

The image is a vertical collage. At the top, a dark green wall features a rectangular opening showing a landscape painting. Below this is a horizontal band with a green and white striped pattern. The main section shows an outdoor dining table with a red and white checkered tablecloth, set with plates, bowls, and a centerpiece of flowers and fruit. To the right, a large, leafy tree stands next to a modern, minimalist building with large, flat, light-brown rectangular blocks. The text 'MAISON YOU' is centered in white serif font. At the bottom, another horizontal band with a green and white striped pattern is visible, followed by a patterned sofa with two matching cylindrical pillows. The entire composition is framed by dark green borders at the top and bottom, with small decorative elements on the sides.

MAISON YOU

WELCOME TO

MAISON YOU

CURATED RETREATS FOR A BETTER YOU

At MAISON YOU, we believe wellness isn't a luxury—it's a necessity. We're here to help you reconnect with yourself and rediscover what it means to be well.

Think of us as your personal wellness curators—whether you need stress relief, burnout recovery, or a gut health reset, we handpick retreats that foster deep, lasting transformation.

Let us guide you to the perfect retreat for YOU.



BEST RATES & PERKS

Guaranteed best rates at selected retreats worldwide, with upgrades, retreat credits, discounts and special experiences like spa treatments and personalized consultations.

EXCLUSIVE EXPERIENCES

Priority access to new or limited-edition wellness and brand experiences

COMMUNITY FOCUS

A trusted community of expert curators - from wellness coaches to healers and industry visionaries - handpicking meaningful experiences just for you.

AT MAISON YOU, YOU ARE THE PURPOSE.



PATINA, MALDIVES

Set on the serene shores of the Fari Islands, Patina Maldives offers a retreat experience rooted in architectural calm, elemental luxury, and restorative living. Surrounded by turquoise lagoons and sun-drenched minimalism, guests are invited to slow down and realign with nature's rhythms.

Patina's philosophy weaves together timeless design, regenerative practices, and personal well-being. It is a place where barefoot luxury meets mindful intention, ideal for seekers of pause, clarity, and renewal.



SIGNATURE EXPERIENCES



PATINA, MALDIVES
3 NIGHTS / YEAR-ROUND

UNWIND REWIND

PATINA, MALDIVES
5 NIGHTS / YEAR-ROUND

BALANCE BOOSTER

PATINA, MALDIVES
7 NIGHTS / YEAR-ROUND

INNER GLOW



A FIVE-NIGHT JOURNEY TO RESTORE BALANCE THROUGH MINDFUL MOVEMENT AND ISLAND STILLNESS

FARI STUDIOS RETREAT: BALANCE BOOSTER

A holistic retreat designed to reset your body and mind through yoga, meditation, and restorative rituals.



The **Balance Booster** retreat is a curated five-night immersion designed to bring harmony to body and mind. Hosted at the sleek and serene Patina Maldives, guests are guided through daily yoga and meditation practices complemented by nourishing cuisine and island-inspired therapies.

Ideal for those in need of a short yet transformative reset, this retreat allows you to slow down, reconnect with yourself, and leave with renewed energy, all while enjoying the tranquillity and design-forward setting of the Fari Islands.



KEY EXPERIENCES:

- Each stay is an invitation to rediscover rhythm, spark creativity, and cultivate meaningful connections
- Daily yoga and guided breathwork, set against the backdrop of nature
- Co-living workspaces, designed for collaboration and focused productivity
- Artist-led workshops and immersive experiences, merging culture and creativity
- Wellness and fitness programmes, tailored to personal goals
- Sustainability-led hospitality, with a commitment to responsible travel
- Access to Fari Beach Club and Flow spa
- Watsu treatment

DETAILS & PRICING:

DATES:

5 nights / Year-Round

LOCATION:

Patina Hotel

Fari Islands, Maldives

PRICING:

From \$5,242

Includes Fari Studio accommodation, daily breakfast & dinner, retreat experiences and shared speed boat transfers.

YOUR MAISON YOU BENEFITS:

- \$150 resort credit per studio
- Best rate access





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Daily choice of any 3 soul-enriching experiences:

- Yoga
- Morning run
- Sound healing
- Pilates
- Ceramic coral workshop
- Ghost-net bracelet making

Available at your leisure:

- 1x 60-minute massage
- 1x Watsu Treatment
- Complimentary pool access at Fari Beach Club

Option to add any extra treatments (at additional cost) from the Flow menu such as the following:

- Wonderful Watsu
- Photo Bio Stimulation
- Signature Facial or Massage

CONTACT US

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[@_maisonyou](https://www.instagram.com/_maisonyou)



www.maison-you.com

WELCOME HOME

