

The image is a vertical collage. At the top, a green and white striped border runs across the width. Below this, the background is a lush outdoor scene with tall grasses, trees, and a modern building with a tan facade. In the foreground on the left, a table is covered with a pink and white checkered tablecloth, set with various dishes, including a bowl of strawberries and a vase of flowers. In the foreground on the right, a portion of a sofa with a purple and white geometric pattern is visible. The text 'MAISON YOU' is centered in the middle of the image in a white, serif font.

MAISON
YOU



SHA WELLNESS MEXICO

Embark on a hyper-personalized, results-driven health journey with SHA, the world's leading brand in longevity and scientific wellbeing. Discover your potential at SHA's world-class destinations, where science and soul converge.

With nearly two decades at the forefront of health optimization, SHA blends cutting-edge longevity science with a vibrant, healthy lifestyle to create lasting vitality.

Offering an unmatched range of treatments and one-on-one sessions with experts across 50+ medical and holistic specialties, SHA combines state-of-the-art diagnostics, precision medicine, science-backed longevity protocols, innovative biohacking, and active living to foster a dynamic wellbeing community.

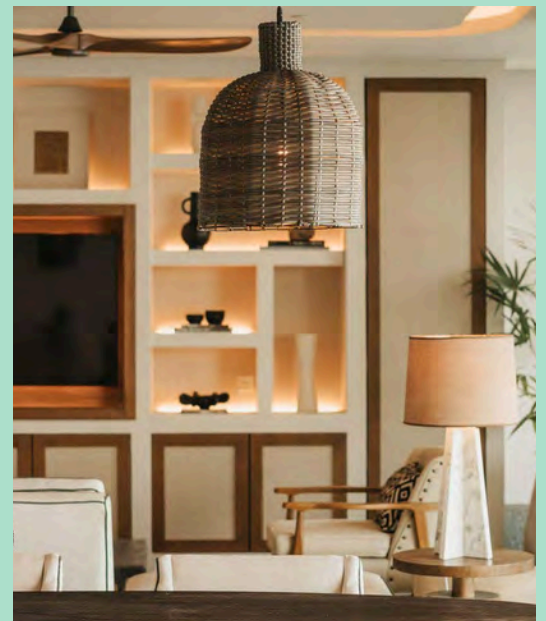
From the pristine Mexican Caribbean to the enchanting Spanish Mediterranean, SHA is the beginning of a transformative journey toward lifelong health.



SHA MEXICO
STAY YOUR WAY

Cancún, Mexico

From 7 nights
Year-Round



STAY YOUR WAY

There is no single path to health, vitality, or longevity - each individual arrives with unique goals and expectations, and the most effective approach adapts accordingly.

Stay Your Way is SHA's most flexible program, combining clinical expertise with complete freedom, allowing guests to shape their experience day by day.

It integrates advanced diagnostics, expert medical guidance, personalized nutrition, and a wide range of wellness, fitness, and longevity therapies to support tailored outcomes.

Set within an immersive environment, the program also provides access to hydrotherapy circuits, fitness facilities, and guided outdoor activities, creating a balanced experience that promotes recovery, vitality, and overall well-being.



KEY EXPERIENCES:

The new Stay Your Way 2026 program has been designed to offer a fully personalized wellness experience.

It includes two treatments per day, carefully selected to maximize results and adapt to each guest's needs.

Treatments are organized into two complementary categories - Essentials and Signature, combining holistic therapies with the latest technological advances.

DETAILS & PRICING:

DATES:

from 7 nights
Year-Round

LOCATION:

SHA Mexico
Cancún, Mexico

PRICING:

from \$9,450 based on 1 guest - pricing includes the full program and accommodation in a Deluxe Suite with sea view

YOUR MAISON YOU BENEFITS:

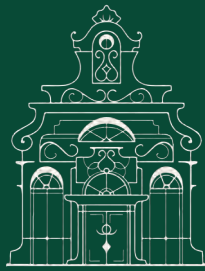
- 1 Complementary Accommodation night
- \$500 wellness & longevity credit to apply to your programme, treatments, or diagnostics
- Complimentary arrival and departure airport transfers



AT MAISON YOU, YOU ARE THE PURPOSE

The journey inward is the greatest adventure of all

WELCOME HOME



CONTACT US

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