

Deliverance SUMMARY

How do I help someone who's dealing with harassment or possession?

- **There is no set pattern for this, but it gives you a framework to use.**
- Deliverance sessions may need to happen several times.
- Don't feel like you have to cover everything all at once.
- Pray throughout for the Holy Spirit.
- Listen carefully for the promptings of the Holy Spirit.
- You can even pray in the middle of something if you aren't sure how to proceed and ask for the Holy Spirit's guidance.
- It is critical to believe the Holy Spirit is a thinking, caring, powerful entity and person of the godhead.
- The number of deliverance sessions needed will depend on the extent of the person's open doors, curses, unrepented sins, faith/belief, and commitment to choosing Jesus.

Main Components of Deliverance & Lasting Freedom

1. **Run to Jesus at all costs, even if you don't feel like it. Understand His love for you and recognize God has the power to free you.** Demoniac in the synagogue (Mark 1:23–28, Luke 4:33–36), demoniacs of Gadarenes (Matthew 8:28–34, Mark 5:1–20, Luke 8:26–39), *Steps to Christ*, Chapters 1-2.
2. **Confess and repent of any sin. Rebuke all demons associated with those sins.** *Steps to Christ*, Chapters 3-4.
3. **Yield all. Learn to surrender.** Syrophoenician woman (Matthew 15:21-28, Mark 7:24-30), *Steps to Christ*, Chapter 5.
 - a. Be persistent in prayer, even when Jesus is silent.
 - b. Be persistent in running to Jesus even when others humiliate you or say you can't be helped.
 - c. Be willing to be or do whatever God wants ("Whatever you think, God").
4. **Believe—speak & act words of belief.** The father and demoniac son (Matthew 17:14–21, Mark 9:14–29, Luke 9:37–43), *Steps to Christ*, Chapter 6.
5. **Observe and guide the individual toward a deeper connection with Jesus through time in God's Word, *Steps to Christ*, and giving God your whole heart.** Gently identify where they're struggling, and direct them to specific chapters that speak to their particular needs—whether it's trust, surrender, forgiveness, or faith, etc. James 4:7-10, *Steps to Christ*, Chapters 7-13.
6. **Keep growing.** Form useful habits, thoughts of truth, and daily walk with Jesus. Use the weapons of warfare as mentioned in *His Victory Is Ours*.

Who Should Help With the Deliverance?

- ☐ Invite 2-3 people to assist who:
 - Already have a solid relationship with Jesus
 - Consistent daily devotions
 - Genuinely enjoy walking with God - relying on Him, obeying His Word, and staying spiritually connected.
- ☐ Include at least one person of the same gender as the person receiving deliverance.
- ☐ Before the session, ask God to reveal anything that needs confession, then simply confess it. There's no need for a long process—God forgives immediately.

My Declaration of Faith

- I believe Jesus Christ is the Son of God and my saviour.
- I believe God has given me the legal right of salvation through the shed blood of Jesus Christ, which includes deliverance from every evil power.
- I now state my desire to be completely free in the name and by the grace and power of the Lord Jesus Christ.

My Prayer of Commitment

Heavenly Father, I confess that I am a sinner and ask for your forgiveness. I repent of my sins and reject the dominion of sin over me. I choose to be totally yours.

By the grace and power of your son, Jesus Christ, I choose to be free of every hereditary, cultivated, or transferred demonic power. I reject everything in my character that is not like the Lord Jesus Christ.

I choose to close every door that I have ever opened to the Devil. I now take back the ground that I have ever given to the Devil and choose to give it all to the Lord Jesus Christ. I renounce any negative influences or ungodly attachments that have kept me bound. I choose to break free from all curses and anything that is not of You.

I am a child of God by right of creation and redemption. I choose of my own free will the rightful claim of Jesus Christ to be Lord of my Life. I believe the Lord Jesus Christ is able to give me complete freedom and deliverance. I claim that freedom and deliverance now! I ask this in the name of Jesus Christ. Thank you, Lord, for your mercy and mighty power. Amen.

