



# 12-Year Data Collection Wave: Main Cohort

### **Child Questionnaire**

Te Kohikohi Raraunga 12Y: Te Rōpū Pīata

Pukapuka Uiui Rangatahi

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Interviewer Note: ID data seeded	
ID Participant ID (Child): •	
FN First Name (Child):	
LN Last Name (Child):	
INTD Interview Date: / /	
INTR Interviewer Name:	
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### 1. Introduction - Whakatakinga

### Section 1) Your 12 year interview - Whakatakinga

Hello {NAME}, welcome to the latest *Growing Up in New Zealand* questionnaire. We are really excited to hear from you!

### [REMOVE THESE SECTIONS FOR OVERSEAS CHILDREN] [ADD THIS SECTION FOR OVERSEAS CHILDREN]

Some tips for the questionnaire:

- 1. Don't stress over every answer your first answer is usually the best one.
- 2. You can't use the back button once you have moved to a new page. If you think you have made a mistake tell the interviewer and they can make a note and we can change your answer manually later. If you are doing it by yourself and you made a mistake, you can send us a message using LiveChat and tell us what question you want the answer changed to and why. Then you can keep going! Note that time differences can cause a delayed reply.
- 3. Some of the questions won't seem relevant to you or your life but remember we ask questions from lots of different children in the study just answer as best you can.
- 4. Don't forget all your answers are confidential and nobody will know what you have said.
- 5. If you get stuck on a question or you don't know how to answer something, then please ask the interviewer, send us a message on LiveChat and we will see if we can help ①

### 2. Child Quality of Life – Hauora o ngā Rangatahi

### Section 2) Your everyday health - Hauora

These questions are about your health and general wellbeing.

### 2.1 In general, how would you say your health is?

(Choose one only) QOL11\_y12C

- O 1. Excellent
- O 2. Very good
- O 3. Good
- O 4. Fair
- O 5. Poor
- O 99. I don't know
- O 98. I don't want to answer this question

How are you? How do you feel? This is what we would like you to tell us.

Please read every question carefully. What answer comes to your mind first? Choose the box that fits your answer best.

### Thinking about the last week...

(Choose one only for each row)	Variable name	0. Not at all	1. Slightly	2. Moderately	3. Very	4. Extremely
2.2 Have you felt fit and well?	QOL1_y12C	0	0	0	0	0
2.3 Have you got on well at school?	QOL9_y12C	0	0	0	0	0
2.4 Have you been able to pay attention?	QOL10_y12C	0	0	0	0	0
2.5 Have you felt full of energy?	QOL2_y12C	0	0	0	0	0
2.6 Have you felt sad?	QOL3_y12C	0	0	0	0	0
2.7 Have you felt lonely?	QOL4_y12C	0	0	0	0	0
2.8 Have you had enough time for yourself?	QOL5_y12C	0	0	0	0	0
2.9 Have you been able to do the things that you want to do in your free time?	QOL6_y12C	0	0	0	0	0
2.10 Have your parent(s) treated you fairly?	QOL7_y12C	0	0	0	0	0
2.11 Have you had fun with your friends?	QOL8_y12C	0	0	0	0	0

Section 3) Who you are - Ko wai koe?

### 3. Who am I? - Ko Wai Ahau?

The next questions are about your ethnicity. Your ethnicity can be described as the group or groups that you feel you belong to because you share things with other people in that same group. For example, you might share nationality, religious faith, language, or cultural or traditional backgrounds.

3.1 Which	ethnic group	p or aroups	do vou	belona	to?
-----------	--------------	-------------	--------	--------	-----

or trinon canno group or groups as you belong to:	
(Choose all that apply, there is no wrong answer, you can select a	s many as you need)
ETH5	_1_y12C to ETH5_974_y12C
<ul> <li>1. New Zealand European</li> <li>2. Māori</li> <li>3. Samoan</li> <li>4. Cook Island Māori</li> <li>5. Tongan</li> <li>6. Niuean</li> <li>7. Chinese</li> <li>8. Indian</li> <li>971. Other Ethnicity (Please tell us)</li> <li>972. Other Ethnicity (Please tell us)</li> <li>973. Other Ethnicity (Please tell us)</li> <li>974. Other Ethnicity (Please tell us)</li> <li>974. Other Ethnicity (Please tell us)</li> <li>999. I don't know <b>Go to 3.4</b></li> </ul>	
[Note that 99 is an exclusive option]	
3.2 You have said that you are {seeded from 12.1}. Which one of MOST?  [Note: only answered if more than one answered in previous que.	
(Choose one only)	CETH1_y12C
<ul> <li>○ 1. New Zealand European</li> <li>○ 2. Māori</li> <li>○ 3. Samoan</li> <li>○ 4. Cook Island Māori</li> <li>○ 5. Tongan</li> <li>○ 6. Niuean</li> <li>○ 7. Chinese</li> <li>○ 8. Indian</li> <li>○ 0. I don't belong to any of these groups more than others → Skip to</li> <li>○ 99. I don't know → Skip to 3.4</li> <li>○ 971. Other Ethnicity (Please tell us)</li> <li>○ 972. Other Ethnicity (Please tell us)</li> <li>○ 973. Other Ethnicity (Please tell us)</li> <li>○ 974. Other Ethnicity (Please tell us)</li> <li>○ 974. Other Ethnicity (Please tell us)</li> </ul>	3.4

[Note that 99 is an exclusive option]

3.3 Why did you choose that ethnicity as your main et	hnicity?
(Choose all that apply)	CETH81_y12C to CETH8_99_y12C
<ul> <li>1. Because my family is that ethnicity</li> <li>2. Because of my language</li> <li>3. Because my family told me</li> <li>4. Because someone other than my family told me</li> <li>5. Because that is where I feel like I belong the most</li> <li>6. Because those are the groups I am most involved in</li> <li>7. Because it's the easiest</li> <li>8. Because it's hard to be my other ethnicity</li> <li>97. Other</li> <li>99. I don't know</li> <li>98. I don't want to answer this question</li> </ul>	
[Note that 98, 99 are exclusive options]	
3.4 Are you descended from a Māori (that is, did you h great grandparent, etc.)?	ave a Māori birth parent, grandparent
(Choose one only)	ET20_y120
<ul> <li>○ 1. Yes</li> <li>○ 0. No→ Go to 4.1</li> <li>○ 98. I don't want to answer this question → Go to 4.1</li> <li>○ 99. I don't know→ Go to 4.1</li> </ul>	
3.5 Do you know the name(s) of your iwi (tribe/tribes)?	
(Choose one only)	ET16_y120
<ul> <li>○ 1. Yes</li> <li>○ 0. No→ Go to 4.1</li> <li>○ 99. I don't know→ Go to 4.1</li> <li>○ 98. I don't want to answer this question→ Go to 4.1</li> </ul>	
3.6 Please can you give the names of your iwi? You your iwi please type the word 'other'. You will then	
(Choose all that apply) NET:	17_971_y12C to NET17_974_y12C
answered lwi options from parents in earlier DCWs).	seeded with Stats NZ and previously
answered lwi options from parents in earlier DCWs).	seeded with Stats NZ and previously
<ul> <li>973. (Start typing answer options – answered lwi options from parents in earlier DCWs).</li> </ul>	seeded with Stats NZ and previously

974.\_\_\_\_\_ (Start typing answer options – seeded with Stats NZ and previously answered lwi options from parents in earlier DCWs).

O 974.

### 4. Cultural Identity - Ahurea Tuakiri

The next set of questions asks about who you are - your own cultural or ethnic identity, and your feelings about belonging to your ethnic or cultural group and to New Zealand society.

The following questions concern how much you feel you belong to your ethnic or cultural group (including a New Zealand/Kiwi identity or culture) and how connected you feel to a New Zealand society. Please could you indicate how much you agree or disagree with the following statements?

(Choose one only for each row)	Variable name	1. Strongly disagree	2. disagree	3. Neither agree nor disagree	4. Agree	5. Strongly agree
4.1 I have spent time trying to find out more about my ethnic group, such as its history, traditions, and customs.	ETHID1_y12C	0	0	0	0	O
4.2 I am active in organisations or social groups that include mostly members of my own ethnic group	ETHID2_y12C	0	0	0	0	0
4.3 I have a clear sense of my ethnic background and what it means for me.	ETHID3_y12C	0	0	0	0	0
4.4 I think a lot about how my life will be affected by my ethnic group membership.	ETHID4_y12C	0	0	0	0	0
4.5 I am happy that I am a member of the group I belong to.	ETHID5_y12C	0	0	0	0	0
4.6 I have a strong sense of belonging to my own ethnic group	ETHID6_y12C	Ο	О	Ο	0	0

(Choose one only for each row)	Variable name	1. Strongly disagree	2. disagree	3. Neither agree nor disagree	4. Agree	5. Strongly agree
4.7 I understand pretty well what my ethnic group membership means to me	ETHID7_y12C	0	0	0	0	0
4.8 In order to learn more about my ethnic background, I have often talked to other people about my ethnic group	ETHID8_y12C	0	0	0	0	0
4.9 I have a lot of pride in my ethnic group.	ETHID9_y12C	0	0	0	0	0
4.10 I participate in cultural practices of my own group, such as special food, music, or customs.	ETHID10_y12C	0	0	0	0	0
4.11 I feel a strong attachment towards my own ethnic group.	ETHID11_y12C	0	0	0	0	0
4.12 I feel good about my cultural or ethnic background.	ETHID12_y12C	0	0	0	0	0

### 5. Our Place in Aotearoa New Zealand - Tauranga ō Aotearoa

These questions are about our connection to Māori culture and practises.

or family history/ancestry (whakapapa)?	

