

What's Happening in the Workplace Now

*Based on survey findings
from 115 workplace
professionals across HR,
office management, and
employee experience.*





We surveyed 115 workplace professionals to cut through the noise and figure out what's actually happening in offices right now. The results told us something we didn't expect.

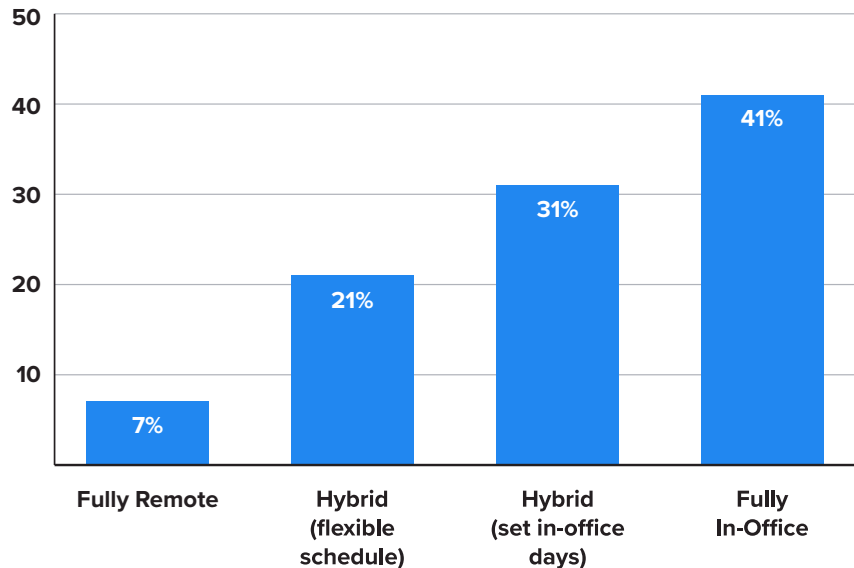
Companies have moved from reactive pandemic policies to intentional workplace strategies. Some are bringing everyone back, others are doubling down on flexibility, and many are somewhere in between. But they're all wrestling with the same challenge of how to create a space people genuinely want to use.

The Current Workplace Reality

Most Companies Are Still Figuring Out the Work-From-Home Thing

This might surprise people who thought remote work had permanently transformed every workplace. Turns out, many organizations have decided to slowly bring employees back onsite. This was a significant increase from our 2024 survey report, where only 17% of respondents reported being onsite full time.

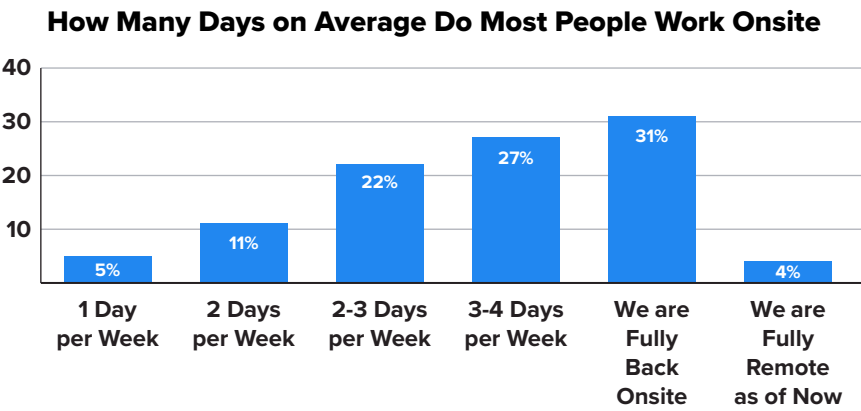
What Best Describes Your Current Workplace Model?



2x
INCREASE
ONSITE
from 2024

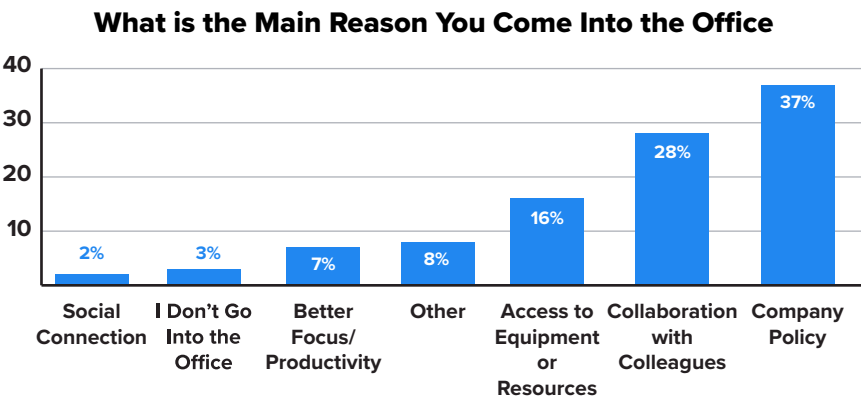
People Are Coming to the Office More Than You'd Think

