We call upon all levels of government, in collaboration with Aboriginal peoples, sports halls of fame, and other relevant organizations, to provide public education that tells the national story of Aboriginal athletes in history.

- Follow Indigenous-based news and events. Make it a weekly priority for you and your athletes to share with each other at practice.
- 2. Take the Aboriginal Coaching Module (ACM).
- Learn and share about past Indigenous athletes, coaches, officials, and sport developers in your sport.
- 4. Honour current Indigenous athletes in your sport and encourage them to apply or nominate them for the many Indigenous (MASRC) and non-Indigenous (Sport Manitoba) Awards.
- Give space for your athletes to self-identify as Indigenous for resources and support.
- Educate yourself on the Manitoba Indigenous Games and encourage Indigenous athletes who are eligible to participate.
- 7. Encourage your Indigenous athletes to try out for North American Indigenous Games teams or to volunteer to be a part of Team Manitoba for the North American Indigenous Games.





We call upon all levels of government to take action to ensure long-term Aboriginal athlete development and growth, and continued support for the North American Indigenous Games, including funding to host the games and for provincial and territorial team preparation and travel.

Advocate to your local, provincial, and federal governments to continue to fund provincial and territorial team preparation, travel and the hosting of the North American Indigenous Games.





We call upon the federal government to amend the Physical Activity and Sport Act to support reconciliation by ensuring that policies to promote physical activity as a fundamental element of health and well-being, reduce barriers to sports participation, increase the pursuit of excellence in sport, and build capacity in the Canadian sport system, are inclusive of Aboriginal peoples.

- Understand the barriers of your athletes and what restricts them from participating in sport and find ways to overcome those barriers.
 - Travel Barriers
 - ii. Financial Barriers (Grants, Bursary & Subsidy Programs)
 - iii. Equipment Barriers (MASRC Equipment Program)
 - iv. Environmental Barriers
- 2. Encourage and aid athletes in pursuing excellence in sport but always remember that the health and well-being of the athlete comes first.





We call upon the federal government to ensure that national sports policies, programs, and initiatives are inclusive of Aboriginal peoples, including, but not limited to, establishing:

- i. In collaboration with provincial and territorial governments, stable funding for, and access to, community sports programs that reflect the diverse cultures and traditional sporting activities of Aboriginal peoples.
- ii. An elite athlete development program for Aboriginal athletes.
- iii. Programs for coaches, trainers, and sports officials that are culturally relevant for Aboriginal peoples.
- iv. Anti-racism awareness and training programs.

- Take the Aboriginal Coaching Module and participate in anti-racism and cultural awareness training when possible.
- Advocate for an elite athlete development program for Indigenous athletes.





We call upon the officials and host countries of international sporting events such as the Olympics, Pan Am, and Commonwealth games to ensure that Indigenous peoples' territorial protocols are respected, and local Indigenous communities are engaged in all aspects of planning and participating in such events.





ADDITIONAL RESOURCES

This document is designed to be read in conjunction with the Truth and Reconciliation Calls to Action. For a copy of this and other resources please contact:

National Centre for Truth and Reconciliation

http://nctr.ca/about

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