5.1 How often do you learn about Māori culture, such as language, songs, cultural practice,

(Choose one only)	MAO1_y12C
<ul> <li>○ 0. Never or almost never → Go to 5.3</li> <li>○ 1. Once a week</li> <li>○ 2. Several times a week</li> <li>○ 3. Once a day</li> <li>○ 4. Several times a day</li> <li>○ 99. I don't know → Go to 5.3</li> </ul>	
5.2 Who taught you or where did you learn about N	lāori culture?
(Choose all that apply)	MAO2_1_y12C to MAO2_99_y12C
<ul> <li>1. Parents</li> <li>2. Relatives</li> <li>3. On the Marae</li> <li>4. At Kohanga Reo</li> <li>5. At pre-school</li> <li>6. At primary school</li> <li>7. At intermediate school</li> <li>8. At secondary school</li> <li>9. A language group</li> <li>10. As part of a community or sports group</li> <li>97 Other (please tell us)</li> <li>99. I don't know</li> </ul>	
[Note: 99 is an exclusive code]	
5.3 I feel comfortable in Māori social surrounding etc.)	s, events, or gatherings (e.g. hui, sports
(Choose one only)	MAO3_y12C
<ul> <li>1. Strongly disagree</li> <li>2. Disagree</li> <li>3. Neither agree or disagree</li> <li>4. Agree</li> <li>5. Strongly agree</li> <li>95. Not applicable</li> <li>99. I don't know</li> </ul>	

# 5.4 l feel comfortable in formal Māori social surroundings, events, or gatherings (e.g. tangi, speechmaking or whaikōrero, etc.)

(Choose one only) MAO4\_y12C

- O 1. Strongly disagree
- O 2. Disagree
- O 3. Neither agree or disagree
- O 4. Agree
- O 5. Strongly agree
- O 95. Not applicable
- O 99. I don't know

### 6. Gender norms and identity - Tuakiri ā-ira

These questions are about your gender.

# 6.1 Thinking about who you are, do you see yourself as a boy, a girl, or somewhere in between?

(Choose one option)	GI1_y120

- O 1. Boy
- O 2. Mostly a boy
- O 3. Somewhere in the middle
- O 4. Mostly a girl
- O 5. Girl
- O 99. I don't know

Some kids feel similar to girls, some feel similar to boys, some feel similar to both boys and girls, and some don't feel similar to either boys or girls. In this section, we want to ask you to tell us about that. Remember, there are no right or wrong answers. Whatever you say is exactly right for you.

(Choose one only for each row)	Variable name	0. Not at all	1. A little bit	2. A medium amount	3. Pretty much	4. A lot
6.2 How similar do you feel to girls?	GI3_y12C	0	0	0	0	0
6.3 How similar do you feel to boys?	GI4_y12C	0	0	0	0	0
6.4 How much do you act like girls?	GI5_y12C	0	0	0	0	0
6.5 How much do you act like boys?	GI6_y12C	0	0	0	0	0
6.6 How much do you like to do the same things as girls?	GI7_y12C	0	0	0	0	0
6.7 How much do you like to do the same things as boys?	GI8_y12C	0	0	0	0	0

### 7. Acceptance - Whakaaetanga

### Section 4) Acceptance and how you are treated by others – Whakaaetanga

These questions are about how good you feel about being yourself at school, in your neighbourhood, at home and at your place of worship.

(Choose one only for each row)	Variable name	1. Strongly disagree	2. disagree	3. Neither agree nor disagree	4. Agree	5. Strongly agree
7.1 I feel good being my cultural or ethnic background at my school	AD1_y12C	0	0	0	0	0
7.2 I feel good being my cultural or ethnic background in my neighbourhood	AD2_y12C	0	0	0	0	0
7.3 I feel good being my gender at school	AD3_y12C	0	0	0	0	0
7.4 I feel good about being my gender in my neighbourhood	AD4_y12C	0	0	0	0	0
7.5 I feel good about being my gender in my family/whānau	AD5_y12C	0	0	0	0	0

(Choose one only for each row)	Variable name	1. Strongly disagree	2. disagree	3. Neither agree nor disagree	4. Agree	5. Strongly agree
7.6 I feel good about being my gender at my place of worship	AD6_y12C	0	0	0	0	0
7.7 I feel good being my religion at my school	AD7_y12C	0	0	0	0	0
7.8 I feel good being my religion in my neighbourhood	AD8_y12C	0	0	0	0	0

### 8. Discrimination - Toihara

Below are some situations where other people said they were treated unfairly. We want to know if any of these things have happened to YOU in <u>the last twelve months</u>. These things could happen to you in person by another person or a group of people, or online, or using a mobile phone or the internet such as text messages, pictures, video clips, emails being sent to you or sent to others, about you.

### Did others leave you out of their activities...

(Choose one only for each row)	Variable name	0. This did not happen to me	1. Once or twice	2. Every few weeks	3. About once a week	4. Several times a week or more
8.1 Because of your race/ethnicity/cultural background?	AD9_y12C	0	0	0	0	0
8.2 Because of your gender?	AD11_y12C	0	0	0	0	0
8.3 Because of disability?	AD12_y12C	0	0	0	0	0

### Were you threatened by others....?

(Choose one only for each row)	Variable name	0. This did not happen to me	1. Once or twice	2. Every few weeks	3. About once a week	4. Several times a week or more
8.4 Because of your race/ethnicity/cultural background?	AD13_y12C	0	0	0	0	0
8.5 Because of your gender?	AD15_y12C	0	0	0	0	0
8.6 Because of disability?	AD16_y12C	0	0	0	0	0

### Did people act like they did not trust you $\dots$

(Choose one only for each row)	Variable name	0. This did not happen to me	1. Once or twice	2. Every few weeks	3. About once a week	4. Several times a week or more
8.7 Because of your race/ethnicity/cultural background?	AD17_y12C	0	0	0	0	0
8.8 Because of your gender?	AD19_y12C	0	0	0	0	0
8.9 Because of disability?	AD20_y12C	0	0	0	0	0

### Were you treated unfairly by a shop assistant or security guard...

(Choose one only for each row)	Variable name	0. This did not happen to me	1. Once or twice	2. Every few weeks	3. About once a week	4. Several times a week or more
8.10 Because of your race/ethnicity/cultural background?	AD21_y12C	0	0	0	0	0
8.11 Because of your gender?	AD23_y12C	0	0	0	0	0
8.12 Because of disability?	AD24_y12C	0	0	0	0	0

### Were you disciplined unfairly at school....?

(Choose one only for each row)	Variable name	0. This did not happen to me	1. Once or twice	2. Every few weeks	3. About once a week	4. Several times a week or more
8.13 Because of your race/ethnicity/cultural background?	AD25_y12C	0	0	0	0	0
8.14 Because of your gender?	AD27_y12C	0	0	0	0	0
8.15 Because of disability?	AD28_y12C	0	0	0	0	0

**Did people tell you that you don't belong in New Zealand**... [the country you are living in...FOR OVERSEAS PARTICIPANTS TO REPLACE NEW ZEALAND]

(Choose one only for each row)	Variable name	0. This did not happe n to me	1. Once or twice	2. Every few weeks	3. About once a week	4. Sever al times a week or more
8.16 Because of your race/ethnicity/cultural background?	AD29_y12C	0	0	0	0	0
8.17 Because of your gender?	AD31_y12C	0	0	0	0	0
8.18 Because of a disability?	AD32_y12C	0	0	0	0	0

### 9. Relationships and Connections - Whanaungatanga

spend time with?

### Section 5) Relationships with your friends and family - Whanaungatanga

This section is all about your friends and the people that are important in your life.

First, we would like to know about any special adults you might have in your life right now. A special adult is someone who does a lot of good things for you but is NOT your parent or guardian. For example someone (a) who you look up to and encourages you to do your best, (b) who really cares about what happens to you, (c) who influences what you do and the choices you make, and (d) who you can talk to about personal problems.

