



MAI SON YOU

WELCOME TO

MAISON YOU

CURATED RETREATS FOR A BETTER YOU

At MAISON YOU, we believe wellness isn't a luxury - it's a necessity. We're here to help you reconnect with yourself and rediscover what it means to be well.

Think of us as your personal wellness curators, whether you need stress relief, burnout recovery, or a gut health reset, we handpick retreats that foster deep, lasting transformation.

Let us guide you to the perfect retreat for YOU.



BEST RATES & PERKS

Guaranteed best rates at selected retreats worldwide, with upgrades, retreat credits, discounts and special experiences like spa treatments and personalized consultations.

EXCLUSIVE EXPERIENCES

Priority access to new or limited-edition wellness and brand experiences

COMMUNITY FOCUS

A trusted community of expert curators - from wellness coaches to healers and industry visionaries - handpicking meaningful experiences just for you.

AT MAISON YOU, YOU ARE THE PURPOSE.



JOALI BEING

Set on the ethereal island of Bodufushi in the Maldives, JOALI BEING is the first wellbeing island retreat of its kind, built entirely around the Four Pillars of Mind, Skin, Microbiome, and Energy.

Their Wellbeing Programmes are designed to meet a variety of objectives, including: deep relaxation, stress recovery, digestive reset, weight management, preventive skincare, reverse ageing, energy replenishment, and yoga enhancement.



SIGNATURE EXPERIENCES



JOALI BEING, MALDIVES, THE WELLBEING ISLAND
FROM 5, 7 OR 10 NIGHTS

DE-STRESS

JOALI BEING, MALDIVES, THE WELLBEING ISLAND
FROM 5, 7 OR 10 NIGHTS

GUT RESET



JOALI BEING

The Island of Wellbeing



GETTING THERE

Shared Seaplane Flight: 40 minutes from Malé to Bodufushi, with access to JOALI's private airport lounge.

Private Seaplane Charter: A 40-minute exclusive flight offering complete privacy.

CIP Maamahi Lounge Service: Available on request at Malé Airport to fast-track arrivals and departures.

Note: Seaplane transfers are available during daylight hours only.



THE ISLAND EXPERIENCE

Location: Bodufushi Island, Raa Atoll, one of the Maldives' most pristine and untouched corners.

Villas: 68 private beach and water villas, each with its own pool.

Design: Architecture and landscaping created in harmony with the island's fragile ecosystem.

Nature: Indigenous forest sound therapies, ocean-front meditations, and daily sunset rituals on ivory sands.

Conservation: Sustainability and respect for nature are woven into every detail of the island experience.

JOALI BEING IS NOT JUST A RESORT. IT IS AN ISLAND OF WELLBEING, WHERE EVERY ELEMENT: DESIGN, NATURE, SCIENCE AND TRADITION, WORKS IN HARMONY TO GUIDE YOU BACK TO YOURSELF.



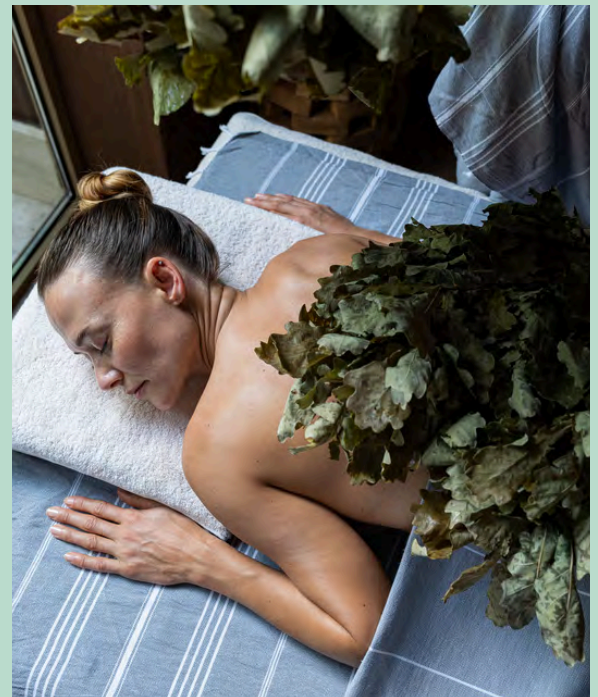
RELEASE TENSION & SUPPORT LASTING MENTAL CLARITY.

