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YOU

WELCOME TO

MAISON YOU

CURATED RETREATS FOR A BETTER YOU

At MAISON YOU, we believe wellness isn't a luxury, it's a necessity. We're here to help you reconnect with yourself and rediscover what it means to be well.

Think of us as your personal wellness curators, whether you need stress relief, burnout recovery, or a gut health reset, we handpick retreats that foster deep, lasting transformation.

Let us guide you to the perfect retreat for YOU.



BEST RATES & PERKS

Guaranteed best rates at selected retreats worldwide, with upgrades, retreat credits, discounts and special experiences like spa treatments and personalized consultations.

EXCLUSIVE EXPERIENCES

Priority access to new or limited-edition wellness and brand experiences.

COMMUNITY FOCUS

A trusted community of expert curators - from wellness coaches to healers and industry visionaries - handpicking meaningful experiences just for you.

AT MAISON YOU, YOU ARE THE PURPOSE.

TIERRA FARO

Tierra Faro emerges from Palomino where rainforest meets ocean, with views towards the Sierra Nevada Santa Marta, a mountainous region and sacred territory known by living ancestral communities as "The Heart of the World".

As a boutique, retreat-focused offering, the experience at Tierra Faro centres on carefully curated moments of encounter between the human and the sacred: integrating ancestral wisdom and contemporary tools with respect, to bring the expansion of consciousness - clearer perception of oneself and of reality - into everyday life.

With contemporary yet intimate accommodation, the spaces are designed to offer safety, calm and the necessary conditions to sustain processes of deep introspection.





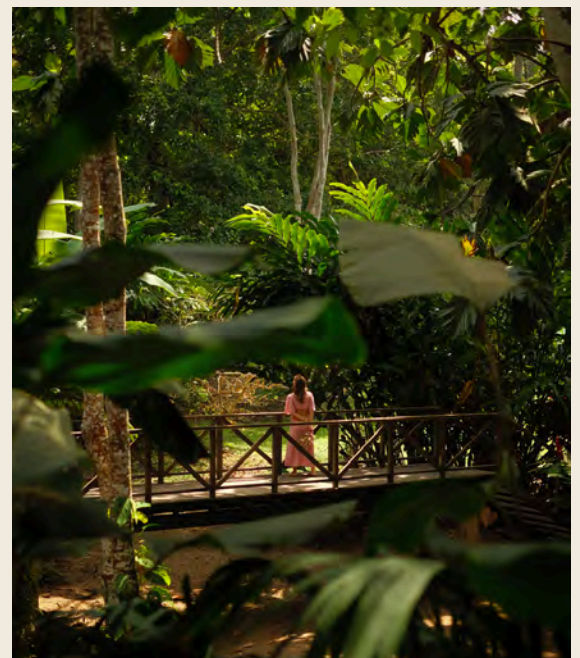
THE VOICE OF YOUR INTUITION

STRENGTHEN YOUR INNER VOICE
DEEPEN SELF-EXPLORATION
CONNECT WITH INTUITION



The Voice of Your Intuition offers a safe space to engage in expanded states of consciousness; to listen to what lives in your unconscious and discover, within yourself, your own answers.

During your stay you will take part in purification rites with ancestral medicines; practise yoga and sound therapies including medicine songs under the stars. Mindful walks and tubing down Don Diego river will immerse you in the rainforest.



WHY IT STANDS OUT

Created to help us understand our behaviours more deeply, this programme unlocks emotions, helps to change perspectives and empower with confidence and serenity.

- **Purification Rites:** Experience ancestral medicines from the local area including rapé (sacred tobacco), kâmbó ceremony and vibration therapy. These medicines are a direct path from thought to heart.
- **Niños Santos Ceremony:** Using sacred mushrooms and ceremonial cacao alongside ancestral sounds, prepare for deep introspection and emotional release.
- **River Tubing:** To integrate the experience, a silent walk through the forest precedes floating peacefully down the river to the sea.



KEY EXPERIENCES:

- Embrace the sights and sounds of the tropical jungle or the gentle rolling of the Caribbean Ocean.
- Practice slow yoga and sound bathing to release tension.
- Participate in a Kogui Pagamento ritual to the Earth and set intentions with the Obsidian Pipe.
- The Kámbo Ceremony purifies the body and releases physical toxins, mental blockages and emotional densities; preparing the body and mind for psychoactive medicine.
- The Niños Santos Ceremony offers the potential for intense bodily sensations, symbolic visions, memories or deep emotions and moments of profound connection with nature, the body and life.
- Take part in guided work spaces with plants and medicines in circles with professional assistance.

DETAILS & PRICING:

DATES:

4 nights
25 - 29 September, 2026

LOCATION:

Tierra Faro
Palomino, Colombia

PRICING:

€1,700 includes luxury shared accommodation, full board and all programme activities.

YOUR MAISON YOU BENEFITS:

- A welcome gift which includes items from Tierra Faro's cocoa brand, to assist with future ritual practice
- The opportunity for an exclusive tour of Palomino with founder María Mónica on 18th August, including a further session in a special off-site location.





ITINERARY

Day One

Your arrival is grounded with yin yoga and a gong sound session. An offering is made to the Earth before declaring intentions and closing with the Obsidian Pipe (tobacco).

Day Two

The body and mind is prepared and purified to open space through an energetic cleansing with smoke of Copal and herbs, Rapé and Sananga, before a Kambô Ceremony to detox the body.

In the afternoon, enjoy the vibrations of the Gong and Tibetan singing bowls, inviting deep states of relaxation. This is followed by a river bath and a sharing circle of kind words.

Day Three

This day invites you to look inward. Beginning with hatha yoga and meditation before the sacred mushroom and cacao ceremony to reconnect with the meaning and tenderness of life.

The day ends with a sacred fire and medicine music.

Day Four

A time for integrating your learning and allowing the medicine to settle in the body. A silent walk through the forest enables the recognition of feelings and thoughts, before peacefully floating down the Don Diego river until it meets the sea.

The remaining day is for rest and contemplation, before a free movement, breathing and cacao session to soften and harmonize the body.

A celebration dinner completes the experience.

CONTACT US

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The journey inward is the greatest adventure of all

WELCOME HOME