*The end goal is not simply deliverance,
but to grow closer to Jesus every day!*

General Deliverance Steps

1. **Individual prayer of confession** – ask everyone present to pray and confess their sins silently, simply what God brings to your mind at the moment. James 5:16, Psalms 139:23-24, Jeremiah 17:9-10

“If we regard iniquity in our hearts, if we cling to any known sin, the Lord will not hear us; but the prayer of the penitent, contrite soul is always accepted...”
(*Steps to Christ*, p. 95.3)

2. **Group prayer to ask for Holy Spirit, wisdom & protection** (leader prays out loud with the group, see sample prayer below)

Dear Father in Heaven, please...

- Send the Holy Spirit to control everything and to give us the gift of godly discernment.
- Send Holy angels to protect all present and to fight any battle till it is finished.
- Give victory and freedom to _____.
- Protect the family members of those present.
- Cover us with the armor of God.
- We claim the blood of Christ to cover everyone in the room.
- Bind any powers of darkness present.
- Command any evil spirits that have no right to be in the room to go.
- Bind up the mouth of Satan and any evil angels that come around to issue orders.
- Protect us from any demonic deception or lies.
- Take authority over the powers of darkness – **Luke 10:19** “Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you.”

3. **Pray and claim scripture or sing scripture songs for 5-10 minutes** to prepare your hearts as a whole group.

- Thank God for who He is, His power, His love
- John 14:14, Matthew 18:19, 20
- Matthew 28:19-20, Matthew 10:1, Luke 10:19 – God gives authority over the power of evil by the power of Jesus Christ, and not your own.

4. **Person reads *My Declaration of Faith & My Prayer of Commitment*.** Like a medical consent form, your choice for God gives God permission to operate on you—heal and fix the sin problem in your life.

5. **Learn the background of the person & educate.** Use what is appropriate.

- **Short testimony** that may help the individual.
- **Listen to their life story**—especially their childhood and any sort of brokenness. Write down any open doors as they are sharing their story.
- **Introduce Jesus.** He is the only one who can save us.
- **Explain how demons attack us in our minds**—our thoughts are not always our thoughts. Refer to the *Quick Summary Sheet*.
- **Explain why demons can attack us**—open doors.

6. **Check for disturbances, pray & rebuke if necessary.**

- Sometimes a person may get a cloudy mind, wince from some pain, headache, confusion, or difficulty hearing, if so, rebuke the demons causing it. Ask, “Can we pause and pray?”

Pray and ask God for help, “Lord, you know that _____ is being harassed and the demons are trying to interfere. Please command them to leave this place and release their hold on _____. In the name of Jesus Christ, demons that are causing a cloudy mind or pain, I command you to leave and release your hold.”

- The demons may come back a few minutes later and cause issues, then repeat the process of praying and rebuking them. If the pain goes away, you know demons were involved.

7. **Open Doors** - Look through the check list of possible open doors. **Write down** what may be relevant to them. Have the person check/write down items too. This helps you be thorough and not forget or miss items. (Psalms 139:23, 24)

- Ask for the Holy Spirit’s guidance on what is the **priority and order of open doors** which the person should confess. Dealing with the main issues first is most efficient!
- **Pray, confess to God, and rebuke all demons associated with each open door.** (See *Quick Summary Sheet* or the “Open Doors” chapters 4-7) Confess and rebuke it **out loud**. This ensures the demons hear it and also helps the person internalize his/her choices more.
- **Claim God’s promises** throughout deliverance as needed.

Generational Sins

Sample Prayer: Father in Heaven, I confess this generational sin committed by _____. I choose to forgive him/her for how that sin has affected my life. Please forgive me for how I have participated in that sin. Thank you for Your gracious mercy and for forgiving me for this. Through Jesus' death, I now renounce the power of that sin over me. I ask Jesus to break Satan's bonds over me, my children, grandchildren and other descendants. Please give me complete victory over this generational sin or curse. I thank You in the mighty name of Jesus, Who took my flesh upon Him and lived without sin, Amen

Sins of Flesh

Sample Prayer: "Father in heaven, please forgive me for _____. Lord, I ask You for the gift of repentance, a transformative change of mind and heart, not just feeling sorry for the sin. I choose to turn away from this sin and towards God. Please cleanse me of my unrighteousness and cover me with the blood of Jesus. Please break any bonds that were created to Satan. In the name of Jesus Christ, I command all demons who have come in as a result of the sin to leave and never return."

