

# MOTHER'S DAY MENU

order by May 4th/ Pick up May 9 & 10th 10AM-5PM

## Brunch style

<b>Granola parfait</b>	6
yogurt, nut-free and gluten free house-made granola, honey, berries	
<b>Baked blueberry french toast</b> with whipped cream, maple syrup	
2-3 portion pan	20
1/2 pan (serves 6-8 ppl)	50
<b>Quiche</b> – Spinach, mushroom and cheddar, broccoli and brie, lorraine	
4" (individual)	9
10" (serves 8-12 ppl)	75
<b>Frittata muffin (6 pieces)</b>	30
mushroom spinach & cheddar / grill vegetables & brie, lorraine	
<b>Chocolate croissants</b> (min order of 6)	28

## Smoked Salmon

<b>Up stream's smoked salmon cocktail display</b>	
crostini, bagel chips, deli style cream cheese and capers	
2.5 lbs	125
1 lb	55
1/2 lb	24
<b>Upstream's smoked salmon breakfast display</b>	
bagels, deli style cream cheese, cucumbers, tomatoes, capers and quick pickled red onion	
small (1 lb serves 4-6 ppl)	95
large (2.5 lbs serves 12-15ppl)	200

## Cheese platters

<b>Local display</b>	
brie slices, orange cheddar cubes and gouda triangles, accompanied by strawberries, dried apricots, raincoat crisps and flatbreads	
small (serves 7-10 ppl)	80
medium (serves 11-15 ppl)	120

## Artisanal cheese display

triple crème brie, thunder oak gouda and truffle goat cheese, accompanied by strawberries, dried apricots, raincoat crisps and flatbreads	
small (serves 7-10 ppl)	125
medium (serves 11-15 ppl)	175

## Salads

<b>Caesar</b> house-made croutons, grana padano	
individual	14
small (serves 7-10 ppl)	50
medium (serves 11-15 ppl)	70
<b>Kale caesar</b> shredded kale, house-made croutons, grana padano	
Individual	14
small (serves 7-10 ppl)	65
medium (serves 11-15 ppl)	95
<b>Cherry tomato caprese</b> yellow and red cherry tomatoes, baby bocconcini, fresh basil	
Individual	14
small (serves 7-10 ppl)	75
medium (serves 11-15 ppl)	110

<b>Arugula</b> sweet potatoes, coleslaw, grill sweet potatoes, coleslaw, grill vegetables, pumpkin seeds, cheddar, apple cider vinaigrette	
Individual	14.5
Small (serves 7-10)	75
Medium (serves 11-15)	95
Large (serves 16-20)	120
<b>Strawberry</b> spinach, arugula, candied pecans, goat cheese, lemon rosemary dressing	
individual	14.5
small (serves 7-10 ppl)	75
medium (serves 11-15 ppl)	95
large (serves 16-20 ppl)	120

## Lasagna

<b>Beef lasagna</b>	
2-3 portion pan	32
Half pan (serves 8-12 ppl)	75
<b>Cheese lasagna</b>	
2-3 portion pan	30
half pan (serves 8-12 ppl)	65
<b>Ricotta and spinach lasagna</b>	
2-3 portion pan	30
half pan (serves 8-12 ppl)	65
<b>Grilled vegetable lasagna</b>	
2-3 portion pan	35
Half pan (serves 8-12 people)	75

## Sides

<b>Grilled vegetables-</b> portobello mushrooms, red and yellow peppers, sweet potato, zucchini, eggplant	
small (serves 7-10 people)	65
medium (serves 11-15 people)	90
<b>Premium grilled vegetables-</b> asparagus, portobello mushrooms, red and yellow peppers, sweet potato, zucchini, eggplant	
small (serves 7-10 people)	80
medium (serves 11-15 people)	115
large (serves 15-20 people)	140

## Main (mini order of 2 of each item)

<b>Blackened salmon fillet</b> (6 oz)	24
<b>Whole branzino</b>	30
stuffed with lemon wheels and fresh herbs	
<b>Lemon chicken breast supreme</b>	16.5
<b>4 Panko crusted chicken fingers</b> with plum sauce	13.5
<b>Chicken schnitzel</b> (1 breast)	14
<b>Chicken parmigiana</b> (1 breast)	18
<b>Veal osso bucco</b> (4 pc, serves 4 ppl)	115
<b>Grilled veal chop</b> 16oz	38
wild mushroom and truffle veal jus	
<b>Beef short ribs</b> , rosemary jus	32
<b>Meat balls</b> , tomato sugo (1.5", 12 pieces)	18.5
<b>Ontario rack of lamb</b> , dijon, rosemary (rack - 7-8 bones)	110
<b>Falafels</b> , tahini (6 pieces)	9
<b>Sheppard's pie</b> - classic	22
sheppard's pie - vegan	22

## Sweets

<b>Mini cookies</b> (12 pieces)	24
Tri chocolate kitkat / Dark chocolate chunk coffee crisp / white chocolate cranberry	
<b>Mini Brownies, Lemon bar</b>	
6 pieces	14
12 pieces	24
<b>Apple crumble</b>	
2-3 portion pan	15
1/2 pan	35
Individual	9
<b>Lemon tart</b> (4" individual)	9
<b>Tiramisu GF</b> mascarpone, espresso, marsala	
Individual mason jar	11
half pan	75
<b>Assorted sweet tray</b> - mini tarts, squares, cookies	
small (20 pieces)	60
large (40 pieces)	90

## Fruit

<b>Fresh fruit salad with mint</b>	
small (serves 7-10 ppl)	55
medium (serves 11-15 ppl)	70
<b>Fresh fruit and berry skewer</b> 12 pc	55
cube of honeydew, melon, pineapple, strawberry, grape	
<b>Fresh fruit and berry platter</b> golden pineapple, sliced watermelon, sliced honeydew, sliced cantaloupe, grapes, strawberries, blueberries, blackberries, gooseberries	
small (serves 7-10 ppl)	55
medium (serves 11-15 ppl)	80