

LUNCH

Individual lunch boxes

All bowls & boxes include cutlery and are delivered at room temperature.

BOWL BOX (min 3, of each selection) 19.5

Thinly Sliced Roast beef GF served with rice, grilled eggplant & roasted sweet potatoes, black beans, pickled cabbage, pickled carrots & horseradish aioli

Seared Chicken GF with lemon-marinated chicken breast supreme, rice, cherry tomatoes, grilled broccoli, peppers, pickled red onions, sautéed cabbage & lemon aioli

Seared Shrimp GF with three jumbo shrimp, lemon rice, grilled peppers, zucchini, cucumber, pickled purple cabbage, pickled carrots & lemon aioli

Seared Salmon GF Marinated pan-seared salmon, lemon rice, roasted cauliflower, grilled red peppers, broccoli, olives, radishes & chermoula sauce

Crispy Vegan Tofu GF Veg with soy-marinated fried tofu, BBQ sauce, rice, roasted seasonal vegetables, pickled cabbage, miso & sesame vinaigrette

SALAD BOX (min 3, of each selection) 19.5

Miso Marinated Beef Kabob GF with mixed greens, radishes, cucumbers, pickled cabbage, chickpeas, red peppers, & miso vinaigrette

Grilled Chicken Caesar with grilled chicken, romaine hearts, croutons, bacon, Parmesan & Caesar dressing

Grilled Jumbo Shrimp GF with three lemon herb grilled jumbo shrimp, spinach, black beans, red pepper, pickled red onions, radishes, carrots & lemon vinaigrette

Seared Salmon GF with blackened salmon, mixed greens, purple cabbage, pickled carrots, red pepper, chickpeas, mandarin oranges & miso vinaigrette

BBQ Tofu GF Veg with greens, roasted red onions, cucumbers, black beans, radishes, chickpeas & white balsamic vinaigrette

Burrata GF Veg with grilled pepper, olive, cherry tomato, watermelon radish, arugula, and toasted seeds & white balsamic dressing

Halloumi Cheese *21 GF Veg with grilled halloumi cheese, grilled pepper, olive, cherry tomato, radish, arugula, and toasted seeds & apple cider dressing

SANDWICH BOX

Comes with a small mixed green salad & house dressing on the side

Wrap Selection (min 3, of each selection)

8" flour tortilla \$11 / 12" flour tortilla \$18

Egg Salad with celery and green onion

Tuna Salad with white tuna & green onion

Grilled Vegetables with red pepper, eggplant, onions, zucchini, arugula & vegan aioli

Chicken Caesar with romaine lettuce, grilled chicken, roasted garlic dressing & croutons

Chicken tinga pulled chicken, brown rice, beans, pico de gallo, avocado & sour cream

Buffalo Ranch Tofu crispy tofu tossed in buffalo sauce, romaine lettuce, vegan aioli, avocado & red onion.

Stacked Sandwich Selection (min 3, of each selection)

5" with sliced artisan bread \$14

Chicken Salad with pesto chicken salad with cucumbers & arugula

Ham & Cheese with smoked black forest ham, aged cheddar, mustard, mayonnaise, lettuce, tomato, and pickles

Grilled Cheese with bacon, aged cheddar & crispy onions

English Veggie Sandwich with tomato, cucumber, lettuce, cheddar, red onion, mayo & alfalfa sprouts

Turkey Sandwich with brie cheese, cranberry aioli & coleslaw

Classic Sandwich Selection 5" \$12 / 7" \$16

Pulled Brisket mixed with BBQ sauce and topped with a zesty coleslaw

Roast Beef with horseradish aioli, arugula & crispy onions

Grilled Chicken with Basil aioli, tomatoes, lettuce & crispy onions

Caprese with fiore di latte, arugula, pesto aioli & balsamic reduction

Italian Hero on a crusty Italian bread, sliced cured Italian meats, provolone cheese, arugula, basil aioli & balsamic reduction

Premium Sandwich Selection 7" \$19

Banh Mi Pulled Chicken with pickled carrots, cucumbers, cilantro & garlic aioli

Grilled Salmon with lettuce, red peppers, red onions, cucumbers & dill aioli

BBQ Brisket mixed with BBQ sauce, aged cheddar, fried free-range egg

Prosciutto with fiore di latte, arugula, basil aioli & balsamic reduction