







CONCEPT & PHILOSOPHY

Discover Sisley's Phyto-Aromatic Treatments and let yourself be transported to a wonderful sensorial world, benefit from the unique "savoir faire" and experience of a prestigious brand best known for its use of essential oils and plant extracts to create highly effective products of the highest possible quality.

The Sisley Phyto-Aromatic Treatments combine massage rituals from all over the world, created with the respect of local traditions and the power of aromatherapy, to reunify body and mind.

The Sisley Phyto-Aromatic Treatments exist in different versions for face and body, each has its own specific massage technique designed to meet the needs of each skin and its dream answer.



THE PHYTO-AROMATIC FACIALS





THE EXPERT PHYTO-AROMATIC FACIALS | 60 MIN

THE PHYTO-AROMATIC HYDRATING FACIAL

Designed with dehydrated skin in mind, the Phyto-Aromatic Hydrating Facial is extremely gentle, leaving the skin fresh and petal-soft.

THE PHYTO-AROMATIC RESTORATIVE FACIAL

A precious moment of relaxation for stressed or irritated skin, the Phyto-Aromatic Restorative Facial is incredibly gentle. Skin is soothed and regains its vitality, comfort and bygone serenity.

THE PHYTO-AROMATIC PURIFYING FACIAL

Designed for combination, oily and problem skins, the Phyto-Aromatic Purifying Facial cleanses and purifies the skin while maintaining its water balance. The pores are tightened, the skin purified and the complexion evened out.

THE PHYTO-AROMATIC FACIAL FOR MEN

Exclusively designed for men, the Phyto-Aromatic Facial for Men offers a moment of relaxation thanks to a very specific ritual. It combines efficiency and well-being for a hydrated, toned and fatigue-released skin.



THE PHYTO-AROMATIC FACIALS





THE EXCEPTIONAL PHYTO-AROMATIC FACIALS | 90 MIN

THE PHYTO-AROMATIC REPLUMPING YOUTH FACIAL WITH ROSE

A timeless experience offering an exceptional feeling of well-being. A true beauty rendez-vous, deliciously and naturally rose-scented, this gentle and pleasant journey relaxes the face, smoothes features and reveals the skin's radiance. The complexion is fresher, the skin is replumped and signs of fatigue and age are smoothed away.

THE PHYTO-AROMATIC SUPREME ANTI-AGING FACIAL

Sisley has designed a 90-minute treatment incorporating 20 minutes of muscular remodeling to instantly revitalize the skin. Using an exclusive sequence of highly effective massage techniques, its protocol includes Sisley's Supreme Anti-Aging Skin Care Supremya - At Night. The features seem redefined, lines are smoothed, skin is more toned.

THE PHYTO-AROMATIC INTENSIVE SISLEYA LA CURE

At the heart of this extremely complete ritual, La Cure Sisleya revives the complexion and hydrates the skin. The unique combination of 2 massages, one energizing and the other anti-aging-focused stimulates deeply the tissues and muscles of the face, reshaping the oval of the face, smoothing and enhancing the features. The skin immediately appears denser and more radiant.

THE PHYTO-AROMATIC SUPREME REJUVENATING EYE TREATMENT | 20 MIN

The Phyto-Aromatic Supreme Rejuvenating Eye Treatment targets concerns of the eye contour: wrinkles, fine lines, dark circles, puffiness and sagging of the eyelids. The look is brighter, expression lines are smoothed, the eye contour is rejuvenated and radiant. For total anti-aging action, the eye contour treatment is combined to an exceptional facial treatment.





