <b>3</b> 11:00 Life's Care Partner: A Supportive Hand (Act Rm) 11:00 Living with Cognitive Loss Group (PDR) 12:00 Pet Pals Meeting (4th Floor Winc) 1:30 Chess (C) 2:00 Death Cafe (CH)	10:00 Trip: Apple Blossom Mall (L) <b>4</b> 10:30 Episcopal Communion (CH)	9:30 Putting (Putting Green) <b>5</b> 11:00 Resale Shop is Open! (1st FL Shenandoah Hall) 11:30 Pizza Bingo (TA) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio) 4:00 Happy Hour (C)	1:00 Trip: Aldi's (L) <b>6</b> 2:00 Mexican Train (Bistro)
8:50 Church Bus to Sacred Heart (L) <b>7</b> 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service & Communion (Chapel, TV 970)	10:00 Residents' Association Meeting (Abbey & TV 970) <b>8</b> 12:30 Fiber Folks (C) 2:00 Lifelong Learning (TA) 6:15 Canasta (C) 7:30 Rick Kinsey's Radio Program: Les Miserables I, Challenge of the Yukon (ABR & TV 970)	11:00 Weekly Bible Study (CH) <b>9</b> 2:00 Bridge (C) 3:00 Greenhouse Gathering (Greenhouse) 7:00 Bob's Sing Along (Tav)	9:30 COFFEE WITH ADMIN (Abbey & TV- 970) <b>10</b> 10:15 Discussing Dementia (Abbey/ Channel 970) 11:00 Grief Support Group (PDR) 1:00 Trip: Costco (L) 1:30 Chess (C) 2:30 Beltone Hearing (Clinic) 2:30 Poetry & Prose (VCMR)	9:00 Trip: Green Valley Book Fair & Lunch (L) <b>11</b> 10:00 Optical Services (C)	9:30 Putting (Putting Green) <b>12</b> 1:00 "Wine-Down" Winery Tour & Tasting: Muse Vineyards, Woodstock, VA (L) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio) 7:00 Sharon Vold's Piano Students Recital (TA)	2:00 Rummikub (Bistro) <b>13</b>

# June 2026

Independent Living

Laura Hager, Resident Concierge 540-535-1531



SUN	MON	TUE	WED	THUR	FRI	SAT
8:50 Church Bus to Sacred Heart (L) <b>14</b> 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 2:00 Mennonite Singers (CH) 4:00 Worship Service (Chapel, TV 970)	12:30 Fiber Folks (C) <b>15</b> 2:00 Lifelong Learning (TA) 6:15 Canasta (C)	11:00 Living Well with Parkinson's (Activities Room) <b>16</b> 11:00 Weekly Bible Study (CH) 1:00 Low Vision Support Meeting (Activities Room) 2:00 Bridge (C) 3:00 Mystique Group (VCMR) 7:00 Bob's Sing Along (Tav)	9:30 COFFEE WITH ADMIN (Abbey & TV- 970) <b>17</b> 10:15 My Life/My Community Lecture Series (Abbey/ Channel 970) 11:00 Living with Cognitive Loss Group (PDR) 1:30 Chess (C)	10:30 Episcopal Communion (CH) <b>18</b> 11:00 Lunch Trip: Edinburg Mill Restaurant (L)	Juneteenth <b>19</b> 9:30 Putting (Putting Green) 10:00 Wilkin's Shoe Store Pop-Up Shop (C) 11:00 Resale Shop is Open! (1st FL Shenandoah Hall) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio) 7:30 Bistro Concert: One Street Over (Bistro)	1:00 Trip: Target (L) <b>20</b> 2:00 Mexican Train (Bistro)
<b>Father's Day</b> 8:50 Church Bus to Sacred Heart (L) <b>21</b> 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service (Chapel, TV 970)	12:30 Fiber Folks (C) <b>22</b> 1:00 Smiley's Ice Cream Truck! (Lawrence Hall Entrance) 2:00 Lifelong Learning (TA) 3:00 Mary Kay Pampering Party (VCMR) 6:15 Canasta (C)	11:00 Weekly Bible Study (CH) <b>23</b> 2:00 Bridge (C) 3:00 Greenhouse Gathering (Greenhouse) 7:00 Bob's Sing Along (Tav)	9:30 COFFEE WITH ADMIN (Abbey & TV- 970) <b>24</b> 10:15 Timely Transitions Lecture Series (Abbey/ Channel 970) 11:00 Grief Support Group (PDR) 1:30 Chess (C)	9:00 Trip: Museum of African American History (L) <b>25</b>	9:30 Putting (Putting Green) <b>26</b> 10:30 Donut Bingo (TA) 2:00 Art Class: Open Studio with Instructor \$ (Art Studio)	2:00 Rummikub (Bistro) <b>27</b>
8:50 Church Bus to Sacred Heart (L) <b>28</b> 9:30 Braddock St. Methodist/First Presbyterian/Grace Lutheran (L) 10:00 Christ Episcopal (L) 10:45 Braddock St. Methodist/First Presbyterian/Sacred Heart (L) 4:00 Worship Service (Chapel, TV 970)	12:30 Fiber Folks (C) <b>29</b> 2:00 Lifelong Learning (TA) 6:15 Canasta (C)	10:00 New Group with Marie (Cafe) <b>30</b> 11:00 Weekly Bible Study (CH) 2:00 Bridge (C) 7:00 Bob's Sing Along (Tav)			Pet of the Month "Grace" & "Lacey" Owned by Mark & Janice Barnhart 	

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