



MAI SON YOU

WELCOME TO

MAISON YOU

CURATED RETREATS FOR A BETTER YOU

At MAISON YOU, we believe wellness isn't a luxury—it's a necessity. We're here to help you reconnect with yourself and rediscover what it means to be well.

Think of us as your personal wellness curators—whether you need stress relief, burnout recovery, or a gut health reset, we handpick retreats that foster deep, lasting transformation.

Let us guide you to the perfect retreat for YOU.



BEST RATES & PERKS

Guaranteed best rates at selected retreats worldwide, with upgrades, retreat credits, discounts and special experiences like spa treatments and personalized consultations.

EXCLUSIVE EXPERIENCES

Priority access to new or limited-edition wellness and brand experiences

COMMUNITY FOCUS

A trusted community of expert curators - from wellness coaches to healers and industry visionaries - handpicking meaningful experiences just for you.

AT MAISON YOU, YOU ARE THE PURPOSE.



WILDLIFE & YOGA

Founded by Laura Bunting, Wildlife & Yoga retreats are designed to bring people closer to nature and themselves. Set on a private wildlife conservancy in the foothills of Mount Kenya, it is a sanctuary for those seeking an unfiltered connection with Africa's wilderness.

Blending world-class hospitality with the untamed beauty of the savannah, Wildlife & Yoga offers exclusive safari experiences, abundant wildlife encounters, and the grounding presence of nature. Here, time slows, senses heighten, and guests are invited to rediscover themselves in perfect harmony with the land.



SIGNATURE EXPERIENCES



11-17 OCTOBER 2025
ENASOIT PRIVATE LUXURY
CAMP, KENYA

25-31 JANUARY 2026
ENASOIT PRIVATE LUXURY
CAMP, KENYA

8-14 FEBRUARY 2026
ENASOIT PRIVATE LUXURY
CAMP, KENYA

24-30 OCTOBER 2026
ENASOIT PRIVATE LUXURY
CAMP, KENYA

DISCOVER

IN RHYTHM

WILD FLOW

ART OF WILD



A TRANSFORMATIVE WILDERNESS EXPERIENCE

IN RHYTHM WITH THE WILD

Move with nature's pulse and rediscover your inner rhythm in Rhythm With the Wild Kenya.



Led by yoga teacher Laura Bunting and special guest facilitator Hannah Wood, you'll spend your days immersed in movement, meditation, sound healing, and wildlife adventures, held by the rhythms of the land and the presence of a like-hearted community.

Hosted at Enasoit Private Luxury Camp, the retreat offers unparalleled privacy, abundant wildlife viewing and the comfort of expertly curated luxury. Guests will deepen their practice surrounded by nature's quiet energy, share evenings under vast star-filled skies, and discover how wilderness can become a mirror for inner stillness.



KEY EXPERIENCES:

- Daily yoga and meditation led by expert instructors
- Morning and afternoon game drives through Kenya's private conservancy
- Guided bush walks and wildlife encounters with experienced rangers
- Private luxury tented accommodation in Enasoit's intimate camp
- Fireside storytelling and stargazing evenings
- Locally inspired gourmet cuisine prepared daily

DETAILS & PRICING:

DATES:

7 days / 25-31st January, 2026

LOCATION:

Enasoit Private Luxury Camp
Kenya, Africa

PRICING:

From \$10,840

Includes accommodation, safari, yoga programme and all meals.

YOUR MAISON YOU BENEFITS:

- Complimentary pre-retreat online session



CURATED RETREATS FOR A BETTER YOU



ITINERARY

DAY 1 - 25TH

- Arrive in Nairobi at your own pace.
- Our team will meet you with a VIP airport welcome and escort you to House of Waine, a boutique retreat in leafy Karen. Settle in, exhale, and enjoy a grounding welcome dinner as you prepare to enter the wild.

DAY 2 - 26TH

- Enjoy a nourishing breakfast with Laura and Hannah before leaving House of Waine at 9:30 am, taking a 10:30 am private charter flight to Enasoit, arriving at 11:30 am
- After lunch and a gentle arrival, we open the retreat with an afternoon session with Hannah, an evening gamedrive, a sundowner, and dinner.

DAY 3-6 - 27-30TH

- Morning yoga or somatic movement to awaken the body
- Guided breathwork and sound healing journeys to release and reset the nervous system
- Daily guided safaris in 4x4, on horseback, by foot or bike
- Optional horseback riding, guided cycles, sound healing, silent wilderness walks, massages, or journaling by the fire
- Evening meditation, sound healing, or cacao ceremonies to close the day with intention

DAY 7 - 31ST

- Sunrise game drive
- A closing session with Hannah and Laura
- Final Private charter back to Nairobi, landing around 11:30 am

CONTACT US

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[@_maisonyou](https://www.instagram.com/_maisonyou)



www.maison-you.com

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WELCOME HOME

