



# MAI SON YOU

WELCOME TO

# MAISON YOU

## CURATED RETREATS FOR A BETTER YOU

At MAISON YOU, we believe wellness isn't a luxury, it's a necessity. We're here to help you reconnect with yourself and rediscover what it means to be well.

Think of us as your personal wellness curators, whether you need stress relief, burnout recovery, or a gut health reset, we handpick retreats that foster deep, lasting transformation.

Let us guide you to the perfect retreat for YOU.



### BEST RATES & PERKS

---

Guaranteed best rates at selected retreats worldwide, with upgrades, retreat credits, discounts and special experiences like spa treatments and personalized consultations.

### EXCLUSIVE EXPERIENCES

---

Priority access to new or limited-edition wellness and brand experiences.

### COMMUNITY FOCUS

---

A trusted community of expert curators - from wellness coaches to healers and industry visionaries - handpicking meaningful experiences just for you.

AT MAISON YOU, YOU ARE THE PURPOSE.



## THE MAYBOURNE RIVIERA

The striking modernist architecture of The Maybourne Riviera emerges from the rocky peninsula of Roquebrune-Cap-Martin as if forging its way into the glistening Mediterranean Sea. Perfectly positioned near Monaco, enjoy plunging views out to the azure waters.

The Maybourne Riviera hosts a wide variety of restaurants and bars, allowing you to choose your dining experience to suit your style; from a formal culinary journey at the Riviera Restaurant; to rooftop New York flair at ABC Kitchens; or chic coastal charm at La Môme with sunset DJ sets.

Alongside immaculate design, comfort and nourishment is Surrenne Riviera: the hotel's next-generation wellbeing destination, where sea meets sky. Designed by Michelle Wu, each floor blends contemporary elegance with healing rituals, spa origins, and cutting-edge science to redefine wellness on the Côte d'Azur.



**SURRENNE WELLNESS RETREAT**

The Maybourne Riviera  
France

3 nights or 2 nights  
October or November 2026



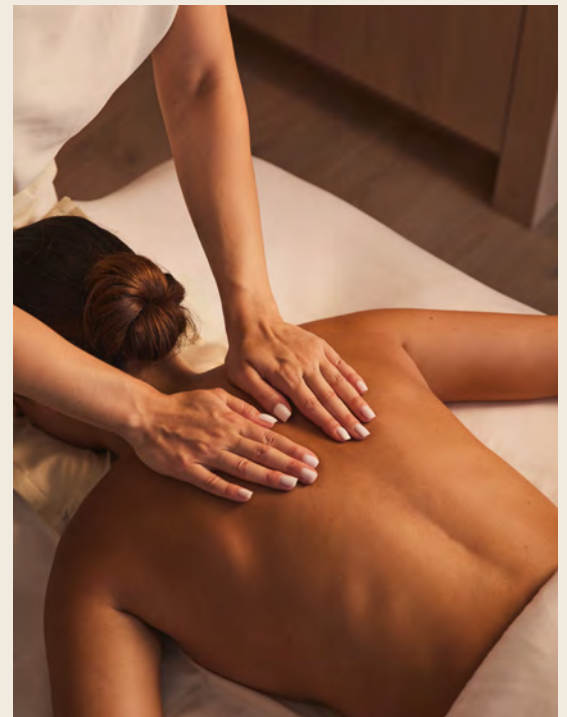
# SURRENNE WELLNESS RETREAT

SLOW THE PACE AND RETURN TO YOURSELF



Suspended between the azure sky and the Mediterranean Sea, this coastal sanctuary draws on the elemental power of water to uplift, enlighten and heal - honouring the natural world as a source of ritual and restoration. Here, inner stillness and outer radiance flow together, in cadence with the tide.

These autumn escapes at The Maybourne Riviera are centred around nature, nutrition and movement; helping to slow the pace and return you to yourself. Surrenne offers an immersive journey where pioneering science seamlessly blends with the wisdom of nature to help you feel at your very best, long after you leave.



## WHY IT STANDS OUT

Designed with impeccable attention to detail, every element of your stay is beautifully curated and set to the breathtaking backdrop of the Cote D'Azur from sunrise to sunset.

- **Personalised Treatments:** Unique treatments include a slimming ritual using lymphatic drainage and relieving water retention, or the biosculpt facial combining LED and EMS stimulation boosting cellular regeneration.
- **One to One Fitness:** With advanced body composition analysis, understand your strengths and weaknesses to support your training.
- **Daily Movement Rituals:** Practice intention-setting, sound healing and meditation, and embrace cold-water immersion.



## KEY EXPERIENCES:

- Two or three (depending on your length of stay) personalised treatments at Surrenne Riviera
- A bespoke anti-inflammatory dining menu for breakfast, lunch and dinner
- A one-to-one fitness consultation with an advanced body composition analysis
- A lagree class
- Guided breathwork followed by contrast therapy circuit
- Daily movement rituals which includes intention-setting, sound healing and meditation, coastal walk and cold-water immersion
- Personalised supplementation plan
- Use the spa facilities including the infinity pool, sauna, cold plunge and gym at your leisure
- Join a group yoga, spinning or pilates class
- Take a trip to the exclusive beach club and relax to the sounds of the sea

## DETAILS & PRICING:

### DATES:

3 nights / 4 days  
16<sup>th</sup> - 19<sup>th</sup> October 2026

2 nights / 3 days  
13<sup>th</sup> - 15<sup>th</sup> November 2026

### LOCATION:

The Maybourne Riviera,  
Roquebrune-Cap-Martin, France

### PRICING:

3 nights in October from €7,710 - based on two people sharing a Sea View Studio or €5,055 for single occupancy.

2 nights in November from €6,400 - based on two people sharing a Sea View Studio or €4,000 for single occupancy.

Pricing includes retreat programme, accommodation, meals and arrival transfer from the Nice area.

### YOUR MAISON YOU BENEFITS:

- Welcome gift
- Champagne on arrival



The journey inward is the greatest adventure of all

WELCOME HOME