Physical offices aren't going anywhere. A third of employees work onsite five days a week, while 27% maintain a 3-4 day office presence. Even in hybrid setups, most people spend 2-3 days in the physical workspace. This shows that face-to-face work still drives real business value.



Why People Actually Show Up

While policies set baseline expectations, human connection is the real driver of voluntary attendance. Organizations that position office time around collaboration and innovation see higher engagement and more people onsite.

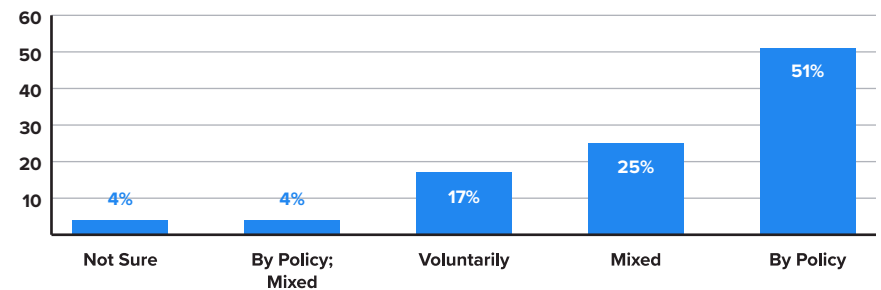




How Companies are Handling Attendance

Most companies aren't leaving office attendance to chance. Over half have clear policies about when people need to be onsite, while only 17% trust employees to figure it out themselves. The remaining quarter take a situational approach, probably the smartest move since it lets teams adapt based on actual work needs rather than arbitrary rules.

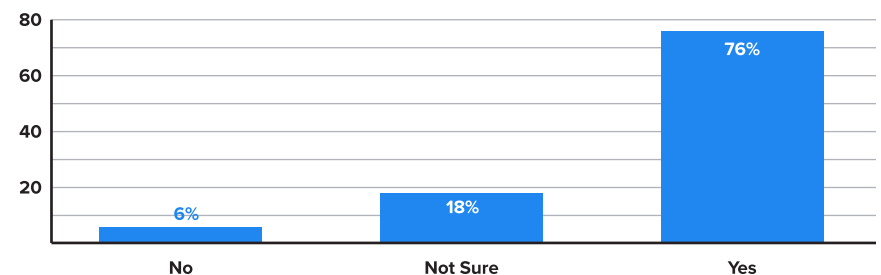
Do People at Your Workplace Come In Voluntarily or By Policy?



Office Locations Aren't Going Anywhere

76% of companies plan to stay put in their current locations next year. This tells us most organizations have made peace with having physical offices, they just need to make them better. Now's the time to invest in making your space actually good, not just adequate.

Do You Expect to be Working From the Same Office/Location a Year From Now?



AI is Still the Wild West

Here's where things get interesting, current AI adoption in the workplace. Data largely stems from our HR audience who filled out our survey.

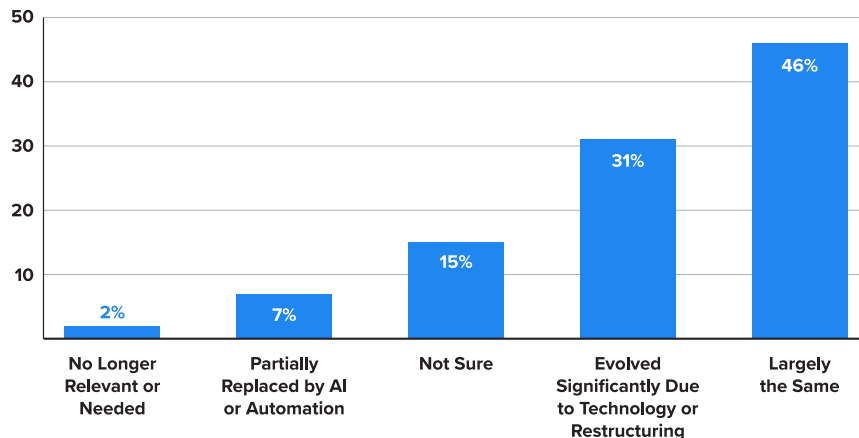
The low adoption shown in our survey results is interesting. Companies using AI effectively are seeing up to 40% productivity gains according to [PwC](#), but based on our survey, most respondents are still sitting on the sidelines.

