

The image is a vertical collage. At the top, a green and white striped border runs across the width. Below this, the background is a lush outdoor scene with tall grasses, trees, and a modern building with a tan facade. In the foreground on the left, a table is covered with a pink and white checkered tablecloth, set with various dishes, including a bowl of strawberries and a vase of flowers. In the foreground on the right, a portion of a sofa with a purple and white geometric pattern is visible. The text 'MAISON YOU' is centered in the middle of the image in a white, serif font.

MAISON
YOU

WELCOME TO

MAISON YOU

CURATED RETREATS FOR A BETTER YOU

At MAISON YOU, we believe wellness isn't a luxury, it's a necessity. We're here to help you reconnect with yourself and rediscover what it means to be well.

Think of us as your personal wellness curators, whether you need stress relief, burnout recovery, or a gut health reset, we handpick retreats that foster deep, lasting transformation.

Let us guide you to the perfect retreat for YOU.



BEST RATES & PERKS

Guaranteed best rates at selected retreats worldwide, with upgrades, retreat credits, discounts and special experiences like spa treatments and personalized consultations.

EXCLUSIVE EXPERIENCES

Priority access to new or limited-edition wellness and brand experiences.

COMMUNITY FOCUS

A trusted community of expert curators - from wellness coaches to healers and industry visionaries - handpicking meaningful experiences just for you.

AT MAISON YOU, YOU ARE THE PURPOSE.



CLINIQUE LA PRAIRIE

Clinique La Prairie is a world-renowned sanctuary where cutting-edge medical science, Swiss precision and holistic wellness converge. A place to pause, regenerate and embrace a life of longevity and vitality amidst the serene beauty of the Swiss Riviera.

The ultra-luxury medical retreat is nestled between the tranquil shores of Lake Geneva and the majestic Swiss Alps. The clinic offers a breathtaking landscape that fosters deep mental and physical restoration.

Guests are invited to experience a sophisticated environment where medical expertise meets high-end hospitality, featuring a state-of-the-art spa and gourmet nutrition designed to revitalize the body from within. Every stay reflects a commitment to excellence, offering a private and prestigious escape where science and nature work in perfect harmony.



REVITALISATION

Clinique La Prairie
Montreaux, Switzerland

7 days / 6 nights
Year Round



REVITALISATION

THE WORLD'S MOST ADVANCED
CELL REGENERATION PROGRAMME



Honed over 90 years, **Revitalisation** is a powerful programme that stimulates cell regeneration, fights the signs and causes of aging and enhances mental and physical health. It combines cutting-edge medicine, exclusive CLP Extract and cellular genomic science with unique wellbeing and nutrition plans to revitalize every part of the body.

This life-changing escape to the Swiss Riviera includes a comprehensive medical check-up with advanced blood tests, abdominal ultrasound and electrocardiogram alongside personalised nutritional guidance. Science-based treatments such as Pioneering CLP Cellular Genomic Revitalisation FFS1-5 Activator run alongside neuro-wave stimulation and cryotherapy.



WHY IT STANDS OUT

Overlooking the serene Lake Geneva and the Swiss Alps, the clinic is a world-class sanctuary where cutting-edge medical science and cellular longevity meet to reset your physical and mental health.

- **Advanced Medical Insight:** Benefit from decades of passion for cutting-edge preventive medicine and cellular regeneration with the world’s leading specialists guiding you to live the most full and long life possible.
- **Exclusive Revitalisation Formula:** The rejuvenating CLP Extract given in conjunction with bio-stimulants is a powerful formula created to help regenerate the organism and fight the effects of aging.
- **Focus on Wellbeing:** Be expertly guided through treatments which focus on your wellbeing including far infrared therapy and personal training.



KEY EXPERIENCES:

- Relax and recharge in the award-winning spa, featuring a large indoor swimming pool, sauna, steam room and vitality pool.
- Complete a Longevity Master Assessment with experts and nutritionists to build a personalised roadmap for long-term health.
- Experience wellbeing treatments including a highly tailored cellular reset facial treatment and revitalising body exfoliation.
- Dine on "CLP Anti-Inflammatory" gourmet produce, featuring specialized nutritional plans designed to boost longevity and cellular health.
- The One Movement Index Assessment evaluates physical functionality and neuro-muscular health to optimize longevity through targeted exercise.
- Explore the local beauty of the Swiss Riviera while participating in outdoor activities designed to reconnect you with the natural landscape

DETAILS & PRICING:

DATES:

7 days / 6 nights
Year-Round

LOCATION:

La Clinique La Prairie
Montreaux, Switzerland

PRICING:

From 31,800 CHF based on single occupancy.
Pricing includes retreat programme and full board.





HIGHLIGHTS

During your 7 day programme, you can expect to experience the following treatments.

- The cutting edge CLP Longevity Master Assessment (LMA) including advanced laboratory tests, ceramides screening, chest x-ray, dental panoramic, abdominal ultrasound, electrocardiogram and high-tech skin analysis allows experts to fully assess your personalised needs.
- An exclusive revitalisation formula - CLP Extract - given in conjunction with bio-stimulants fights the effects of aging.
- Daily booster of HP-Cellular Active and a session of Revitalizing antioxidant injection.
- Vitamin therapy based on lab results and immuno-therapeutic supplement.
- Using LMA results, gain insight into your nutritional strengths and potential areas of improvement.
- With a DNA microbiota test, a specialised probiotic cure is created based on results.
- Private "Immuno-nutrition" workshop.
- Exclusive CLP Daily Protect Complex Treatment.
- Exclusive CLP Daily Sleep & Relaxation Complex.
- Exclusive CLP Daily Longevity Herbal Infusions.
- Neuro-wave stimulation session.
- Far infrared therapy.
- Highly Tailored Cellular Reset Facial Treatment.
- Cryotherapy.
- Revitalising body exfoliation.
- LMA based movement assessment to evaluate physical functionality and neuro-muscular health and mobility.
- Personal training session.
- Revitalising signature massage with anti-inflammatory treatment.
- Anti-inflammatory Clinique La Prairie menus.

CONTACT US

hello@maison-you.com

[@_maisonyou_](https://www.instagram.com/_maisonyou_) 

www.maison-you.com

The journey inward is the greatest adventure of all

WELCOME HOME

