

Mimi Hattoh

San Diego • California
• mimibfirestone@gmail.com



Summary

CIIS Doctoral Researcher specializing in human development, psychology, and social dynamics with extensive experience leading youth, student, and community wellness programs. Proven track record in program coordination, crisis advocacy, and mentoring diverse student populations. Graduated #1 in Social Work from Rutgers University, combining deep theoretical expertise with highly effective, hands-on leadership to foster positive learning environments and elevate community youth initiatives.

Professional Experience

Book Project Manager/Content Creator

November 2023 – March 2026

- Successfully managed, researched, and authored a comprehensive 333-page manuscript focusing on human development, behavioral science, and advanced consciousness..
- Utilized deep analytical research to synthesize complex psychological and social dynamics, creating actionable insights that translate directly into community and educational programming
- Designed, launched, and managed a dedicated website to host book updates, independently handles all content loading, backend formatting, and system maintenance.

New Jersey Department of State, Office of Lt. Governor

January 2024 – February 2025

Community Outreach Specialist Intern Trenton, New Jersey, USA

- Conceptualized, created, and scheduled engaging digital content across major social media platforms, driving public engagement and growing follower counts in alignment with departmental goals.
- Collaborated closely with senior leadership to design public-facing materials, workshops, and initiatives aimed at youth and community advocacy.
- Guided and supported regional community partners in organizing effective educational drives, promoting high engagement across diverse demographics.
- Actively participated as a member of the Department's Civic and Voter Education Team, contributing to broader civic engagement initiatives.

Eagleton Institute of Politics, Center for Youth Political Participation

August 2023 – June 2024

Research Assistant New Brunswick, New Jersey, USA

- Managed the Young elected Leaders Project (YELP), including data collection and analysis on the age, gender, and racial composition of political entities across the United States.
- Maintained and updated the YELP website ensuring it provides comprehensive information on political candidates, election statistics, and general election-related content.
- Partnered closely with the Institute Director and senior department stakeholders to align digital content with organizational milestones, demonstrating the highest level of professional communication and tact.
- Onboarded and trained incoming student workers on social media workflows, brand standards, and digital platform navigation to ensure consistent content quality.
- Wrote my first official press release, demonstrating strong creative writing skills, a sharp attention to detail, and the ability to convey complex institutional narratives clearly.

Rutgers University, Center for Research on Ending Violence

January 2022 – June 2023

Research Assistant New Brunswick, New Jersey, USA

- Supported Program Director in monthly and quarterly data collection and reporting.
- Monitored and documented key metrics to evaluate efficacy of VPVA programs and training in each office.
- Researched current programming and events to share best practices and organized the final report.
- Was responsible for data collection, evaluation, analysis, and reporting on how to improve training.

Robert Wood Johnson Medical School

August 2022- April 2023

Social Work Intern Piscataway, New Jersey, USA

- Facilitated multi-disciplinary student doctor teams to ensure complex social, environmental, and mental wellness needs were properly screened and addressed.
- Connected vulnerable community members and families to vital local resources, including mental health services, housing support, and educational programs.
- Managed weekly outreach programs to actively recruit and support unrepresented populations, utilizing trauma-informed care and proactive crisis prevention models

- Liaised with the Middlesex County Sexual Assault Coalition to keep up-to-date with services available.

Rutgers University, Center for Research on Ending Violence **2021 – 2022**

Training Program Assistant New Brunswick, New Jersey, USA

- Partnered with the Program Coordinator to successfully implement and deliver the Center's Violence Against Women & Children professional certificate program.
- Managed programmatic enrollment, tracked participant milestones toward series completion, and supported graduation planning and final reporting.
- Created interactive learning activities to help improve the virtual learning experience.

Middlesex County College **2019 – 2021**

Peer Writing Tutor Edison, New Jersey, USA

- Worked hand-in-hand with students from brainstorming and rough drafts to final submission.
- Guided students in finding, reading, and citing research articles and journal.

Middlesex County College **2020 – 2021**

Student Organization President

- Conceptualized, built, and launched a comprehensive campus yoga and mindfulness program within the organization to proactively address acute student anxiety and stress.
- Stepped in as the primary yoga and meditation instructor, introducing a combination of guided meditation, physical yoga poses, and controlled breathing techniques to provide real-time wellness solutions
- Collaborated effectively with group members and campus stakeholders to gain widespread organizational backing, successfully executing an innovative solution to a growing campus mental literacy issue.

British Airways Ghana **2013**

Customer Service Representative *Kotoka International Airport, Accra, Ghana*

- Resolved pre-travel customer issues and enquires about flight departures and arrivals.
- Made empowered decisions which take into consideration the balance between the customer and business needs.

Education

California Institute of Integral Studies Present

Online

- Ph.D., Philosophy and Religion with a concentration in philosophy, cosmology & consciousness

The OMnium University™ June 2025 - 2026

Online

- Energy Medicine – Healers Program Series

Rutgers School of Graduate Studies **2023 - 2025**

New Brunswick, New Jersey, USA

- Political Science – United Nations and Global Policy Studies GPA: 3.9

Eagleton Graduate Fellow **2023 - 2024**

Eagleton Institute of Politics, Rutgers University

Rutgers University **2021 - 2023**

New Brunswick, New Jersey, USA

- Major - Social Work GPA: 4.0
- Graduated #1 out of 6412 members SAS Class

Middlesex College **2021**

Edison, New Jersey, USA

- Associate Degree - Liberal Arts Psychology GPA: 3.9
- Phi Theta Kappa Honor Society

Awards, Certifications, and Training

Matthew Leydt Society <i>Rutgers University, Brunswick, New Jersey, USA</i> <ul style="list-style-type: none">Part of the top 1-2% of graduating seniors	2023
Dean's Excellence Award <i>Rutgers University, Brunswick, New Jersey, USA</i>	2023-2024
School of Arts and Science Excellence Award <i>Rutgers University, Brunswick, New Jersey, USA</i>	2023
Phi Alpha, National Social Work Honor Society Member	2023
Rutgers University Domestic Violence Response Team <i>New Brunswick, New Jersey, USA</i> <ul style="list-style-type: none">Confidential Crisis Response Advocate Training	2022 - 2023
Dr. Paul Shane Annual Policy Symposium <i>New Brunswick, New Jersey, USA</i>	2022
Susan N. Wilson Leadership Program, Rutgers University <i>Center for American Women in Politics, New Brunswick, New Jersey, USA</i>	2021

Volunteer

UStrive Online Mentoring <ul style="list-style-type: none">Virtual MentorProvide consistent academic and career guidance to youth and prospective college students, helping them navigate educational pathways.	June 2025 - Present
Office for Violence Prevention and Victim Assistance <i>Rutgers University, New Brunswick, New Jersey, USA</i> <ul style="list-style-type: none">Confidential Crisis Response AdvocateProvided confidential crisis intervention, trauma-informed support, and care coordination for students and community members facing immediate trauma.	2022 - 2023
Healthy Active Minds <i>Middlesex College, Edison, New Jersey, USA</i> <ul style="list-style-type: none">Presidentcleaned	2019 - 2021
National Patriotic Party (NPP) <i>Accra, Ghana</i> <ul style="list-style-type: none">Fundraising Team	2016
National Democratic Party (NDC) <i>Accra, Ghana</i> <ul style="list-style-type: none">Community Education Team	2012