**Background Information:**

**We Are The Tree CIC**, is a forcibly displaced refugees and migrants’ diaspora led organization, based in Newhaven, but work across Sussex.

We work towards empowering ourselves *by enhancing our psychosocial wellbeing*, so we can rebuild our lives, and contribute to our new community.

Our empowerment approach is through the interaction of psychosocial wellbeing, (mental, emotional and social) wellbeing with gender, economic, racial and ethnic inequalities, displacement trauma and migration due to war and armed conflict, as well as the effects of stigma on people discriminated against because of their differential characteristics, whether they are sexual, disability or another minority

We aim to help displaced refugees and migrants’ diaspora individuals and groups to heal, and build resilience through connecting them with their community of heritage, and increase their engagement with local community and civic democracy.

We encourage displaced refugees to lead, while we work in collaboration and partnership with national, and local partner organizations.

**Our Service:**

**Social and Health Engagement Work**.

* We support displaced refugees and migrants to engage with their health care service providers as well as general support (including benefits advice and advocacy)
* Provide online physical and mental health advice surgeries, with GPs in community languages
* Supporting them (in group setting) to connect with their local community resources, including libraries, leisure and community centers, and using these community resources to run trauma healing activities.
* Participate in local community events and organize events in partnership with local community organizations
* Recruiting and training volunteers from local community and from the displaced community.

**Community Leadership and wellbeing Support**

* Brie friending services, outreach work, and one to coaching.
* One to one trauma and cultural relevant coaching
* One to one English Conversation support with trained volunteers.
* Community Leadership training for displacement talented individuals

**Group Wellbeing services: organize variety of trauma healing and wellbeing activities:**

(based at different locations in Sussex)

* Women only connecting while walking groups
* Whole body exercise
* Healing through dance and music activates
* Group swimming lessons for women and for young people
* Online whole body daily exercise project
* Creative story telling and writing group (So far, we have women, and young people groups)

**Support of displaced neurodivergent people and their families:**

* Raising awareness of the intersect of displacement trauma, race, gender, culture with neurodivergence
* Providing training to service provider, on the different needs and expectations of displaced neurodivergent people
* Provide group art and creativity activities for neurodivergent refugees and migrants**.**
* Get their stories heard project, including film making and reflection on their experience.

**Rising for Peace Project: International Peace building**

* Raising awareness of replacing war culture with peace culture
* Building national and international peace network through women group, art and creativities event.
* Encourage refugees to reconnect with their home countries, for peace building initiatives

**Referral Process:**

We accept referrals from any agency or health care providers, public service providers (housing or educational departments), community organizations, or self-referral.

Please complete as much information as you can on the form and email to:

[info@wearethetree.org](mailto:info@wearethetree.org). if you need to contact us, please ring us at 07979603999.

We aim to respond to all referrals within 2 working days.

**CLIENT DETAILS**

|  |  |
| --- | --- |
| Name: | Referral date: |
|  |  |
| Date of birth: | Gender: |
|  |  |
| Mobile number: | Address: |
|  |  |
| Email Address: | Does the client communicate in English language? |
|  | 1. Yes 2. No |
| Accessibility needs: is the client has any accessibility needs? | Language: |
|  |  |

|  |  |
| --- | --- |
| **Has the client agreed to the referral?** | **Is there a risk assessment attached?** |
| YES/NO | YES/NO (If no please complete ‘Known risks’ section below) |

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| --- |
| **Which service are you referring the client for?** |
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| **What support does the client need?** |
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| **Please give details of the reasons for referral?** |
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| **Does the client receive support from other organization? Please tell us which organizations offer support and the nature of the support?** |
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| **Known risks? Please describe** |
|  |