9.1 Right now in your life, is there a special adult (not your parent or guardian) who you often

- <b>-</b>	
(Choose only one option)	SPEC1_y12C
<ul> <li>O 1. Yes, I have one or more spe</li> <li>O 0. No → Skip to 10.1</li> <li>O 99. I don't know → Skip to 10.</li> </ul>	
9.2 How many special adults do you h	ave in your life right now?
(Choose only one option)	SPEC2_y12C
Please tell us how many	(open text box) [Number range 1-10]
	life right now? (Choose all that apply, but please be sure special adults. Remember, this does NOT include your
(Choose all that apply)	SPEC3_1_y12C to SPEC3_97_y12C
<ul> <li>O 1. Grandparent</li> <li>O 2. Aunt or Uncle</li> <li>O 3. Brother or Sister (Adult over</li> <li>O 4. Other relative or whānau</li> <li>O 5. Neighbour</li> <li>O 6. Teacher</li> <li>O 7. Counsellor</li> <li>O 8. An adult mentor you are mat</li> <li>O 9. My parent's friend</li> <li>O 10. Coach or activity leader</li> <li>O 11. My friend's parent</li> <li>O 97. Some-other adult, please to</li> </ul>	ched with through a program

### 10. Peer Relationships - Whakawhanaunga

These next questions are about your friends: they might be friends at school, out of school or other children you know.

For each statement, choose the number that best describes you and your friends.

(Choose one only for each row)	Variable name	1. Almost always true	2. Often true	3. Sometimes true	4. Seldom true	5. Almost never true	99. I don't know
10.1 My friends sense when I'm upset about something.	CPR17_y12C	0	0	0	0	0	0
10.2 My friends encourage me to talk about my difficulties.	CPR18_y12C	0	0	0	0	0	0
10.3 I trust my friends.	CPR19_y12C	0	0	0	0	0	0
10.4 My friends listen to what I say.	CPR20_y12C	0	0	0	0	0	0
10.5 My friends respect my feelings.	CPR21_y12C	0	0	0	0	0	0
10.6 I feel my friends are good friends.	CPR22_y12C	0	0	0	0	0	0
10.7 If my friends know something is bothering me, they ask me about it.	CPR23_y12C	0	0	0	0	0	0
10.8 I tell my friends about my problems and troubles.	CPR24_y12C	0	0	0	0	0	0

### 11. Parent-Child Relationship – Te Hononga o nga mātua me ngā tamariki

These questions are about your parents or caregivers – the people who look after you the most. This might be one parent if you are mainly looked after by one person in your family (e.g. Dad or Aunty), or both parents if you are normally looked after by two or more people (e.g. Mum and Grandma).

### How much do you agree with each of these sentences?

(Choose one only for each row)	Variable name	1. Almost always true	2. Often true	3. Sometimes true	4. Almost never true	99. I don't know
11.1 I trust my parent/s.	PCHR1_y12C	0	0	0	0	0
11.2 My parent/s accepts me as I am.	PCHR2_y12C	0	0	0	0	0
11.3 I can count on my parent/s to help me when I have a problem.	PCHR3_y12C	0	0	0	0	0
11.4 My parent/s pays attention to me.	PCHR4_y12C	0	0	0	0	0
11.5 My parent/s understands me.	PCHR5_y12C	0	0	0	0	0
11.6 I talk with my parent/s when I have a problem.	PCHR6_y12C	0	0	0	0	0
11.7 If my parent/s knows that something is bothering me, they will ask me about it.	PCHR7_y12C	0	0	0	0	0
11.8 I share my thoughts and feelings with my parent/s.	PCHR8_y12C	0	0	0	0	0

### 12. Parental Involvement - Te Whakauru Mai I ngā Mātua

12.1 Thinking about how much time you spend with your parents or caregivers and how involved they are in your life; would you like them to be...

(Choose one only)	PCH6_y12C
<ul> <li>O 1. A lot more involved</li> <li>O 2. A little more involved</li> <li>O 3. Their level of involvement is about right → Skip to 13.</li> <li>O 4. A little less involved → Skip to 13.1</li> <li>O 5. A lot less involved → Skip to 13.1</li> <li>O 99. I don't know → Skip to 13.1</li> </ul>	1
12.2 What do you think stops them from being m	nore involved?
<ul> <li>(Choose all that apply)</li> <li>1. They live too far away</li> <li>2. Their work</li> <li>3. Their health or disability</li> <li>4. Their studies</li> </ul>	INV15_1_y12C to INV15_99_y12C
<ul> <li>5. Busy with my other brothers and/or sisters</li> <li>6. They don't want to be more involved</li> <li>7. They don't know me that well</li> <li>8. Activities in the community (e.g. sports, church)</li> <li>97. Another reason, please specify</li> <li>99. I don't know</li> </ul>	
[Note that 99 is an exclusive option]	

### 13. Parental Monitoring - Mana Motuhake

at night?

These questions can be personal. You might like to type these answers in private by yourself (without the interviewer or anyone in your home watching). If you are on zoom, check that you are not screen-sharing and you can put your headphones on.

13.1 In the last month, have your parents or caregivers ever had no idea of where you were

(Choose one only)	DISC1_y12C
<ul><li>O 1. Yes</li><li>O 0. No</li><li>O 99. I don't know</li><li>O 98. I don't want to answer this question</li></ul>	
13.2 In the last month, have you ever skipped school without knowing?	ut your parents or caregivers
(Choose one only)	DISC2_y12C
<ul><li>O 1. Yes</li><li>O 0. No</li><li>O 99. I don't know</li><li>O 98. I don't want to answer this question</li></ul>	
13.3 Do you keep a lot of secrets from your parents or caregive your free time?	vers about what you do during
(Choose one only)	DISC3_y12C
<ul><li>O 1. Yes</li><li>O 0. No</li><li>O 99. I don't know</li><li>O 98. I don't want to answer this question</li></ul>	

# Thinking back over the past four weeks, what did your parents or caregivers do when you misbehaved? ('Misbehaved' means that you did something they thought was wrong)

(Choose one only for each row)	Variable name	1. Never / almost never	2. Rarely	3. Occasionally	4. Often	5. Always / almost always	99. I don't know	98. I don't want to answer this question
13.4 Made me go without something or miss out on something (e.g. no screen time, no pocket money)	PAR55_y12C	0	0	0	0	0	0	0
13.5 Yelled or shouted at me	PAR56_y12C	0	0	0	0	0	0	0
13.6 Explained or discussed why I should not do it	PAR57_y12C	0	0	0	0	0	0	0
13.7 Physical punishment, such as smacking	PAR58_y12C	0	0	0	0	0	0	0
13.8 Told me off	PAR59_y12C	0	0	0	0	0	0	0
13.9 Sent me to my bedroom or other place in the house	PAR60_y12C	0	0	0	0	0	0	0
13.10 Ignored my behaviour	PAR61_y12C	0	0	0	0	0	0	0
13.11 Made me apologise or make it right	PAR70_y12C	0	0	0	0	0	0	0

# 13.12 Thinking about these things your parents or caregivers do when you misbehave, do you think they are being fair?

(Choose one only)	PAR72_y120
O 1. Always	
O 2. Most of the time	
O 3. Half of the time	
O 4. Sometimes	
O 5. Never	
O 99. I don't know	
O 98. I don't want to answer this question	

### 14. Free Time Activities - Ngā Mahi a te Rēhia

# Section 6) What you do with your time outside of school and the kinds of activities you do - Ngā mahi a te rēhia

In this section, you are going to tell us about what you do in your free time. This might be after school, or at lunchtime, or in the weekend.

### Overall, how often do you do these things?

(Choose one only for each row)	Variable name	0. Never/ almost never	1. Once a week	2. Several times a week	3. Once a day	4. Several times a day
14.1 Read books	AE113_y12C	0	0	0	0	0
14.2 Listen to music	AE118_y12C	0	0	0	0	0
14.3 Sing or play an instrument	AE119_y12C	0	0	0	0	0
14.4 Do some art/craft or quiet activity (e.g. Lego, board games, drawing)?	AE112_y12C	0	0	0	0	0
14.5 Active play (e.g. running around playing games, bike riding)	AE111_y12C	0	0	0	0	0
14.6 Household chores	AE115_y12C	0	0	0	0	0
14.7 Homework	AE114_y12C	0	0	0	0	0
14.8 Spend time outdoors or with nature (e.g. play on the grass, go to the beach, gardening)?	AE121_y12C	0	0	0	0	0
14.9 Help look after someone older than you (e.g. help them to eat or to get dressed)?	AE122_y12C	0	0	0	0	0
14.10 Help look after someone younger than you (e.g. help them to eat or to get dressed)?	AE123_y12C	0	0	0	0	0
14.11 Look after someone younger than you on your own - when no one else is at home?	AE124_y12C	0	0	0	0	0

The next questions are about food and exercise.

### Over a usual week, how often do you help to prepare food?

(Choose one only from each row)	Variable name	0. Never	1. Almost never	2. Sometimes	3. Often	4. Every day/ always
14.12 Breakfast	FP1_y12C	0	0	0	0	0
14.13 Lunch (includes lunch box)	FP2_y12C	0	0	0	0	0
14.14 Dinner	FP3_y12C	0	0	0	0	0

### 14.15 Do you try to eat less at mealtimes than you would like to eat?

(Choose one only) EATL1 y12C

- O 1. Yes
- O 2. Sometimes
- O 0. No
- O 98. I don't want to answer this question

### 14.16 Have you ever been on a diet to lose weight?

(Choose one only) DIET1 y12C

- O 1. Yes—but not right now
- O 2. Yes—right now
- O 0. No
- O 98. I don't want to answer this question

### 14.17 Outside school hours: How often do you usually exercise in your free time, so much that you get out of breath or sweat?

