

Volleyball On-Court & Strength & Conditioning Sessions

PERFORMANCE CAMP

U15 + U16 Men



Date	Time	Location
Tuesday, August 18	4 p.m. - 5 p.m.	Performance
	5 p.m. - 6:30 p.m.	Manitoba Liquor & Lotteries Court
Wednesday, August 19	4 p.m. - 5 p.m.	Performance
	5 p.m. - 6:30 p.m.	Manitoba Liquor & Lotteries Court
Thursday, August 20	4 p.m. - 5 p.m.	Performance
	5 p.m. - 6:30 p.m.	Manitoba Liquor & Lotteries Court
Tuesday, August 25	4 p.m. - 5 p.m.	Performance
	5 p.m. - 6:30 p.m.	Manitoba Liquor & Lotteries Court
Wednesday, August 26	4 p.m. - 5 p.m.	Performance
	5 p.m. - 6:30 p.m.	Manitoba Liquor & Lotteries Court
Thursday, August 27	4 p.m. - 5 p.m.	Performance
	5 p.m. - 6:30 p.m.	Manitoba Liquor & Lotteries Court