

Volleyball On-Court & Strength & Conditioning Sessions

PERFORMANCE CAMP

U13 + U14 Co-Ed



Date	Time	Location
Tuesday, August 4	4 p.m. - 5:30 p.m.	Manitoba Liquor & Lotteries Court
	5:30 p.m. - 6:30 p.m.	Performance
Wednesday, August 5	4 p.m. - 5:30 p.m.	Manitoba Liquor & Lotteries Court
	5:30 p.m. - 6:30 p.m.	Performance
Thursday, August 6	4 p.m. - 5:30 p.m.	Manitoba Liquor & Lotteries Court
	5:30 p.m. - 6:30 p.m.	Performance
Tuesday, August 11	4 p.m. - 5:30 p.m.	Manitoba Liquor & Lotteries Court
	5:30 p.m. - 6:30 p.m.	Performance
Wednesday, August 12	4 p.m. - 5:30 p.m.	Manitoba Liquor & Lotteries Court
	5:30 p.m. - 6:30 p.m.	Performance
Thursday, August 13	4 p.m. - 5:30 p.m.	Manitoba Liquor & Lotteries Court
	5:30 p.m. - 6:30 p.m.	Performance