(Choose one only) BREATH1\_y12C

- O 1. Once a month or less
- O 2. Once a week
- O 3. 2–3 times a week
- O 4. 4–6 times a week
- O 5. Every day
- O 99. I don't know

14.18 Over the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?

Add up all the time you spend in physical activity each day (don't include your physical education or gym class).

Physical activity can be done in sports, school activities, playing with friends, or walking to school. Some examples of physical activity are running, walking quickly, playing tag, cycling, dancing, skateboarding, scootering, swimming, football, and surfing

(Choose one only)	PHYEX1_y12C
O 0. No days	
O 1. 1 day	
O 2. 2 days	
O 3. 3 days	
O 4. 4 days	
O 5. 5 days	
O 6. 6 days	
O 7. 7 days	
O 99. I don't know	

### 15. Extra-curricular/ Organised Activities - Ruhanui

[Note: This is an interactive activity to be built with survey software]

In this section, we would love for you to tell us about the activities that you do before or after school, or at lunchtime, or in the weekend. You might not do any organised activities, that's ok!

# Thinking about the past year, which of the following activities do you do or have you done regularly (about once a week)?

[Children click on each/any of 5 categories, represented by circles (or similar), then select from the list of extra-curricular activities. The circles are presented one after another.

- 5 Circle headings: 1) Community group or club, 2) Dance & drama, 3) Sport, 4) Arts, crafts & technology, 5) Music.
- 5 Descriptions once children hover over these circles: 1) Click to select Community Group or Club activities, 2) Click to select Dance and Drama related activities, 3) Click to select any Sports that you play, 4) Click to select any Arts, Crafts and Technology activities, 5) Click to select any Musical activities.

Children can select as many activities as they want. Multiple activities can be selected within each category and across categories.

15.1 Communit y group or club	15.2 Dance & drama	15.3 Sport	15.4 Arts, crafts & technology	15.5 Music
AE120_1_y12C - AE120_97_y12C	AE121_1_y12C - AE121_97_y12C	AE122_1_y12C - AE122_97_y12C	AE123_1_y12C - AE123_97_y12C	AE124_1_y12C - AE124_97_y12C
Student council	1. Māori dance styles (e.g. kapa haka)	1. Cricket	1. Weaving, Raranga	1. Waiata/choi r
Environme ntal group	2. Ballet, jazz, tap	2. Waka ama, rowing, mau rakau	2. Robotics, AI, Coding club	2. Orchestra
3. Academic group (e.g. Mathletics, Spelling, Chess)	3. Pasifika dance styles (e.g. Ma'ulu'ulu)	3. Netball, basketball, volleyball	3. Gaming club	3. Kapa Haka
4. Radio, Blog, Social Media	4. Contemporary, Lyrical	4. Rugby or touch rugby	4. Sculpture, carving	4. Jazz/Blues band
5. Second Language	5. Hip-hop	5. Hockey, floorball	5. Knitting, craft	5. Traditional group
6. Religious group	6. Asian dance styles	6. Running, cross- country	6. Painting, Drawing	6. Brass/concert band

15.1 Communit y group or club	15.2 Dance & drama	15.3 Sport	15.4 Arts, crafts & technology	15.5 Music
7. Scouts or guides	7. School play	7. Swimming	7. Digital arts	7. Guitar or ukulele group
97. Other	8. Theatre sports	8. Football, soccer or futsal	97. Other	8. Instrument lessons
96. None of these	9. Manu Kōrero, Pasifika speech competitions	9. Athletics	96. None of these	9. Rock band/ other band
	10. Drama club	10. Tennis, racket sports		97. Other
	97. Other	11. Cycling		96. None of these
	96. None of these	12. Tramping, bush walks		
		97. Other		
		96. None of these		

[NOTE: 96 is an exclusive code]

# 15.6 {Seeded from 15.1 – 15.5 if any activities are selected}. Which of these do you do in a group?

[A list of what is selected from 15.1-15.5 pops up and participants select each activity that is done in a group using a check box. If child has selected "Other" within for example the "Music" category, then here the list will include "Other (Music)"].

	Group activity?	Variable name		
Community group or club	O1. Yes	AEG120_1_y12C to AEG120_97_y12C		
Dance & drama	O1. Yes	AEG121_1_y12C to AEG121_97_y12C		
Sport	O1. Yes	AEG122_1_y12C to AEG122_97_y12C		
Arts, crafts & technology	O1. Yes	AEG123_1_y12C to AEG123_97_y12C		
Music	O1. Yes	AEG124_1_y12C to AEG124_97_y12C		
	O 96. None of these	AEG125_96_y12C		
Note : 96 is an exclusive code				

### 15.7 Is there any activity that you WANT to do but you don't or can't?

(Choose one only)	ACTW1_y12C
<ul> <li>O 1. Yes → please tell us the main one:</li> <li>Same list of options as in 15 Includes option f</li> <li>O 0. No → Skip to 16.1</li> </ul>	
15.8 Thinking about this activity, why don't you	do it?
(Choose all that apply)  O 1. I don't have enough time O 2. It costs too much O 3. Problems getting there and back home O 4. It's not available in my neighbourhood O 5. My family doesn't want me to do it O 6. Health problems (mental or physical health) O 7. People would make fun of me O 8. I'm afraid I won't be good at it O 97. Other, please tell us	ACTW2_1_y12C to ACTW2_99_y12C

### 16. Disability - Ngā Whāikaha

### Section 7) Disability – Ngā Whāikaha

The next questions ask about difficulties you may have doing certain activities **because of a HEALTH PROBLEM.** 

16.1 Do you have difficulty seeing, even if wearing glasses? (Choose one only)	DIS1_y12C
<ul> <li>0 0. No – no difficulty</li> <li>1. Yes – some difficulty ty</li> <li>2. Yes – a lot of difficulty</li> <li>3. Cannot do at all</li> </ul>	
16.2 Do you have difficulty hearing, even if using a hearing aid? (Choose one only)	DIS2_y12C
<ul> <li>0 0. No – no difficulty</li> <li>1. Yes – some difficulty</li> <li>2. Yes – a lot of difficulty</li> <li>3. Cannot do at all</li> </ul>	
16.3 Do you have difficulty walking or climbing steps? (Choose one only)	DIS3_y12C
<ul> <li>0 0. No – no difficulty</li> <li>1. Yes – some difficulty</li> <li>2. Yes – a lot of difficulty</li> <li>3. Cannot do at all</li> </ul>	
16.4 Do you have difficulty remembering or concentrating? (Choose one only)	DIS4_y12C
<ul> <li>0 0. No – no difficulty</li> <li>0 1. Yes – some difficulty</li> <li>0 2. Yes – a lot of difficulty</li> <li>0 3. Cannot do at all</li> </ul>	
16.5 Do you have difficulty (with self-care such as) washing all over (Choose one only)	er or dressing? DIS5_y12C
<ul> <li>0 0. No – no difficulty</li> <li>1. Yes – some difficulty</li> <li>2. Yes – a lot of difficulty</li> <li>3. Cannot do at all</li> </ul>	
16.6 Using your usual language, do you have difficulty communderstanding or being understood?	nunicating, for example
(Choose one only)	DIS6_y12C
<ul> <li>○ 0. No – no difficulty</li> <li>○ 1. Yes – some difficulty</li> <li>○ 2. Yes – a lot of difficulty</li> <li>○ 3. Cannot do at all</li> </ul>	

### 17. Sleep - Moe

# 17.1 During the last month, how well do you feel you have slept in general? (Choose one only) SLP16\_y12C

- O 1. Very well
- O 2. Fairly well
- O 3. Fairly badly
- O 4. Very badly

### 18. Puberty - Pühuruhurutanga

### Section 8) How you see your body - Whakaahua ā-Tinana

The next questions are about how you see your body and changes that may be happening to your body as you get older (called puberty). These changes happen at different ages.

These questions can be personal. You might like to type these answers in private by yourself (without the interviewer or anyone in your home watching). If you are on zoom, check that you are not screen-sharing and you can put your headphones on. Your name will not be attached to survey so no one will know what you answer to these questions.

## 18.1 [ALL] Click on one to three words that best describe how you feel about changes that might be happening in your body?

(Multiple choice—up to three responses)

PUB10\_1\_y12C to PUB10\_98\_y12C

RESPONSE OPTIONS 1 to 12 APPEAR IN RANDOM ORDER

- O 1. Proud
- O 2. Excited
- O 3. Worried
- O 4. Scared
- O 5. Embarrassed
- O 6. Positive
- O 7. Nervous
- O 8. Annoyed
- O 9. Not interested
- O 10. Upset
- O 11. Angry
- O 12. Confused
- O 98. I don't want to answer this question

#### [Note: 98 is an exclusive code]

This section of the questionnaire includes puberty questions, some of which have been redacted. These questions were developed by researchers in the Growing Up in New Zealand team. Please contact the team at Growing Up in New Zealand (dataaccess@growingup.co.nz) for more information.

