



MAI SON YOU

WELCOME TO

MAISON YOU

CURATED RETREATS FOR A BETTER YOU

At MAISON YOU, we believe wellness isn't a luxury, it's a necessity. We're here to help you reconnect with yourself and rediscover what it means to be well.

Think of us as your personal wellness curators - whether you need stress relief, burnout recovery, or a gut health reset, we handpick retreats that foster deep, lasting transformation.

Let us guide you to the perfect retreat for YOU.



BEST RATES & PERKS

Guaranteed best rates at selected retreats worldwide, with upgrades, retreat credits, discounts and special experiences like spa treatments and personalized consultations.

EXCLUSIVE EXPERIENCES

Priority access to new or limited-edition wellness and brand experiences

COMMUNITY FOCUS

A trusted community of expert curators - from wellness coaches to healers and industry visionaries - handpicking meaningful experiences just for you.

AT MAISON YOU, YOU ARE THE PURPOSE.



ROSEWOOD SCHLOSS FUSHL

Nestled on the serene shores of Lake Fuschl and framed by the Austrian Alps, Rosewood Schloss Fuschl is a retreat where history and luxury meet restorative wellness. The Asaya wellness philosophy blends advanced treatments, holistic therapies and nature-inspired practices in a setting of timeless beauty. Here, health is not just nurtured it is transformed.



SIGNATURE EXPERIENCES



UNLOCK YOUR INNER VITALITY
BIO-HACKING

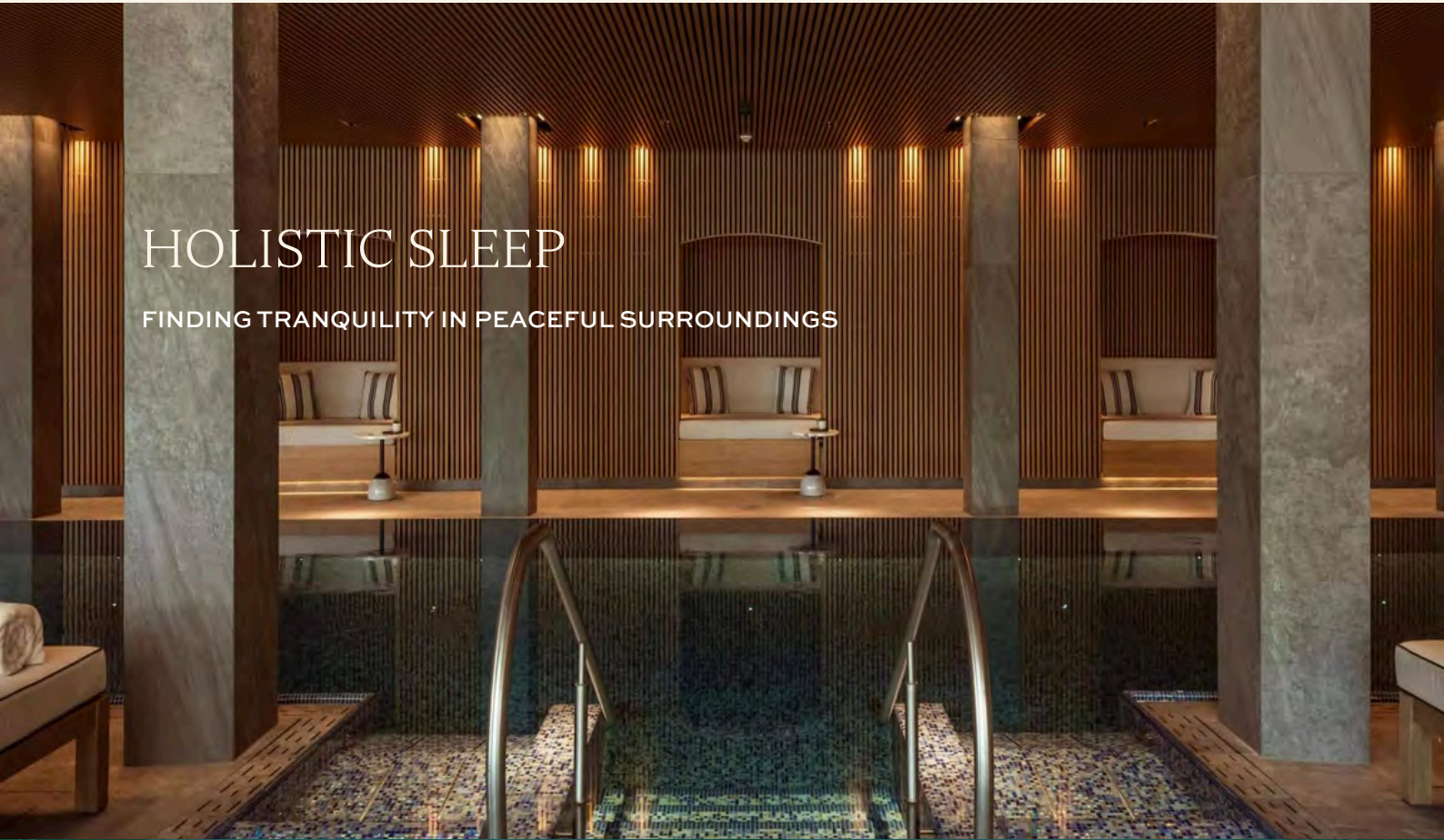
FINDING TRANQUILITY IN
PEACEFUL SURROUNDINGS
HOLISTIC SLEEP