Occult Involvement & Idol Worship

Sample Prayer: "Lord, I confess that I have taken part in _____. I see these now as sins and I ask Your forgiveness through the shed blood of Jesus Christ on the cross. Jesus, I ask that You free me from every bondage to the occult world and idolatry. Please close all doors in my life to that world. I renounce you, Satan, and every hold you have had in me. I command all demons who came in as a result of occult practices and idolatry, in the name of Jesus Christ to depart from me and trouble me no more. God in heaven, please let me know of any occult items or abominations that are in my home, lead me, and help me destroy any such items. Thank you Lord for your mighty power on my behalf and for forgiving me. "

- Ask God if there are any **curses placed upon you** that you were not aware of. (We have encountered people who have been affected by curses from a witch earlier in their lives or Satanists casting spells on them while in a hospital.)
- Ask God if there are **any cursed items** in your home, whether bought unknowingly or received as gifts from occult sources. Ask Him to show you what needs to be removed or destroyed/burned.
- Evidence of the occult or curses from the past can be manifestations of autism, aspergers, or tourette's syndrome.

Curses

Sample Prayer: "Father in heaven, thank you for your mighty power and forgiveness. In the name of Jesus Christ, I choose to break any curse, pact, or hold of the devil or demons on me and my family. I take back any territory I may

have given Satan in the name of Jesus Christ. I command all demons who came in as a result of curses, in Jesus' name to depart from me and trouble me no more.

- If there are too many open doors for one session, then stop at a good stopping point, rejoice together for what God has done, and continue another time. You don't want to go too long otherwise the demons will play games and try to tire the group out.
- As the demons leave, the person often feels a weight lifted, relief, and peace. If the person had stronger harassment or possession, they may vomit or writhe around when the demons are leaving. They may not "feel" anything and that is totally fine. Don't base deliverance success on feelings or manifestations!

8. Check for remaining demons that came in through the occult or when a person was too young to remember.

- Demons may have come in through situations such as a babysitter who was a witch and put curses on the person as a baby. Or the parents brought them to see a witch doctor when they were young for healing. Or they were dedicated to Satan or demons to serve them from birth.
- If the person knows the actual names of demons, rebuke those by name. Witches, Satanists, or high ranking Freemasons have demon masters whose name(s) they know. Confess and renounce their relationship with these specific demons. There are times when you may need to ask God for specific names of demons, especially for those involved in the occult (see the story of the demoniacs of Gadarenes, Luke 8:26-39).
- Again, ask for the Holy Spirit's wisdom and pray:

Sample Prayer: "Father, I pray that you will bind every demon and prevent them from answering or confusing. I pray the Holy Spirit will reveal to _____ if any other open doors are still present that need to be dealt with, in Jesus Christ's name."

9. General Prayer for Cleansing, Protection, and Filling of the Holy Spirit

Sample Prayer: Lord Jesus, thank You for being our healer and deliverer today. Please cleanse us from anything not of You—sadness, anger, pride, lust, despair, etc.. If any negative thing has affected, tempted, or attached themselves to us in any way, we ask that You cleanse us and replace them with Your joy, peace, patience, love, and humility. We give You all the glory!

I ask that the Holy Spirit, please fill us with Your presence, power, and goodness. Strengthen us, shine Your light in us, and draw us closer to You.

Father in heaven, please send Your holy angels to surround and minister to us—guarding our families, homes, and possessions. Thank You for Your faithful protection and constant care. Amen.

10. Thank God!

Psalms 107:1, 2 – O give thanks unto the Lord, for he is good: for his mercy endureth for ever. Let the redeemed of the Lord say so, whom he hath redeemed from the hand of the enemy.

1 Corinthians 15:57 – But thanks be to God, which giveth us the victory through our Lord Jesus Christ.

Romans 15:13 – Now the God of hope fill you with all joy and peace in believing, that ye may abound in hope, through the power of the Holy Spirit.

11. Keep drawing near to Jesus!

Form a deep connection with Jesus. Before, after, and during the whole process, encourage the individual towards a deeper connection with Jesus through *Steps to Christ* and time in God's Word. Gently identify where they're struggling, and direct them to specific chapters that speak to their particular needs—whether it's trust, surrender, forgiveness, or faith, etc.

12. Keep Growing!

Keep forming new useful habits, thoughts of truth, and daily walk with Jesus. Educate the person about the weapons of warfare. Use the weapons of warfare!