

Job Title	Menopause & Hormone Health Specialist
Team / Department	Clinicians
Reporting to	Clinical Lead
Location:	Stratford-upon-Avon
Contracted Hours	3 days per week (24 hours per week)
DBS Check Required	Enhanced DBS
Last updated	January 2026

Our Vision and Mission

Our Vision:

Improving the health, wellbeing, and lives of all women

Our Mission

We listen, educate, empower, and enable women to have choice and control over their wellbeing. Our approach is inclusive, innovative, and evidence-based, using the latest research and clinical expertise to deliver personalised care.

What's Unique About Newson Clinic

At Newson Clinic, the depth of support we offer our team sets us apart. We prioritise continuing CPD and career growth, providing structured opportunities to expand clinical knowledge, gain new skills, and contribute to both public and professional education initiatives.

Clinicians who join us don't just deliver care, they become part of a wider community where learning, development, and sharing expertise are actively encouraged. Being involved in Newson Clinic means shaping the future of healthcare while accelerating your own professional journey.

About Us

Newson Health Limited is a CQC-registered menopause and wellbeing centre established in 2018, dedicated to the care of perimenopausal and menopausal women, as well as women with PMS and PMDD.

You'll join a team of skilled specialists, providing first-class care in a dynamic, growing organisation.

Role Overview

As a Menopause & Hormone Health Specialist, your primary focus will be providing patients with support and advice. You will also collaborate closely with your admin team and other clinicians to ensure seamless patient care.

Your Responsibilities

- Deliver high-quality consultations and personalised treatment options.
- Respond to patient queries outside of consultations in a timely manner.
- Follow clinic prescribing guidelines, pathways, policies, and templates.
- Operate within the Clinical Governance framework, proactively managing risks and significant events.
- Work effectively with your administrative support team.
- Promote a culture of learning, improvement, and feedback sharing.
- Attend clinical and team meetings, conferences, and events.
- Complete mandatory training.
- Prescribe medication according to guidelines.
- Undertake additional responsibilities as the clinic evolves.

The above list of responsibilities is not exclusive or exhaustive and the post holder will be required to undertake such tasks as may reasonably be expected within the scope and grading of the post.

Skills & Knowledge

Clinical Expertise

- MRCGP Qualified
- GMC registered
- 3-5 years' post-qualification experience, including work within the NHS
- Menopause experience
 - Ideally, experience in broader hormone health
 - Ideally have completed the Confidence in Menopause course
- Passion for menopause and hormonal health.
- Confident in prescribing HRT, understanding benefits and risks.
- Commitment to continuous professional development.
- Demonstrates a strong and reliable employment history within primary care

Development & Behaviours

- Positive attitude to learning and teamwork.
- Brand ambassador for Newson Health's vision and values.
- Empathetic, sensitive, and efficient.
- Maintains excellent clinical records and high professional standards.
- Proactive in improving service delivery.

Management & Non-Negotiables

- Excellent time management and productivity.
- Upholds quality, patient safety, and the clinic's reputation.
- Open culture, great communication, and high trust.

Skills, Experience & Personal Attributes

- Ability to manage a high volume of patients with varying needs.
- Effective time management balancing patient care with efficiency.
- Appreciation of the impact of clinical services on financial health.
- Positive, adaptable, and solution-oriented.
- Emotional resilience and resourcefulness.
- Strong problem-solving skills and curiosity about clinic initiatives.

Our Values and Behaviours

Humanity

We listen to and aim to understand each individual's needs with empathy, compassion and respect. By supporting you, we ensure you are not alone and have the information you need to make informed decisions about your health and wellbeing.

We speak openly and kindly and always try to see things from others' point of view. We do everything we can to ensure working with us is enjoyable and straightforward. We are passionate about helping people and we celebrate achievements and successes - no matter how small. Our work is more than a job to us, and we approach all tasks with optimism, enthusiasm and care.

Innovation

We do not stand still. We believe we can always improve and are always exploring and embracing new methods and approaches in order to overcome barriers, taboos and inequalities facing women's health.

We have a progressive approach, we welcome feedback on our performance, and we see it as an opportunity to improve. We are always open minded when it comes to trying new things and we are empowered to highlight better ways of working. We want to keep learning and we find ways to overcome barriers. We take responsibility for making things happen and view every day as an opportunity to progress.

Inclusivity

We know that everyone is unique and that our support needs to be personalised. We believe in accessibility for everyone regardless of their gender, race, the language they speak, their location or living situation. Support is open to not just women but their entire support network of friends, family, partners and colleagues.

We make everyone feel welcome and involve people as we know that no one person always knows best. We build strong relationships and nurture understanding by being warm and approachable, listening carefully to others and asking interested and relevant questions. We use language that is easily

understood and ensure everyone is represented. We strive to make sure people are heard.

Integrity

We respect each other and women everywhere. By being open, honest and straightforward, we develop trusted relationships and we always do the right thing. We maintain the highest quality across every element of our work. We believe in making a difference for women everywhere.

We act on evidence and without bias. We share our knowledge and communicate clearly. We help our colleagues by ensuring they have all of the support and information that they need. We know that working as a team makes us stronger and we treat everyone as an equal with respect and empathy. When we say we will do something, we do it.