

Dolce Vida Medical Spa

## PRECARE BOTOX & XEOMIN:

01

Avoid alcoholic beverages at least 24 hours prior to treatment (alcohol may thin the blood increasing the risk of bruising). Avoid red wine for one week prior to injections.

02

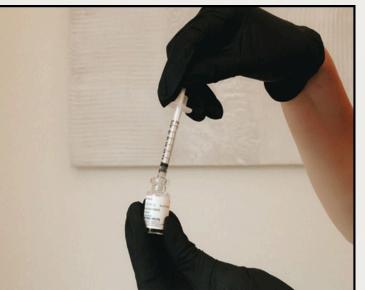
Avoid anti-inflammatory/blood thinning medications for one week prior to injection, Medications and supplements such as aspirin, fish oil, vitamin E, ibuprofen, and other NSAIDS, all thin the blood and can increase bruising/swelling after injections.

03

Be sure to check with your primary care physician before stopping any medication, especially if you are taking it for cardiac or vascular reasons.

04

Schedule Botox or facial filler appointments at least 4 weeks prior to an upcoming event (i.e. wedding, reunion, vacation etc.) to avoid any chance of being bruised for the event.







## POSTCARE BOTOX & XEOMIN:

01

Do not lay down for 2 hours after injections.

02

Make facial expressions for quicker onset.

03

It can take up to 14 days to fully see final results.

04

No facials or massage for 3 days.

05

Any questions or concerns, please call 2 weeks after treatment.

06

Avoid strenuous exercise for the next 24 hours.