What our Survey Respondants Believe is Coming

This mixed outlook means organizations have a real opportunity to shape the narrative through proactive communication rather than just reacting to whatever happens. [The World Economic Forum](#) predicts nearly half of essential job skills will change significantly by 2027. Whether employees see it coming or not, change is happening fast.

The takeaway? Invest in training now. Focus on adaptability, tech skills, and the human stuff AI can't do.

Where Do You Think Your Current Job Will Be in 5 Years?



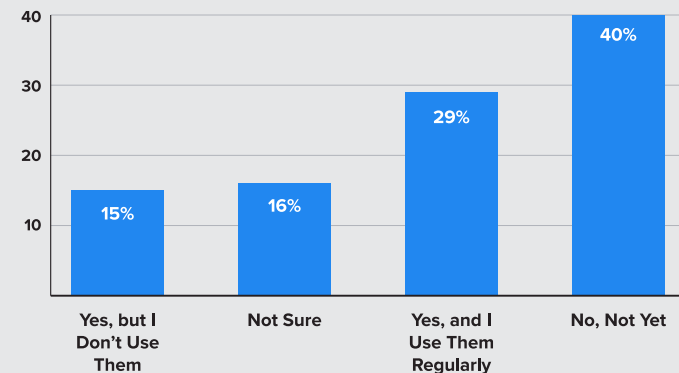
✦ What can I help with?

Are companies introducing AI tools that impact employees work?

JD

✦ A 2025 survey by Fooda says:

Has Your Company Introduced AI tools that impact how you Work?



What Actually Matters to People

When we asked what would make the office experience better, people were pretty clear:

- Better snacks and drinks (this came up a lot)
- Food that isn't that terrible and has some variety
- Flexible schedules that account for work-life balance
- Quiet spaces where they can actually concentrate
- Comfortable places to take a break

Companies that nail these basics will see real improvements in engagement and retention.



What You Can Do Today



Stop fighting hybrid work. Embrace it, but be clear about expectations. Give people flexibility within reasonable boundaries.



Get serious about AI. Start with pilot programs, train people properly, and address their concerns head-on. Don't just buy tools and hope people figure it out.



Make the office worth the commute. Listen to what employees want and actually invest in it. Good coffee, decent food, spaces that work for different types of work.



Keep talking to your people. Set up regular feedback loops and actually respond to what you hear. Show them their input matters.

80%

of employees say they
feel more enthusiastic
about work when their
company provides lunch

**That's not just a perk.
That's culture in action.**

Food is the Real Competitive Advantage

Across the country, companies are rethinking what makes a great workplace. And more often than not, food is at the center of it. Because the workplace has changed - and food is what draws people back.

**Food is how people connect.
Take a break. Catch up. Reset.**

At Fooda we are all about turning lunch into meaningful moments that build culture, spark connection, and support local.

We partner with more than 2,500 restaurants in dozens of cities across the U.S. and have served over 100 million meals (and counting). Whether you're a startup or a Fortune 500, Fooda makes workplace meals feel fresh, local, and effortless to manage.

And Fooda is unlike other food service providers. Why? We focus deeply on the local community - the vast majority of our restaurant partners are independently owned. We focus on experience - inviting restaurant owners, chefs, and staff inside your workplace to serve their food and make meaningful community connections. And we have developed cutting edge technology that seamlessly manages the complex logistics of feeding people across the country.

Ready to make your workplace experience actually worth the commute?

At Foda, we've seen how the right approach to workplace food can transform culture, engagement, and day-to-day satisfaction. Because when you get the fundamentals right, everything else follows.

Learn more about our workplace food solutions





**Talk to Fooda to
learn more.**

fooda.com/contact-us