

BREAKFAST

Breakfast boxes * Delivered at room temp *

Petit Dejeuner 15

Two mini pastries (may include mini muffins, danishes, or croissants), fresh fruit salad and yogurt parfait with honey, topped with fresh berries

Keto 16

Three hard-boiled eggs, three slices of smoked bacon, grilled marinated keto vegetables, and assorted imported cheeses

Free Run Egg Sandwich 13

Choose from Egg & Beef brisket tossed with BBQ sauce, Egg & Cheese or Egg & Bacon. Served with home potatoes made with caramelized onions, clarified butter and sautéed peppers

Breakfast Wrap 15

choose from Egg & Beef brisket with BBQ sauce, Egg & Cheese or Egg & Bacon, served with home potatoes made with caramelized onions, clarified butter and sautéed peppers

Breakfast sandwiches, bagels and wraps

Bagel with Spreads 5 (minimum order of 6 per option)

Open-face mini bagel sandwich. Choose from: egg salad/tuna salad/ cream cheese & butter served with sliced tomatoes, cucumbers and red onions

Coho Smoked Salmon \$7.5 or Atlantic Salmon or Gravlax \$6.5

2oz salmon topped with dill, capers, lemon slices, served on a platter

Pumpnickel Bagel 12.5 (min 6)

Served with cream cheese and coho smoked salmon

Free Run Egg Sandwich 7 (min 6)

English muffin egg sandwich, choose from: Egg & Cheese, Egg & Bacon or Egg & Pulled Brisket

Breakfast Wrap 10.5

Served on a flour tortilla, choose from: pulled beef brisket tossed with BBQ sauce; Tomato and Spinach, or Bacon & Cheese

Classic Wrap 12.5 (min 4)

4pc minimum per selection, Choose from egg salad, tuna salad, grilled vegetable wrap, deli turkey with cheese, or ham & cheese

Build your breakfast

Bacon 4.5

2 pc of thick-cut smoked bacon

Sausage 3.5

2 pc of seared breakfast pork or turkey sausages

Scramble eggs 5

2 free-run eggs served with parsley and ketchup

Home Potatoes Veg GF 6

Sauteed potatoes with caramelized onions, clarified butter and sautéed peppers

Egg Frittata Bites Veg GF 5.5 (min 12)

Small baked frittata made with free-run eggs, choose 3 ingredients per dozen: broccoli, sundried tomato, mushrooms, leeks, spinach, potato, caramelized onions, olives, roasted peppers, cheddar, brie, or goat cheese

Mini Croissant Sandwiches 5.5 (min 6)

three-inch mini croissant to choose from:

Black Forest Ham and Cheddar cheese with lettuce, tomatoes and mayonnaise / Deli Turkey with Brie, cranberry mayonnaise, lettuce and tomato or Spinach with artichoke and Feta cheese

Mini Quiche 3.75 (min 6)

three-inch mini quiche, choose from Wild mushroom, Spinach & Brie, or Grilled Vegetables & aged cheddar

Croque Monsieur 4.25 (min 6) * staff required

Mini grilled cheese with black forest ham or deli turkey, and more cheese gratin on top

Potato Latkes Veg 4 (min 6)

served with sour cream

Pancakes Skewer 5 * staff required

3 mini pancakes served with maple syrup and whipped cream

Mini waffles Veg 3.95 * staff required

2" served with whipped cream and berry coulis

Mini French toast Veg 3 * staff required

Mini sliced loaf drenched in French toast batter and seared, served with a maple syrup pipette

Baked French Toast Mini Muffin Veg 3

Made with house brioche bread, and berries served with Quebec maple syrup and fresh berries

Fruit tarts Veg 4

3-inch tartlets filled with pastry cream and topped with seasonal fruits

Fruit Bowl or Cups V GF 5

Seasonal fruits, cut and tossed with freshly squeezed orange juice

Fruit Skewers or platter V GF 5

Seasonal fruit may include pineapple, melons, strawberries, and grapes, served on a skewer

Chia Pudding V GF 5.5

chia seeds, coconut milk, topped with berries, choose from: vanilla, Chocolate, Passion fruit

Yogurt Parfait Veg GF 5.5

Natural yogurt, berries, and honey topped with granola

Greek Yogurt GF 7

Greek yogurt with your choice of mix berries, passion fruit or mango

Overnight Oats V GF 5.5

steel-cut oats, chia seeds, almond/oat milk, maple syrup and topped with berries

Fruit Greek Yogurt Parfait Veg /GF 6.5

Greek yogurt, berries topped with granola (may include nuts) mixed with fruit puree to choose from: Passion fruit, blackberries, blueberries, strawberries or toasted coconut

Breakfast Mini Pastries Veg 5

may include mini danishes, muffins, or croissants served with our house-made preserves (2pc)

Freshly Squeezed Orange Juice 1L with pulp 15

Freshly Squeezed Grapefruit Juice 1L with pulp 15