### 18.2 Would you say that your growth in height...?

(Choose one option) PUB1 y12C

- O 0. Has not yet begun to spurt ('Spurt' means more growth than usual)
- O 1. Has just started
- O 2. Is definitely underway
- O 3. Seems completed
- O 98. I don't want to answer this question

18.3	And how about the growth of body hair ("Body hair"	means under your armpits and
pu	ubic hair)? Would you say that your body hair has?	•

(Choose one option) PUB2 y12C O 0. Not yet started growing O 1. Has just started growing O 2. Is definitely underway O 3. Seems completed O 98. I don't want to answer this question Have you noticed any skin changes, especially pimples? 18.4 (Choose one option) PUB3 v12C O 0. Not yet started showing changes O 1. Has just started showing changes O 2. Skin changes are definitely underway O 3. Skin changes seem completed O 98. I don't want to answer this question [IF GENDER PDL (sex at birth) = MALE SKIP to 18.11] [IF GENDER PDL (sex at birth) = FEMALE CONTINUE to 18.7] [FOR FEMALES ONLY] Have your breasts begun to grow? (Choose one option) PUB4 v12C O 0. Not yet started growing O 1. Have just started growing O 2. Breast growth is definitely underway O 3. Breast growth seems completed O 98. I don't want to answer this question [FOR FEMALES ONLY] Have you begun to menstruate? ("Menstruate" means you have had at least one period) (Choose one option) PUB5\_y12C  $\bigcirc$  1. Yes  $\rightarrow$  **Go to 18.9**  $\bigcirc$  0. No  $\rightarrow$  **Go to 19.1**  $\bigcirc$  98. I don't want to answer this question  $\rightarrow$  **Go to 19.1** [For FEMALES if 18.8 = 1] How old were you when you first menstruated, or had your 18.7 first period? PUB6 y12C

Please enter your age in years [6 to 14 as options]

# 18.8 [For FEMALES if 18.8 = 1] How often have you used free period products (pads or tampons) from school?

(Choose one option)	PUB7_y12C

- O 0. Never
- O 1. Once
- O 2. A few times
- O 3. Often
- O 4. Every period

### [FEMALES GO TO 19]

### 18.9 [FOR MALES ONLY] Have you noticed a deepening of your voice?

(Choose one option)

PUB8 y12C

- O 1. Not yet started changing
- O 2. Has just started changing
- O 3. Voice change is definitely underway
- O 4. Voice change seems completed
- O 98. I don't want to answer this question

### 18.10 [FOR MALES ONLY] Have you begun to grow hair on your face?

(Choose one option) PUB9\_y12C

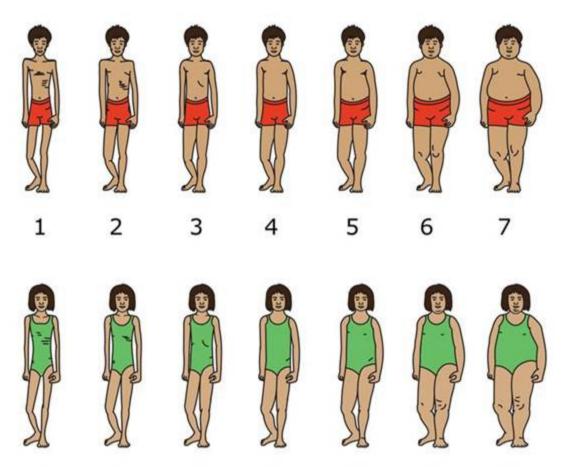
- O 1. Not yet started growing hair
- O 2. Has just started growing hair
- O 3. Facial hair growth is definitely underway
- O 4. Facial hair growth seems completed
- O 98. I don't want to answer this question

### 19. Body Image – Whakaahua ā-Tinana

The next set of questions are about how you see your body.

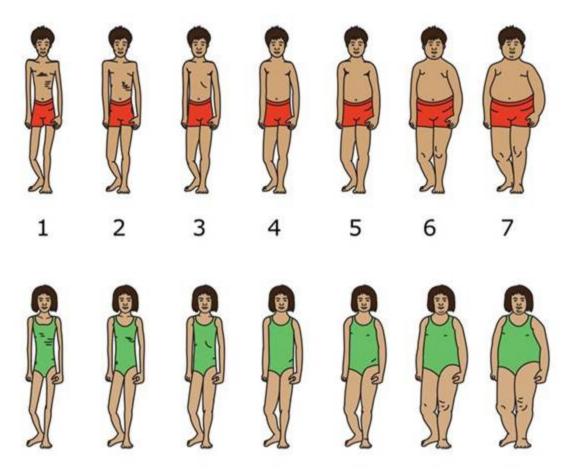
### 19.1 Please choose which of these pictures looks most like you?

(Choose one only) BI1\_y12C



## 19.2 Please choose which of these pictures shows the way you want to be?

(Choose one only) BI2\_y12C



#### 20. Risky Behaviours - Whanonga Whakawhara

#### Section 9) Risky behaviour - Whanonga Whakawhara

The next few questions are about drinking alcohol, vaping, using cigarettes and cannabis.

These questions can be personal. You might like to type these answers in private by yourself (without the interviewer or anyone in your home watching). If you are on zoom, check that you are not screen-sharing and you can put your headphones on. Your name will not be attached to survey so no one will know what you answer to these questions.

20.1	Have you ever had a drink containing alcohol?	
(Cho	oose one only)	ALC12_y12C
O 99	Yes No -> Go to 20.3 I don't know-> Go to 20.3 I don't want to answer this question-> Go to 20.3	
20.2	How often do you <u>currently</u> drink alcohol?	
(C	hoose one only)	ALC13_y12C
O 1.A O 2.A O 3.A O 4.L O 99	don't do this now  At least once a day  At least once a week  At least once a month  Less often than once a month  I don't know  I don't want to answer this question	
20.3 vap	Have you ever tried an e-cigarette or vaping device (also e pens, mods)?	called vapes, pods,
	(Choose one only)	SM16_y12C
<ul><li>2. Yes</li><li>1. Yes</li><li>0. No</li><li>99. I d</li></ul>	, and it had nicotine in it , and sometimes it had nicotine in it, sometimes it didn't , but I don't know if it had nicotine in it on't know on't want to answer this question	

(Choose one only)	SM18_y12C
O 1. Yes O 0. No O 99. I don't know O 98. I don't want to answer this question	
20.5 Have you ever tried cannabis (also called pot mull, dak, hash, buds, skunk, cabbage, ganja, reefer)	
(Choose one only)	DU1_y12C
O 1. Yes O 0. No O 99. I don't know O 98. I don't want to answer this question	

Have you ever tried a cigarette, even just a puff?

20.4

## 21. Impulsivity - Manawa Rere

These questions are asking about how often you behave in different ways. For the following statements, please indicate how often you did the following:

	Variable					
(Choose one only for	name	Almost never	About once a month	About 2-3 times a month	About once a week	At least once a day
each row)		←	2.	က်	4.	5.
21.1. I forgot something I needed for school	IS1_y12C	0	0	0	0	0
21.2. I interrupted other children while they were talking	IS2_y12C	0	0	0	0	0
21.3. I said something rude	IS3_y12C	0	0	0	0	0
21.4. I couldn't find something because my bedroom was messy	IS4_y12C	Ο	0	0	0	O
21.5. I lost my temper at home or at school	IS5_y12C	0	0	0	0	0
21.6. I did not remember what my teacher told me to do	IS6_y12C	0	0	0	0	0
21.7. My mind wandered when I should have been listening	IS7_y12C	0	0	0	0	0
21.8. I talked back to my teacher or parent when I was upset	IS8_y12C	0	0	0	0	0

## Section 10) How you feel and how you act - Tō hauora mahamaha me tō whanonga

## 22. Depression - Pāpouri

Below is a list of the ways you might have felt or acted. Please tell us how much you have felt this way during the past week.

(Choose one only for each row)	Variable name	0. Not at all	1. A little	2.Some	3. A lot
22.1. I was bothered by things that usually don't bother me	DS1_y12C	0	0	0	0
22.2. I felt like I couldn't pay attention to what I was doing	DS2_y12C	0	0	0	0
22.3. I felt down and unhappy	DS3_y12C	0	0	0	0
22.4. I felt like I was too tired to do things	DS4_y12C	0	0	0	0
22.5. I felt like something good was going to happen	DS5_y12C	0	0	0	0
22.6. I felt scared	DS6_y12C	0	0	0	0
22.7. I didn't sleep as well as I usually sleep	DS7_y12C	0	0	0	0
22.8. I was happy	DS8_y12C	0	0	0	0
22.9. I felt lonely, like I didn't have any friends	DS9_y12C	0	0	0	0
22.10. It was hard to get started doing things	DS10_y12C	0	0	0	0

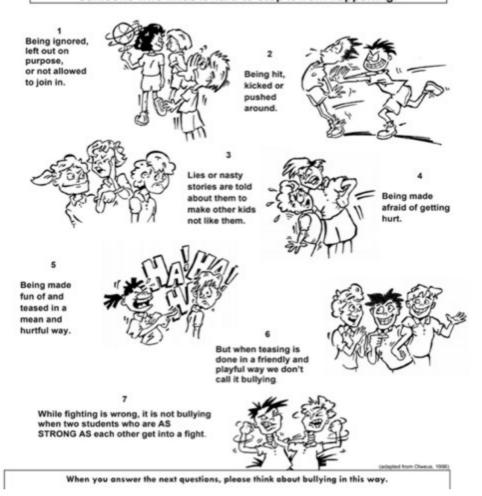
## 23. Anxiety - Manawapā

This section of the questionnaire includes questions from the PROMIS®, Paediatric Anxiety Short Form - 8a, which have been redacted for copyright purposes. Please contact the team at Growing Up in New Zealand (dataaccess@growingup.co.nz) for more information.

