



MAI
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YOU

WELCOME TO

MAISON YOU

CURATED RETREATS FOR A BETTER YOU

At MAISON YOU, we believe wellness isn't a luxury, it's a necessity. We're here to help you reconnect with yourself and rediscover what it means to be well.

Think of us as your personal wellness curators, whether you need stress relief, burnout recovery, or a gut health reset, we handpick retreats that foster deep, lasting transformation.

Let us guide you to the perfect retreat for YOU.



BEST RATES & PERKS

Guaranteed best rates at selected retreats worldwide, with upgrades, retreat credits, discounts and special experiences like spa treatments and personalized consultations.

EXCLUSIVE EXPERIENCES

Priority access to new or limited-edition wellness and brand experiences.

COMMUNITY FOCUS

A trusted community of expert curators - from wellness coaches to healers and industry visionaries - handpicking meaningful experiences just for you.

AT MAISON YOU, YOU ARE THE PURPOSE.



ERIRO

Eriro is a secluded alpine hide found in the Austrian alps. Grounded in simplicity and nature, it is a place where you can experience authentic mountain living. Drift away from everyday life, embark on a journey into yourself, to your origins, to the essentials.

Uninterrupted views across the mountain valley form the backdrop to a gentle luxury centred around local craftsmanship and natural materials. Meals are focussed on seasonal produce, embodying alpine tradition and local ingredients.

The spa gently stimulates the senses with the diversity of nature; the fine scent of herbs and hay on a summer's walk, the ethereal, earthy smell of autumn, the energising power of ice-cold mountain water: inspired by traditional wisdom of local herbalists and naturalists. Move through each pool, sauna and room exploring the experience of tranquility, calm and well-being.



**THE HIDE
SUMMER PROGRAMME**

eriro
Ehrwald, Austria

from 3 nights
May - September

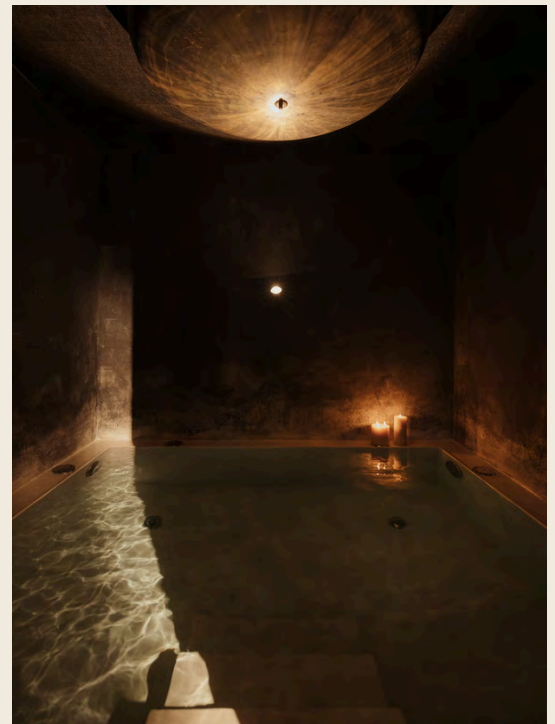
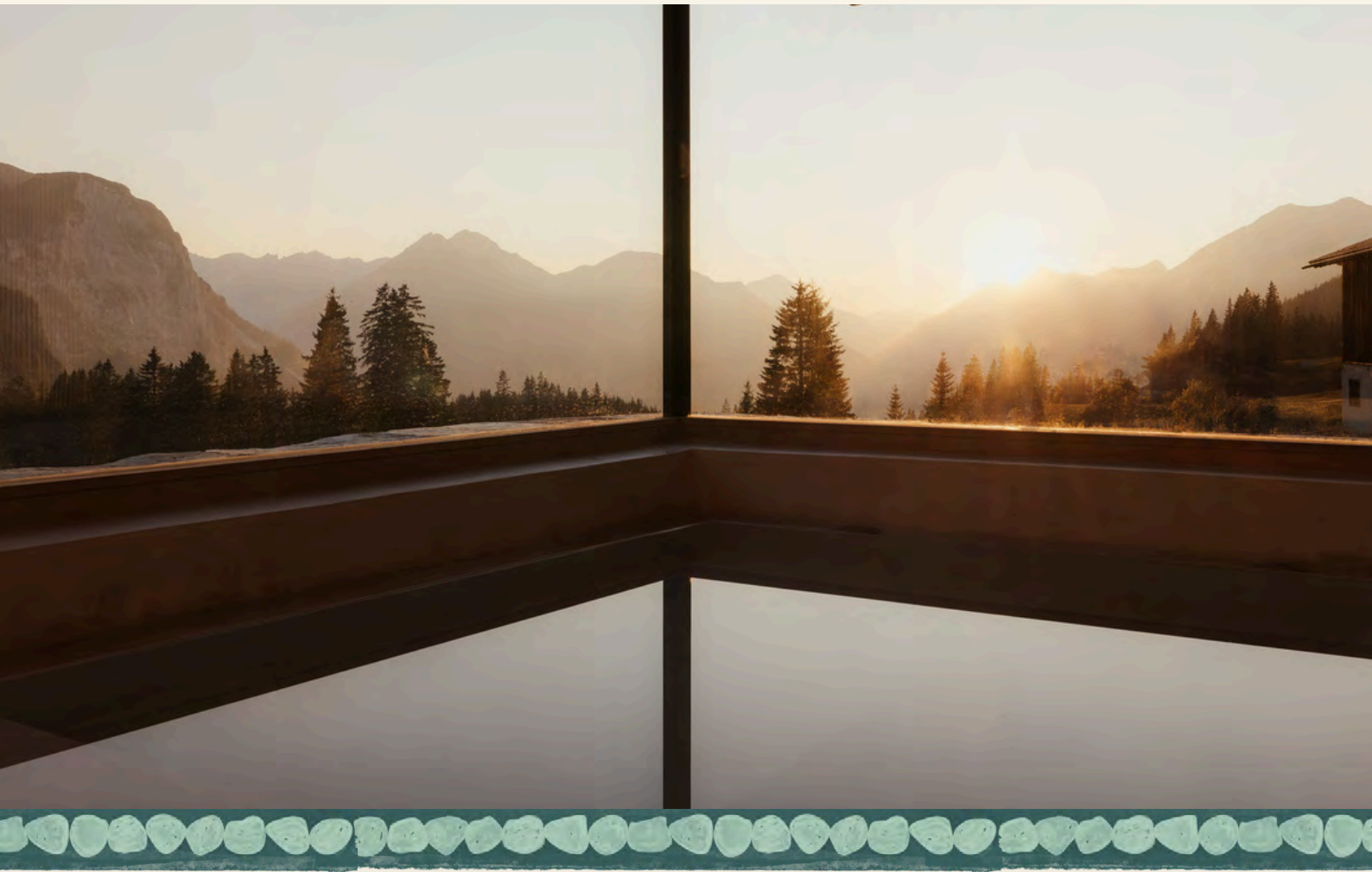
THE HIDE SUMMER PROGRAMME

