



MAI SON YOU

WELCOME TO

MAISON YOU

CURATED RETREATS FOR A BETTER YOU

At MAISON YOU, we believe wellness isn't a luxury—it's a necessity. We're here to help you reconnect with yourself and rediscover what it means to be well.

Think of us as your personal wellness curators—whether you need stress relief, burnout recovery, or a gut health reset, we handpick retreats that foster deep, lasting transformation.

Let us guide you to the perfect retreat for YOU.



BEST RATES & PERKS

Guaranteed best rates at selected retreats worldwide, with upgrades, retreat credits, discounts and special experiences like spa treatments and personalized consultations.

EXCLUSIVE EXPERIENCES

Priority access to new or limited-edition wellness and brand experiences

COMMUNITY FOCUS

A trusted community of expert curators - from wellness coaches to healers and industry visionaries - handpicking meaningful experiences just for you.

AT MAISON YOU, YOU ARE THE PURPOSE.



WILDLIFE & YOGA

Founded by Laura Bunting, Wildlife & Yoga retreats are designed to bring people closer to nature and themselves. Set on a private wildlife conservancy in the foothills of Mount Kenya, it is a sanctuary for those seeking an unfiltered connection with Africa’s wilderness.

Blending world-class hospitality with the untamed beauty of the savannah, Wildlife & Yoga offers exclusive safari experiences, abundant wildlife encounters, and the grounding presence of nature. Here, time slows, senses heighten, and guests are invited to rediscover themselves in perfect harmony with the land.



SIGNATURE EXPERIENCES



11-17 OCTOBER 2025
ENASOIT PRIVATE LUXURY
CAMP, KENYA

25-31 JANUARY 2026
ENASOIT PRIVATE LUXURY
CAMP, KENYA

8-14 FEBRUARY 2026
ENASOIT PRIVATE LUXURY
CAMP, KENYA

24-30 OCTOBER 2026
ENASOIT PRIVATE LUXURY
CAMP, KENYA

DISCOVER

IN RHYTHM

WILD FLOW

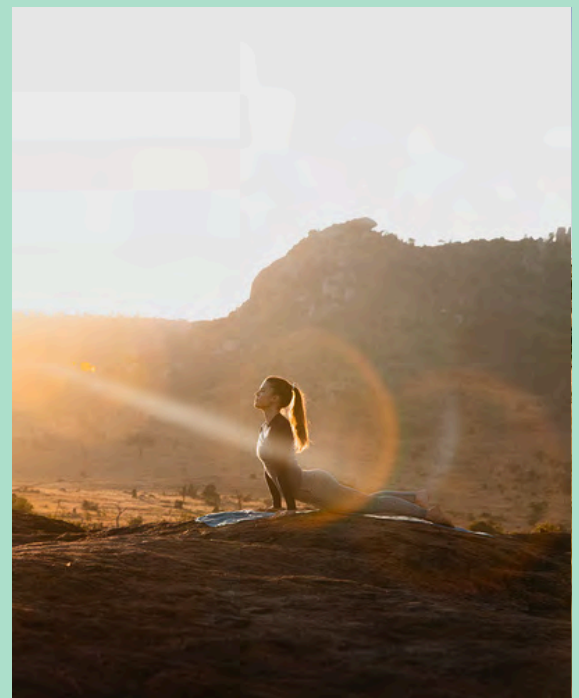
ART OF WILD



A TRANSFORMATIVE WILDERNESS EXPERIENCE

WILD FLOW RETREAT

Surrender to the rhythm of the wild and move into effortless flow.



This seven-day retreat is hosted by yoga teacher Laura Bunting and guest co-teacher Clara Johnson, the **Wild Flow Retreat** invites you to a week of spaciousness, movement, and connection.

Set within the heart of Laikipia's wilderness, this journey blends creative yoga, safari adventure, and deep rest to reconnect you with your body's wisdom. Through morning Vinyasa, intuitive workshops, and slow evenings under African skies, you'll learn to move with life, not against it.



KEY EXPERIENCES:

- Daily yoga and meditation led by experienced instructors
- Morning and evening safari drives in a private conservancy
- Guided bush walks and wildlife encounters with expert rangers
- Private luxury tented accommodation with full amenities
- Community evenings around the campfire and under the stars
- Fresh, seasonal cuisine prepared daily by Enasoit's culinary team

DETAILS & PRICING:

DATES:

7 days / 8-14th February, 2026

LOCATION:

Enasoit Private Luxury Camp
Kenya, Africa

PRICING:

From \$10,840

Includes accommodation, safari, yoga programme and all meals.

YOUR MAISON YOU BENEFITS

- Complimentary pre-retreat online session



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ITINERARY

The full itinerary will be shared upon booking. Each day is designed to balance restorative yoga practice with immersive wildlife encounters, allowing space for personal reflection and presence. An example of the activities are as follows:

- Daily yoga and meditation with Laura and Clara
- Game drives
- Bush walks
- Horseback safaris
- Cycling
- Journalling & rest time
- Complimentary massages with Ensoit's in-house therapist

CONTACT US

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www.maison-you.com

WELCOME HOME

