

LUNCH

Individual lunch boxes

All bowls & boxes include cutlery, and are delivered at room temperature.

BOWL BOX (min of 3 of each selection) 19.5 GF

Thinly Sliced Roast beef served with rice, grilled eggplant, roasted sweet potatoes, black beans, pickled cabbage, pickled carrots, and horseradish aioli

Seared Chicken with lemon-marinated chicken breast supreme, rice, cherry tomatoes, grilled broccoli, peppers, pickled red onions, sautéed cabbage and lemon aioli

Seared Shrimp with three jumbo shrimp, lemon rice, grilled peppers, zucchini, cucumber, pickled purple cabbage, pickled carrots and lemon aioli

Seared Salmon Marinated pan-seared salmon, lemon rice, roasted cauliflower, grilled red peppers, broccoli, olives, radishes, and chermoula sauce

Crispy Vegan Tofu with soy-marinated fried tofu, BBQ sauce, rice, roasted seasonal vegetables, pickled cabbage, miso and sesame vinaigrette

SALAD BOX (min of 3 of each selection) 19.5 GF

Miso Marinated Beef Kabob mixed greens, radishes, cucumbers, pickled cabbage, chickpeas, red peppers, and a miso vinaigrette

Grilled Chicken Caesar with grilled chicken, romaine hearts, croutons, bacon, Parmesan, and Caesar dressing

Grilled Jumbo Shrimp with four lemon herb grilled jumbo shrimp, spinach, black beans, red pepper, pickled red onions, radishes, carrots and a lemon vinaigrette

Seared Salmon with blackened salmon, mixed greens, purple cabbage, pickled carrots, red pepper, chickpea, mandarin oranges, and a miso vinaigrette

BBQ Tofu with greens, roasted red onions, cucumbers, black beans, radishes, chickpeas, and a white balsamic vinaigrette

Burrata with grilled pepper, olive, cherry tomato, watermelon radish, arugula, and toasted seeds, served with white balsamic dressing

Halloumi Cheese 21

grilled halloumi cheese, grilled pepper, olive, cherry tomato, radish, arugula, and toasted seeds, served with apple cider dressing Vg Gf

SANDWICH BOX

Comes with a small mixed green salad & house dressing on the side

Classic Wrap Selection 18

Egg Salad with celery, served in a flour tortilla

Tuna Salad with white tuna, green onion, and served in a flour tortilla

Grilled Vegetables Wrap V DF with red pepper, eggplant, onions, zucchini, arugula & vegan aioli served in a flour tortilla

Classic Sandwich Selection 18

Chicken Salad with pesto chicken salad with cucumbers and arugula

Ham & Cheese Sandwich with smoked black forest ham with a honey-mustard aioli, aged cheddar, lettuce, tomato, and pickles

Grilled Cheese Sandwich with bacon & crispy onions

Premium Selection 19

Turkey Sandwich with brie, cranberry aioli, and coleslaw

Pulled Brisket mixed with BBQ sauce and topped with a zesty coleslaw

Roast Beef with horseradish aioli, arugula, and crispy onions

Grilled Chicken Sandwich with Basil aioli, tomatoes, lettuce, crispy onions

Prosciutto Sandwich with fiore di latte, arugula, basil aioli and balsamic reduction

Banh Mi Pulled Chicken with pickled carrots, cucumbers, cilantro, and garlic aioli

Grilled Salmon with lettuce, red peppers, red onions, cucumbers, and a dill aioli

Crispy Pork LT pork belly, lettuce, tomato, and spiced aioli