#### 24. Bullying - Whakaweti

Please read the following definition of bullying: You may have noticed that students sometimes bully other students. There are lots of different ways that students can be bullied.

Bullying is when these things happen <u>AGAIN AND AGAIN</u> to someone who finds it hard to stop it from happening:



# Last school term, how often were you bullied (including cyberbullying) by one or more young people in the following ways?

(Choose one only for each row)	Variable name	0. This did not happen to me	1. Once or twice	2. Every few weeks	3. About once a week	4. Several times a week or more
24.1. I was TEASED in nasty ways	CPR25_y12C	0	0	0	0	0
24.2. SECRETS were told about me to others to hurt me	CPR26_y12C	0	0	0	0	0
24.3. I was hurt by someone trying to BREAK UP A FRIENDSHIP	CPR27_y12C	0	0	0	0	0
24.4. I was MADE TO FEEL AFRAID by what someone said he/she would do to me	CPR28_y12C	0	0	0	0	0
24.5. I was deliberately HURT PHYSICALLY by someone and/or by a group GANGING UP on me	CPR29_y12C	0	0	0	0	0
24.6. I was CALLED NAMES in nasty ways	CPR30_y12C	0	0	0	0	0
24.7. Someone told me he/she WOULDN'T LIKE ME UNLESS I DID what he/she said	CPR31_y12C	0	0	0	0	0
24.8. My THINGS were deliberately DAMAGED, DESTROYED or STOLEN	CPR32_y12C	0	0	0	0	0
24.9. Others tried to hurt me by LEAVING ME OUT of a group or NOT TALKING TO ME	CPR33_y12C	0	0	0	0	0
24.10. LIES were told and/or FALSE RUMOURS spread about me by someone, to make my friends or others NOT LIKE me	CPR34_y12C	0	0	0	0	0

#### 25. Resilience - Manawaroa

To what extent do the following statements apply to you? There are no right or wrong answers.

(Choose one only for each row)	Variable name	1. Not at all	2. A little	3. Somewhat	4. Quite a bit	5. A lot
25.1 I get along with people around me	RES1_y12C	0	0	0	0	0
25.2 People think I am fun to be with	RES2_y12C	0	0	0	0	0
25.3 I feel supported by my friends	RES3_y12C	0	0	0	0	0
25.4 My family/caregiver(s) care about me when times are hard (for example if I am sick or have done something wrong)	RES4_y12C	0	Ο	0	0	0
25.5 I feel safe when I am with my family/caregiver(s)	RES5_y12C	0	0	0	0	0
25.6 My parent(s)/caregiver(s) know a lot about me (for example, who my friends are, what I like to do)	RES6_y12C	0	0	0	0	0
25.7 I know where to go to get help if I need it	RES7_y12C	0	0	0	0	0
25.8 Spiritual beliefs are a source of strength for me	RES10_y12C	0	0	0	0	0
25.9 I participate in organised religious activities (such as church, mosque)	RES11_y12C	0	0	0	0	0
25.10 I enjoy my community's traditions	RES12_y12C	0	0	0	0	0
25.11 Being outdoors or with nature helps me to be happy, healthy and strong	RES13_y12C	0	0	0	0	0

This section of the questionnaire includes questions from the Connor Davidson Resilience Scale (CD-RISC-2), which have been redacted for copyright purposes. Please contact the team at Growing Up in New Zealand (dataaccess@growingup.co.nz) for more information.

For each item, please click the circle below that best indicates how much you agree with the following statements as they apply to you over the last <u>month</u>. If a particular situation has not occurred recently, answer according to how you think you would have felt.

(Choose one only for each row)	Variable name	0. Not true at all	1. rarely true	2. Sometimes true	3. Often true	4. True nearly all the time
25.12 When I make a mistake or fail something that is important to me, I always stop and think about it and try to learn from it	RES16_y12C	0	0	0	0	0

#### 26. Social Emotional Health - Hauora Mahamaha

Please tell us how true each statement is of you.

(Choose one only for each row)	Variable name	1. Not at all true	2. A little true	3. Pretty much true	4. Very much true
26.1 I accept responsibility for my actions.	ER1_y12C	0	0	0	0
26.2 When I make a mistake, I admit it.	ER2_y12C	0	0	0	0
26.3 I can deal with being told no.	ER3_y12C	0	0	0	0

## 27. Child Behaviour - Whanonga

For each item, please mark the box for Not True, Somewhat True or Certainly True. It would help us if you answered all items as best you can even if you are not absolutely certain. Please give your answers on the basis of how things have been for you over the **last six months**.

(Choose one only for each row)	Variable name	1. Not true	2.Somewhat true	3. Certainly true
27.1 I try to be nice to other people. I care about their feelings	SDQ1_y12C	0	0	0
27.2 I am restless, I cannot stay still for long	SDQ2_y12C	0	0	0
27.3 I get a lot of headaches, stomachaches, or sickness	SDQ3_y12C	0	0	0
27.4 I usually share with others, for example games, food	SDQ4_y12C	0	0	0
27.5 I get very angry and often lose my temper	SDQ5_y12C	0	0	0
27.6 I would rather be alone than with people of my age	SDQ6_y12C	0	0	0
27.7 I usually do as I am told	SDQ7_y12C	0	0	0
27.8 I worry a lot	SDQ8_y12C	0	0	0
27.9 I am helpful if someone is hurt, upset, or feeling ill	SDQ9_y12C	0	0	0
27.10 I am constantly fidgeting or squirming	SDQ10_y12C	0	0	0
27.11 I have one good friend or more	SDQ11_y12C	0	0	0
27.12 I fight a lot. I can make other people do what I want	SDQ12_y12C	0	0	0

(Choose one only for each row)	Variable name			e
		1. Not true	2.Somewhat true	3. Certainly true
27.13 I am often unhappy, depressed, or tearful	SDQ13_y12C	0	0	0
27.14 Other people my age generally like me	SDQ14_y12C	0	0	0
27.15 I am easily distracted, I find it difficult to concentrate	SDQ15_y12C	0	0	0
27.16 I am nervous in new situations. I easily lose confidence	SDQ16_y12C	0	0	0
27.17 I am kind to younger children	SDQ17_y12C	0	0	0
27.18 I am often accused of lying or cheating	SDQ18_y12C	0	0	0
27.19 Other children or young people pick on me or bully me	SDQ19_y12C	0	0	0
27.20 I often volunteer to help others (parents, teachers, children)	SDQ20_y12C	0	0	0
27.21 I think before I do things	SDQ21_y12C	0	0	0
27.22 I take things that are not mine from home, school or elsewhere	SDQ22_y12C	0	0	0
27.23 I get along better with adults than with people my own age	SDQ23_y12C	0	0	0
27.24 I have many fears, I am easily scared	SDQ24_y12C	0	0	0
27.25 I finish the work I'm doing. My attention is good	SDQ25_y12C	0	0	0

## 28. Worries Regarding Covid-19 - Māharahara ki te Huaketo Korona

Thinking about COVID-19/Corona virus, how often do you worry about-the following things

28.1	I am worried about missing out on my usual school work.	
		COV3_y12C
	O 0. Never	
	O 1. Sometimes	
	O 2. Often	
	O 3. Almost always	
	O 99. I don't know	
28.2	I am worried about how much money my family has.	
	O O Alverse	COV4_y12C
	O 0. Always	
	O 1. Often	
	O 2. Sometimes	
	O 3. I don't think about it at all	
	O 99. I don't know	
28.3	I have felt worried about how people in my home are getting on.	
	O 0. Never	COV8_y12C
	O 1. Almost never	
	O 2. Sometimes	
	O 3. Often	
	O 4. Always	
	O 99. I don't know	

#### 29. School Satisfaction - Mokori

## Section 11) Your school life - Tō Kura

The next set of questions ask about how you feel about the school you are at now.

Note: If you are home schooled, or do Te Aho O Te Kura Pounamu, [Te Aho O Te Kura Pounamu - NOT FOR OVERSEAS PARTICIPANTS], please also answer these questions.

## How often are the following statements true for you?

(One	response only per row)	Variable name	0. Never	1.Sometimes	2. Often	3. Almost Always
29.1	I look forward to school.	CCQ1_y12C	0	0	0	0
29.2	l like school.	CCQ2_y12C	0	0	0	0
29.3	School is interesting.	CCQ3_y12C	0	0	0	0
29.4	I wish I didn't have school.	CCQ4_y12C	0	0	0	0
29.5	There are many things about school that I like.	CCQ5_y12C	0	0	0	0
29.6	l enjoy school activities.	CCQ6_y12C	0	0	0	0

## 30. Student-Teacher Relationship - Tauira Kaiako Whakawhanaunga

Thinking about the teacher you spend MOST of your time with, please answer the following.

