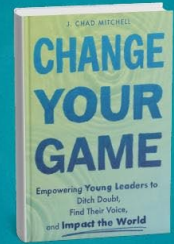


Empowering Young Leaders to...

- ✓ Ditch Doubt
- ✓ Find Their Voice
- ✓ and Impact the World



⚙️ Parent–Youth Collab: A Teen-Led Way to Explore the Book Together ⚙️

🤝 1. What This Is (and Isn't)

- This is about connection—not lectures.
- **Your young person leads** the pace and style.
- **Parent homework** before you start: study Chapter 9 of *Change Your Game* (empathetic listening)
- Purpose: spark meaningful conversations about leadership and life.

🏠 2. Set Up Your Vibe

Choose together:

- Where will we talk? (Comfy, private, snacks encouraged.)
- When do we want these chats? (**Short & chill works best.**)
- What helps each of us feel heard and respected?
- How will we remind each other this is **youth-led**?

🎮 3. Choose Your Mode

Let the teen choose one or mix & match:

- 💬 Discuss a chapter together.
- 🔍 Each person brings 1 'Whoa!' and 1 'Wait...what?'
- 🎯 Focus only on the Ponder & Do.
- 🎨 Create your own theme path (Integrity, Agency, Listening, Choices).

💡 4. Conversation Sparks

Keep it curious, not critical:

- What did you disagree with?
- What's one small leadership move you want to try this week?
- What's something you wish adults understood better?

🎧 5. Parent Superpower: Listening

Try these before jumping in:

- “Do you want me to just listen, think through it with you, or give advice?”
- “Is there anything I can stop doing to make this feel safer?”
- “How can I support you without taking over?”

🚀 6. Celebrate Small Wins

