

Palliative care training for Namma Clinic medical officers

BENGALURU, DHNS

A one-day training on Palliative and Supportive Care for Neurological Conditions, titled 'Santvana: Neuropalliative and Supportive Care', was held in Nimhans.

Around 112 medical officers of Namma Clinics were trained over four days between June 22 and July 14. The programme was organised in collaboration with the Dr Shyama Narang Foundation and the Greater Bengaluru Authority (GBA).

The programme aimed to

enhance the knowledge and skills of primary care physicians in providing comprehensive care for people living with neurological conditions.

The sessions covered a wide range of topics relevant to neuropalliative and supportive care, including basics of neuropalliative care, home-based supportive care, identification and management of symptoms in chronic neurological disorders, assessment and management of speech and swallowing difficulties, dementia identification and assessment, psy-

chological perspective, nursing care, psychosocial aspects and effective communication.

There were interactive platforms for the medical officers to understand the multidimensional needs of patients with neurological conditions and their families.

The training has empowered doctors at Namma Clinics with skills to not only attend to patients' secondary infections, but also provide palliative care for people with rare neurological diseases within their own ward and community.