## My teacher...

(One	response only per row)	Variable name	0. Never	1.Sometimes	2. Often	3.Almost always
30.1	listens carefully to me when I talk.	STR1_y12C	0	0	0	0
30.2	helps me when I need help.	STR2_y12C	0	0	0	0
30.3	respects me.	STR3_y12C	0	0	0	0
30.4	likes having me in their class.	STR4_y12C	0	0	0	0
30.5	makes it fun to be in their class.	STR5_y12C	0	0	0	0
30.6	thinks I do a good job in their class.	STR6_y12C	0	0	0	0
30.7	is fair to me.	STR7_y12C	0	0	0	0
30.8	expects me to do my best.	STR8_y12C	0	0	0	0

## 31. Academic Resilience – Manawaroa Mātauranga

## Please rate yourself on the following day-to-day challenges you may experience at school.

(Choose one only for each row)	Variable name	1. Strongly disagree	2. Disagree	3. Somewhat disagree	4. Neutral	5. Somewhat agree	6. Agree	7. Strongly agree
31.1 I don't let schoolwork stress get on top of me.	ACRES1_y12C	0	0	0	0	0	0	0
31.2 I'm good at dealing with setbacks at school (e.g. bad marks, negative feedback on my work).	ACRES2_y12C	0	0	0	0	0	0	0
31.3 I think I'm good at dealing with schoolwork pressures.	ACRES3_y12C	0	0	0	0	0	0	0
31.4 I don't let a bad mark affect my confidence.	ACRES4_y12C	0	0	0	0	0	0	0

## 32. Academic Efficacy – Mana Mātauranga

## Thinking about your schoolwork, how often are the following statements true for you?

## Drag the slider to any point on the scale

(One	response only per row)	Variable name	0. Not at all true	1.	2. Somewhat true	<sub>છ</sub> ં	4. Very true
32.1	I'm sure that I can master the skills taught in school this year.	ACSE1_y12C	0	0	0	0	0
32.2	I'm sure that I can work out how to do the most difficult schoolwork.	ACSE2_y12C	0	0	0	0	0
32.3	I'm sure that I can do almost all the work in school if I don't give up.	ACSE3_y12C	0	0	0	0	0
32.4	Even if the work is hard, I'm sure that I can learn it.	ACSE4_y12C	0	0	0	0	0
32.5	I'm sure that I can do even the hardest work in school this year.	ACSE5_y12C	0	0	0	0	0

## 33. School Engagement – Whakapāpā Kura

These next questions ask about how you are at school. How often are the following statements true for you?

(One response only per row)		Variable name		(0		vays
			0. Never	1.Sometimes	2. Often	3.Almost always
33.1	I work quietly and calmly in class when I am supposed to.	SCHE1_y12C	0	0	0	0
33.2	In class I listen carefully to my teacher.	SCHE2_y12C	0	0	0	0
33.3	I follow the rules in class.	SCHE3_y12C	0	0	0	0
33.4	In class I pay attention when I am supposed to.	SCHE4_y12C	0	0	0	0
33.5	I do my work when I am supposed to in class.	SCHE5_y12C	0	0	0	0
33.6	In class I behave well even when the teacher isn't watching.	SCHE6_y12C	0	0	0	0

## How much do you agree with each of the following?

(One response per row only)		Variable name					
			1. Strongly Disagree	2. Disagree	3. Not sure	4. Agree	5. Strongly Agree
33.7	If I don't understand my schoolwork, I ask the teacher to help me.	SCHE7_y12C	0	0	0	0	0
33.8	If I am having trouble learning something at school, I ask for help.	SCHE8_y12C	0	0	0	0	0
33.9	If I get confused about something at school, I go back and try to figure it out.	SCHE9_y12C	0	0	0	0	0
33.10	If I don't understand something in school, I go back and try to learn it again.	SCHE10_y12C	0	0	0	0	0
33.11	If I get confused about something at school, I try to work it out later.	SCHE11_y12C	0	0	0	0	0

## 33.12 Even though it may be a long way off, how far in school do you expect to go?

(Choose one only)

O 2. Finish secondary school O 3. Finish secondary school	ol and get a job straight away ol and then do some more study or training	
33.13 Why did you answe	r {seeded option selected in 33.12}?	
(Choose only one)		HD10_y12C
○ 97. Please tell us: ○ 99. I don't know	(open text box)	

HD7\_y12C

#### 34 Money, Jobs, Savings - Te Moni, te Mahi, me te Penapena Pūtea

#### Section 12) Your money and life in your neighbourhood - Te moni me te whakapāpā kiritata

Now some questions about whether you have any of your own money.

	34.1	Do you have	any mone	y of your	own?
--	------	-------------	----------	-----------	------

CHMON1_y12C

#### 34.2 Do you sometimes get money for...

(Choose all that apply)

CHMON3\_1\_y12C to CHMON3\_97\_y12C

- O 1. Good behaviour, finishing your homeworkO 2. Doing well at school
- O 3. Pocket money/allowance
- O 4. Special occasions e.g. Birthdays, Christmas, New Year
- O 5. Doing a paid job
- O 6. Selling your things
- O 7. Doing chores/housework
- O 97. Other, please tell us
- $\bigcirc$  96. None of the above  $\rightarrow$  **Skip to 35.1**

[Note: 96 is an exclusive code]

#### 34.3 About how much money do you get every week?

(Choose only one) CHMON2 y12C

- 0 0. \$0
- O 1. \$1-\$5
- O 2. \$6-\$10
- O 3. \$11-\$20
- O 4. \$21-\$50
- 5. More than \$50
- O 99. I don't know

#### 34.4 What do you do with your money?

(Choose all that apply)

CHMON5\_\_1\_y12C to CHMON5 11 y12C

- O 1. Save it
- O 2. Buy food/drinks for myself
- O 3. Buy food/groceries for my family or whānau
- O 4. Buy food/groceries for my friends
- O 5. Buy gifts for my family or friends
- O 6. Use it to pay for my phone or internet
- O 7. Buy cards/games/toys
- O 8. Buy clothes/shoes
- O 9. Go out, go to the movies
- O 10. Give it to charity
- O 11. I can't use or access my money yet

## 35 Neighbourhood Engagement – Whakapāpā Kiritata

This section of the questionnaire includes questions about neighbourhood engagement, which have been redacted for copyright purposes. Please contact the team at Growing Up in New Zealand (dataaccess@growingup.co.nz) for more information.

#### 36 Neighbourhood, Places Child Visits - Kānekeneke

Note: This question will be an interactive item on one screen of the electronic questionnaire. Respondents will be asked to click on 3 places on a neighbourhood map and tell us about the places they visit without an adult].

We want to know about the places in your neighbourhood that you visit without an adult. Click on each of the buttons representing the places and answer the questions that follow.

#### [Place 1:] Local food shops (such as dairy, superettes, grocery stores, takeaways)

36.1 I	How often	do you usua	lly visit this p	lace without an adul	it?
--------	-----------	-------------	------------------	----------------------	-----

(Choose one only) NENG14 y12C O 1. Most days O 2. About once a week O 3. About once every two weeks O 4. About once a month O 5. Less than once a month ○ 6. Never -> Go to 36.3 36.2 How safe do you feel at this place? (Choose one only) NENG17 y12C O 1. I always feel safe O 2. I sometimes feel unsafe O 3. I often feel unsafe [Go to 36.4 - Place 2] 36.3 What is the main reason you don't visit this place without an adult?

# NENG18 y12C

(Choose one only) O 1. This place isn't in my neighbourhood O 2. I don't feel safe visiting this place without an adult O 3. I am not allowed to visit this place without an adult

# [Place 2:] Outdoor play area (such as park, bush reserve, beach, pool, playground, sports field, scooter park, skateboard park, bike park, BMX track)

36.4 How often do you usually visit this place without an adult?	
--	--

(Choose one only)	NENG21_y12C
<ul> <li>O 1. Most days</li> <li>O 2. About once a week</li> <li>O 3. About once every two weeks</li> <li>O 4. About once a month</li> <li>O 5. Less than once a month</li> <li>O 6. Never -&gt; Go to 36.6</li> </ul>	
36.5 How safe do you feel at this place?	
(Choose one only)	NENG24_y12C
<ul><li>O 1. I always feel safe</li><li>O 2. I sometimes feel unsafe</li><li>O 3. I often feel unsafe</li></ul>	
[Go to 36.7 - Place 3]	
36.6 What is the main reason you don't visit this place without an adult?	
(Choose one only)	NENG25_y12C
<ul> <li>1. This place isn't in my neighbourhood</li> <li>2. I don't feel safe visiting this place without an adult</li> <li>3. I just don't want to go to this place</li> <li>4. I am not allowed to visit this place without an adult</li> <li>97. Some other reason (please tell us)</li> </ul>	

[Place 3:] Indoor community place (such as movie theatre, video games, shopping mall, sports centre, recreation centre, gymnasium, swimming pool, community centre, hall, library)

36.7	How often do	vou usually	v visit this	place	without a	ın adult'
00.1	IIOW OILCII GO	you usuun	y violit tillo	piacc	Without	iii aaait

(Choose one only) NENG28\_y12C

- O 1. Most days
- O 2. About once a week
- O 3. About once every two weeks
- O 4. About once a month
- O 5. Less than once a month
- 6. Never -> Go to 36.9

## 36.8 How safe do you feel at this place?

(Choose only one) NENG31 y12C

- O 1. I always feel safe
- O 2. I sometimes feel unsafe
- O 3. Loften feel unsafe

#### [Go to 36.10]

## 36.9 What is the main reason you don't visit this place without an adult?

(Choose one only) NENG32\_y12C

- O 1. This place isn't in my neighbourhood
- O 2. I don't feel safe visiting this place without an adult
- O 3. I just don't want to go to this place
- O 4. I am not allowed to visit this place without an adult
- O 97. Some other reason (please tell us

This section of the questionnaire includes questions about children's independent mobility, which have been redacted for copyright purposes. Please contact the team at Growing Up in New Zealand (dataaccess@growingup.co.nz) for more information.