DE-STRESS

The core offering is the Integrative Lifestyle Assessment paired with thoughtful touch therapies, from Mind Therapy and Sound Healing to Watsu treatment.



Cultivate inner balance, vitality and strength through a sequence of grounding and restorative practices, transformative sound therapy sessions, and energy balancing treatments. Tailormade for guests seeking to manage stress and anxiety, this Wellbeing Programme focuses mindfulness practices that help cultivate a deeper awareness of feelings, thoughts and bodily sensations.



Create a reservoir of inner resilience to help you better navigate the challenges and pressures of modern life. Being present and appreciating the wonder in each moment opens a path to the Joy of Weightlessness – a feeling of lightness and freedom.



KEY EXPERIENCES:

- Access to additional sporting experiences such as padel, tennis, scuba diving, wake surfing.
- Be immersed in The Art House & Gallery and nourish your creative side throughout your stay.
- Rediscover the joy of nourishment and choose from the islands 5 dining experiences: Flow, Mojo, Yutori, Mojo Bar, Sai Tea Lounge.
- Enjoy access to all transformational spaces such as KAASHI (the Hydrotherapy Hall), SEDA (the Sound Therapy Hall), The Discovery Sound Path, CORE (the Movement & Fitness Zone) and Ocean Sala (our overwater treatment rooms).

DETAILS & PRICING:

DATES:

5, 7 or 10-nights / Year-round

LOCATION:

JOALI BEING

Bodufushi Island, Maldives

PRICING:

Cost of Programme:

5 nights: \$2,265 per person

7 nights: \$3,765 per person

10 nights: \$5,610 per person

Includes all listed treatments, full board meals according to programme, and consultations.

Cost of Accommodation:

From \$1,900 per night in Ocean Pool Villa, single occupancy.

YOUR MAISON YOU BENEFITS:

- Complimentary breakfast
 - Priority upgrade at check-in*
 - \$250 Wellbeing credit per stay
 - Early check in/late check out*
- *subject to availability



CURATED RETREATS FOR A BETTER YOU



ITINERARY

The below itinerary is based on 5 days, with additional treatments added for the 7 and 10 day experience.

5 DAYS:

- 1x15-Minute Pre-Arrival Wellbeing Consultation
- 1X 60-Minute Integrative Lifestyle Assessment Consultation
- 1x 15-Minute AKTAR Signature Herbal Tea and Essential Oil Roller Blend
- 1x 15-Minute Follow Up Consultation
- 1x 30-Minute Departure Consultation
- 1x 90-Minute Mind Therapy
- 1x 90-Minute Thai Massage
- 1x 60-Minute Deep Tissue
- 1x 60-Minute Watsu Treatment
- 1x 60-Minute Sound Healing Remedies
- 1x 60-Minute Yoga Traditions

7 DAYS:

- 1x 60-Minute Art House Workshop
- 1x 60-Minute AKTAR Herbology Workshop
- 1x 20-Minute Flora Hair Analysis and Sensorial Experience
- 1x 60-Minute Padabhyanga
- 2x 90-Minute Abhyanga Shirodhara
- 1x 60-Minute Yoga Traditions

10 DAYS:

During your 10 day stay, you'll receive additional sessions of each of the following experiences:

- 1x 15-Minute Follow Up Consultation
- 2x 90-Minute Abhyanga Shirodhara
- 2x 60-Minute Yoga Traditions
- 1x 90-Minute Mind Therapy
- 1x 60-Minute Padabhyanga

CONTACT US

hello@maison-you.com

www.maison-you.com

@_maisonyou_



The journey inward is the greatest adventure of all

WELCOME HOME

