

Mother's Day Menu

order by May 4th/ Pick up May 9 & 10th 10AM-5PM

BRUNCH STYLE

Granola parfait	6
yogurt, nut-free and gluten free house-made granola, honey, berries	
Baked blueberry french toast with whipped cream, maple syrup	
2-3 portion pan	20
1/2 pan (serves 6-8 ppl)	50
Quiche – Spinach, mushroom and cheddar, broccoli and brie, lorraine	
4" (individual)	9
10" (serves 8-12 ppl)	75
Frittata muffin (6 pieces)	30
mushroom spinach & cheddar / grill vegetables & brie, lorraine	
Chocolate croissants (min order of 6)	28

CHEESE PLATTERS

Local display	
brie slices, orange cheddar cubes and gouda triangles, accompanied by strawberries, dried apricots, raincoat crisps and flatbreads	
small (serves 7-10 ppl)	80
medium (serves 11-15 ppl)	120
Caesar house-made croutons, grana padano	
individual	14
small (serves 7-10 ppl)	50
medium (serves 11-15 ppl)	70
Kale caesar shredded kale, house-made croutons, grana padano	
Individual	14
small (serves 7-10 ppl)	65
medium (serves 11-15 ppl)	95
Cherry tomato Caprese with yellow and red cherry tomatoes, baby bocconcini, fresh basil	
Individual	14
small (serves 7-10 ppl)	75
medium (serves 11-15 ppl)	110

Smoked Salmon

Up stream's smoked salmon cocktail display	
crostini, bagel chips, deli style cream cheese and capers	
2.5 lbs	125
1 lb	55
1/2 lb	24
Upstream's smoked salmon breakfast display	
bagels, deli style cream cheese, cucumbers, tomatoes, capers and quick pickled red onion	
small (1 lb serves 4-6 ppl)	95
large (2.5 lbs serves 12-15ppl)	200

Artisanal cheese display

triple crème brie, thunder oak gouda and truffle goat cheese, accompanied by strawberries, dried apricots, raincoat crisps and flatbreads	
small (serves 7-10 ppl)	125
medium (serves 11-15 ppl)	175

SALADS

Arugula with sweet potatoes, coleslaw, grill sweet potatoes, coleslaw, grill vegetables, pumpkin seeds, cheddar, apple cider vinaigrette	
Individual	14.5
Small (serves 7-10)	75
Medium (serves 11-15)	95
Large (serves 16-20)	120
Strawberry spinach, arugula, candied pecans, goat cheese, lemon rosemary dressing	
individual	14.5
small (serves 7-10 ppl)	75
medium (serves 11-15 ppl)	95
large (serves 16-20 ppl)	120

LASAGNA

Beef lasagna	
2-3 portion pan	32
Half pan (serves 8-12 ppl)	75
Cheese lasagna	
2-3 portion pan	30
half pan (serves 8-12 ppl)	65
Ricotta and spinach lasagna	
2-3 portion pan	30
half pan (serves 8-12 ppl)	65
Grilled vegetable lasagna	
2-3 portion pan	35
Half pan (serves 8-12 people)	75

SIDES

Grilled vegetables- portobello mushrooms, red and yellow peppers, sweet potato, zucchini, eggplant	
small (serves 7-10 people)	65
medium (serves 11-15 people)	90
Premium grilled vegetables- asparagus, portobello mushrooms, red and yellow peppers, sweet potato, zucchini, eggplant	
small (serves 7-10 people)	80
medium (serves 11-15 people)	115
large (serves 15-20 people)	140

Main (mini order of 2 of each item)

Blackened salmon fillet (6 oz)	24	Grilled veal chop 16oz	38
Whole branzino	30	wild mushroom and truffle veal jus	
stuffed with lemon wheels and fresh herbs		Beef short ribs , rosemary jus	32
Lemon chicken breast supreme	16.5	Meat balls , tomato sugo (1.5", 12 pieces)	18.5
4 Panko crusted chicken fingers	13.5	Ontario rack of lamb , dijon, rosemary (rack - 7-8 bones)	110
with plum sauce		Falafels , tahini (6 pieces)	9
Chicken schnitzel (1 breast)	14	Sheppard's pie - classic	22
Chicken parmigiana (1 breast)	18	sheppard's pie - vegan	22
Veal osso bucco (4 pc, serves 4 ppl)	115		

SWEETS

Mini cookies (12 pieces)	24	Apple crumble	
Tri chocolate kitkat / Dark chocolate chunk		2-3 portion pan	15
coffee crisp / white chocolate cranberry		1/2 pan	35
Mini Brownies, Lemon bar		Individual	9
6 pieces	14	Lemon tart (4" individual)	9
12 pieces	24	Assorted sweet tray - mini tarts, squares, cookies	
Tiramisu GF mascarpone, espresso, marsala		small (20 pieces)	60
Individual mason jar	11	large (40 pieces)	90
half pan	75		

FRUIT

Fresh fruit salad with mint		Fresh fruit and berry platter with golden pineapple, sliced watermelon, sliced honeydew, sliced cantaloupe, grapes, strawberries, blueberries, blackberries, gooseberries	
small (serves 7-10 ppl)	55	small (serves 7-10 ppl)	55
medium (serves 11-15 ppl)	70	medium (serves 11-15 ppl)	80
Fresh fruit and berry skewer 12 pc	55		
cube of honeydew, melon, pineapple, strawberry, grape			