



MAI SON YOU

WELCOME TO

MAISON YOU

CURATED RETREATS FOR A BETTER YOU

At MAISON YOU, we believe wellness isn't a luxury, it's a necessity. We're here to help you reconnect with yourself and rediscover what it means to be well.

Think of us as your personal wellness curators, whether you need stress relief, burnout recovery, or a gut health reset, we handpick retreats that foster deep, lasting transformation.

Let us guide you to the perfect retreat for YOU.



BEST RATES & PERKS

Guaranteed best rates at selected retreats worldwide, with upgrades, retreat credits, discounts and special experiences like spa treatments and personalized consultations.

EXCLUSIVE EXPERIENCES

Priority access to new or limited-edition wellness and brand experiences.

COMMUNITY FOCUS

A trusted community of expert curators - from wellness coaches to healers and industry visionaries - handpicking meaningful experiences just for you.

AT MAISON YOU, YOU ARE THE PURPOSE.



THE COLLECTIVE AT SON ERMITÀ

Claire Vero founded The Collective after experiencing first-hand the impact of burnout. Her retreats are designed for women with an interest in business, to help them rebalance their minds, reconnect with their hopes, revitalise their bodies and return home feeling grounded, restored and inspired.

The Collective have selected the exclusive villa of Son Ermità for a special Restorative Retreat set within an extraordinary 800-hectare private estate. The stunning hilltop location is situated in Menorca's wild and lesser-known north where rugged countryside views meet the secluded coastline in breathtaking beauty.

This exclusive retreat for 15 women at Son Ermità offers a sanctuary for women who appreciate luxury in its purest expression: where silence is broken only by birdsong, the pace softens, and true privacy is not a rarity but a given.

Enjoy beautiful soundings alongside exceptional practitioners to guide you in finding your reset and refresh.





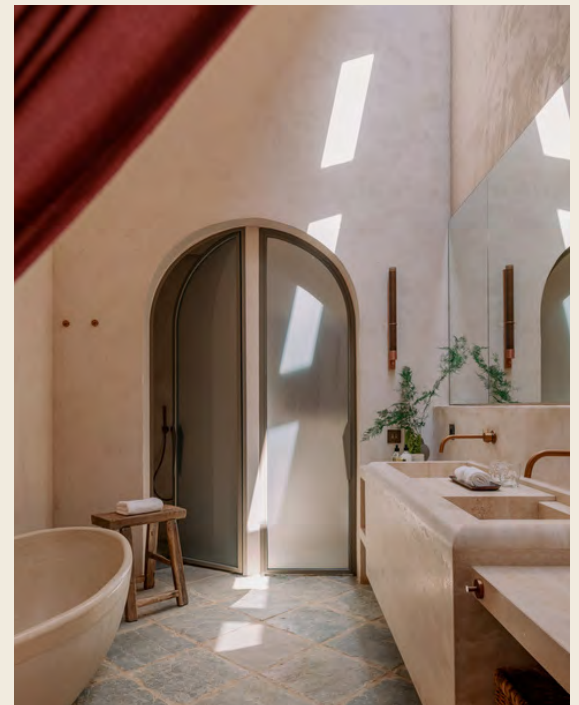
THE RESTORATIVE RETREAT

FOR WOMEN IN BUSINESS TO STEP AWAY FROM THE NOISE



Over three nights and four days, you'll be gently guided through a thoughtfully curated retreat experience designed to restore, inspire and reconnect. Days will include expert-led movement sessions, soul-soothing sound healing ceremonies and deeply restorative treatments, balanced with generous pockets of spacious time to simply be

Expect to find space to slow down, exhale, reflect and expand - surrounded by meaningful conversation, nourishing practices and a beautiful sense of ease. As evening falls, you gather for candlelit suppers, bringing each day to a close with warmth, connection and intention.



WHY IT STANDS OUT

Created exclusively for women with an interest in business, this retreat is an invitation to pause from the noise, ground back into yourself, and connect with like-minded women walking a similar path.

- **Yoga:** Led by Rachael Richards, a former lawyer turned experienced yoga teacher and breathwork facilitator whose lessons are rooted in a deeply embodied, mindful approach. At least once a day, Rachel encourages students to return to themselves with gentleness and awareness.
- **Energy, Reiki and Tarot:** Skip a 6-month wait list for a private session with Mandy Maxted combining crystal healing, Reiki and psychic readings.
- **Relax:** Plentiful opportunities for free time to spend on yourself; whether reading, sleeping, walking or enjoying carefully curated treatments.



KEY EXPERIENCES:

- Slow down to island time; with plentiful free time to read, nap, chat or explore as you please
- Start each day with intention, gentle yoga and breathwork
- Swim in the turquoise Mediterranean ocean on a beach trip, or on the private charter boat tour
- Book a treatment with Paola Pellegrino, where each facial experience is meticulously curated, blending traditional Japanese lifting massage with the subtle power of crystals, cupping, gua sha, Indian head techniques and Dien Chan reflexology
- Enjoy a private session with psychic medium Mandy Maxted, a Reiki Master Teacher, Crystal Healer and holistic practitioner with a lifelong connection to spirit
- Indulge in the Sound Ceremony, blending sound healing frequencies, meditation and energetic guidance
- Meet like-minded women to share your journey with
- Savour fresh, healthy eating with traditional and local Mediterranean food

DETAILS & PRICING:

DATES:

3 nights / 4 days
12th - 15th October 2026

LOCATION:

Son Ermità
Menorca, Spain

PRICING:

£4,200 for a single occupancy suite or £2,500 per person for a twin suite to share between friends.

Price includes transfers from Mahon Airport (for specific flight times only), full programme of activities (excluding treatments) and all inclusive food and non-alcoholic drinks, as well as two glasses of local wine with each evening meal.

YOUR MAISON YOU BENEFITS:

- Complimentary treatment





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This programme offers a glimpse into the rhythm of your days on retreat with The Collective:

Day One

- Arrive from 10am - rooms available from 3pm
- Welcome lunch at 12.30pm
- Free time to swim, read, nap or enjoy a treatment; facial, body massage, Indian head massage, Tarot or Reiki
- Opening Circle - an introduction to movement and breath, intention setting, Vinyasa and Restorative Yin
- Supper under the stars with seasonal, sustainable and unmistakably Mediterranean food

Day Two

- Morning refreshments with specialty infusion teas or barista-prepared coffees
- Root to Rise Flow morning yoga
- Breakfast
- Beach trip with wild swimming, paddle boarding and snorkelling
- Free time to read, nap, swim or enjoy a treatment
- Lunch
- Restorative yoga
- Supper

Day Three

- Morning refreshments
- Flow and Release morning yoga
- Breakfast
- Optional activity (at extra cost) - private boat charter along the coastline, enjoying dips in the luminous blue waters, with a Son Ermita prepared picnic lunch
- Alternatively, a picnic lunch under the olive trees
- Sound Ceremony
- Fire Ceremony with closing circle and drinks
- Supper

Day Four

- Morning refreshments
- Flow and Release morning yoga
- Group swim
- Breakfast
- Free time
- Room check out at 12pm

CONTACT US

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www.maison-you.com

The journey inward is the greatest adventure of all

WELCOME HOME

