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WELCOME TO

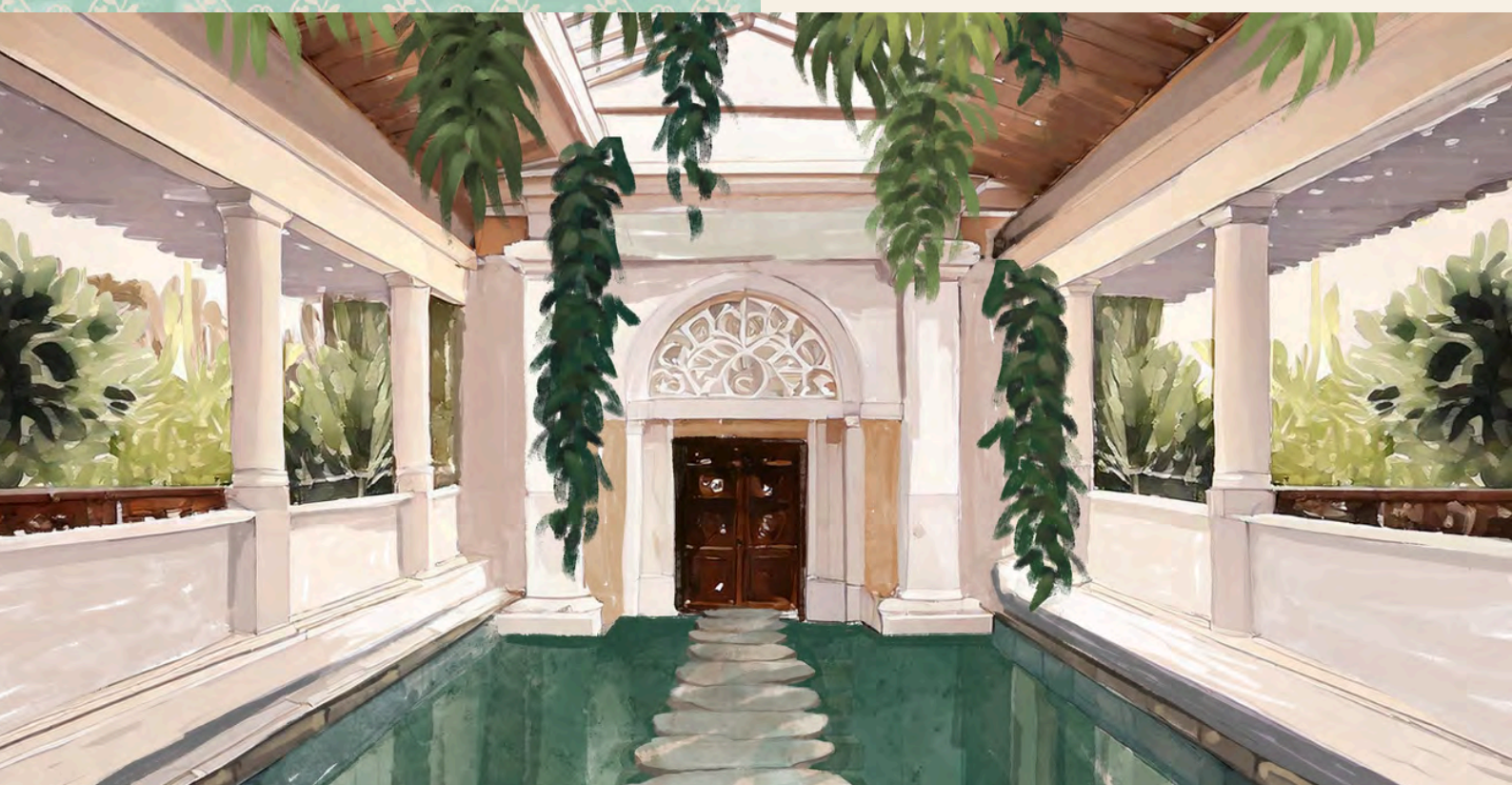
MAISON YOU

CURATED RETREATS FOR A BETTER YOU

At MAISON YOU, we believe wellness isn't a luxury, it's a necessity. We're here to help you reconnect with yourself and rediscover what it means to be well.

Think of us as your personal wellness curators, whether you need stress relief, burnout recovery, or a gut health reset, we handpick retreats that foster deep, lasting transformation.

Let us guide you to the perfect retreat for YOU.



BEST RATES & PERKS

Guaranteed best rates at selected retreats worldwide, with upgrades, retreat credits, discounts and special experiences like spa treatments and personalized consultations.

EXCLUSIVE EXPERIENCES

Priority access to new or limited-edition wellness and brand experiences.

COMMUNITY FOCUS

A trusted community of expert curators - from wellness coaches to healers and industry visionaries - handpicking meaningful experiences just for you.

AT MAISON YOU, YOU ARE THE PURPOSE.



SPINOZA

Spinoza was founded with a mission to reconnect people with nature, offering tools and techniques to transform the mind and connect with the body in order to access a deeper intuitive intelligence.

Through meditative practices, music experiences and the transformative power of natural psilocybin, Spinoza have guided thousands of individuals on a journey of self-discovery that has radically altered their lives for the better.