PATH TO PURITY AMIDST SERENE
NATURE
HOLISTIC DETOX



HOLISTIC SLEEP

FINDING TRANQUILITY IN PEACEFUL SURROUNDINGS



Experience deep rest and renewal with the **Holistic Sleep** Well Program, thoughtfully crafted to help you achieve restorative sleep. Set amidst the serene beauty of the Salzkammergut, let the peaceful surroundings naturally soothe your mind and body.

The calming atmosphere promotes relaxation and balance, allowing you to wake up feeling refreshed and revitalized. Embrace the transformative effects of quality sleep and discover its lasting impact on your energy and well-being.



KEY EXPERIENCES:

- Personalized wellness journey
- Full access to the Asaya Spa and See Club
- Choose from six different dining options, all of which are crafted using local ingredients, embodying tradition and flavor.
- Opportunity to join herb expert Martina on a mindful nature walk or participate in a guided hike through the pristine landscapes of Hintersee.

DETAILS & PRICING:

DATES:

2 or 3 days / Year-Round

LOCATION:

Asaya Spa, Rosewood Schloss Fuschl
Salzburg, Austria

PRICE:

Cost of Programme:

From €1,333 per person - based on 2 days

Cost of Accommodation:

From €700 - based on 1 night in a Deluxe Room

YOUR MAISON YOU BENEFITS

- Complimentary breakfast
- €100 food & beverage credit or spa credit per stay
- Complimentary access to Asaya Spa and See Club
- Early check in/late check out*
- Upgrade guaranteed at time of booking (already included in the rate)



CURATED RETREATS FOR A BETTER YOU



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Your treatment plan will include the following, though the final details may vary depending on whether you book for 2 or 3 days:

- Personal consultation 30 min
- Personal Fitness training, Hiking or Personal Yoga
- OTO Sleep Soundly Experience 90 min
- Dr. Barbara Sturm Revitalizing scalp massage 20 min
- Dr. Barbara Sturm Exoso-metic growth factor facial
- Nutritious sleep food menu
- Special Detox Tea during the Day (room setup)
- Dr. Barbara Sturm good night supplement
- Sauna Experience German Aufguss 20 min
- Steam bath Salt Sole detox scrub 20 min
- Alpine aromatherapy experience 90 min
- Regional Herbal Stamp Revitalization 90 min



CONTACT US

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www.maison-you.com

The journey inward is the greatest adventure of all

WELCOME HOME

