

The 10 Commandments

The Ten Commandments

- Ex 20:3 Thou shall have no other gods before me, nor make any graven images nor bow down to them. **1 Chr 29:20** - bowing
Bronze serpent **Num 21:8-9** | Jn 3:14 | 2 Kgs 18:4 [1300 BC to 800 BC] **2 Kgs 6&7** – cherubim, palm trees, lions, 12 oxen
- Ex 20:7 Thou shall not take the name of the LORD thy God in vain; for the LORD will not hold him guiltless that takes his name in vain.
- Ex 20:8 Remember the Sabbath day, to keep it holy.
The sabbath was made for man (**Mk 2:27**) to enter into communion with God through a covenant.
- Ex 20:12 Honor thy father and thy mother: that thy days may be long upon the land which the LORD thy God gives thee.
- Ex 20:13 Thou shall not kill (**ratsach** – murder. To kill is **harag**.)
- Ex 20:14 Thou shall not commit adultery.
Includes any distortion of the conjugal act in general.
- Ex 20:15 Thou shall not steal.
- Ex 20:16 Thou shall not bear false witness against thy neighbor.
- Ex 20:17 Thou shall not covet thy neighbor's house, thou shall not covet thy neighbor's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that [is] thy neighbor's.

The Commandments can be summed up with 2 commandments:

Mark 12:30-31 And you shall love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this [is] the first commandment.
And the second [is] like, [namely] this, Thou shall love thy neighbor as thyself. There is none other commandment greater than these.

Luke 10:27 And he answering said, Thou shall love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind; and thy neighbor as thyself.

WHY ARE THE COMMANDMENTS IMPORTANT?

The Moral Life

Holiness/Sanctification

Rom 6:22 now that you have been set free from sin and have become slaves of God, the return you get is sanctification and its end, eternal life.

Eph 4:24 And that you put on the new man, which after God is created in righteousness and true holiness.

1Ti 2:15 ... she shall be saved in childbearing, if they continue in faith and charity and holiness with sobriety.

Heb 12:10 For they for a few days chastened [us] after their own pleasure; but he for [our] profit, that [we] might be partakers of his holiness.

Heb 12:14 Follow peace with all [men], and holiness, without which no man shall see the Lord:

HOW ARE WE SANCTIFIED/MADE HOLY?

Primarily through the SACRAMENTS, especially the Eucharist.

The Eucharist as the Source and Summit of the Christian Life

... in the Eucharistic sacrifice, the source and summit of the Christian life. . . (*Lumen Gentium* 11)

John 6:53 Then Jesus said unto them, Amen, Amen, I say to you, unless you eat the flesh of the Son of man, and drink his blood, you have no life in you.

John 6:54 Whosoever eats my flesh, and drinks my blood, has eternal life; and I will raise him up on the last day.