A MOUNTAIN SUMMER
NOURISHED
HONEST
ROOTED



The Hide Summer Programme at the eriro Apline Hide is a three night experience of expansive mountains, nourishing cuisine and rejuvenating tranquility. Steps turn into thoughts. Pauses arrive on their own. Summer warmth rests over the alpine pastures; nature sets the pace.

This visit to the mountains encourages you to explore on foot and by mountain bike through the pine-scented forests. Experience traditional Tyrolean hospitality in naturally derived luxury, before soaking in the views, scents and sounds of the Sela, Taja and Sunna pools.



WHY IT STANDS OUT

As a boutique offering of nine suites, erio provides a feeling of exclusivity and calm. Rooms are not equipped with TV and WiFi is encouraged to be limited to assist switching off and slowing down.

Bathe in the Sala Sound Pool: Step through a narrow entrance into a cave-like dark space; settle into the comforting warm water before pulling a rope to ring the brass singing bowl and bask in the vibrations through the water.

Hewi Sound Room: Relax surrounded by sound at the same frequency at which Earth pulsates in the Hewi room, experiencing deep harmonisation.

Create in the Hantwerc-Atelier: The on-site craft allows you to create your own original piece of work from natural materials such as clay or wood.



KEY EXPERIENCES:

- Arrive by cable car, floating above the mountain valley and gliding into your retreat (subject to operation).
- Embrace nature with barefoot moss walks, invigorating sunrise hikes or mountain bike rides.
- Move through the spa with three pools; the absorbing singing bowl pool, the Japanese onsen and the panoramic pool with views across Tyrolean mountains.
- Mellow in the organic spruce sauna and then the Finnish sauna, making use of the infusions and self-applied peel treatments.
- Unwind in your favourite space, with a book or board games perfecting the art of doing nothing and appreciating the expansive views of nature.
- Embrace your creative side in the hantwerc-Atelier
- Nourish your body with hand-churned butter on freshly baked bread, homemade cakes and traditional meals made with locally sourced ingredients.

DETAILS & PRICING:

DATES:

from 3 nights / 4 days
May - September

LOCATION:

eriro
Ehrwald, Austria

PRICING:

From €5,400 in a BOUM Suite - based on two people sharing for 3 nights (€1,800 per night). Pricing includes full board and a wide selection of wines and local spirits (premium spirits are available at an extra charge), use of the spa and curated experiences.

YOUR MAISON YOU BENEFITS:

- \$100 hotel credit per stay
 - Priority upgrade at check-in*
 - Early check in/late check out*
- *subject to availability





A DAY AT ERIRO

6.00am - On Quiet Paths

Begin the day with a guided sunrise hike and watch the rays climb over the mountain ridges, with homemade snacks and herbal teas.

8.30am - Barefoot on the Grass

Back at eriro, one step from the terrace onto the still-damp meadow. Wildflowers open; their scent sits heavy and earthy in the morning as bees buzz busily.

9.00am - Breakfast without Haste

Homemade granola, sourdough bread with hand-churned butter and homemade jams. Fruit freshly picked in the valley.

10.00am - Unhurried Time

Permission to do nothing. A nap. A good book. Or simply sitting on the terrace, watching the day pass by.

1.00pm - Lunch

A light summer salad. Dumplings, the way they should be. Perhaps a slice of cake - a buchtel. It is a holiday, after all.

3.00pm - By Mountain Bike into the Wild

By mountain bike along alpine tracks, through forest passages, up and down. Movement without pressure, the gaze wide open. Swim in a mountain lake. Ice-cold, clear, alive. Sky-blue, meadow-green. Slip in, float, let the warmth of the day leave the skin. Senses awake like rarely before.

5.00pm - Arriving and Regeneration

The spa begins to call. The soft bubbling of the water, heavy eyelids on the loungers. In the hay room, on sound loungers floating once more, as if the mountain kept carrying on. Grandeur outside, calm within.

7.30pm - Dinner in Ezzan

The light turns more golden. The day comes to a close with a cuisine that tells the story of mountain summer: reduced, honest, rooted. And above all: nourishing.

9.00pm - Dusk

The sky becomes a great cinema. Alpenglow: the Zugspitze sinks into a deep red. A glass of cool Austrian white wine at the lips. A day that wanted nothing and yet gave everything

CONTACT US

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www.maison-you.com

The journey inward is the greatest adventure of all

WELCOME HOME