Hosted in a carefully crafted Yurt in the peaceful woods of Maarn, this Psilocybin Nature Retreat is where ancient wisdom meets modern science in a unique and fully legal experience. Embrace the magic of ceremony first hand with the love and support of expert guides and therapists.



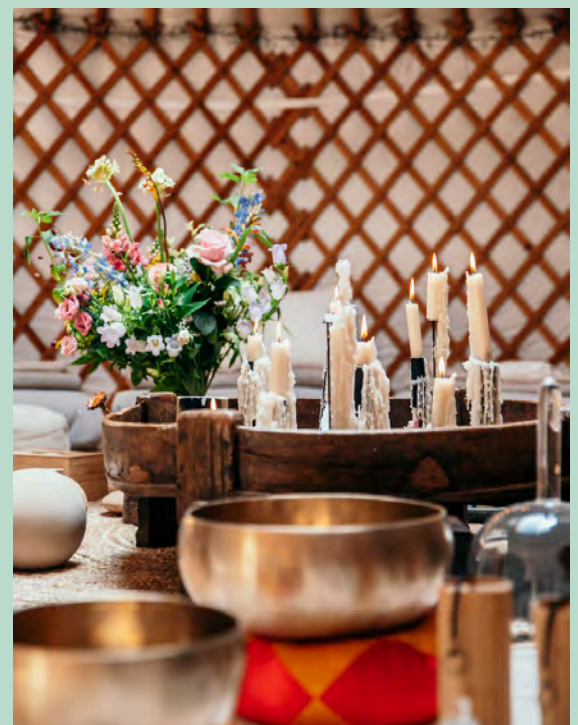


PSILOCYBIN NATURE RETREAT

A PROFOUND AND MEANINGFUL JOURNEY



This retreat offers a shared experience of exploration, growth and profound realisations. The use of psilocybin allows you to delve into the depths of consciousness and fosters a deep sense of connectedness with existence, all the while supported by experienced and compassionate guides.



Preparation is key with safe use of psilocybin, and Spinoza have crafted this three week science-backed program to ensure your comfort during the retreat itself. The Yurt which hosts this special experience has been designed in neutral tones as a safe cocoon nestled in the forest. A balanced group of like-minded people can be hosted at one time, with a maximum of 11 participants.



WHY IT STANDS OUT

Whether you're completely new to psilocybin and want to explore them in a safe, responsible way; or you're seeking a deeper, more profound experience, this program is designed to meet you where you are.

- **Preparation Workshop:** During an online workshop you'll meet your guides and fellow participants. The briefing ensures you have all the knowledge and skills to confidently start your psilocybin journey.
- **Personalised Dosing:** The ceremony is designed as a deep dive, generally offering a dose of 21 grams of fresh truffles or more. However, dosing is highly personal and you will be consulted individually ahead of time to determine which dose suits your intention best.



KEY EXPERIENCES:

- Feel supported before, throughout and after your unique journey with psilocybin with expert guides
- Reconnect with nature in the lush forest and disconnect from the pressures of modern life
- Settle into the cosy simplicity of the Yurt
- Drift into a profound sense of being and exploration with your personalised dosage of psilocybin
- Enjoy a freshly prepared vegan dinner to nourish your body before a deep sleep

DETAILS & PRICING:

DATES:

1 night
10 - 11th October 2026
28th - 29th November 2026
12th - 13th December 2026

LOCATION:

The Yurt
Buurtsteeg, Maarn, Netherlands

PRICING:

€1,198 includes retreat program, shared accommodation, dinner, breakfast, drinks and snacks.

YOUR MAISON YOU BENEFITS:

- Additional consultation with Maarten before or after the retreat





OVERVIEW

The Psilocybin Nature Retreat is a three week science-backed programme which includes two online workshops ahead of a one-day and one-night experience. This comprehensive preparation prioritises your wellbeing and personal growth, helping you understand the process alongside ensuring a safe and legal journey with psilocybin.

The psilocybin ceremony takes place in the beautiful woods of Maarn, where you'll meet your guides and fellow participants in person. Together you'll begin with a grounding walk through the forest, followed by breathwork, meditation and gentle movement before entering the yurt for the ceremony.

Inside the intimate setting of the yurt, you'll embark on a carefully held 5-6 hour journey, supported throughout by experienced and compassionate guides. Live music will accompany the experience, creating a deeply immersive and supportive atmosphere.

Afterward, you'll enjoy a nourishing three-course freshly prepared vegan dinner and spend the night in the comfort of the yurt, allowing time for rest and reflection.

The following morning begins with a peaceful walk in the forest before a fresh and wholesome breakfast. After this will be a gathering to reflect on and integrate your experience in a supportive group setting.

Once you are home, Spinoza provide an integration workshop to help you process and make sense of your insights. Each workshop is thoughtfully crafted and lasts two hours, ensuring you have ample support throughout your journey.

CONTACT US

hello@maison-you.com

[@_maisonyou](https://www.instagram.com/_maisonyou)



www.maison-you.com

The journey inward is the greatest adventure of all

WELCOME HOME