## 37 Screen-based Media – Mata Hunga Pāpāho

## Section 13) All things screen time - Mata hunga pāpāho

We want to know about how you use screen devices and the internet. When we say devices we mean anything with a screen like TVs, phones, gaming consoles, tablets, computers etc.

37.1 Here are some common screen devices that people have at home. Do you have any that you regularly use at home (e.g. at least 2 times a week)?

(Choose all that apply)	TU841_y12C to TU8497_y12C
<ul> <li>1. A tablet (e.g. an iPad)</li> <li>2. A laptop or computer</li> <li>3. A TV</li> <li>4. A mobile phone with internet connection</li> <li>5. A mobile phone without internet (only for call</li> <li>6. A gaming console (e.g. Xbox, Nintendo, Play</li> <li>97. Something else (Please tell us</li> <li>96. I don't have any devices at home</li> <li>7. I don't regularly use any devices at home</li> </ul>	vstation)
[Note: 96 and 7 are exclusive codes]	
37.2 When you need to use a screen device to do this?	o do schoolwork at home, are you usually able
(Choose only one)	TU93_y120
<ul><li>O 1. Yes → <b>Go to 37.4</b></li><li>O 0. No</li></ul>	
37.3 What is the main reason why you are r schoolwork at home?	not usually able to use a screen device to do
(Choose only one)	TU94_y12C
<ul> <li>○ 1. Because I don't have any internet connection</li> <li>○ 2. Because I don't have a device at home (or I I</li> <li>○ 3. Because I have restrictions on how much tim</li> <li>○ 4. Because I don't have enough time in my day</li> <li>○ 5. Because I don't get given any homework</li> <li>○ 97. Some other reason (please tell us</li> </ul>	have to share devices with other people) ne and what things I am allowed to do on devices to use devices

# How often do you do these things using a screen device, $\underline{not}$ including the time you are at school?

(0	Choose one only for each row)	Variable name	1. Several times a day	2. Every day	3. Several times a week	4. About once a week	5. About once a month	6. Hardly ever / never
37.4	Doing homework	TU58_y12C	0	0	0	0	0	0
37.5	Listening to music	TU59_y12C	0	0	0	0	0	0
37.6	Watching TV, movies or videos (e.g. Netflix, Lightbox, Neon, AppleTV, YouTube, music videos)	TU60_y12C	0	0	0	0	0	0
37.7	Playing games (e.g. Minecraft, Roblox, Fortnite)	TU61_y12C	0	0	0	0	0	0
37.8	Shopping online (e.g. clothes, toys and electronics)	TU63_y12C	0	0	0	0	0	0
37.9	Searching the internet (e.g. Google)	TU64_y12C	0	0	0	0	0	0
37.10	Following or posting photos, videos, or written ideas on social media (e.g. TikTok, Instagram, Facebook, Twitter)	TU31_y12C	0	0	0	0	0	0
37.11	Messaging or talking to people (e.g. WhatsApp, iMessage, Snapchat, Messenger, text messages, emails, phone, video calls)	TU67_y12C	0	0	0	0	0	0
37.12	Creating art, or making movies, videos, photos, music, songs, or sound recordings	TU68_y12C	0	0	0	0	0	0
37.13	Writing stories or poems for leisure (not homework)	TU71_y12C	0	0	0	0	0	0
37.14	Reading for leisure (not homework)	TU111_y12C	0	0	0	0	0	0
37.15	Coding / programming	TU73_y12C	0	0	0	0	0	0

37.16 Is there something else, not in the previous list including when you are at school)?	st that you do using a screen device (not
(Choose only one)	TU40_y12C
O 1. Yes. Please tell us:O 0. No	
37.17 Thinking about a usual school week (Monday time on screen devices or TV (not including the time	
(Choose only one)	TU112_y12C
<ul> <li>○ 0. No days -&gt; Go to 37.19</li> <li>○ 1. 1 day</li> <li>○ 2. 2 days</li> <li>○ 3. 3 days</li> <li>○ 4. 4 days</li> <li>○ 5. 5 days</li> </ul>	
37.18 On a school day when you spend time on so many hours is this usually (not including the time y	
(Choose only one)	TU97_y12C
<ul> <li>1. Less than 1 hour</li> <li>2. About 1 hour</li> <li>3. About 2 hours</li> <li>4. About 3 hours</li> <li>5. About 4 hours</li> <li>6. About 5 hours</li> <li>7. More than 5 hours</li> </ul>	
37.19 Thinking about a usual weekend (Saturday spend time on screen devices or TV?	and Sunday), how many days do you
(Choose only one)	TU113_y12C
<ul><li>○ 0. No days -&gt; Go to 37.21</li><li>○ 1. 1 day</li><li>○ 2. 2 days</li></ul>	
37.20 On a weekend day when you spend time on s many hours is this usually?	creen devices or TV, approximately how
(Choose only one)	TU98_y12C
<ul> <li>1. Less than 1 hour</li> <li>2. About 1 hour</li> <li>3. About 2 hours</li> <li>4. About 3 hours</li> <li>5. About 4 hours</li> <li>6. About 5 hours</li> <li>7. More than 5 hours</li> </ul>	

TU99\_y12C

37.21 How often do you feel that your parent or caregiver's use of a screen device or TV gets in the way of something you are doing or want to do with them, such as a family meal, conversation or activity

(Choose only one)

<ul><li>0 0. Never</li><li>0 1. Not very often</li><li>0 2. Sometimes</li><li>0 3. Often</li><li>0 4. A lot/always</li></ul>	
37.22 How often do you feel that your use of a screen de something you are doing or want to do with friends or family	
(Choose only one)	TU100_y12C
O 0. Never O 1. Not very often O 2. Sometimes O 3. Often O 4. A lot/always	
37.23 When you are at home, how often do your parents of what you are doing or watching on a screen device or of	
(Choose only one)	TU108_y12C
<ul> <li>O 1. Most or all of the time</li> <li>O 2. About half of the time</li> <li>O 3. Less than half of the time</li> <li>O 4. Never they don't know what I am doing at all</li> </ul>	

## While using the internet and social media, how often have you come across these things?

(Choose one o	only for each row)	Variable name	1. Never	2. Occasionally	3. Often
37.24 Bullying (o	f you or others)	TU88_2_y12C	0	0	0
37.25 Sexual ima	iges	TU88_1_y12C	0	0	0
37.26 Violence		TU109_y12C	0	0	0
37.27 Contact fro	om someone you or shouldn't talk to	TU88_4_y12C	0	0	0
things, pla	ure to watch certain y certain games, ain people e.g.	TU88_9_y12C	0	0	0
37.29 Buying soi	mething by mistake	TU88_11_y12C	0	0	0
37.30 Advertisen alcohol, to snacks, or	bacco smoke, vaping,	TU88_12_y12C	0	0	0

#### 38 Hopes and Dreams - Wawata

#### Section 14) Hopes and Dreams - Wawata

What do you think is the best thing about being {NAME}

This section asks some questions about your thoughts for the future. You can say as much or as little as you like, and remember, there are no right or wrong answers.

(Choose one only)		HD9_y12C
O 97. Please tell us O 99. I don't know	_(open text box)	
38.1 Why is that the best the	hing about being {NAME}?	
(Choose one only)		HD12_y12C
O 97. Please tell us O 99. I don't know	_(open text box)	
38.2 Is there anything you years?	are particularly worried about when you think abo	ut the next few
(Choose only one)		HD11_y12C
O 97. Please tell us O 99. I don't know	_(open text box)	
38.3 What are you most lo	oking forward to about the next few years?	
(Choose only one)		HD3_y12C
O 97. Please tell us O 99. I don't know	_(open text box)	

END OF THE QUESTIONNAIRE – THANK YOU VERY MUCH Ko tēnei te mutunga o ngā patai katoa – ngā mihi nui