THE REJUVENATING PHYTO-AROMATIC FACIALS | 90 MIN

THE PHYTO-AROMATIC SISLEŇA FACIAL

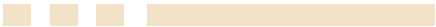
In 90 unforgettable minutes, the Phyto-Aromatic Sisleňa Facial offers a complete treatment involving sophisticated procedures, with in-depth remodeling and the restoring of a youthful skin. Fine lines and wrinkles are smoothed. The epidermis is toned, firmer, more resilient. Skin appears younger and healthier. This protocol exists in 3 different versions:

- The Phyto-Aromatic Sisleňa Facial - Normal skin
- The Phyto-Aromatic Sisleňa Facial - Dry to very dry skin
- The Phyto-Aromatic Sisleňa Facial - Combination to oily skin



THE PHYTO-AROMATIC BODY TREATMENTS





THE PHYTO-AROMATIC EXFOLIATING BODY TREATMENT | 30 MIN

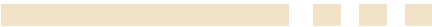
The unique Phyto-Aromatic Exfoliating Body Treatment combines aromatherapy and the effectiveness of an all-over reinvigorating body scrub, for a soft and smooth skin to the touch. It is recommended before any body treatment.

THE ZEN HARMONY PHYTO-AROMATIC BODY TREATMENT | 60-90 MIN

The Zen Harmony Phyto-Aromatic Body Treatment offers a journey at the heart of an aromatic Californian massage, with added variations of intensity, techniques and scents. During the massage, no body part will be neglected. This treatment provides extremely relaxing and regenerating benefits.

THE SLIMMING AND FIRMING ENERGIZING PHYTO-AROMATIC BODY TREATMENT | 60-90 MIN

Using the advanced technology and expertise of Sisley's slimming products, the Slimming and Firming Energizing Phyto-Aromatic Body Treatment offers the perfect combination of rhythmical modelling and the effectiveness of anti-cellulite actions. A smoothing and toning body treatment for a sublimed body.



LA TOUBANA SPECIAL TREATMENTS

SPECIALIZED MESSAGES | 60-90 MIN

VITALITY

Vitality massage is a muscular massage. Its deep pressure releases tension in the neck, shoulders, back and legs for a sensation of lightness.

TAILOR MADE MESSAGE

For intense relaxation, choose the areas you wish to work on during your session and the associated pressure so that your spa practitioner can create your perfect massage.

LYMPHATIC DRAINAGE

Drainage helps combat water retention, improves blood circulation and boosts the immune system.

HOT SHELLS

It combines the benefits of massage with the softness and warmth of seashells for a moment of total relaxation.

EXPECTANT MOTHER

It combines the benefits of massage with the softness and warmth of seashells for a moment of total relaxation.

FOOT REFLEXOLOGY (45 MINUTES)

It activates blood circulation in the feet, helping to relieve accumulated tension.



THE SPECIAL MOMENTS

FLASH MASK

Moisturizing, Purifying or Radiant, your mask will be adapted to your skin type.

BLACK ROSE ANTI-AGING MASK

A anti-aging cream mask specially formulated to instantly bring youth and vitality to the skin for a luminous complexion and plumped-up skin.

RELAXING CRANIAL MASSAGE – 15 MINUTES

De-stressing scalp, shoulder and neck care.

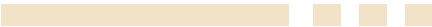
OUR PRINCES & PRINCESSES - AGES 4 TO 12

SWEET DREAM

Moisturizing, Purifying or Radiant, your mask will be adapted to your skin type.

COMPLICITY REDISCOVERED

A anti-aging cream mask specially formulated to instantly bring youth and vitality to the skin for a luminous complexion and plumped-up skin.



RELAXING SOLO - DAYS

SWEETNESS DAY

A sauna/hammam session, one hour californian massage, your lunch at the restaurant and pool or beach access*.

MOMMY-TO-BE DAY

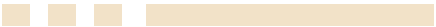
A expectant mother massage, a facial care, your lunch at the restaurant and access to the pool or beach*.

COCOONING DAY

Your Breakfast, a sauna / hammam session, a californian massage and a facial care, your lunch at the restaurant and pool or beach access*.

ESCAPE DAY

A sauna / hammam session, a body scrub followed by a californian massage and a wonderful facial treatment, your lunch at the restaurant and pool or beach access*.



RELAXING DUO - DAYS

LOVE DAY

A sauna / hammam session, a californian massage, your lunch at the restaurant and pool or beach access*.

LOVE DAY PARENT - CHILD (AGES 4 TO 12)

A 30-minute massage, your lunch at the restaurant and pool or beach access* for you and your child. By appointment.

RELAXATION DAYS ARE VALID FROM MONDAY TO FRIDAY,
EXCLUDING PUBLIC HOLIDAYS.

* High season - November to May included

Restaurant Le Grand Bleu - Pool access

* Low Season - June to October included

Restaurant de La Plage - Beach and pool access

Your treatments will be provided in the morning, subject to availability.

The massages included in the relaxation days are californian massages.
For a change to a specific massage or for a facial, a supplement of
€15 will be applied.

SPA ACCESS ESTHETICS





STEAM BATH & SAUNA

A 30-minute sauna and hammam session.

LOVE JACUZZI

Private access for a couple.

Treat yourself to 45 minutes of intense relaxation overlooking the sea, with champagne and sweets.

HANDS OR FEET CARE

A 45-minute comforting ritual that includes nail care, exfoliation, a nourishing mask and a relaxing massage.





PRACTICAL INFORMATION

BOOKING

We advise you to book your treatments in advance to ensure the best availability.

A payment link will be sent to you to validate your reservation. If necessary, a credit card number will be requested.

SPA SHOP

To continue your experience at home, the products used in our treatments are available from the Spa Boutique.

GIFT VOUCHERS

All our services are available in the form of a gift voucher, available by phone or on paper at the Spa de La Toubana reception desk. Please do not hesitate to contact us for further information.

CANCELLATION

Any reservation not cancelled at least 24 hours in advance will be billed for the full amount of the treatment.



LA TOUBANA HOTEL & SPA

Sainte-Anne 97180

Guadeloupe

05 90 88 25 57

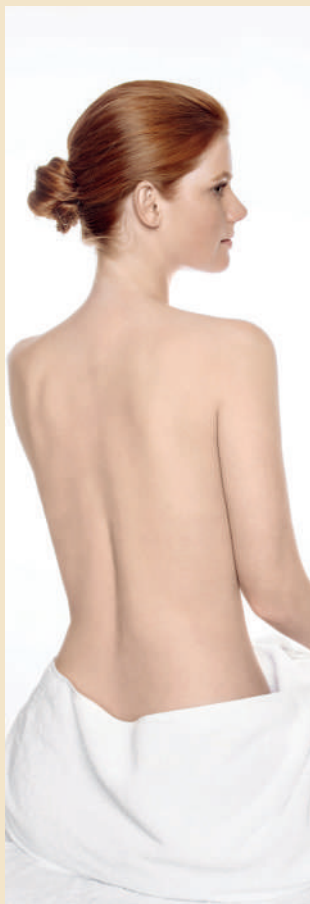
From your room dial 506

Email : spa@toubana.com

Open every day from 9:30 am to 7 pm*

Subject to seasonal modification





RATES

Sisley Facials

The Expert Phyto-Aromatic Facials	60 min / 150€
The Exceptional Rejuvenating Phyto-Aromatic Facials	90 min / 215€
The Phyto-Aromatic Supreme Rejuvenating Eye Treatment	20 min / 80€

Sisley Body Treatments

The Phyto-Aromatic Exfoliating Body Treatment	30 min / 80€
The Slimming and Firming Energizing Phyto-Aromatic Body Treatment	60-90 min / 150-215€
The Zen Harmony Phyto-Aromatic Body Treatment	60-90 min / 150-215€
Foot reflexology	45 min / 120€
Specialized massages	60-90 min / 150-215€

The special moments

Flash mask	15€
Black rose anti-aging mask	30€
Relaxing cranial massage	15 min / 45€

Our princes & princesses

Sweet dream	30 min / 70€
Complicity rediscovered	30 min / 140€ duo

Spa access – esthetics

Steam bath & sauna	30 min / 30€ duo
Love jacuzzi	45 min / 100€ duo
Hands or feet care	45 min / 120€

Relaxing solo – days

Sweetness day	1h30 / 205€
Mommy-to-be day	1h45 / 320€
Cocooning day	2h15 / 365€
Escape day	3h30 / 495€

Relaxing duo – days

Love day	1h30 / 410€
Love day parent & child	30 min / 240€